



# FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label or 3 oz. edible portion on bulk items.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Homestyle Chicken Nuggets with ISP

CODE NUMBER: 6143 Case Wt: 30# CN# 074248 Donated Food/Case: 20.00#

SERVING SIZE: 3.04 oz Servings/Case 158 Contribution: 2 MMA Serving 1 Bread Serving

## BID DESCRIPTIONS

Breaded fully cooked CN labeled homestyle chicken nuggets produced from USDA A522 natural proportion white and dark meat commodity chicken with isolated soy protein. No other types of TVP permitted. Nuggets to be batter breaded with enriched wheat flour homestyle breader. 5 nuggets @ 0.608 oz. each guaranteed by CN Label to provide 2 oz. meat/meat alternative and one bread serving. Minimum portion count to be stated on label. Product to provide zero grams trans fats.

## NUTRIENT INFORMATION

### Basic Components

Calories (kcal)	180	Carbohydrates (g)	13
Fat (g)	10	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	47		

### Vitamins

Vitamin A-IU (IU)	137
Vitamin C (mg)	1

### Minerals

Sodium (mg)	533
Calcium (mg)	38
Iron (mg)	2

*Ernest C. Hughes*

Signature

10/08/10

Date

Plant # P-413, Boaz, AL



Fully Cooked

## Chicken Nuggets

Breaded Homestyle Nugget Shaped Chicken Patties

**INGREDIENTS:** Chicken, Water, Vegetable Protein Product (Isolated Soy Protein, Magnesium Oxide, Zinc Oxide, Nicotinamide, Ferrous Sulfate, Vitamin B-12, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Pyridoxine Hydrochloride, Thiamine Mononitrate and Riboflavin), Dried Whole Egg Solids, Salt, Sugar, Sodium Phosphates, White Pepper, Onion Powder and Garlic Powder. **BREADED WITH:** Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Spices, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Soybean Oil, Dried Whey, Sugar, Yeast, Dehydrated Bell Pepper, Dried Garlic, Dried Onion, less than 2% Silicon Dioxide as anti-caking agent. **BATTERED AND PREDUSTED WITH:** Water, Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Spices, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Dextrose, Dried Whey, Hydrolyzed Corn Protein, Caramel Color, Yeast Extract, Soybean Oil, Extractives of Paprika and Annatto, Lactic Acid, Breading set in Vegetable Oil.

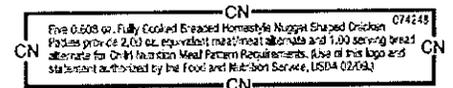
**CONTAINS: EGG, MILK, SOY AND WHEAT**



Product of USA  
Distributed By: Pilgrim's Pride Corporation  
P.O. Box 93, Pittsburg, TX 75686 800-321-1470 www.poultry.com  
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**HEATING INSTRUCTIONS FROM FROZEN:** Conventional Oven for 10-14 minutes at 350°F;  
Convection Oven for 8-10 minutes at 350°F. Appliances vary, adjust cook times accordingly.

**6143**



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