At Risk Behavior

*In Returning Combat Veterans*

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What Is Considered “At Risk” Behavior?

- **Looking for the Adrenaline Rush**
  - High speed driving
  - Ultimate fighting

- **Financial Risks**
  - Spending above means
  - Gambling in excess

- **Avoiding Others**

- **Anger and Violence**
  - “Bar Room” brawls
  - Domestic violence
  - Sexual assault

- **Substance Use and Abuse**
  - Self medicate to “feel better” or “sleep”
Legal Problems

- Traffic tickets (aggressive driving)
- Driving Under the Influence (DUI)
- Motor Vehicle Accidents (MVA)
- Domestic violence
- Sexual assault
- Assault
“Increasingly, veterans are spilling into the criminal justice system. A small fraction wind up in prison for homicides or other major crimes. Far more, though, are involved in drunken bar fights, reckless driving, and alcohol-fueled domestic violence. Whatever the particulars, their stories often spool out in unwitting victims, ruptured families, lost jobs, and crushing debt.”

- Lizette Alvarez
  New York Times (July 8, 2008)
References


