

At Risk Behavior

In Returning Combat Veterans

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What Is Considered “At Risk” Behavior?

■ Looking for the Adrenaline Rush

- High speed driving
- Ultimate fighting

■ Financial Risks

- Spending above means
- Gambling in excess

■ Avoiding Others

■ Anger and Violence

- “Bar Room” brawls
- Domestic violence
- Sexual assault

■ Substance Use and Abuse

- Self medicate to “feel better” or “sleep”

Legal Problems

- Traffic tickets (aggressive driving)
- Driving Under the Influence (DUI)
- Motor Vehicle Accidents (MVA)
- Domestic violence
- Sexual assault
- Assault

“Increasingly, veterans are spilling into the criminal justice system. A small fraction wind up in prison for homicides or other major crimes. Far more, though, **are involved in drunken bar fights, reckless driving, and alcohol-fueled domestic violence.** Whatever the particulars, their stories often spool out in unwitting victims, ruptured families, lost jobs, and crushing debt.”

- Lizette Alvarez
New York Times (July 8, 2008)

References

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