

**FY2009/10
Annual
Report**



Division of Children & Family Services
Office of Juvenile Services

**Youth Rehabilitation &
Treatment Center-
Geneva**

**Helping
Youth
Live
Better
Lives**

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL
EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM

DANIEL L. SCARBOROUGH	FACILITY ADMINISTRATOR
SHAWN MALOLEY	ASS'T. FACILITY ADMINISTRATOR
RICHARD WEHLAND	PRINCIPAL
DR. DONALD P. BELAU	PSYCHOLOGIST
MARY STOFER	ADMINISTRATIVE ASSISTANT
SANDI RENKEN	BUSINESS MANAGER
KEVIN SMIDT	MAINTENANCE SUPERVISOR
JAN MYERS	NURSING SUPERVISOR
EDWARD PRICE	CHAPLAIN
CONNIE REINSCH	RECREATION COORDINATOR
MARIE POPE	TRAINING COORDINATOR

MAILING ADDRESS

YOUTH REHABILITATION & TREATMENT CENTER
855 NORTH 1ST STREET
GENEVA, NE 68361

PHONE NUMBER

(402) 759-3164

FAX NUMBER

(402) 759-4804

WEB SITE

www.dhhs.ne.gov/jus/yrtc/yrtcgindex.htm

RATED CAPACITY

82

AVERAGE LENGTH OF STAY

2009/10 – 229 DAYS; 7.75 MONTHS
2008/09 – 231 DAYS; 7.75 MONTHS

AVERAGE DAILY POPULATION

2009/10 – 75 YOUTH
2008/09 – 73 YOUTH

ADMISSIONS

2009/10 – 143 YOUTH
2008/09 – 114 YOUTH

PER DIEM COSTS

2009/10 - \$257.48
2008/09 - \$254.19

AVERAGE AGE AT ADMISSION

2009/10 – 16 YEARS
2008/09 – 16 YEARS

RECIDIVISM RATE

2009/10 -- 17%

AFFILIATIONS AND/OR ACCREDITATIONS

AMERICAN CORRECTIONAL ASSOCIATION
PERFORMANCE-BASED STANDARDS/COUNCIL OF
JUVENILE CORRECTIONAL ADMINISTRATORS
NEBRASKA DEPARTMENT OF EDUCATION

HIGHLIGHTS

The mission of the YRTC-Geneva is to protect society by providing a safe, secure, and nurturing environment in which the girls who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens. To accomplish this, the YRTC-Geneva provides diverse programming that responds to each girl's unique needs. In support of its mission, YRTC-Geneva recognizes the following accomplishments for FY2009/10:



YRTC-Geneva Aerial View

The past year saw the completion of numerous construction/physical plant renovations. In the School/Administration Building, a new HV/AC system and fire sprinkler system were installed, the roof was renovated, and the fire alarm system was updated. In the Sacajawea living unit, new cabinets, countertops, and closets were added. Additional projects included the creation of a sand volleyball court; the installation of security cameras in Burroughs, Sandoz, and Sacajawea living units; the renovation of storage sheds throughout the campus in the form of painting, new roofs, and new doors and windows; and the installation of underground sprinklers throughout campus. The work continues in the coming year as approval has been received for extensive sidewalk repair and pouring of new sidewalks; the installation of geothermal HV/AC systems in Sandoz, Burroughs, and Sacajawea living units; and the removal of the older boilers and installation of a new boiler system.

Staff continue to work hard to provide diverse programming and opportunities for the youth at the facility. The successful Improvisational Theater (IMPROV) program was continued during the year and two "holiday mini-camps" were added to the IMPROV schedule. Girls again attended Timberlake, where they participated in a Ropes Course, "Leap of Faith," and horseback riding. The volunteer program remains strong, with girls volunteering at the Geneva Theater, the local Senior Center, the Recycling Center, Relay for Life, and refereeing at a local children's soccer league.

Quality assurance efforts continue and found staff devoting large amounts of time to the American Correctional Association accreditation process and the Performance-based Standards project. Procedures for enhanced tool control and key control, including secure storage, inventorying, and supervision levels have been developed and implemented. The tracking of statistical information for both the American Correctional Association and Performance-based Standards project has provided valuable information that has been incorporated into the planning process.

An informational video was developed that explains the YRTC-Geneva program and rules. The video currently appears on the YRTC-Geneva website and will also be used for parent orientation sessions.

TREATMENT PROGRAM

The Social Services Department at the YRTC-Geneva is composed of the following staff members:

- 1 Psychologist
- 1 Mental Health Practitioner Supervisor/LMHP
- 2 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 1 Chemical Dependency Supervisor/LADC
- 2 Chemical Dependency Training Specialists
- 1 Staff Assistant

The YRTC-Geneva contracts with a Psychiatrist, Psychiatric Nurse Practitioner, a part-time Chemical Dependency Counselor, and a Consulting Clinical Psychologist to provide services.



LaFlesche Team Meeting

The philosophy of gender-responsive programming is the cornerstone of the treatment program. The core treatment program, My J_ourney, is based on the premise of empowering girls to learn about themselves and develop methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Based on her criminogenic needs as assessed by the Youth Level of Services, each girl develops her outcomes, needs, and strategies to address these needs. Staff supports the girls by assisting them in achieving their strategies, “coaching,” and motivational interviewing.

Mental health services are provided, including psychiatric consultation, individual mental health therapy, and supportive mental health services provided by an internship program.

In addition, development of each girl’s aftercare program begins upon admission. Each girl, her family, Juvenile Services Officer, Service Coordinator, and YRTC-Geneva staff form a partnership to develop an aftercare program to be implemented following her release from YRTC –Geneva.

The My J_ourney program is supported by a wide array of programming to help each girl address her individual issues. Staff receive specialized training that addresses these issues. Additional programming offerings include:

- Outpatient residential drug/alcohol treatment
- Drug/alcohol assessment, education, and counseling
- Tobacco education and cessation
- Pre-natal care and education for pregnant girls
- Parent and youth orientation and family consultations

- Inter-personal social skills development
- Intensive, structured individual behavioral and mental health programming
- Family-focused counseling

YRTC-Geneva utilizes an intensive drug/alcohol group treatment program. Based on the assessment/classification process, girls meeting established criteria are entered into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Girls entering this program undergo psycho-educational drug/alcohol group programming. Family interventions are offered and emphasis is placed upon reintegration of the girls into an active outpatient treatment program following



Mothers & Babies Play Area

release. Girls who do not meet the criteria for placement in the intensive drug/alcohol group but show a need for further drug/alcohol services may have their needs met in a variety of ways, including education classes and individual counseling.

The Mothers & Babies Program continues to play an important part in the YRTC treatment program. Coordinated by a Youth Counselor, this program is available to girls who have children or who are pregnant, and provides information and learning experiences centered upon child care and development, as well as pre- and post-natal care. Plans are being developed to provide overnight visits for the children and their mothers.

The curriculum for the Mothers & Babies program covers many topics, including pre- and post-natal care and parenting. A critical component of the program is a regular visitation schedule so that each girl who has a child has an opportunity for that child to visit her on a regular basis. Girls are able to interact and bond with their children, as well as learn valuable parenting skills.

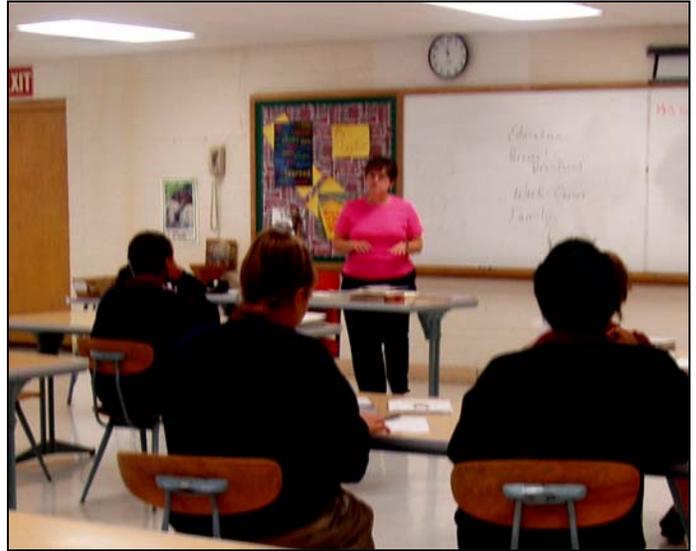
Activities that occurred during FY2009/10 included:

- A hugely successful toy/clothing donation drive to provide YRTC youth items to give their children for Christmas.
- Expectant mothers continued to attend off-campus Lamaze classes.
- A manual for the Mothers & Babies Program was developed.
- Staff from the Nebraska Children’s Home presented several programs on “Toddler Talk” and “Newborn Care Lessons.”
- Weekly groups continued, with topics including “Preventing Misbehavior,” “Bonding with Your Baby,” “How to Protect Your Child from Sexual Abuse,” and “Parenting from a Distance.”

EDUCATION PROGRAM

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the girls are paroled from the facility.

Geneva North provides full fall and spring semesters, with an 8-week summer school session. Additional programming includes Title I services, vocational counseling, library services, GED preparation, and cosmetology services.



Family & Consumer Science Class

Seventeen students received Geneva North High School diplomas through various programs. Six of these graduates utilized the online Apex curriculum system and PASS program to assist them in completing credit recovery coursework that allowed them to graduate.

The GED tutoring program was continued. On average, seven students were enrolled in the program.

Pre- and post-tests indicated an increase in the skill level of students in the areas of reading, spelling, and math. Students averaged nearly a one-year increase in their grade placements during their stays.

There were approximately seventeen students per week who were provided services by the Title I teacher when they are unable to attend the regular school program.

The ACT was administered twice during the school year. Eighteen students took the test.

Eighteen eligible students were assisted in completing application forms to post-secondary programs. The Vocational Counselor also assisted students in completing financial aid applications.

During the year, a YRTC Vocational Rehabilitation Liaison position was created within the Nebraska Department of Education to serve students from several counties in eastern Nebraska. Fifty-five eligible students were given information concerning the services. Ten students were to receive services upon their release and return to their communities.

MEDICAL PROGRAM

Medical services are coordinated by a Nurse Supervisor, one full-time Registered Nurse, and one part-time Registered Nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the Division of Children and Family Services, Office of Juvenile Services' Medical Administrator.

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse practitioner provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.



YRTC-Geneva Dental Office

The medical clinic is located in LaFlesche Cottage and is generally open 7 days a week. Sick call is held on a daily basis during the week, and the doctors and dentist hold weekly clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

During FY2009/10, the following medical services were provided:

SERVICE PROVIDED	NUMBER
Brief physical exams	524
Exams on new admittances	143
Eye exams	65
Pre-Natal visits	56
Obstetrical ultrasounds	06
Dental consultations/Work completed	306
Psychiatric Consultations/Visits	426
Youth visits to clinic	3,072
Staff visits to clinic	129

Additional services included:

- ✓ The Visiting Nurses Association of Omaha, Nebraska, continued their association with YRTC-Geneva, serving new and expectant mothers.
- ✓ The number of prescriptions ordered during the year was 1,969.
- ✓ The YRTC-Geneva participated in the very valuable Vaccine for Children Program. Youth received 97 Gardasil shots; 7 DTaP vaccinations, and 14 Menactra vaccinations (for meningitis).

RELIGIOUS PROGRAM

The religious program at the YRTC - Geneva is supervised by a quarter-time Chaplain. Church services are conducted every Sunday by this Chaplain or one of several volunteer pastors from the local community.

General oversight of the Chapel of Hope is provided by the Chapel of Hope Board that meets on an annual basis. The Board reviews the religious program and physical plant needs.

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a girl desire, the Chaplain can also assist her in contacting her minister, priest, or religious leader in the community. Participation in any religious activity is on a strictly voluntary basis.



Chapel of Hope

At the center of the YRTC religious programming is the Chapel of Hope. The Chapel, built in 1976, hosts an assortment of religious activities. On-campus church services are held there every Sunday at 3:30 p.m. The average church attendance during FY2009/10 was approximately 19 girls, 2 visitors, and 3-4 staff members.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested girls. On average, 4 girls take advantage of these services.

Again this past year, members of the Assembly of Saints Church in Omaha met with girls from the eastern part of the state on a monthly basis.

The Prison Fellowship program continues to be a strong, supportive activity on campus. This group meets on Tuesday evenings, with an average attendance of 13 girls and 5 Prison Fellowship volunteers. During the past year, the Prison Fellowship also sponsored a weekend seminar.

Local community members volunteered to lead a choir made up of YRTC-Geneva girls. The choir practiced regularly, and performed at on-campus church services and several off-campus churches throughout the year.

RECREATION PROGRAM

The Youth Rehabilitation & Treatment Center – Geneva employs one full-time Recreation Coordinator, one full-time Recreation Assistant, and one part-time Recreation Assistant.

YRTC-Geneva has a wide variety of recreational equipment and areas that the girls have ready access to. This includes basketball pads and hoops near the living units and softball/baseball and soccer fields. The girls can swim in the YRTC-Geneva pool, both during recreation and Physical Education classes. The girls may also walk on the 1.3 mile walking trail that threads through the YRTC campus. A recreation room contains exercise equipment, exercise videos, and board games the girls can play.

During the past year, YRTC-Geneva added an outdoor sand volleyball court. If girls are eligible, the Recreation staff may take them to off-campus events. The Recreation Department is also responsible for coordinating numerous volunteer activities the girls are involved in.



Timberlake Activity

The Recreation Department provides numerous craft/leisure time activities for the girls; all girls make a scrapbook of their journey at the YRTC-Geneva.

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the girls, both on and off-campus:

- Christmas activity at Wessel's Living History Farm
- Cinco de Mayo celebration
- Beach weekend
- October Breast Cancer Awareness – Breast Cancer Survivor Birthday Party
- Halloween Haunted House
- Staff vs. Girls Softball, Volleyball, and Basketball games
- Attended the 4th of July parade in Geneva; 4th of July picnic and water games at the facility
- Attended movies at the local Geneva theater
- Pet Show
- Scrapbooking
- Wii Bowling Tournament
- Attendance at Timberlake where girls participated in Ropes Course, "Leap of Faith," horseback riding and other team building activities.

COMMUNITY SERVICE/VOLUNTEER PROGRAM

The Volunteer Program at the YRTC-Geneva is coordinated by the Recreation Coordinator and Recreation Assistant.

The YRTC-Geneva currently has 59 active volunteers. Volunteer categories include:

The *Community Advisory Board* is made up of a cross section of community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers are assigned to girls who have limited contact with their families during their stays. The "Visiting Volunteers" may provide numerous experiences for the girls they are assigned to, including off-campus movies, picnics, sporting activities, and church services.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice on the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year's religious programming, and plan for any upcoming religious needs. The religious program also benefits from the involvement of *Prison Fellowship* volunteers and additional volunteers who provide an array of religious services.

YRTC-Geneva girls continued their involvement in volunteering for numerous community activities, including:

- Worked at the local Geneva Theater taking tickets and selling concessions
- Assisted at the local Recycling Center on a monthly basis
- Refereed at a local children's soccer league
- Regularly worked at the Geneva Senior Center, helping to prepare meals, clean, and complete errands
- On a regular basis, girls spoke to classes through the York County Diversion Program. The girls related their stories and provided insight to the class participants.
- YRTC-G girls continued their involvement in the American Cancer's Relay for Life. Girls were selected to participate in the Relay for Life Walk and joined in the activities, including 4 girls who had their hair cut and donated to Locks of Love.
- Visited and interacted with residents at a local retirement home.



A YRTC-Geneva youth donating her hair to the Locks of Love program during the Relay for Life activities

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel and the budget unit of the DHHS annually prepare the facility budget of funds appropriated by the State Legislature.

The following is the budget allocated to the facility by DHHS for FY2009/10:

	Budget	Total Expenditures
General Funds	\$7,091,788.52	\$6,770,333.25
Federal Funds	\$ 162,379.19	\$ 158,676.71
Cash Funds	\$ 105,564.87	\$ 95,994.63
GRAND TOTAL	\$7,359,732.58	\$7,025,004.59



Food Service staff prepare the noon meal

PERSONNEL

YRTC-Geneva currently has 100.85 FTE authorized positions.

During the past year, YRTC-Geneva had 19 new hires and 20 retirements and resignations. The average tenure for YRTC-Geneva employees was 12.51 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed 8,765 hours of training which included pre-service, mandatory, on-the-job, extraneous, and specialized training.

FOOD SERVICE

The Food Service Department consists of 3 Food Service Worker III's and one Food Service Manager. The Department is responsible for providing 3 meals and snacks to all youth on campus, as well as staff who eat their meals in the cafeteria. All menus are reviewed and approved by a Registered Dietician.

During the past year, the Food Service Department served 79,210 youth meals and 13,532 staff meals. The average cost per meal was \$2.32.

MAINTENANCE

During FY2009/10, the following maintenance projects were initiated and/or completed:

- Extensive work was completed on the development of new key and tool control procedures.
- An underground sprinkling system was installed throughout the facility grounds.

Youth Rehabilitation & Treatment Center – Geneva

FY09/10 ADMITTANCES BY COUNTY

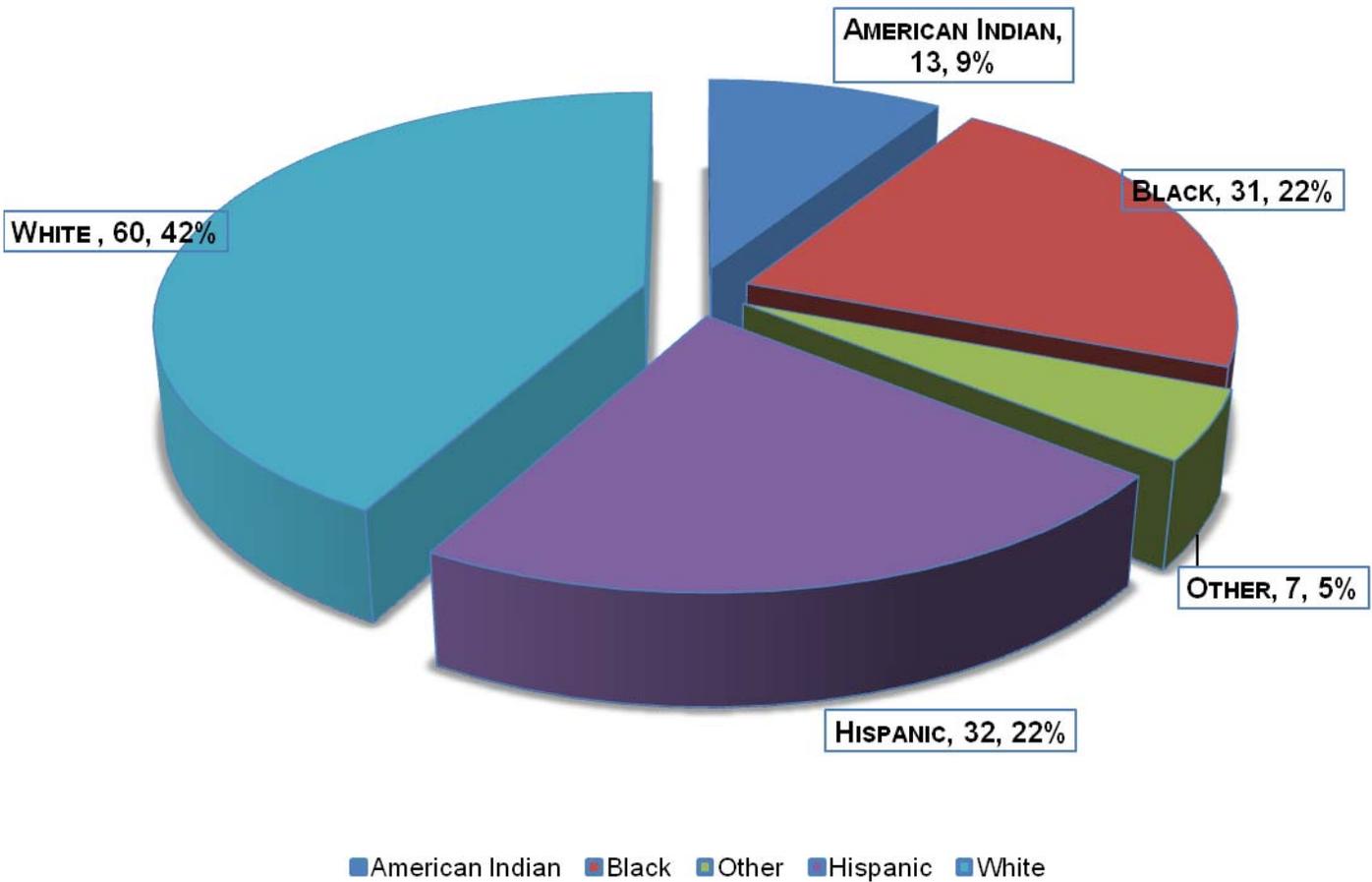
SERVICE AREA/COUNTY	ADMISSIONS	PERCENTAGE
<i>Central Service Area</i>		
Adams	2	1.40%
Buffalo	6	4.19%
Hall	3	2.10%
TOTAL	11	7.69%
<i>Eastern Service Area</i>		
Douglas	38	26.57%
Sarpy	5	3.50%
TOTAL	43	30.07%
<i>Northern Service Area</i>		
Antelope	1	0.70%
Boone	1	0.70%
Cuming	1	0.70%
Dakota	3	2.10%
Dodge	3	2.10%
Madison	7	4.89%
Platte	6	4.19%
Washington	1	0.70%
TOTAL	23	16.08%
<i>Southeastern Service Area</i>		
Butler	1	0.70%
Cass	1	0.70%
Fillmore	1	0.70%
Gage	4	2.80%
Jefferson	1	0.70%
Lancaster	37	25.87%
Saline	3	2.10%
Seward	1	0.70%
TOTAL	49	34.27%
<i>Western Service Area</i>		
Cheyenne	1	0.70%
Dawson	5	3.50%
Lincoln	8	5.59%
Red Willow	1	0.70%
Scotts Bluff	2	1.40%
TOTAL	17	11.89%
GRAND TOTAL	143	100.00%

Youth Rehabilitation & Treatment Center – Geneva
FY2009/10 ADMISSIONS BY OFFENSE

OFFENSE	TOTAL
Aiding & Abetting	1
Assault	36
Auto Theft	2
Breaking & Entering	1
Burglary	2
Criminal Mischief	5
Disorderly Conduct	2
Disturbing the Peace	10
Driving Under the Influence	1
Failure to Comply	2
False Information	8
MIP	4
Obstructing a Police Officer	5
Possession of Drug Paraphernalia	1
Possession of Drugs	5
Possession of Drugs/Intent	3
Probation Violation	12
Robbery	3
Shoplifting	16
Terroristic Threats	1
Theft	17
Trespass	2
Unauthorized Use of a Vehicle	4
TOTAL	143

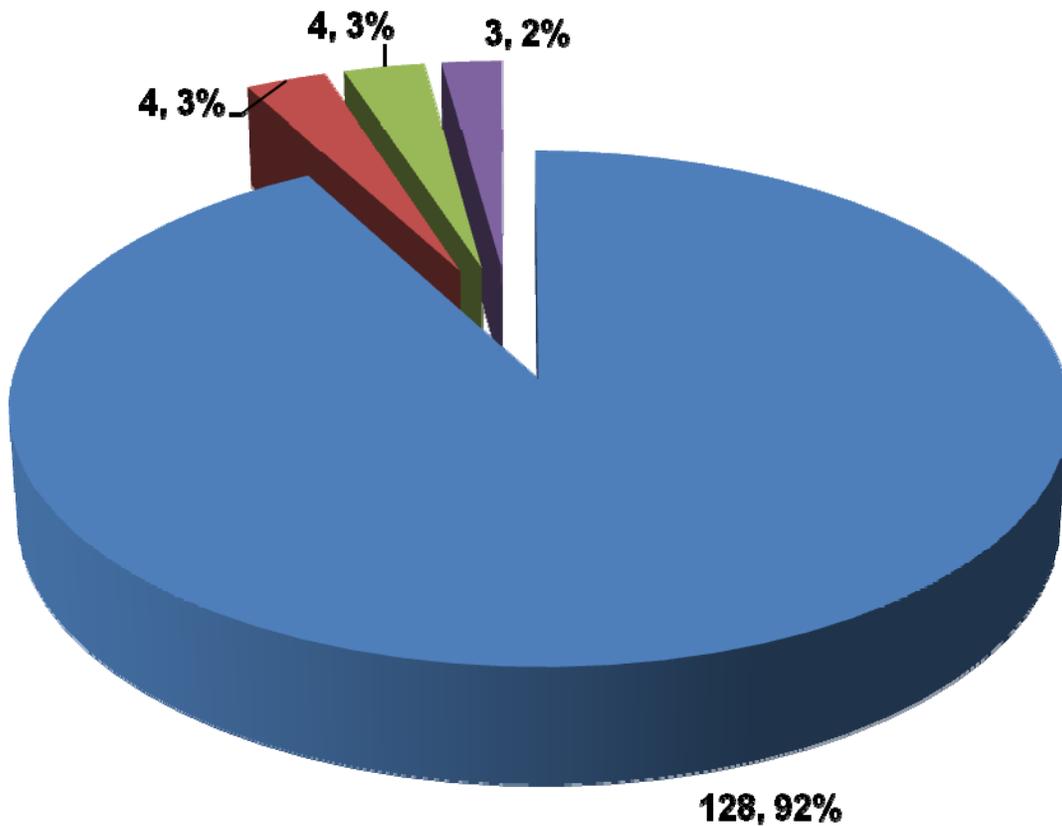
FY09/10 ADMISSIONS BY RACE

(143 Admissions)



FY09/10 RELEASES

(139 Youth)



■ Parole ■ Admin Parole ■ Admin Instit Discharge ■ Reinstated