

**Nebraska Food Distribution
 Processed Commodity Fact Sheet**

Name: Cheese, Sauce Cups

Product Code: 39927

Processor: Land O Lakes

Category: Meat and Meat Alternate

Date: 5/23/2007

Description: Individual size, creamy cheddar cheese cups.

Pack Size: 140 servings per case

Storage: Refrigerate between 30 F and 40 F

Preparation: Can be served at room temperature or heated

Cooking: Heat unopened cup to 145 - 155 degrees in Convection Oven: 200 F for 15 - 20 minutes, Conventional Oven: 250 F 18-22 minutes, Warming Unit: 160 F 1-1.5 hours, 190 F 30-40 minutes, Water Bath: 20-25 minutes, Steam Table: 1 hour hold for 3 hours. Methods not recommended: Steamer or Microwave.

Serving Size: 3.0 oz cup

Meal Contribution: 1 meat/meat alternate

Nutrition Facts			
Calories:	130.00	Protein:	8.00 grams
Total Fat:	9.00 grams	Carbohydrate:	4.00 grams
Saturated Fat:	6.00 grams	Cholesterol:	30.00 mg
Trans Fat:	grams	Calcium:	300.00 mg
Iron:	0.36 mg	Dietary Fiber:	0.00 mg
Sodium:	780.00 mg	Vitamin C:	0.00 mg
Vitamin A:	60.00 RE		