

**Request for Applications
Issued by:**

**NEBRASKA PLANNING COUNCIL ON DEVELOPMENTAL DISABILITIES
Department of Health and Human Services
PO Box 95026
Lincoln, NE 68509-5026**

**For Hand Delivery Correct Address is:
220 South 17th Street
Lincoln, NE 68509-5026**

Phone: 402-471-2330 Fax: 402-471-0180

Executive Director: Mary Gordon

mary.gordon@nebraska.gov

www.dhhs.ne.gov/ddplanning

**An application packet must be obtained by contacting the Council Office at
402-471-2330 or joni.dulaney@nebraska.gov**

The Nebraska Planning Council on Developmental Disabilities announced on June 7th, 2013 the availability of funds for the State Plan goal: **To improve the health of individuals with developmental disabilities by expanding access to healthcare and insuring inclusive public health services by influencing policies in three areas.** The project would begin October 1, 2013. Applications are due by July 26, 2013. Money is available to fund one project a maximum of \$35,000 for one year. Funding for this project comes from federal monies awarded the Nebraska Planning Council on Developmental Disabilities, Nebraska Department of Health and Human Services, through the Developmental Disabilities and Bill of Rights Act. Eligible applicants are profit and nonprofit entities, faith-based organizations, state agencies, institutions of higher education, or local subdivisions of government. Applicants will be expected to provide 30% match of the total project costs.

Developmental Disability Definition

The term "developmental disability" means a severe, chronic disability of a person that:

- Is attributable to a mental or physical impairment or combination of mental and physical impairments;
- Is manifested before the person attains age twenty-two;
- Is likely to continue indefinitely;
- Results in substantial functional limitations in three or more of the following areas of major life activity: (a) self-care; (b) receptive and expressive language; (c) learning; (d) mobility; (e) self-direction; (f) capacity for independent living; and (g) economic self-sufficiency;
- Reflects the individual's need for a combination and sequence of special, interdisciplinary, or generic services, individualized supports, or other forms of assistance that are of lifelong or extended duration and are individually planned and coordinated;
- An individual from birth to age 9, inclusive, who has a substantial developmental delay or specific congenital or acquired condition, may be considered to have a developmental disability without meeting three or more functional limitations in major life activities, if the

individual, without services and supports has a high probability of meeting those criteria later in life.

Time Frame

October 1, 2013 to September 30, 2014.

Amount of Funds

The Council has set aside \$35,000 to fund one project in the above stated goal area for one year.

Reports and Delivery Dates

1. Grantee shall commence work on this project October 1, 2013.
2. Grantee and the Department of Health and Human Services Developmental Disabilities Planning Council staff will communicate as needed but with a minimum of contact every three months.
3. Progress reports will be due to the Developmental Disabilities Planning Council staff two weeks following the end of each quarter (January 15, 2014, April 15, 2014, July 15, 2014 and October 15, 2014). A final report will be due 30 days after the end of the grant year.

Additional Requirements

1. Interested agencies must request an application packet by contacting the Council Office at 402-471-2330. Applicant must follow the application instructions provided in the packet.
2. Submitted applications must include signed cover sheet and the Department of Health and Human Services Subgrant Terms and Assurances. Please note that by submitting and signing the application, the applicant agrees that if a subgrant is awarded, it will operate the program as described in the Subgrant Application for funding in accordance with the Subgrant Terms and Assurances. The individual signing these documents must be authorized to legally bind the applicant.
3. This document, together with the approved proposal of the grantee, the Subgrant Terms and Assurances, the Program Specific Requirements, and the letter of award which includes the amount, award period, and any contingencies shall constitute the entire agreement between DHHS and the grantee.
4. Proposals are due no later than **5:00 PM, Friday, July 26, 2013** to:

NEBRASKA PLANNING COUNCIL ON DEVELOPMENTAL DISABILITIES

Department of Health and Human Services

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PROJECT DESCRIPTION

Goal: To improve the health of individuals with developmental disabilities by expanding access to healthcare and insuring inclusive public health services by influencing policies in three areas.

Objective: Promote healthy lifestyles.

Focus: Adults with developmental disabilities experience poorer health outcomes than people without disabilities. These disparities mean that people with DD are more likely to: live with complex health conditions; have limited access to quality health care and health promotion programs; miss cancer screenings; have poorly managed chronic conditions; be obese; have undetected poor vision; and have mental health problems and use psychotropic medications. Individuals need their health, a home, social connectedness and a purpose to be a healthy member of their community. The focus of this grant should be directed at improving healthy lifestyles of persons with developmental disabilities and should involve the inclusion of public health services available to the community as a whole to insure sustainability.

Intent: The intent of this grant is to improve the health of persons with developmental disabilities by promoting lifestyle changes that have a positive impact on health including such concerns as obesity, diabetes, blood pressure, tobacco and alcohol use, etc. Grant funds are not to be used to develop curriculum as multiple curricula are currently available. Applicant will be expected to collect data on health status of individuals participating in the project both before and after the pilot. Activities could include:

- Health promotion activity focused on one or more health condition.
- Coordination at the local level with health promotion activities available to the general population to encourage inclusion of individuals with disabilities.
- Working with local agencies such as health clubs, parks and recreation departments, school athletic programs to insure that current policies do not limit access by people with disabilities to their programs.
- Helping staff learn about practices that support improved health such as nutrition and exercise so they can more easily incorporate that into everyday practices.