

YOUTH REHABILITATION & TREATMENT CENTER-GENEVA



*Division of Children & Family Services
Office of Juvenile Services*

SFY 2012/13 Annual Report

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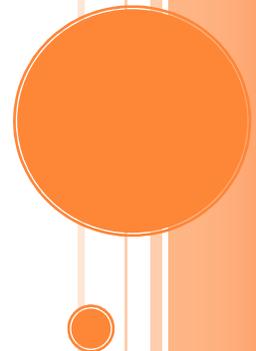


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Administrative Team

Dan Scarborough _____	Facility Administrator
Mary Stofer _____	Facility Operating Officer
Scott Gregory _____	Principal
Dr. Don Belau _____	Psychologist
JoDeen Swartz _____	Administrative Assistant
Sandi Renken _____	Business Manager
Rodger Stofer _____	Maintenance Supervisor
Jan Myers _____	Nursing Supervisor
Rev. Edward Price _____	Chaplain
Connie Reinsch _____	Recreation Manager
Marie Pope _____	Training Coordinator
Jon Eisenhauer _____	Food Service Manager
Anita Haumont _____	Volunteer Coordinator
Danielle Larson _____	Mothers & Babies Program Coordinator

<u>Mailing Address</u>	Youth Rehabilitation & Treatment Center 855 N. 1 st Street Geneva, NE 68361
<u>Phone Number</u>	(402) 759-3164
<u>Fax Number</u>	(402) 759-4804
<u>Website</u>	http://www.dhhs.ne.gov/children_family_services
<u>Rated Capacity</u>	88
<u>Average Length of Stay</u>	2012/13 – 201 DAYS; 6.7 MONTHS 2011/12 – 198 DAYS; 6.6 MONTHS
<u>Average Daily Population</u>	2012/13 – 62 YOUTH 2011/12 – 81 YOUTH
<u>Admissions</u>	2012/13 – 110 YOUTH 2011/12 – 140 YOUTH
<u>Average Per Diem</u>	2012/13 - \$309.23 2011/12 – \$245.22
<u>Average Age at Admission</u>	2012/13 – 16.32 YEARS 2011/12 – 16.17 YEARS
<u>Recidivism Rate</u>	2012/13 – 23.08% 2011/12 – 9.03%

Affiliations and/or Accreditations

American Correctional Association
Performance-based Standards/Council of Juvenile Correctional Administrators
Nebraska Department of Education
AdvancED Accredited

YRTC-Geneva Mission & Goals

MISSION

The mission of the YRTC-Geneva is to protect society by providing a safe, secure, and nurturing environment in which the youth who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens.

To accomplish this, the Youth Rehabilitation & Treatment Center - Geneva will provide diverse programming that responds to each youth's unique needs.

GOALS

- To protect public safety and to provide a safe, secure, and nurturing environment for youth and staff.
- To engage in management practices that promote the safety and well-being of staff and youth.
- To establish clear expectations of behavior and an accompanying system of accountability for youth and staff that promote mutual respect, self-discipline, and order.
- To operate the facility in a manner consistent with nationally recognized best practices and ensure the protection of each youth and family's legal rights.
- To promote the development of all employees into good role models through meaningful training, adherence to standard performance objectives and meaningful evaluations on these objectives.
- To provide meaningful opportunities and services for youth to improve their education and vocational competence, to effectively address underlying behavioral problems, and to prepare them for responsible lives in the community.
- To identify and effectively respond to youth's health, mental health, and related behavioral problems throughout the course of their stay through the use of professionally appropriate diagnostic, treatment, and prevention protocols.
- To promote the value that all families have positive attributes and strengths that can be identified and built upon as an integral part of the youth's treatment program.

Highlights

YRTC-Geneva staff continue to work hard to provide diverse programming and opportunities for the youth at the facility. The successful Improvisational Theater (IMPROV) program was continued during the year. Youth continued their involvement with the Timberlake wilderness camp, where they participated in a ropes course, “Leap of Faith,” and horseback riding. The volunteer program remains strong, with youth volunteering at the Geneva Rialto Theater, the local Senior Center, Geneva Auto Value, Heritage Crossings Retirement Home, and the Geneva patriotism celebration on July 4th.



YRTC-Geneva began transitioning to a new drug and alcohol treatment program. Prime for Life/Prime Solutions is an evidenced-based program that emphasizes behaviors and choices with personal values and desires for their life. This program takes a deeper look into substance use, choices, values, and personal goals for a positive, drug-free future.

A welcome addition to the programming in June 2013 was the Equine Program. Youth are trained on equine psychology, equine safety, and experience hands-on training with yearlings under the supervision of a certified volunteer and a YRTC-Geneva staff member.

The YRTC-Geneva is graduating an increased number of youth during their stay. Also, recent data reflects that youth are showing an increase in reading and math scores through pre- and post-testing during their stay. Eligible youth have been involved in on-line college classes. A youth Student Council was also created during the past year.

The Project Everlast Youth Council continues to provide support and assist youth in making positive connections to help them transition into adulthood. The goal of the YRTC is to connect youth with a community youth council once they leave YRTC-Geneva that will provide additional support and transition services. During the 2012/2013 year, we had 58 youth participate in the Project Everlast Youth Council. Work the council did this year included: conducted a domestic violence awareness campaign, participated in the “One Billion Rising” campaign, helped at a local homeless shelter, assisted the local Rotary club by wrapping coats for those in need, coordinated an inter-active campus-wide activity for YRTC youth, and helped with a local Adopt-A-Highway trash pick-up event. In addition, numerous youth completed a speaker’s bureau training and led cultural diversity activities.

Masters level college interns from Doane College continued to offer support to the YRTC treatment program team to ensure that facility youth are provided with counseling services consistent with their needs. They contribute numerous hours of direct service to facility youth.

Christian Heritage, a faith-based, strength-focused, family centered organization, continues to be involved with the youth on a contractual basis. Staff from Christian Heritage provide our youth with a curriculum about relationships and how to deal with conflict. The curriculum "*Within My Reach*" is founded on two beliefs: (1) everyone wants to have happy, healthy and stable relationships, (2) what people do in their relationships affects their success in every other area of life; with work, education, and child raising. Christian Heritage's vision is to restore families and to give children hope while preparing them for life.

Numerous physical plant improvements were completed during the past year. Sacajawea Cottage restrooms were renovated to make them ADA compliant. The 115 year old water tower was demolished and removed from campus. Approximately 80 dead/dying trees were removed from the grounds, major concrete replacement projects were completed campus-wide, living unit kitchens and kitchenettes were remodeled, and security cameras and fire equipment were upgraded.

YRTC-Geneva continued quality assurance measures through the Performance-based Standards (PbS) project. These measures have resulted in a continued decrease of mechanical and physical restraints used, youth on youth assaults and fights, youth on staff assaults, and a continued reduction in the number of room confinement hours.

The average YRTC staff member has worked at the facility 11.44 years. Over the last year, five employees retired, after working at YRTC for 44 years, 20 years, 23 years, 25 years, and 21 years. The YRTC-Geneva continues to be a good place to work and, as reflected by these numbers, a career for many.

Treatment Program

The Social Services Department at the Youth Rehabilitation & Treatment Center-Geneva is composed of the following staff members:

- 1 Psychologist
- 1 Chemical Dependency Counselor Supervisor
- 4 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 2 Chemical Dependency Training Specialists
- 1 Staff Assistant



Classification Committee

YRTC-Geneva also contracts with a psychiatrist, psychiatric nurse practitioner, and a consulting clinical psychologist to provide services.

The philosophy of gender-responsive programming provides the cornerstone of the YRTC treatment program. The core treatment program, My J♀urney, emphasizes empowering youth to learn about themselves and develop methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Trauma-informed care is also promoted throughout the My J♀urney process. Based on her individual needs, as assessed by the Youth Level of Services, each youth identifies the outcomes she needs to work on and the accompanying needs and strategies to help achieve those outcomes. Staff assist the youth by working with them on their strategies, serving as “coaches,” and regularly reviewing each youth’s progress with her.

Mental health services are provided including psychiatric consultation, individual mental health therapy, and supportive mental health services provided by an internship program.

In addition, each youth, her family, a Juvenile Services Officer/Family Permanency Specialist, and the YRTC-Geneva staff form a partnership to develop an aftercare program to be implemented following her release from YRTC-Geneva.

My J♀urney program is supported by a wide array of programming to help each girl address her individual issues. Staff receive specialized training that address these issues. Additional programming includes:

- Drug/alcohol assessment, education, and counseling
- Tobacco cessation and education
- Interpersonal social skills development

- Intensive, structured individual behavioral and mental health programming
- Family-focused counseling

YRTC-Geneva utilizes an intensive drug/alcohol group treatment program. Based on the assessment/classification process, youth who meet established criteria enter into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Youth entering this program are involved in psycho-educational drug/alcohol group treatment. Family



Sandoz Treatment Team meeting

interventions are offered and emphasis is placed upon reintegration back into the community following their release. Youth who do not meet the criteria for placement in the intensive drug/alcohol group but show a need for further drug/alcohol services will have their needs met in a variety of ways, including education classes and individual counseling. Within the past year, the intensive drug/alcohol group treatment program has begun using a 12-step program.

The Mothers and Babies Program continues to play an important part in the YRTC treatment program. Coordinated by a youth counselor, this program is available to youth who have children or who are pregnant, and provides information and learning experiences centered upon child care and development, as well as pre- and post-natal care. Plans were completed for overnight mother and babies visits; however, as yet, no youth were eligible to participate.

The curriculum for the Mothers and Babies program covers many topics, including pre- and post-natal care and parenting. A critical component of the program is a regular visitation schedule so that each youth who has a child has an opportunity for that child to visit her on a regular basis. Youth are able to interact and bond with their children, as well as learn valuable parenting skills.

Other activities taking place during SFY 2012/13 included:

- Three youth were certified in Child and Infant CPR.
- The Nebraska Children’s Home presented information to our mothers. These presentations included “Ready, Set, and Deliver” and “Nurturing Your Newborn.”
- The Mothers and Babies program offered off-campus shopping events for our mothers to the local Wal-Mart to teach how to hunt for bargains and how to shop on a limited budget.

Education Program

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the youth are paroled from the facility.

Geneva North was approved for Advanced Education accreditation in April 2012 and continues to maintain this accreditation and work towards continual compliance.

Geneva North School provides full fall and spring semesters, with an 8-week summer school session. Additional programming includes Title I services, vocational counseling, library/media services, GED preparation, and cosmetology services. On-line college classes were also offered with 32.5 hours of college courses this past year from Southeast and Metropolitan Community Colleges.

Twenty students received Geneva North High School diplomas. They were honored during graduation ceremonies and post-graduation receptions were attended by their family members.

YRTC-Geneva also provides a GED tutoring program. On average, six students are enrolled in the program. The ACT was administered to 12 students during the past school year. The ASVAB (Armed Services Vocational Aptitude Battery) was administered to 15 students.

A Title I Teacher provides assistance to classroom teachers, providing services to youth who are unable to attend the regular school program, administering pre- and post-tests, and providing individual assistance to youth. Approximately 15 students are served by the Title I teacher on a weekly basis.



Teacher Delores Hartman



Mr. Scott Gregory, YRTC Principal

Eligible students were assisted in completing application forms to post-secondary programs. The vocational counselor also assists students in completing financial aid applications and on-line course registration.

During the year, a YRTC Vocational Rehabilitation Liaison position was continued within the Nebraska Department of Education to serve students from several counties in eastern Nebraska. This position provides assistance and services to students who are returning to their home communities following their parole from the YRTC-Geneva.

Medical Program

Medical services are coordinated by a nurse supervisor, one full-time registered nurse, and one part-time registered nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the YRTC-Geneva Health Authority.



Dr. Jacobsen and Nurse Myers visit with a youth

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse practitioner provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.

The medical clinic is located in LaFlesche Cottage and is generally open 6 days a week. Sick call is held on a daily basis during the week, and the doctors and dentist hold regular clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

The nursing staff provides orientation to all newly admitted youth regarding the availability of medical care and how to access medical services. The nursing staff also provides medical education and special medical programs as needed.

The YRTC-Geneva participates in the Vaccine for Children Program. The immunization information is entered onto the Nebraska State Immunization Information System (NESIIS). Youth received a total of 180 immunizations through this program, including 43 Gardasil shots; 48 hepatitis A vaccinations; 18 Tdap vaccinations, 57 Influenza vaccinations, and 14 Menactra vaccinations (for meningitis).

During FY 2012/13, the following medical services were provided:

Medical Service Provided	Number	Dental Service Provided	Number
Physical exams by doctor	468	Dental	277
Exams on new admittances	110	Consultations/Work	
Eye exams	48	Completed	
Surgeries (outpatient)	3		
Emergency Room	1		
Youth visits to nurse	1,998		
Staff seen by medical staff	64		
Prescriptions ordered	1,654		

Religious Program

The religious program at the YRTC-Geneva is supervised by a quarter-time chaplain. Church services are conducted every Sunday by this chaplain or one of several volunteer pastors from the local community.

At the center of the YRTC religious programming is the Chapel of Hope. The Chapel, built in 1976, hosts an assortment of religious activities. On-campus church services are held there every Sunday at 3:30 p.m. The average church attendance during SFY 2012/13 was approximately 14 youth, 3 visitors, and 2-3 staff members.



Chapel of Hope

General oversight of the Chapel of Hope is provided by a Chapel of Hope Board that meets on an annual basis. The board reviews the religious program and physical plant needs.

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a youth desire, the chaplain can also assist her in contacting her minister, priest, or religious leader in the community. A youth may also contact the chaplain if she is in need of a religious diet. Participation in any religious activity is on a strictly voluntary basis.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested youth. On average 3 youth took advantage of these services.

During this past year, we were privileged to have a special chapel service presented by the City Union Ushers from Omaha.



Inside the Chapel of Hope

The Youth Fellowship program continues to be a strong, supportive activity on campus. This group meets on Tuesday evenings, with an average attendance of 17 youth and 6 Youth Fellowship volunteers. In addition, Youth Fellowship volunteers also provide a Christmas party and gifts to the youth.

Recreation Program

The Youth Rehabilitation & Treatment Center-Geneva employs one full-time recreation manager, and three full-time recreation assistants.

YRTC-Geneva has a wide variety of recreational equipment and areas that the youth have ready access to. This includes outside basketball pads and hoops near the living units, a sand volleyball court, a softball/baseball field, and a soccer field. The youth can swim in the YRTC-Geneva pool, both during recreation and physical education classes. The youth may also walk on the YRTC campus.



Swimming Pool

A recreation room contains exercise equipment, exercise videos, and board games the youth can play. If youth are eligible, the recreation staff may take them to off-campus events. The Recreation Department is also responsible for coordinating numerous volunteer activities in which the youth are involved.

The Recreation Department provides numerous craft/leisure time activities for the youth, including time for all youth to make a scrapbook of their journey at the YRTC-Geneva.

In addition to regularly scheduled activities, the Recreation Department provides many special activities for the youth, both on and off-campus:

- Attendance at Timberlake wilderness camp where youth participate in a ropes course, “Leap of Faith” from atop a pole, horseback riding and other team building activities.
- Intramural softball, basketball, volleyball and track events, including youth vs. staff games.
- Dr. Seuss Birthday Celebration.
- Special activities surrounding holidays, including Valentine’s Day, Easter, Christmas, 4th of July, Thanksgiving, and Halloween.
- Attending movies at the local Geneva Rialto Theater.
- Snowman Building Contest.
- IMPROV Camps.
- Attending local sporting events.
- Work Inflatable Stations during the Geneva community patriotism celebration on July 4th.
- Participate in a homemade meal and game night at the Geneva Methodist Church several times throughout the year.
- Barnyard Bash petting zoo.

Volunteer/Community Service Program

The Volunteer Program at the YRTC-Geneva is coordinated by a recreation assistant. The YRTC-Geneva currently has 62 active volunteers who share their time and talents in a wide variety of volunteer programs. Utilizing our volunteers is a cost-effective means of enhancing the programs and services available to our youth. Our volunteers gave accumulatively 171 hours each month. These hours do not take into account the hours of special groups that come to provide religious services; nor do they include our social service interns, or our transitional specialist hours. Volunteer categories include:

The *Community Advisory Board*, is made up of a cross-section of eight community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers/Mentors are assigned to youth who have limited contact with their families during their stay. The “Visiting Volunteers” provide numerous experiences for the youth they are assigned to, including off-campus movies, picnics, sporting activities, and church services. During the year, 29 youth benefitted from this program.

The *Occupational Workplace Volunteers* are employers in the community that have been collaborating with the YRTC-Geneva to offer occupational work experience for youth. Through this program, youth gain valuable work experience, gain confidence and work skills, and are able to establish a work history with references. Worksites involved in the program include the Geneva Senior Center, Heritage Crossings Retirement Home, Blue Valley Community Action, MC-Industries, J Bar D Ranch, and Auto Value. During the year, 27 youth benefitted from this program.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice on the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year’s religious programming, as well as plan for any upcoming religious needs. The religious program also benefits from the involvement of Youth Fellowship volunteers and additional volunteers who provide an array of religious services.

The *Project Everlast Youth Council* has been active with various community service projects, awareness campaigns, and activities. Through this program, youth gain support in making positive connections to help them transition into adulthood. Some of the work the council did this year included helping at a local homeless shelter, assisting the local Rotary club by wrapping coats for those in need, coordinating an interactive campus-wide activity for youth, and undertaking a local adopt-a-highway trash pick-up. Numerous youth also completed a speaker’s bureau training with two youth being selected to speak on a panel at the Nebraska Juvenile Justice Conference in May 2013.

YRTC-Geneva youth continue their involvement in volunteering for numerous community activities, including:

- Taking tickets and selling concessions at the Geneva Rialto theater.
- Visiting with residents at the local Heritage Crossings Retirement Home.
- Working at the state trapshoot in Doniphan, Nebraska.
- Refereeing local Geneva youth soccer leagues.
- Providing additional help at the local Senior Center during their fund-raising activities.

Support Services

Facility Budget

Business office personnel, in cooperation with the budget unit of the Department of Health & Human Services, annually prepare the facility budget of funds appropriated by the State Legislature.

The budget (see graph to the right) is allocated to the facility by DHHS for the SFY 2012/13.

	Budget	Total Expenditures
General Funds	\$7,146,136.00	\$6,805,451.61
Federal Funds	\$156,032.00	\$153,469.66
Cash Funds	\$104,739.00	\$88,136.59
Grand Total	\$7,406,907.00	\$7,047,057.86

Personnel

YRTC-Geneva currently has 101.85 authorized positions (full-time equivalency). During the past year, YRTC-Geneva had 20 new hires, 5 retirements, 15 resignations and 20 promotions/transfers. The average tenure for YRTC-Geneva employees was 11.44 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed over 10,100 hours of training. This included in-service, pre-service, specialized training, off-campus training and on-the-job training.

Food Service

The Food Service Department served 81,705 meals consisting of 67,151 youth meals, 14,269 staff meals and 285 visitor meals. The average cost per meal was \$2.72. In addition to providing regular meals, the Food Service Department provides meals for special events such as the Volunteer Recognition Banquet, youth/family Christmas dinner, Thanksgiving dinner, Fourth of July barbecue, and Easter buffet. Meals are also prepared for those youth with special needs, i.e. food allergies, medical issues, and religious preferences.

Maintenance

In addition to the projects mentioned in “Highlights” during SFY 2011/2012, the following maintenance projects were initiated and/or completed:

- New gutters/downspouts on three living units.
- New doors installed in Food Service Building.
- Installation of new water heater in the Chapel.
- Steam pipes replaced to Dunbar Cottage.
- Installed new speakers in the School for the emergency alert system.



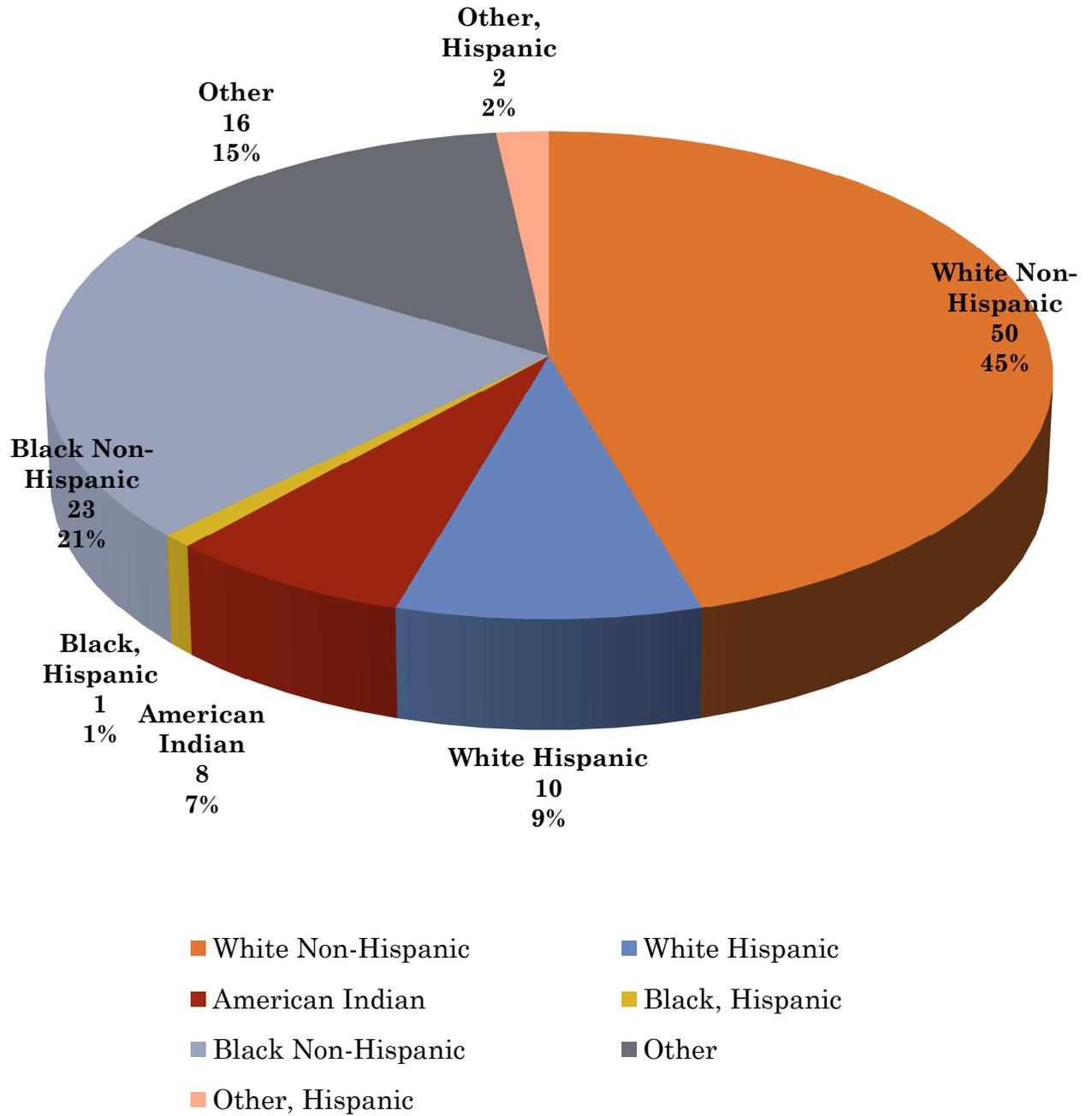
SFY 12/13
Admittances by Service Area/County

Service Area/County	Admissions	Percentage
Central Service Area		
Adams	1	0.91%
Buffalo	3	2.73%
Custer	1	0.91%
Garfield	1	0.91%
Hall	5	4.55%
Harlan	1	0.91%
Totals	12	10.91%
Eastern Service Area		
Douglas	39	35.45%
Sarpy	2	1.82%
Totals	41	37.27%
Northern Service Area		
Antelope	1	0.91%
Colfax	1	0.91%
Fillmore	1	0.91%
Madison	3	2.73%
Nance	1	0.91%
Pierce	1	0.91%
Platte	6	5.45%
Thurston	1	0.91%
Washington	1	0.91%
Totals	16	14.55%
Southeastern Service Area		
Gage	2	1.82%
Jefferson	1	0.91%
Lancaster	25	22.73%
Nemaha	2	1.82%
Saline	1	0.91%
Totals	31	28.18%
Western Service Area		
Box Butte	1	0.91%
Dawson	1	0.91%
Lincoln	3	2.73%
Perkins	1	0.91%
Red Willow	1	0.91%
Scotts Bluff	3	2.73%
Totals	10	9.09%
GRAND TOTAL	110	100.00%

SFY 12/13 Admissions by Offense

Offense	Total
Aiding & Abetting	1
Arson	1
Assault	39
Auto Theft	2
Burglary	1
Criminal Conspiracy	1
Criminal Impersonation	1
Criminal Mischief	7
Disorderly Conduct	2
Disturbing the Peace	3
False Information	1
Obstruction a Police Officer	3
Possession of Drug Paraphernalia	2
Possession of Drugs	3
Possession of Drugs with Intent	1
Probation Violation	1
Resisting Arrest	1
Sexual Assault	1
Shoplifting	16
Terroristic Threats	2
Theft	15
Trespass	2
Unauthorized Use of a Vehicle	4
Total	110

SFY 12/13 Admissions by Race (110 Admissions)



SFY 12/13 Releases (121 Releases)

