



PROGRAM INSTRUCTION

SUA-04-PI-09

February 11, 2004

TO: Directors, Area Agencies on Aging
Nutrition Coordinators

SUBJECT: Home-Delivered Meals Assessment

CONTENT: To assure that home-delivered meals are provided based on an assessment of need by the Area Agency on Aging and nutrition service providers.

It is recognized that the congregate meals program can effectively reduce isolation and isolation-producing factors and be an important preventive service. At the same time, it is recognized that there are individuals who are homebound by reasons of illness, incapacitating disability or other factors who are eligible to receive a home-delivered meals.

The Area Agency on Aging will develop the criteria for assessing eligibility to receive a home-delivered meal to be used by nutrition service providers. The word "assess" in this context means the initial in-home assessment and subsequent periodic in-home re-assessments of the older person. Initial assessments should be completed within two weeks of the participant's first meal, and subsequent re-assessments should be completed annually.

If you have any questions, please contact Tammie Scholz at the State Unit on Aging.

Sincerely,

Joann Weis, Director
Health & Human Services
State Unit on Aging