

TRAUMA 101 FOR PEER SUPPORT & FAMILY PEER SUPPORT



Workshop Outcomes:

- Identify current and past traumatic events and understand the impact on individuals and families
- Learn to address and discuss traumatic events and reactions with trauma survivors
- Understand the impact of trauma on the brain—be 'brain informed'
- Understand the role of alcohol and drugs in trauma response
- Learn to address trauma and support survivors through the recovery process
- Learn interventions and resources for individuals with trauma histories
- Integrate trauma informed perspective with peer support and family peer support services

Who should attend:

Individuals working as Certified Peer Support and Wellness Specialists and Family Peer Support Specialists

October 28, 2014 1:00-5:00pm

Region 5 Systems

1645 N Street, Lincoln

Sponsored by NE Office of Consumer Affairs



Workshop is free, but you must register to attend. For more information or to register please contact Kim Carpenter at 402-850-0301 or Kimcarpenter5@gmail.com