

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: *Pork, Breaded Patty

Product Code: 3701-A

Processor: Pierre Foods

Category: Meat and Meat Alternate

Date: 5/23/2007

Description: Lean boneless pork formed into a chop shape, then coated with breadings. It is fully cooked in 100% polyunsaturated vegetable oil.

Pack Size: 100 servings

Storage: Store at 0 degree's F or below

Preparation: Keep frozen until ready to cook

Cooking: Bake on a pan in preheated convection oven at 350 degrees for 10 minutes or in a preheated conventional oven at 350 degrees for 14 minutes.

Serving Size: 3.1 oz patty

Meal Contribution: 2 meat/meat alternate

Nutrition Facts			
Calories:	241.00	Protein:	13.60 grams
Total Fat:	14.90 grams	Carbohydrate:	13.20 grams
Saturated Fat:	3.90 grams	Cholesterol:	29.75 mg
Trans Fat:	grams	Calcium:	37.20 mg
Iron:	2.29 mg	Dietary Fiber:	1.17 grams
Sodium:	418.00 mg	Vitamin C:	0.00 mg
Vitamin A:	131.90 IU		