

## Resources for Core Strategy Teams

January 28, 2014

The purpose of this document is to provide background information and data for Core Strategy Team (CST) partners. It is meant to be a growing document and CST partners are encouraged to submit reports and articles for inclusion. As more information is submitted and approved, it will be added. This document will be made available on the SOC webpage:

[http://dhhs.ne.gov/behavioral\\_health/Pages/beh\\_systemofcare.aspx](http://dhhs.ne.gov/behavioral_health/Pages/beh_systemofcare.aspx)

### **Nebraska Demographics (2010 Census Bureau)**

Population: 1,855,525

Counties: 9 urban counties, 47 rural, and 36 frontier with fewer than 7 people per square mile

Population by Race:

- 82.1% of the population is non-Hispanic White
- 9.2% Hispanic / Latino
- 4.5% African American
- 1.8% Asian
- 1.0% American Indian / Alaska Native
- 0.1% Native Hawaiian and other Pacific Islander
- 2.2% from two or more races.

Age:

- Just over 35% of Nebraska population is under 24 years of age
- 7.2% under 5 years
- 7.1% 5 to 9 years
- 6.7% 10 to 14 years
- 7.1% 15 to 19 years
- 7.1% 20 to 24 years.

Poverty:

- 15% of Nebraska's children live in poverty; per capita income is less than the national average but more parents are employed full-time than the national average.

### **Service Utilization-DHHS Divisions of Behavioral Health, Children and Family Services & Medicaid**

- In 2012, there were 217,111 (duplicated count) children served by the NE DHHS through its Divisions of Behavioral Health, Children and Family Services (includes both child welfare and juvenile justice), and Medicaid and Long Term Services.

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- The ages of those served were:
  - 73% (158,913) ages 0 to 12,
  - 20% (43,143) ages 13 to 17,
  - 7% (15,055) 18 to 21.
  
- Race of those served:
  - 58% white
  - 17% Hispanic/Latino
  - 8% African American,
  - Under 1% of other racial and cultural groups and missing data on the remainder.
  
- These figures suggest disproportionate involvement of Latino and African American children in these systems, a finding partially related to greater levels of poverty.
  
- 3,500 people are served in Tribal behavioral health programs annually.
  
- DBH currently provides wraparound service coordination for multi-agency involved children and youth with serious emotional disturbances (SED) through the Professional Partnership Program (PPP).
  - The program served 1,107 children and their families in Fiscal Year (FY) 2012.
  - Their needs are complex: Running away was most common (37%), followed by sexual abuse (nearly 37%), past psychiatric hospitalization (27%), and substance abuse (18%).
  - At the family level, 66% have family members with histories of mental illness, 53% have family-level substance abuse (only 23% have received treatment for substance abuse in the past); 45% experienced family domestic violence 43% have had a parent convicted of a crime, and 22% have a parent who has a history of psychiatric hospitalization.

### **Out-of-Home Placements**

- Nebraska is removing children from their homes at rates twice the national rate.

### **Adverse Childhood Experience (ACE)**

The ACE study (Yeoman, 2011) revealed that an estimated 47% of Nebraska adults had zero ACEs. Thirty-four percent had 1 or 2 ACEs, 12% had 3 or 4 ACEs, and 8% had 5 or more ACEs. A total of 53% of Nebraskans had at least 1 ACE. Mean ACE count was 1.3. Among persons who had one or more ACEs, the mean was 2.4. Approximately 6% lived with someone who had been incarcerated, 14% witnessed abuse among household adults, 20% experienced divorce, 25% household substance abuse, 16% household mental illness, 26% verbal abuse, 9% sexual abuse, and 15% reported experiencing physical abuse during their childhood years. In 2011, 44% had environmental ACEs and an estimated 32% of Nebraska adults had direct ACEs.

## SOC Information & Reports

Category	Report	URL	Author
<b>A. Prevention</b>	1. Five Year Prevention Strategic Plan FY13-FY17	<a href="http://dhhs.ne.gov/behavioral_health/Documents/DBH-PreventionStrategicPlan2013-17.pdf">http://dhhs.ne.gov/behavioral_health/Documents/DBH-PreventionStrategicPlan2013-17.pdf</a>	NE DHHS Division of Behavioral Health
	2. Youth Risk Behavioral Surveillance 06/8/2012	<a href="http://www.cdc.gov/mmwr/pdf/ss/ss6104.pdf">http://www.cdc.gov/mmwr/pdf/ss/ss6104.pdf</a>	Centers for Disease Control and Prevention
	3. Suicide-Related Behaviors Among NE adolescents-2010 08/2011	<a href="http://dhhs.ne.gov/publichealth/Documents/Suicide-related%20behaviors%20among%20Nebraska%20adolescents.pdf">http://dhhs.ne.gov/publichealth/Documents/Suicide-related%20behaviors%20among%20Nebraska%20adolescents.pdf</a>	NE DHHS
	4. Risk & Protective Factors for Mental, Emotional and Behavioral Disorders Across the Life Span	*Contact SOC office for this resource.	SAMHSA
	5. Prevention Cornerstone (PowerPoint) 09/2013	*Contact SOC office for this resource.	Renee Faber, Prevention System Coordinator NE DHHS Division of Behavioral Health
<b>B. Trauma Informed</b>	6. From What's Wrong? To What Happened?: Moving Towards Trauma-Informed Practices and Holistic Approaches! (PowerPoint)	*Contact SOC office for this resource.	Eva Dech Mental Health Empowerment Project
<b>C. Service Array</b>	7. Joint CMCH and SAMHSA Informational Bulletin 05/2013	<a href="http://medicaid.gov/Federal-Policy-Guidance/Downloads/CIB-05-07-2013.pdf">http://medicaid.gov/Federal-Policy-Guidance/Downloads/CIB-05-07-2013.pdf</a>	Joint Center for Medicaid & Chip Services & Substance Abuse and Mental Health Services Administration
	8. NE Family Helpline & Family Navigator Services Annual Report Fiscal Year 2011 3/25/2011	<a href="http://dhhs.ne.gov/behavioral_health/Documents/Ne_FamilyHelplineAndNavigatorServicesAnnualReport-FY2011.pdf">http://dhhs.ne.gov/behavioral_health/Documents/Ne_FamilyHelplineAndNavigatorServicesAnnualReport-FY2011.pdf</a>	NE DHHS
<b>D. Service Utilization</b>	9. Nebraska 2012 Mental Health National Outcome Measures (NOMS): CMHS Uniform Reporting Systems	<a href="http://www.samhsa.gov/dataoutcomes/urs/2012/Nebraska.pdf">http://www.samhsa.gov/dataoutcomes/urs/2012/Nebraska.pdf</a>	Center for Mental Health Services
	10. Nebraska's Annual Children & Family Services Report (APSR) 2010-2011	<a href="http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx">http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx</a>	NE DHHS Division of Children and Family Services
	11. State Wards: <ul style="list-style-type: none"> <li>• Point in Time Run Charts</li> </ul>	<a href="http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx">http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx</a>	NE DHHS Division of Children and Family Services

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Category	Report	URL	Author
	<ul style="list-style-type: none"> <li>Point in Time Report</li> <li>Point in Time Trends</li> </ul>		
	12. Youth Rehabilitation & Treatment Centers Annual Report	<a href="http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx">http://dhhs.ne.gov/children_family_services/Pages/jus_reports.aspx</a>	NE DHHS Division of Children and Family Services
	13. Division of Behavioral Health Professional Partner Report	Contact SOC office for this resource.	NE DHHS Division of Behavioral Health
<b>E. Evidence Based Practice</b>	14. SAMHSA's National Registry of Evidence-Based Programs & Practices	<a href="http://www.nrepp.samhsa.gov/ViewAll.aspx">http://www.nrepp.samhsa.gov/ViewAll.aspx</a>	SAMHSA
<b>F. Feedback</b>	15. Summary of Satisfaction Surveys Administered to Children, Foster Parents, Judges, Guardians ad litem, Attorneys Representing Parents & Service Providers	<a href="http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Health_and_Human_Services_Department_of/303_20130913-110549.pdf">http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Health_and_Human_Services_Department_of/303_20130913-110549.pdf</a>	NE DHHS Division of Children and Family Services
	16. Consumer Satisfaction Survey	Contact SOC office for this resource.	NE Division of Behavioral Health
<b>G. Service Providers</b>	17. Nebraska's Behavioral Health Workforce 2000 to 2010 08/2011	<a href="http://www.unmc.edu/bhecn/docs/Final_Report_BHWorkforceAugust1.pdf">http://www.unmc.edu/bhecn/docs/Final_Report_BHWorkforceAugust1.pdf</a>	Nebraska Center for Rural Health Research
	18. Locate Health Professional Shortage Areas	<a href="http://hpsafind.hrsa.gov/">http://hpsafind.hrsa.gov/</a>	Health Resources & Services Administration (HRSA)
	19. Behavioral Health Education Center of NE (BHECN) FY 2012-2013 Legislative Report	<a href="http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Behavioral_Health_Education_Center/436_20131122-132947.pdf">http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Behavioral_Health_Education_Center/436_20131122-132947.pdf</a>	BHECN
	20. NE Medicaid Program Provider Information-Youth Residential Treatment Services	<a href="http://dhhs.ne.gov/medicaid/Pages/med_yrts.aspx">http://dhhs.ne.gov/medicaid/Pages/med_yrts.aspx</a>	NE DHHS Division of Medicaid & Long-Term Care
<b>H. Nebraska Demographics</b>	21. Nebraska Quick Facts	<a href="http://quickfacts.census.gov/qfd/states/31000.html">http://quickfacts.census.gov/qfd/states/31000.html</a>	U.S. Census Bureau
	22. Kids Count in Nebraska Report 2013	<a href="http://voicesforchildren.com/2014/01/kids-count-in-nebraska-report-2013/">http://voicesforchildren.com/2014/01/kids-count-in-nebraska-report-2013/</a>	Voices for Children in Nebraska
<b>I. Minority Health</b>	23. Nebraska Minorities: Disparity Facts A Chart Book 11/2011	<a href="http://dhhs.ne.gov/publichealth/Documents/Nebraska%20Disparities%20Report.pdf">http://dhhs.ne.gov/publichealth/Documents/Nebraska%20Disparities%20Report.pdf</a>	NE DHHS Division of Public Health
	24. Health Profile of Nebraska's Latino Population 3/2013	<a href="http://dhhs.ne.gov/publichealth/Documents/Health%20Profile%20Latino%20Report%202013.pdf">http://dhhs.ne.gov/publichealth/Documents/Health%20Profile%20Latino%20Report%202013.pdf</a>	UNMC Center for Reducing Health Disparities
	25. Health Status of American Indians in	<a href="http://dhhs.ne.gov/publichealth/Documents">http://dhhs.ne.gov/publichealth/Documents</a>	NE DHHS Division of Public

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Category	Report	URL	Author
	Nebraska 9/2012	/American%20Indian%20Report%202013.pdf	Health
	26. National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care: A Blueprint for Advancing and Sustaining CLAS Policy and Practice 4/2013	<a href="http://dhhs.ne.gov/publichealth/documents/EnhancedCLASstandards4-24.pdf">http://dhhs.ne.gov/publichealth/documents/EnhancedCLASstandards4-24.pdf</a>	Office of Minority Health U.S. Department of Health and Human Services
	27. Languages from the Faces of Nebraskans 2011	<a href="http://dhhs.ne.gov/publichealth/Documents/2011%20Nebraska%20Languagesx.pdf">http://dhhs.ne.gov/publichealth/Documents/2011%20Nebraska%20Languagesx.pdf</a>	NE Division of Public Health
	28. Closing the Gap: Cultural Perspectives on Family Driven Care TAP 2011	<a href="http://www.ffcmh.org/publications/closing-gap-cultural-perspectives-family-driven-care-tap-2011">http://www.ffcmh.org/publications/closing-gap-cultural-perspectives-family-driven-care-tap-2011</a>	National Federation of Families
<b>J. General</b>	29. NE Coalition for Juvenile Justice FY 2012/2013 Annual Report to the Governor & NE Legislators July 1 2013-June 30 2013	<a href="http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Crime_Commission/460_20140115-081231.pdf">http://nebraskalegislature.gov/FloorDocs/103/PDF/Agencies/Crime_Commission/460_20140115-081231.pdf</a>	Nebraska Commission on Law Enforcement & Criminal Justice
	30. Nebraska's Child Welfare Report Card	<a href="http://blog.nebraskachildren.org/2013/09/29/nebraskas-child-welfare-report-card/">http://blog.nebraskachildren.org/2013/09/29/nebraskas-child-welfare-report-card/</a>	Nebraska Children's & Families Foundation
	31. Nebraska's Children 2012	<a href="http://www.cwla.org/advocacy/statefactsheets/2012/nebraska.pdf">http://www.cwla.org/advocacy/statefactsheets/2012/nebraska.pdf</a>	Child Welfare League of America
	32. Through the Eyes of the Child Initiative (Video-Juvenile Justice)	<a href="http://www.throughtheeyes.org">www.throughtheeyes.org</a>	Chief Justice Michael Heavican

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