

Nebraska Department of Health and Human Services
Division of Behavioral Health
Office of Consumer Affairs
People's Council
Schorr Presidential Suite at the Great Plains Art Museum
(Hewitt Place)
1155 Q Street, 6th Floor, Lincoln, NE 68508
July 19, 2012
9:00am-3:00pm
DRAFT Minutes

CALL TO ORDER

Judie Moorehouse called the meeting to order @ 9am.

Roll Call

Board members present: Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen

Also in attendance: Tom Adams Director NAMI Nebraska, Dan Powers OCA Consumer Liasion

APPROVAL OF MEETING AGENDA

Candy motioned that we accept meeting agenda as presented Mary Seconded
Voting yes Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen
Motion carried.

APPROVAL OF MEETING MINUTES FROM MAY 21ST 2012

Patricia motioned to accept meeting minutes as presented seconded by Patricia
Voting yes Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen
Motion carried. Minutes placed on file.

UP COMING EVENTS

Carol shared the events of last year's statewide memorial held on Columbus Day . Wellness week is September 17-23rd. Suggestions for planning this year's events? It was also World Mental Health Day. Last year in Lincoln reading of the names to recognize those buried at state mental hospitals, a poem was read in Hastings. This year Columbus day is Oct 8th and World Mental Health day is Oct 10th. Judie reminded the council the focus should be about "behavioral health" not just mental Health. September is national recovery month.

Suggestions:

We could combine Wellness week and Memorial?

Carol suggested Annette Mural to sing at Memorial?

Moment of silence?

Candle light vigil?
Reading of the names again?
Utilize SAMHSA definition of recovery.
Statewide event!
Social marketing blitz?
Help others to understand what wellness is?
Quiz how are you doing to include tips? May want to identify risks associated.
Events in each region with an example of wellness.
Carol will email everyone the list of events scheduled for recovery month. We will continue working on event planning.

COMMUNITY RESOURCES

Carol shared the Peer to Peer resource sharing event planned
We want to share with you educational tools that could impact people's awareness of community resources. We will survey you to see if they impact your awareness of community resources. Finally, you will get a certificate of training to share these resources with other peers.

Learn about:

- Nebraska's Network of Care
- Community Resource Mapping
- Creating a Community Resource Newsletter
- Organizations like MHA, NAMI, NAS, and more
- Basics of Supported Employment, Supportive Housing, and more

Carol then shared the power point presentation to be shared at the event.

Invitations were sent on DHHS list serve. Many members were concerned that emails were remaining in-house and not getting to consumers. All members agreed to "get the word out" . We need to define target when communicating events. OCA is hoping to do a lot more presentations this year!

REVIEW/REFLECT STATEWIDE BEHAVIORAL HEALTH CONFERENCE

Members share the feeling of great success this year and comparable to conferences on a national scale. Glad to see people without housing attend and see them thrive in the environment. A consumer from region 1 shared with member that she was able to be herself and so thrilled to have a chance to get out of town and see other parts of the state. Great mix of topics. Suggested to have workshops more than once. Elevators slow and stairways difficult to access. Some suggested keynote was too long. Possibly keynote with a lighter uplifting message. Comfort room was GREAT, always packed. Make better known that Peer Support was available (ribbons?) Evaluations have not been formally turned in as of yet.

ENVIRONMENTAL RECOVERY MEASURES

Carol proposed that we look at identifying one statewide recovery measure. All members were presented with a folder with a compilation of several tools utilized for measuring recovery measures. Members reviewed the tools that were presented.

Jennifer Ihle motioned that the OCA Peoples council identify and adopt a tool to utilize to measure how well recovery is supported in Nebraska's behavioral health system. To potentially be utilized at three levels of involvement defined as Administration, Service Providers, and Consumers. Seconded by Mary

Voting yes Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen
Motion carried.

Lori motioned to ask DHHS Quality Team to review the REE, ROSI and RSA recovery measure tools, with relationship to consumer involvement and SAMHSA definition of recovery. Seconded by Susan.
Voting yes Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen
Motion carried.

UPDATE ON CONSUMER INVOLVEMENT PLAN

Shared document with comments from members as well as feedback from conference regarding consumer involvement plan. Should we follow-up the conversation about consumer involvement with the Regions Consumer Specialists? Some Consumer Specialists that were present at the meeting verbalize challenges getting consumers involved. Suggestions were made that humor is helpful to draw attention. As well as the importance of empowering and not overwhelming with a complex platform. Carol shared that J Rock will be contracting with the Division of Behavioral Health to work on Consumer Involvement in the Regions.

Peer Run Recovery Supports and Peer Recovery Supports Definitions

2 Draft definitions of Peer Run and Peer Recovery Resiliency Supports for adult and child were submitted to council asked to review and choose the best definitions to move forward with.

Lori motioned that the shorter of the 2 definitions be recommended. Seconded by Mary
Voting yes Lori Hack, Susan Hancock, Paige Hruza, Jennifer Ihle, Candy Kennedy-Goergen, Judie Moorehouse, Mary Thunker, Patricia Vasquez, Carol Coussons de Reyes, Nancy Rippen, Amanda Theisen
Motion carried.

GRADING THE STATES

Tom Adams Director of NAMI Nebraska presented about The National Alliance on Mental Illness (NAMI) has released a new report, Grading the States, assessing the nation's public mental health care system for adults and finding that the national average grade is a D. Fourteen states improved their grades since NAMI's last report card three years ago. Twelve states fell backwards. Oklahoma showed the greatest improvement in the nation, rising from a D to a B. South Carolina fell the farthest, from a B to a D. However, the report comes at a time when state budget cuts are threatening mental health care overall. "Mental health care in America is in crisis," said NAMI executive director Michael J. Fitzpatrick. "Even states that have worked hard to build life-saving, recovery-oriented systems of care stand to see their progress wiped out." "Ironically, state budget cuts occur during a time of economic crisis when mental health services are needed even more urgently than before. It is a vicious cycle that can lead to ruin. States need to move forward, not retreat." This is the second report NAMI has published to measure progress in transforming what a presidential commission on mental health called "a system in shambles." "NAMI's grades for 2009 include six Bs, 18 Cs, 21 Ds and six Fs, based on 65 specific criteria such as access to medicine, housing, family education, and support for National Guard members. "Too many people living with mental illness end up hospitalized, on the street, in jail or dead," Fitzpatrick said. "We need governors and legislators willing to make investments in change. "In 2006, the national average was D. Three years later, it has not budged.

SHARING

Safe Harbor Community Alliance is proud to introduce to you the new

PEER CRISIS DIVERSION SERVICE

Please attend so we may share information about this new program with you.

WHEN: Wednesday, July 25, 2012

TIME: 3:00 - 6:00 pm for tours;

Program begins at 4:00

WHERE: 415 S. 25th Street, Annex Bldg.

Enter through the Annex Building, just north of the main entrance of Lasting Hope Recovery Center.

Someone will be there to greet you.

Refreshments will be served.

Safe Harbor Peer Services are supported by Region 6 Behavioral Healthcare and the Nebraska Division of Behavioral Health.

Meeting Adjourned 3PM

Minutes Submitted by: Candy Kennedy-Goergen Council member