Sexual Re-offending

201 Youth who attended the program were studied by an independent research team at the University of Nebraska.

The youth's offending was reviewed for an average of 7.2 years after discharge, using comprehensive crime databases.

92% of youth who attended the Whitehall program were never charged with another sexual offense during this follow-up time period.

Immediate Outcomes

Whitehall provides monthly updates to address the following with each youth and family: risk reduction, social skill development, aggression replacement, family functioning, and readiness for discharge

Educational Outcomes

Youth who enter the program are often behind in school credits and by discharge often leave the program at grade level or above.

Community Service

Youth are involved in community service through the Whitehall program.

The Whitehall Programs are ADA compliant and are Affirmative Action and Equal Opportunity Employers

Questions about the Whitehall Program?
Contact the Main Office

Whitehall Program
Main Office/Admissions
5845 Huntington Ave.
Lincoln, NE 68507
(402) 471-6969

Main Office
Lincoln Regional Center
(402) 479-5207

dhhs.nebraska.gov

Department of Health & Human Services
DHHS
NEBRASKA

Whitehall PRTF

Psychiatric Residential Treatment Facility

CFS-PAM-14 2/13 (99982)

The Whitehall Mansion and campus sports field as seen from one of the Residential Treatment Center cottages.

The Whitehall program assesses, treats, and successfully re-engages youth with their families and communities. Our program uses progressive, evidence based practice for adolescent males who have engaged in sexual offenses.

Professional Services

Diagnosis and treatment planning are developed with input from an interdisciplinary team that includes:

- Psychiatry
- Psychology
- Nursing service
- Therapists/Social Workers
- Therapeutic Recreation
- Youth Security Specialists
- Primary Care Physician
- Education and Special Education Services
- Chemical Dependency Counselor
- Dietary
- Telehealth over secure service

The treatment team works with the youth, family, guardians, case manager, and court personnel to develop an individualized treatment plan. The treatment plan is implemented by members of the interdisciplinary team who have frequent contact with the youth throughout the day.

Admission Criteria For Community Residential Program

- Youth are 13 to 18 years of age
- Sexual offending behavior has been identified as a primary problem with high or high to moderate risk for re-offending
- Youth require 24-hour awake supervision
- No immediate risk for suicidal activity, elopement, or physical aggression that requires acute care or locked facility. Whitehall is a staff-secure facility.
- Youth can benefit from our cognitive-behavioral program

All admissions are pre-planned and not done on an emergency basis.

The living room provides a comfortable environment for studying, leisure activities, and group therapy.

Treatment Setting

- 3 Residential Cottages, with up to 8 youth in a cottage
- Each youth has his own room
- Cottages have an electronic security system and 24-hour awake staff supervision
- Youth attend Morton School which is located on the campus
- Youth can attend religious services or activities in the community or on campus
- Family visitation is available on campus, and when ready, the youth and family can go on community outings (e.g., meal, shopping)

Interventions

- Family therapy four times a month
- Parenting skills training
- Treatment of trauma
- Treatment of attachment issues
- Treatment of abuse and neglect issues
- Development and use of safety plans
- Development of social skills
- Development of healthy sexual boundaries
- Anger management training
- Moral reasoning training
- Cognitive restructuring
- Treatment of alcohol and other drug abuse issues
- Development of impulse-regulation skills
- Special education services
- Development of healthy leisure skills
- Work and independent living skills
- Practice the use of safety plans in the community under staff supervision
- Medical, dental, and vision services

Licensing

Licensed and accredited by:

- Joint Commission for the Accreditation of Health Care Organizations
- Center for Medicare and Medicaid Services
  - DHHS Child Caring Agency

The Whitehall program is licensed and accredited as part of the Lincoln Regional Center. Morton School is an approved Rule 18 School under the Nebraska Department of Education. Payment of services is through Medicaid or Letter of Agreement.

The Whitehall Treatment Team includes the youth, family members, and guardian.

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