

Nebraska Food Distribution Processed Commodity Fact Sheet

Name: Cheese, Quesadilla

Product Code: 25101ESN

Processor: East Side Entrees

Category: Meat and Meat Alternate

Date: 7/17/2007

Description: Authentic, restaurant style cheese filled tortilla with grill marks. ½ moon shape for easy handling and outstanding plate coverage.

Pack Size: 112 servings

Storage: Store at 0 degree's F or below

Preparation: Keep frozen until ready to use.

Cooking: Place product on parchment lined sheet pan. Stack quesadillas overlapping 3/4 of tortilla. Hold product at room temperature for 30 minutes, then place in a preheat 350 F convection oven for 8-16 minutes. You can microwave at high for 40 seconds per quesadillas.

Serving Size: 4.22 oz.

Meal Contribution: 2 meat/meat alternate and 2.25 bread alternate

Nutrition Facts			
Calories:	390.00	Protein:	17.00 grams
Total Fat:	24.00 grams	Carbohydrate:	30.00 grams
Saturated Fat:	13.00 grams	Cholesterol:	60.00 mg
Trans Fat:	grams	Calcium:	600.00 mg
Iron:	0.00 mg	Dietary Fiber:	3.00 grams
Sodium:	1,240.00 mg	Vitamin C:	0.00 mg
Vitamin A:	500.00 IU		