THE SHORT PORTABLE MENTAL STATUS QUESTIONNAIRE (SPMSQ)

1. What are the date, month, and year?
2. What is the day of the week?
3. What is the name of this place?
4. What is your phone number?
5. How old are you?
6. When were you born?
7. Who is the current president?
8. Who was the president before him?
9. What was your mother's maiden name?
10. Can you count backward from 20 by 3's?

SCORING:*

0-2 errors: normal mental functioning
3-4 errors: mild cognitive impairment
5-7 errors: moderate cognitive impairment
8 or more errors: severe cognitive impairment

*One more error is allowed in the scoring if a patient has had a grade school education or less. 
*One less error is allowed if the patient has had education beyond the high school level.


Compiled by the Great Plains Area Chapter of the Alzheimer's Association, 1999.
Short Portable Mental Status Questionnaire

Instructions: Ask questions 1-10 in this list and record all answers. Ask question 4A only if patient does not have a telephone. Record total number of errors based on ten questions.

1. What is the date today? ____________________________
   Month                   Day                     Year

2. What day of the week is it? ____________________________

3. What is the name of this place? ____________________________

4. What is your telephone number? ____________________________

4A. What is your street address? ____________________________

5. How old are you? ____________________________

6. When were you born? ____________________________

7. Who is the President of the U.S. now? ____________________________

8. Who was President just before him? ____________________________

9. What was your mother's maiden name? ____________________________

10. Subtract 3 from 20 and keep subtracting 3 from each new number, all the way down.

Total Number of Errors (0-2 is WNL)

To Be Completed by Interviewer

Patient's Name: ____________________________  Date: __________

     2. Female                             2. Black

Years of Education ____________________________ 1. Grade School    2. High School
                                                 3. Beyond High School