SFY 2010/11 Annual Report

Department of Health & Human Services
DHHS
NEBRASKA

Division of Children and Family Services
Office of Juvenile Services

Youth Rehabilitation & Treatment Center-Kearney

Helping Youth Live Better Lives

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM		ROSALIE MCCURRY	ADMINISTRATIVE ASSISTANT
JANA PETERSON	FACILITY ADMINISTRATOR	JOLENE JARECKI	IS&T
REYMUNDO RODRIGUEZ	FACILITY OPERATING OFFICER	STEVE HUFFMAN	YOUTH COUNSELOR SUPERVISOR
RITA ULDRICH	BUSINESS MANAGER	TIM JORGENSEN	YOUTH COUNSELOR SUPERVISOR
MINDY ABEL, PSY.D.	PSYCHOLOGIST	ROBERT MCMULLEN	YOUTH COUNSELOR SUPERVISOR
RON COX	DICKSON SECURITY SUPERVISOR	MATT CHRISTIANCY	YOUTH SECURITY SUPERVISOR
TONY KLEIDOSTY	PRINCIPAL	JUSTIN HENNE	YOUTH SECURITY SUPERVISOR
DAN THEOBALD	TRAINING COORDINATOR	ROBERT DWORAK	YOUTH SECURITY SUPERVISOR
STEVE REEVES	MAINTENANCE MANAGER	BRIAN LONG	YOUTH SECURITY SUPERVISOR
MARY WRIGHT	FOOD SERVICE DIRECTOR	DOYLE KRUEGER	YOUTH SECURITY SUPERVISOR
RICHARD WETJEN	RECREATION MANAGER	DAVID WHITE	YOUTH SECURITY SUPERVISOR
MIKE PEARSON	RELIGIOUS COORDINATOR	MICK WOODSIDE	YOUTH SECURITY SUPERVISOR
SHELLY GARRETT, R.N.	NURSING SUPERVISOR	KEN ROBINSON	YOUTH SECURITY SUPERVISOR

MAILING ADDRESS	YOUTH REHABILITATION AND TREATMENT CENTER 2802 30TH AVE. KEARNEY NE 68845
PHONE NUMBER	(308)865-5313
FAX NUMBER	(308)865-5323
WEB SITE	http://www.dhhs.ne.gov/jus/YRTC/YRTCKIndex.htm
RATED CAPACITY	172
AVERAGE LENGTH OF STAY	2010/11 – 147 DAYS; 4.9 MONTHS 2009/10 – 166 DAYS; 5.3 MONTHS
AVERAGE DAILY POPULATION	2010/11 – 147 YOUTH 2009/10 – 150 YOUTH
ADMISSIONS	2010/11 – 449 YOUTH 2009/10 – 449 YOUTH
YOUTH PAROLED TO HASTINGS JUVENILE CHEMICAL DEPENDENCY PROGRAM	2010/11 – 98 YOUTH 2009/10 – 116 YOUTH
PER DIEM COSTS	2010/11 - $192.99 2009/10 - $183.11
AVERAGE AGE AT ADMISSION	2010/11 – 16 YEARS 2009/10 – 16 YEARS
RECIDIVISM RATE	2010/11 – 27% 2009/10 – 29%

AFFILIATIONS AND/OR ACCREDITATIONS
AMERICAN CORRECTIONAL ASSOCIATION
PERFORMANCE-BASED STANDARDS/COUNCIL OF JUVENILE CORRECTIONAL ADMINISTRATORS
NEBRASKA DEPARTMENT OF EDUCATION

HIGHLIGHTS

The mission of the Youth Rehabilitation & Treatment Center-Kearney (YRTC-K) is to help youth live better lives through effective services, affording youth the opportunity to become law-abiding citizens. To accomplish this, the YRTC-K provides diverse programming that responds to each youth's unique needs. In support of our mission, YRTC-K recognizes the following accomplishments for FY 2010/11:

YRTC-K new Rock Garden

The YRTC-K is mandated by agency operating rules to be an active participant in the American Correctional Association Commission on Accreditation (ACA). YRTC-K had a monitoring visit in March 2011 and received our accreditation in May 2011 under the 3rd Edition ACA Standards.

YRTC-K is a member of the Performance Based Standards (PbS) Project sponsored by the Council for Juvenile Correctional Administrators. We are one of 179 facilities across 26 states in the project. Performance is scored on Critical Outcomes and the required aspects of the PbS reporting process for each Data Collection period results in an assigned Level of Performance. The Levels are from 1-4, with 4 being the highest possible Level of attainment. YRTC- K advanced to Level 2 during April 2010. This Level assignment means YRTC-K has met the required PbS process and methodology.

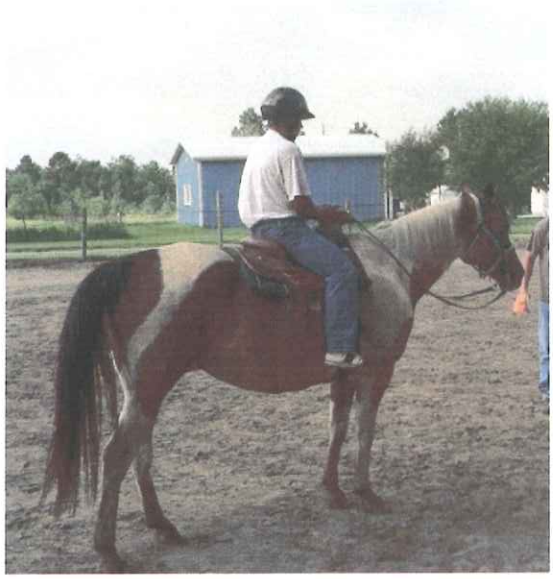
YRTC-Kearney continued quality assurance measures through the Performance-based Standards project and the American Correctional Association audit process.

Staff continue to work hard to provide diverse programming and opportunities for the youth at the facility. The youth treatment program, EQUIP, was fully implemented this past year. The EQUIP program offers youth the tools that will assist with anger management, social decision making and social skills. The youth learns how to identify, own and replace (IOR) their negative thinking errors and behavior problems. This program is staff directed.

A welcome addition to the programming in the past year was the establishment of "Project Everlast" (formerly called Nebraska Foster Youth Council). This program's goal is to provide support and assist youth in making positive connections to help them transition into adulthood. The goal of the YRTC is to connect youth with a council in the community once they leave YRTC-Kearney that will provide additional support and transition services to the youth. Currently we offer this program to any youth at the facility. The youth meet on a regular basis.

Staff continue to implement the updated youth Discipline model at the facility. We teach youth to "Think of the Other Person" (TOP) and "Think of the Consequences" (TOC) for their behavior.

YRTC-K performed 3,110 community service hours for 38 local organizations. A new community service project is working with our local therapeutic horseback riding program. A group of youth cleaned the stables and worked with the horses. They learned how to ride a horse.



YRTC-Kearney has incorporated the Fatherhood initiative. The class is called Today's Father. We offer youth a curriculum filled with education and hands on learning techniques of how to care for a child. We also have a support group for the fathers that are at the YRTC-Kearney campus.

Forty-six (46) West Kearney High School (WKHS) students earned their General Equivalency Diplomas (GED) through the cooperative efforts with the GED testing center of Central Community College. Ten (10) GED graduation ceremonies were held, with 104 family members attending.

There were 2,585 youth/parent/family/clergy visits, with 1,685 of these being for four hours or more off the YRTC-K campus.

Ninety eight (98) youth were paroled to the Hastings Juvenile Chemical Dependency Program (HJCD) for long-term Chemical Dependency treatment.

TREATMENT PROGRAM

The YRTC-K rehabilitation and treatment program staff consists of the following:

- 15 Youth Counselor I's
- 3 Youth Counselor Supervisors
- 4 Mental Health Practitioners/ LMHP's
- 1 Dickson Youth Security Supervisor
- 1 Clinical Psychologist

Morton Living Unit

Youth Level of Service/Case Management Inventory (YLS/CMI) is completed on all YRTC-K youth as part of Classification procedure to assess their risks and needs. The orientation staff continue to ease each new YRTC-K youth into the treatment program and provide leadership and counseling for first-time commitments.

There were 3,626 mutual help meetings led by Youth Counselors (YC) this year. Youth Counselors completed 415 release summaries that detailed youth's treatment program progress in addressing his needs and reaching outcomes. Each youth goes through screening upon intake for issues related to substance use, mental health and aggression. Appropriate referrals are then made for each individual youth.

YC I & II's made 3,248 contacts with parents by telephone, mail and face-to-face. They made 6,204 contacts with Juvenile Service Officers (JSO's) and Family Permanency Specialists (FPS).

Since October 2009 the Mental Health Department conducted mental health appraisals on all new commitments. Risk factors for safety issues, recommendations and appropriate referrals are made to ensure that individual youth needs are met.

The Chemical Dependency Programming staff provided an average of 7.6 weekly group therapy sessions to 79 youth. These sessions were 45-minutes long focusing on allowing youth to begin processing their chemical dependency issues. These youth were identified as needing additional chemical dependency intervention while at YRTC-K, but not qualifying for a higher level of care at a different facility. The weekly group therapy sessions prepare youth to transition to a more intensive and specific chemical dependency treatment at the community level of care, such as outpatient or inpatient services. All of the youth who participated in the Chemical Dependency therapy groups received referral recommendations for follow-up services upon their return to the community.

The Hastings Juvenile Chemical Dependency (HJCD) program continues to provide intensive residential C/D services for youth approved via the Magellan process. The HJCD program provides YRTC-K youth with a long-term residential level of care. The youth must meet the following guidelines to qualify for parole to HJCD: (1) Must be committed to YRTC-K, (2) Must have a diagnosis of dependency as a primary diagnosis, (3) Must be above the age of 13 and (4) Must have attempted previous treatment interventions.

Youth exercising dogs for the Humane Society

Trauma Program Services are individualized thorough review of the youth's history through research of available file information, provided nearly 900 hours of individual LMHP therapy to 90 youth during FY 20010/11.

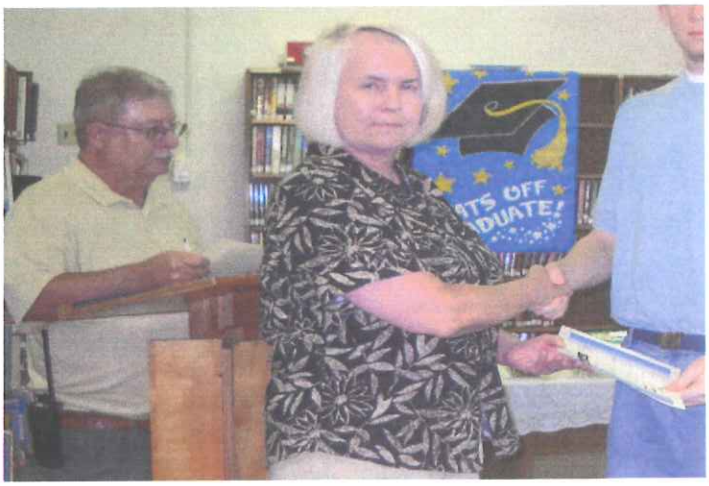
YRTC-K's contracted psychiatrist provides services for youth identified with mental health conditions that require assessment for treatment, intervention, and/or stabilization. The psychiatrist will complete an individual medical psychiatric consultation/evaluation for each identified youth. A total of 160 youth received these psychiatric services, averaging 13 new youth seen per month.

The Clinical Psychologist provides supervision of the treatment program, consultation regarding individual youth, assessments and follow up with individual referred youth and crisis intervention. In addition the Clinical Psychologist assists with administrative supervision of the Mental Health Department and programming staff, assists staff with Employee Assistance Program (EAP) referrals and reviews and updates procedures for supervised departments.

EDUCATION PROGRAM

West Kearney High School (WKHS) is accredited by the Nebraska State Board of Education as a Special Purpose school. It is accredited as an optional school through the North Central Association Commission on Accreditation and School Improvement. WKHS is also an institutional member of the Correctional Education Association.

The school's staff, 22 teachers and school principal, all hold professional certificates from the Nebraska Department of Education. This school year the staff authored 373 Individualized Educational Plans (IEP) and Education Plans (EP).



Mrs. Meyers handing a youth his GED diploma.

Forty-six (46) students earned their General Equivalency Diplomas (GED) through a cooperative effort with Central Community College (CCC). There were ten (10) GED graduations. One hundred four (104) family members attended.

WKHS Basic Education teachers administered 291 Renaissance Learning's STAR pre-reading and math assessment. Two hundred ninety-one (291) post-STAR reading and math assessments were also administered by the WKHS staff. These post-assessments were added to an on-going student database. The 291 student scores in the study indicate an 8.48 grade equivalency in math and an 8.09 grade equivalency in reading. The average length of stay for students in this post study is 5.71 months.

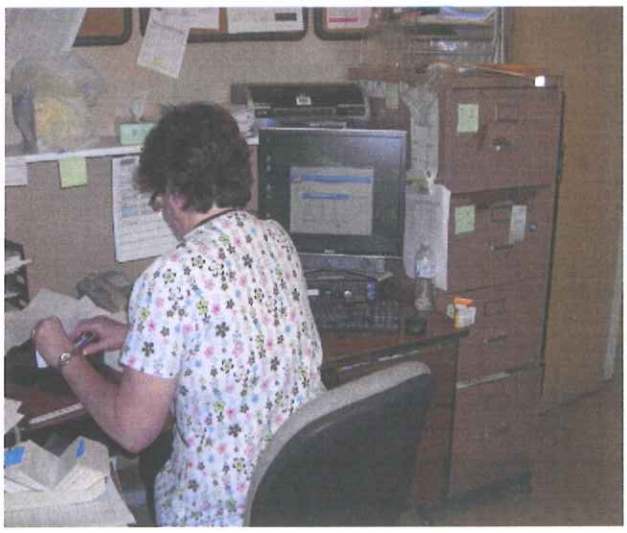
The WKHS Title I Neglected/Delinquent (N/D) project continued as a strong program component and served 194 students. These students demonstrated an average gain of 1.1 years in reading and 1.3 years in math. The students also earned an average of 3.71 high school credits toward their high school diplomas.

The Speech and Language program continued to be a vital part of the student's total education program. There were 82 students referred to the Speech and Language Lab. There were 69 students receiving services in fiscal year 10/11.

Twenty-five (25) were administered the ASVAB (Armed Services Vocational Aptitude Battery).

During the year, a YRTC Vocational Rehabilitation Liaison position was continued within the Nebraska Department of Education to serve students from Douglas, Sarpy and Lancaster Counties. This assists with providing a smoother transition back to the school systems.

MEDICAL PROGRAM



The YRTC-K medical personnel includes one full-time RN and two full-time LPNs. Daily sick calls are held so youth can report any problems. Comprehensive health care services are provided from admission through discharge.

Medical personnel met the DHHS Licensure Unit's requirements and are governed by written job descriptions approved by the contracted physician and YRTC Health Authority.

Access to health care is explained to all youth. All youth are screened on an individual basis. An intake screening form is used by orientation unit staff at the time of commitment. Information from this form alerts staff to any immediate problems. A nurse completes a comprehensive nursing assessment with each youth within 7 days of arrival. A physical exam is done for each youth within 14 days unless records show one was done within the prior 90 days. The contracted physician comes one day per week and if treatment is needed between physician visits, arrangements are made and the youth is transported to his or her local office.

Youth medical information is requested through a questionnaire sent to each youth's parents/guardians. Youth immunizations are updated according to state law.

The YRTC-K training coordinator or medical personnel lead various medical training for staff. Special medical needs training is done as needed with staff to meet special youth medical needs i.e. diabetic. All direct care staff are trained as medication aides.

The contracted part-time dentist or a hygienist see each new youth within 7 to 14 days and as needed.

During FY 2010/11, the following medical services were provided:

SERVICE PROVIDED	NUMBER
Brief physical exams by doctor	230
Exams on new admittances	445
Eye exams	115
Surgeries	3
Emergency Room	38
Dental exams	744
Dental procedures completed	2,828
Youth visits to nurse	5,347
Staff seen by medical staff	201

RELIGIOUS PROGRAM

The religious program at YRTC-K is supervised by a Chaplain. Church services are conducted every Sunday by this Chaplain.

A total of 2,582 youth attended the voluntary church services throughout the year. This is an average of 57 youth per Sunday.

Two Bible studies are available to the youth each week. Adult volunteers lead the evening Bible Studies. The total number of youth attending Bible study was 395. This is an average of 10 youth attending each week.

At the youth's request, the Chaplain is available for personal counseling. During the year, 128 youth requested and received personal spiritual counseling.

Volunteers from the Kearney area assist in the spiritual ministry. There is presently one volunteer who participates on a regular basis and others who are available to assist on special occasions. There were 60 hours of volunteer time donated during the year.

Several special chapel and church services were held as follows:

- Dec. 24th Father Mike McDonald of Prince of Peace Catholic Church conducted a special Christmas Eve service in the Chapel.
- Dec. 24th following the special service Pastor Pearson hosted some entertainment for the youth before returning to their living units to open gifts.
- Dec. 27th, 28th, and 29th, Pastor Pearson hosted a movie and a message at the Chapel.
- March 27th Pastor Pearson and Pastor Erickson supervised 11 youth, who had had no visits, to participate in the Grace Fellowships 1st Annual Family Olympics.
- June 13th One City was on campus to conduct a field day for Youth in the Gym with Big Air games and Group Competition in Dodge-ball and Pillow Jousting.
- June 22nd Comedians Michael Jr. and Jason Earl provided comedy relief at the Chapel for Youth and Staff.

RECREATION PROGRAM

The YRTC-K employs one full-time Recreation Coordinator, two full-time Recreation Assistants and five part-time Recreation Aides.

YRTC-K has a wide variety of recreational equipment and areas that the youth have ready access to. This includes concrete play pads for each living unit. During the year, the youth participate in intramural sports. These seasons include softball, football, volleyball, basketball, soccer and beach volleyball. The youth can swim in the YRTC-K pool during recreation time and during Physical Education classes.

YRTC-K Soccer Game

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the youth throughout the year, both on and off-campus. These activities included:

- Annual Softball All-Star game which includes both youth and staff playing together
- There were nearly 50,000 youth participation contacts in recreation this year.
- There was an average of 7.75 youth per day participating in open recreation this fiscal year.
- 17 youth achieved President's Fitness Awards.

COMMUNITY SERVICE/ VOLUNTEER PROGRAM

The volunteer activities program at the YRTC-K is coordinated by the Recreation Coordinator.

The Community Advisory Board is made up of a cross section of community members who meet quarterly with administrative staff to review programs, physical plant, and policies and procedures.

Youth volunteering at Rowe Sanctuary

The following are a few examples of the University of Nebraska – Kearney (UNK) partnership benefits, community service, volunteerism, entertainment and recreation within the community.

- 6 YRTC-K youth groups attended UNK volleyball games as well as concerts held at the Health and Fitness Center. Groups cleaned up following two of the events.
- For the 15th year, YRTC-K groups have been involved in the set up and tear down of the UNK Blue-Gold Day at the beginning of the fall semester. Three YRTC-K groups participated in this celebration by working and then taking part in the food and activities offered.
- 1 group helped the local Habitat for Humanity lay sod and landscape for homes being built. This is an annual partnership.
- 5 YRTC-K groups set up for concerts held at the Museum Of Nebraska Art in downtown Kearney. This is the 5th year for Creighton Living Unit to complete this project.
- 1 YRTC-K group helped set up and tear down for the Prince of Peace Catholic Church's Fall Festival.
- YRTC-K helped the Kearney Volunteer Fire Department with their annual pancake feed. This is an annual partnership.
- 9 truckloads of clothing bales were loaded by 9 YRTC-K groups for the Salvation Army. This is the 18th year for this partnership.
- 1 group helped with the Kearney Community Thanksgiving dinner at the Knights of Columbus. This was the 13th year for Lincoln Living Unit to donate their assistance.
- 2 YRTC-K groups helped with the Elks Hoop Shoot held in December. This was the 16th year YRTC-K helped with this event. 1 youth group helped with the Elks Soccer Shootout held in September. This was the 6th year for helping with this event.
- 1 group helped clean up the exhibition building at the Buffalo County Fairgrounds following the Kearney Goodfellows Holiday gift wrapping extravaganza on December 25th. This is the 15th year of YRTC's involvement.

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel, in conjunction with the Budget Unit of the Department of Health & Human Services, annually prepare the facility budget of funds appropriated by the State Legislature. A budget for each of the operations areas of the facility is included.

The following is the budget allocated to the facility by DHHS for the FY 2010/11.

	Budget	Total Expenditures
General Funds	$ 9,963,561	$ 9,666,894
Federal Funds	$ 415,961	$ 395,472
Cash Funds	$ 686,694	$ 381,992
Grand Total	$10,776,216	$10,444,358

New tunnel vent

PERSONNEL

YRTC-Kearney currently has 148.1 FTEs authorized.

During the past year, YRTC-K had 34 new hires, 5 retirements, 32 resignations and 15 promotions/transfers.

The average tenure for YRTC-Kearney employees was 10.87 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Kearney employees completed 12,196.25 hours of training.

FOOD SERVICE

The Food Service Department served 173,375 meals consisting of 160,856 youth meals and 12,386 staff meals. The average cost per meal was $1.67 or $5.01 per day. Rising fuel and food prices have increased per meal cost this year. Average price per meal during the previous fiscal year was $1.65 per meal or $4.95 per day

MAINTENANCE

During the FY 2010/11, the following projects were completed by facility maintenance staff and/or contractors:

- Boys Dining Room: The loading dock project, west side, involved removal of old loading dock and street by the dock. Constructed a new, larger dock with safety ADA & OSHA approved handrails and new streets.
- Fire Sprinkler Project: This project started this fiscal year and is 95% complete, it involved installation of fire sprinklers and updated fire alarm equipment in the administration building, school and gym. These buildings will now be in compliance with life safety codes.
- Dickson Secure Unit: Six new beds were constructed of concrete blocks with poured in place concrete tops, these replace steel frame beds for safety reasons.
- One new tunnel vent was installed and three more are currently under construction.
- Dodge OD's Office Remodel: This project involved demo of old wood floor, walls, ceilings and doors. New construction included new concrete floor/carpet, new walls with built-in key control boxes, new wall cabinets & desk/computer and phone connections, new exterior door/electronic lock and new interior door, new suspended ceiling and lighting.

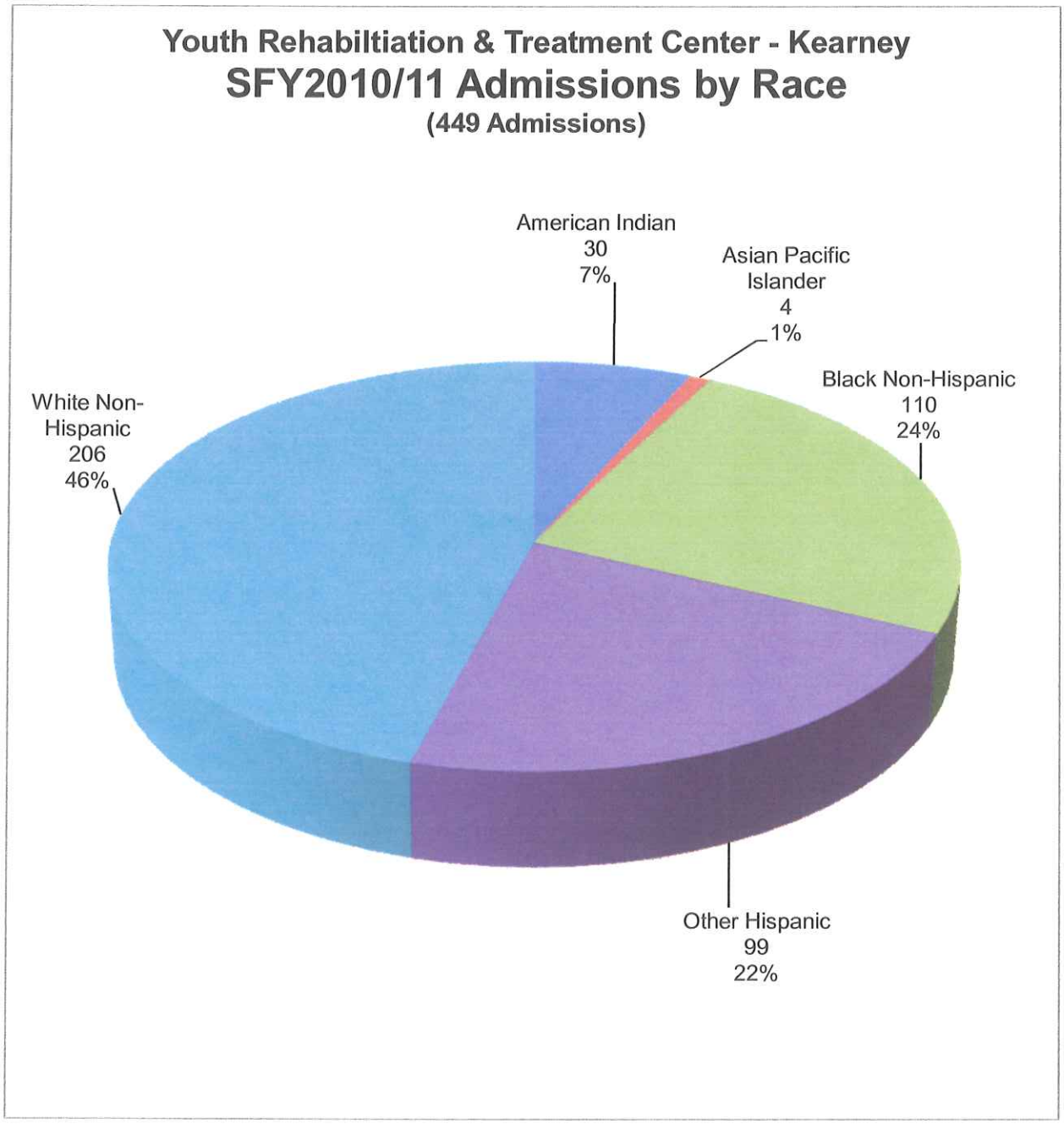
SFY10/11 ADMITTANCES BY SERVICE AREA/COUNTY

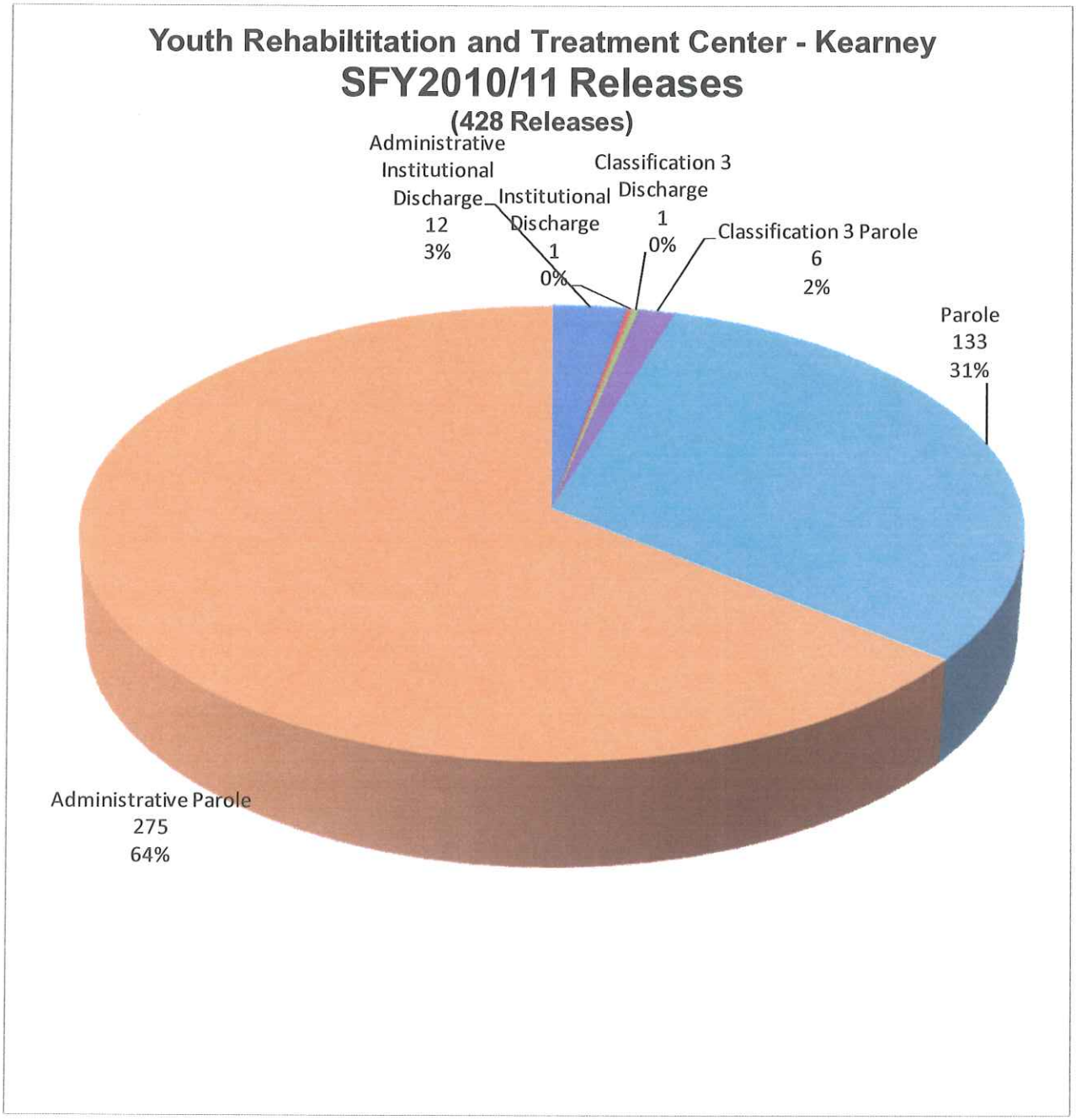
SERVICE AREA/COUNTY	ADMISSIONS	PERCENTAGE
CENTRAL SERVICE AREA		
Adams	8	1.78%
Buffalo	16	3.56%
Custer	1	0.22%
Hall	31	6.91%
Kearney	2	0.45%
Merrick	2	0.45%
Phelps	2	0.45%
TOTALS	**62**	**13.82%**
EASTERN SERVICE AREA		
Douglas	105	23.38%
Sarpy	15	3.34%
TOTALS	**120**	**26.72%**
NORTHERN SERVICE AREA		
Antelope	1	0.22%
Boone	2	0.45%
Boyd	2	0.45%
Burt	2	0.45%
Colfax	1	0.22%
Dakota	11	2.45%
Dodge	14	3.12%
Holt	2	0.45%
Madison	21	4.68%
Platte	8	1.78%
Stanton	3	0.67%
Washington	4	0.89%
Wayne	1	0.22%
TOTALS	**72**	**16.05%**
SOUTHEAST SERVICE AREA		
Butler	1	0.22%
Cass	5	1.11%
Fillmore	1	0.22%
Gage	5	1.11%
Lancaster	104	23.16%
Nemaha	1	0.22%
Richardson	1	0.22%
Saline	1	0.22%
Saunders	1	0.22%
Seward	5	1.11%
Thayer	1	0.22%
York	2	0.45%
TOTALS	**128**	**28.48%**
WESTERN SERVICE AREA		
Arthur	1	0.22%
Box Butte	7	1.56%
Cheyenne	2	0.45%
Dawes	2	0.45%
Dawson	12	2.67%
Garden	1	0.22%
Keith	3	0.67%
Lincoln	13	2.90%
Perkins	2	0.45%
Red Willow	1	0.22%
Scotts Bluff	19	4.23%
Sheridan	4	0.89%
TOTALS	**67**	**14.93%**
GRAND TOTALS	**449**	**100.00%**

Youth Rehabilitation & Treatment Center – Kearney

SFY2010/11 ADMISSIONS BY OFFENSE

OFFENSE	TOTAL
Assault	114
Auto Theft	19
Breaking & Entering	2
Burglary	39
Concealed Weapon	7
Criminal Mischief	34
Disorderly Conduct	2
Distribution of Drugs	2
Disturbing the Peace	5
Driving Under the Influence	1
Escape	1
False Imprisonment	4
Obstructing a Police Officer	10
Possession of Drugs	69
Possession of Firearm	2
Probation Violation	2
Procuring Alcohol to Minor	1
Resisting Arrest	1
Robbery	7
Sexual Assault	12
Shoplifting	1
Terroristic Threats	4
Theft	91
Trespass	14
Unauthorized Use of a Vehicle	3
Vandalism	2
TOTAL	449


Youth Rehabiltiation & Treatment Center - Kearney
SFY2010/11 Admissions by Race
(449 Admissions)
American Indian
30
7%
Asian Pacific
Islander
4
1%
Black Non-Hispanic
110
24%
White Non-
Hispanic
206
46%
Other Hispanic
99
22%


Youth Rehabiltitation and Treatment Center - Kearney
SFY2010/11 Releases
(428 Releases)
Administrative Institutional Discharge 12 3%
Institutional Discharge 1 0%
Classification 3 Discharge 1 0%
Classification 3 Parole 6 2%
Parole 133 31%
Administrative Parole 275 64%