

YOUTH REHABILITATION & TREATMENT CENTER-GENEVA



*Division of Children & Family Services
Office of Juvenile Services*

SFY 2011/2012 Annual Report

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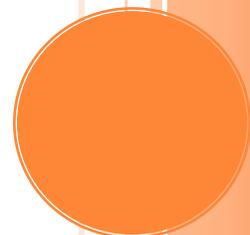


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Administrative Team

Dan Scarborough.....Facility Administrator
 Mary Stofer.....Facility Operating Officer
 Richard Wehland.....Principal
 Dr. Don Belau.....Psychologist
 JoDeen Swartz.....Administrative Assistant
 Sandi Renken.....Business Manager
 Kevin Smidt.....Maintenance Supervisor
 Jan Myers.....Nursing Supervisor
 Rev. Edward Price.....Chaplain
 Connie Reinsch.....Recreation Coordinator
 Marie Pope.....Training Coordinator
 Jon Eisenhauer.....Food Service Manager
 Anita Haumont.....Volunteer Coordinator
 Cortney Wettlaufer-Lichti.....Mothers & Babies Coordinator

<u>Mailing Address</u>	Youth Rehabilitation & Treatment Center 855 N. 1 st Street Geneva, NE 68361
<u>Phone Number</u>	(402) 759-3164
<u>Fax Number</u>	(402) 759-4804
<u>Website</u>	http://www.dhhs.ne.gov/jus/yrtc/yrtcgindex.htm
<u>Rated Capacity</u>	88
<u>Average Length of Stay</u>	2011/12 – 198 DAYS; 6.61 MONTHS 2010/11 – 208 DAYS; 6.93 MONTHS
<u>Average Daily Population</u>	2011/12 – 81 YOUTH 2010/11 – 81 YOUTH
<u>Admissions</u>	2011/12 – 140 YOUTH 20010/11 – 140 YOUTH
<u>Per Diem Costs</u>	2011/12 - \$245.22 2010/11 – \$246.76
<u>Average Age at Admission</u>	2011/12 – 16.17 YEARS 2010/11 – 16.46 YEARS
<u>Recidivism Rate</u>	2011/12 – 9.03% 2010/11 – 9.79%

Affiliations and/or Accreditations

American Correctional Association
 Performance-based Standards/Council of Juvenile Correctional Administrators
 Nebraska Department of Education
 AdvancED Accredited

Highlights

The mission of the YRTC-Geneva is to protect society by providing a safe, secure and nurturing environment in which the youth who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens. To accomplish this, the YRTC-Geneva provides diverse programming that responds to each youth's unique needs. In support of its mission, YRTC-Geneva recognizes the following accomplishments for SFY 2011/12:

The YRTC-Geneva had its 9th Re-Accreditation audit by the American Correctional Association in August, and was awarded its three-year accreditation under 4th Edition Standards.

YRTC-Geneva continued quality assurance measures through the Performance-based Standards (PbS) project sponsored by the Council for Juvenile Correctional Administrators (CJCA). These measures have resulted in a decrease of mechanical and physical restraints used, youth-on-youth assaults and fights, youth-on-staff assaults, and a continued reduction in the number of room confinement hours. YRTC-Geneva was a top five finalist for the 2011 Performance-based Standards Barbara Allen Hagen Award, which is awarded to one of 110 facilities nationwide that provide safe environments for youth and staff that are conducive to learning and changing behavior, and who have managers who treat all youth coming to the facility as if the next child to be admitted was one of their own.

An AdvancEd audit was also conducted in April. As a result, the Geneva North School was recommended for accreditation after faring well on the AdvancEd accreditation standards for quality schools.

Numerous physical plant renovations were completed during the past year. The boiler plant project was completed, kitchens were remodeled in Sandoz and Burroughs living units, the Geothermal HVAC system for Sacajawea living unit was installed, installation was completed on the ADA door opener on the front door of the School/Administration building, and the security camera system in LaFlesche Cottage was upgraded and diverted to a digital recording system similar to the other living units. Nine additional cameras will be added to LaFlesche living unit in the future.

Staff continues to work hard to provide diverse programming and opportunities for the youth at the facility. The successful Improvisational Theater (IMPROV) program was continued during the year. Youth again attended Timberlake Ranch Camp, where they participated



in a ropes course, “Leap of Faith,” and horseback riding. The volunteer program remains strong, with youth volunteering at the Geneva Rialto Theater, the local Senior Center, the recycling center, Relay for Life, and speaking to youth at a York, Nebraska, Diversion Program.

The Project Everlast Youth Council continues to provide support and assists youth in making positive connections to help them transition into adulthood. The goal of the YRTC is to connect youth with a council in the community once they leave YRTC-Geneva that will provide additional support and transition services to the youth. During the 2011/2012 year, we had 72 youth partake in the Project Everlast Youth Council. Some of the work the council did this year includes: speaking at the York County Diversion Program, crocheting blankets and organizing a Christmas celebration for low-income elderly or disabled residents, conducting a toy drive, helping at a homeless shelter, and undertaking a local adopt-a-highway trash pick-up. In addition, youth attended a leadership board meeting, conducted a domestic violence awareness campaign, and assisted in YRTC’s annual volunteer recognition banquet.

Masters level college interns from Doane College continue to offer support to the YRTC treatment program team to ensure that facility youth are provided with counseling services consistent with their needs. They contribute numerous hours of direct service to facility youth.

A welcome addition to the programming in the past year was a contractual agreement with Christian Heritage, a faith-based, strength-focused, family-centered organization. Staff from Christian Heritage provides our youth with a curriculum about relationships and how to deal with conflict. The curriculum “*Within My Reach*” is founded on two beliefs: (1) everyone wants to have happy, healthy and stable relationships, (2) what people do in their relationships affects their success in every other area of life; with work, education, and child raising. Christian Heritage’s vision is to restore families and to give children hope while preparing them for life.

Treatment Program

The Social Services Department at the Youth Rehabilitation & Treatment Center-Geneva is comprised of the following staff members:

- 1 Psychologist
- 1 Mental Health Practitioner Supervisor/LMHP
- 3 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 2 Chemical Dependency Training Specialists
- 1 Staff Assistant



Classification Committee

YRTC-Geneva also contracts with a Psychiatrist, psychiatric nurse practitioner, a licensed alcohol and drug counselor (LADC), and a consulting clinical psychologist to provide services.

The philosophy of gender-responsive programming provides the cornerstone of the YRTC treatment program. The core treatment program, My J_♀ourney, emphasizes empowering youth to learn about themselves and developing methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Trauma-informed care is also promoted throughout the My J_♀ourney process. Based on her individual needs, as assessed by the Youth Level of Services, each youth identifies the outcomes she needs to work on and the accompanying needs and strategies to help achieve those outcomes. Staff assists the youth by working with them on their strategies, serving as “coaches,” and regularly reviewing each youth’s progress with her.

Mental health services are provided including psychiatric consultation, individual mental health therapy, and supportive mental health services provided by an internship program.

In addition, development of each youth’s aftercare program begins on admission. Each youth, her family, a Juvenile Services Officer/Family Permanency Specialist, and the YRTC-Geneva staff form a partnership to develop an aftercare program to be implemented following her release from YRTC-Geneva.

My J_♀ourney program is supported by a wide array of programming to help each girl address her individual issues. Staff receives specialized training that address these issues. Additional programming offerings include:

- Drug/alcohol assessment, education, and counseling
- Tobacco cessation and education
- Interpersonal social skills development

- Intensive, structured individual behavioral and mental health programming
- Family-focused counseling

YRTC-Geneva utilizes an intensive drug/alcohol group treatment program. Based on the assessment/classification process, youth who meet established criteria enter into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Youth entering this program are involved in psycho-educational drug/alcohol group treatment. Family interventions are offered and emphasis is placed on reintegration to the community following their release. Youth who do not meet the criteria for placement in the intensive drug/alcohol group, but show a need for further drug/alcohol services, have their needs met in a variety of ways, including education classes and individual counseling.



Sacajawea Treatment Team meeting

The Mothers and Babies Program continues to play an important part in the YRTC treatment program. Coordinated by a youth counselor, this program is available to youth who have children or who are pregnant, and provides information and learning experiences centered on child care and development, as well as pre- and post-natal care. Plans have been completed for overnight mother and baby visits.

The curriculum for the Mothers and Babies program covers many topics, including pre- and post-natal care and parenting. A critical component of the program is a regular visitation schedule so that each youth who has a child has an opportunity for that child to visit her on a regular basis. Youth are able to interact and bond with their children, as well as learn valuable parenting skills.

Other activities taking place during SFY 2011/12 include:

- Youth attended off-campus presentations “Emotional Coaching of Children,” “Sexual Safety, Self-Respect, and Relationships,” and Lamaze classes.
- Outside providers continued to come to campus to present information to our mothers. These presentations included: “Car Seat and Airbag Safety” by Good Beginnings; “Interacting with Infants and Toddlers” by the UN-L Extension Office; and “Ready, Set, and Deliver” and “Nurturing Your Newborn” by the Nebraska Children’s Home.
- The Mothers and Babies program was involved in the Toy Drive for an area homeless shelter.

Education Program

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the youth are paroled from the facility.

In addition, after a thorough review by an external team in April, the school was approved for Advanced Education accreditation.

Geneva North School provides full fall and spring semesters, with an eight-week summer school session. Additional programming includes Title I services, vocational counseling, library/media services, GED preparation, and cosmetology services.

Thirteen students received Geneva North High School diplomas. They were honored during graduation ceremonies and post-graduation receptions were attended by their family members. Two students completed their coursework and graduated from their home schools. Four additional students completed graduation requirements for Geneva North and received diplomas but did not participate in a graduation ceremony.

YRTC-Geneva also provides a GED tutoring program. On average, six students are enrolled in the program. The ACT was administered to 11 students during the past school year. The ASVAB (Armed Services Vocational Aptitude Battery) was administered to 27 students.

A Title I teacher provides assistance to classroom teachers, providing services to youth who are unable to attend the regular school program, administering pre- and post-tests, and providing individual assistance to youth. Approximately 15 students are served by the Title I teacher on a weekly basis.

In the last year, 21 eligible students were assisted in completing application forms to post-secondary programs. The vocational counselor also assists students in completing financial aid applications and on-line course registration.

During the year, a YRTC vocational rehabilitation liaison position was continued within the Nebraska Department of Education to serve students from several counties in eastern Nebraska. This position provides assistance and services to students who are returning to their home communities following their parole from the YRTC-Geneva.



YRTC-Geneva Library/Media Center

Medical Program

Medical services are coordinated by a nurse supervisor, one full-time registered nurse, and one part-time registered nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the YRTC-Geneva Health Authority.



Dr. Jacobsen and Nurse Myers visit with a girl.

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse practitioner provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.

The medical clinic is located in LaFlesche Cottage and is generally open six days a week. Sick call is held on a daily basis during the week, and the doctors and dentist hold regular clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

The nursing staff provides orientation to all new admittances regarding the availability of medical care and how to access medical services. The nursing staff also provides medical education and special medical programs as needed.

The YRTC-Geneva participates in the Vaccine for Children Program. The immunization information is entered into the Nebraska State Immunization Information System (NESIIS). Youth received a total of 239 immunizations through this program, including 89 Gardasil shots; 9 Tdap vaccinations, 67 Influenza vaccinations, and 50 Menaetra vaccinations (for meningitis).

During FY 2011/12, the following medical services were provided:

Medical Service Provided	Number	Dental Service Provided	Number
Physical exams by doctor	468	Dental	315
Exams on new admittances	140	Consultations/Work	
Eye exams	63	Completed	
Surgeries	0		
Emergency Room	4		
Youth visits to nurse	2,251		
Staff seen by medical staff	56		
Prescriptions ordered	2,215		

Religious Program

The religious program at the YRTC-Geneva is supervised by a quarter-time chaplain. Church services are conducted every Sunday by this chaplain or one of several volunteer pastors from the local community.

At the center of the YRTC religious programming is the Chapel of Hope. The Chapel, built in 1976, hosts an assortment of religious activities. On-campus church services are held there every Sunday at 3:30 p.m. The average church attendance during SFY 2011/12 was approximately 15 youth, two visitors, and two to three staff members.



Chapel of Hope

General oversight of the Chapel of Hope is provided by a Chapel of Hope Board that meets on an annual basis. The board reviews the religious program and physical plant needs.

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a youth desire, the chaplain can also assist her in contacting her minister, priest, or religious leader in the community. A youth may also contact the chaplain if she is in need of a religious diet. Participation in any religious activity is on a strictly voluntary basis.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested youth. On average three youth took advantage of these services.

During this past year, we were privileged to have a special chapel service presented by the City Union Ushers from Omaha.

The Youth Fellowship program (formerly known as Prison Fellowship) continues to be a strong, supportive activity on campus. This group meets on Tuesday evenings, with an average attendance of 19 youth and 6 Youth Fellowship volunteers. In addition, Youth Fellowship volunteers also provide a Christmas party and gifts to the youth.

Recreation Program

The Youth Rehabilitation & Treatment Center-Geneva employs one full-time recreation coordinator, two full-time recreation assistants, and one part-time recreation assistant.

YRTC-Geneva has a wide variety of recreational equipment and areas that the youth have ready access to. This includes basketball pads and hoops near the living units, a sand volleyball court, a softball/baseball field, and a soccer field. The youth can swim in the YRTC-Geneva pool, both during recreation and physical education classes. The youth may also walk on the 1.3 mile walking trail that threads through the YRTC campus.



Swimming Pool

A recreation room contains exercise equipment, exercise videos and board games the youth can play. If youth are eligible, the recreation staff may take them to off-campus events. The Recreation Department is also responsible for coordinating numerous volunteer activities in which the youth are involved.

The Recreation Department provides numerous craft/leisure time activities for the youth, including time for all youth to make a scrapbook of their journey at the YRTC-Geneva.

In addition to regularly scheduled activities, the Recreation Department provides many special activities for the youth, both on- and off-campus:

- Attendance at Timberlake Ranch Camp where youth participate in the “Leap of Faith” ropes course from atop a pole, horseback riding and other team-building activities.
- Intramural softball, basketball, volleyball and track events, including youth vs. staff games.
- Fitness for Life classes.
- Dr. Seuss Birthday Celebration.
- Special activities surrounding holidays, including Valentine’s Day, Easter, Christmas, 4th of July, Thanksgiving, and Halloween.
- Attending movies at the local Geneva Rialto Theater.
- Snowman Building Contest.
- Making origami cranes for the Brain Injury Association of Nebraska.
- Attending local sporting events.

Community Service/Volunteer Program

The Volunteer program at the YRTC-Geneva is coordinated by a recreation assistant. The YRTC-Geneva currently has 53 active volunteers sharing their time and talents in a wide variety of volunteer programs. Utilizing our volunteers is a cost-effective means of enhancing the programs and services available to our youth. Our volunteers gave accumulatively 236 hours each month. Volunteer categories include:

The *Community Advisory Board*, which is made up of a cross-section of community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers/Mentors are assigned to youth who have limited contact with their families during their stay. The “Visiting Volunteers” provide numerous experiences for the youth they are assigned, including off-campus movies, picnics, sporting activities and church services.

The *Occupational Workplace Volunteers* are employers in the community who have been collaborating with the YRTC-Geneva to offer occupational work experience for youth. Through this program, youth gain valuable work experience, gain confidence and work skills, and are able to establish a work history with references. Three active worksites include the Geneva Senior Center, Heritage Crossings Retirement Home, and Blue Valley Community Action.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice on the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year’s religious programming, as well as to plan for any upcoming religious needs. The religious program also benefits from the involvement of Youth Fellowship volunteers and additional volunteers who provide an array of religious services.

The *Project Everlast Youth Council* has been active with various community service projects and activities. Through this program, youth gain support in making positive connections to help them transition to adulthood.

YRTC-Geneva youth continue their involvement in volunteering for numerous community activities, including:

- Taking tickets and selling concessions at the Geneva Rialto Theater.
- Assisting at the local recycling center.
- Visiting with residents at the local Heritage Crossings Retirement Home.
- Working at the state trap shoot in Doniphan, Nebraska.
- Refereeing local Geneva youth soccer leagues.



Youth interacting with a resident at the local retirement home

Support Services

Facility Budget

Business office personnel, in cooperation with the budget unit of the Department of Health & Human Services, annually prepare the facility budget of funds appropriated by the State Legislature.

The following is the budget allocated to the facility by DHHS for the SFY 2011/2012:

	Budget	Total Expenditures
General Funds	\$7,129,358	\$6,971,464
Federal Funds	\$156,032	\$90,568
Cash Funds	\$105,590	\$145,361
Grand Total	\$7,390,980	\$7,207,394



Food Service Cook preparing the noon meal

Personnel

YRTC-Geneva currently has 101.85 authorized positions (full-time equivalency). During the past year, YRTC-Geneva had 11 new hires, 2 retirements, 8 resignations and 11 promotions/transfers. The average tenure for YRTC-Geneva employees was 11.65 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed 9,100 hours of training. This included in-service, pre-service, specialized training, off-campus training and on-the-job training.

Food Service

The Food Service Department served 100,684 meals consisting of 80,846 youth meals, 13,647 staff meals and 1,191 visitor meals. The average cost per meal was \$2.57. In addition to providing regular meals, the Food Service Department provides meals for special events such as the volunteer banquet, youth/family Christmas dinner, Thanksgiving dinner, Fourth of July barbecue, and Easter buffet. Meals are also prepared for youth with special needs, i.e. food allergies, medical issues, and religious preferences.

Maintenance

In addition to the projects mentioned in “Highlights” during SFY 2011/2012, the following maintenance projects were initiated and/or completed:

- A tile project and kitchen remodeling in Sandoz Burroughs living units.
- Installation of a new compressor for the walk-in freezer in the kitchen.

- Installation of a new heat exchanger in LaFlesche Cottage.
- Repairs to sidewalks.
- Enclosed the basement stairwells on Sandoz and Burroughs living units.
- Installation of a new water heater in the kitchen.
- Installation of suicide prevention grills in Burroughs and Sandoz living units.
- Major repairs to the restroom's plumbing and drainage in Dunbar living unit.
- Installation of stainless steel safety mirrors in LaFlesche living unit.

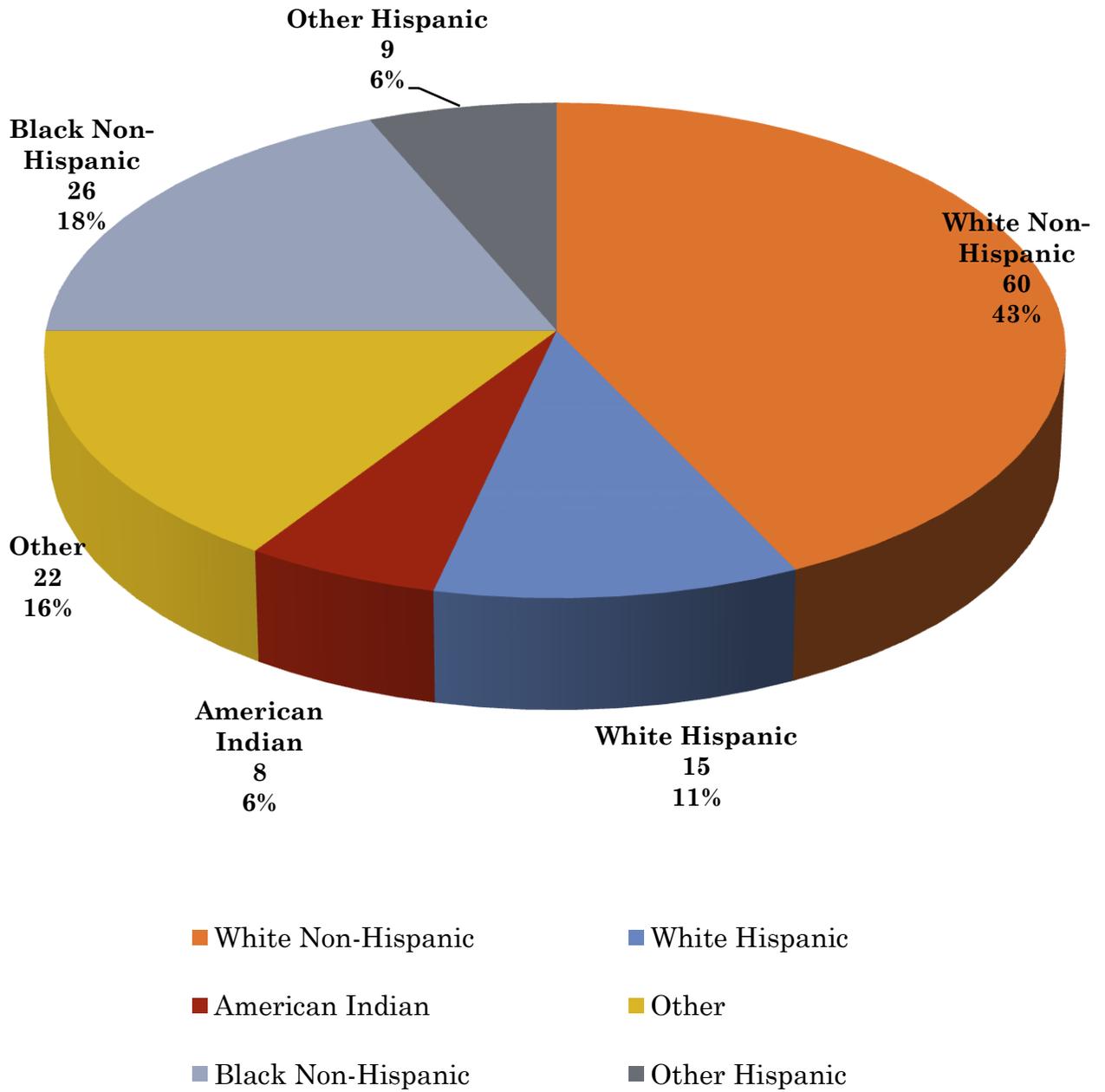
SFY 2011/2012
Admittances by Service Area/County

Service Area/County	Admissions	Percentage
Central Service Area		
Buffalo	5	3.58%
Garfield	1	0.71%
Hall	6	4.29%
Merrick	1	0.71%
TOTALS	13	9.29%
Eastern Service Area		
Douglas	39	27.86%
Sarpy	3	2.14%
TOTALS	42	30.00%
Northern Service Area		
Brown	2	1.43%
Dakota	6	4.29%
Dodge	2	1.43%
Madison	5	3.58%
Nance	1	0.71%
Pierce	1	0.71%
Platte	5	3.57%
Stanton	1	0.71%
Washington	1	0.71%
Totals	24	17.14%
Southeastern Service Area		
Cass	1	0.71%
Gage	1	0.71%
Jefferson	1	0.71%
Lancaster	43	30.73%
Richardson	1	0.71%
Saline	1	0.71%
Totals	48	34.28%
Western Service Area		
Dawson	4	2.86%
Frontier	1	0.71%
Keith	2	1.43%
Lincoln	2	1.43%
Scotts Bluff	4	2.86%
Totals	13	9.29%
GRAND TOTAL	140	100.00%

SFY 2011/2012 Admissions by Offense

Offense	Total
Aiding & Abetting	2
Arson	1
Assault	48
Burglary	1
Criminal Mischief	8
Disorderly Conduct	1
Disturbing the Peace	11
False Imprisonment	1
False Information	4
Flight to Avoid Arrest	1
Forgery	1
Huffing	1
MIP	1
Obstructing a Police Officer	2
Possession of Drug Paraphernalia	2
Possession of Drugs	6
Probation Violation	6
Resisting Arrest	1
Shoplifting	13
Terroristic Threats	2
Theft	19
Trespass	5
Unauthorized Use of a Vehicle	2
Vandalism	1
Total	140

SFY 2011/2012 Admissions by Race (140 Admissions)



SFY 2011/2012 Releases (145 Releases)

