

Nebraska Division of Behavioral Health
Office of Consumer Affairs - People's Council
June 9, 2015 9:00 am – 1:30 pm
301 Centennial Mall South Lower level room B
Lincoln, Nebraska
Public comments during the meeting

Meeting Minutes

I. Call to order and roll call

Lisa Casullo

Chairperson, Judie Moorehouse has resigned from her position at the Region 1 and is no longer serving on the People's Council. Carol asked if anyone would like to step into the Chairperson position for the June 9th meeting. Lisa Casullo inquired about the process to be considered for the role and the requirements of the role. Carol outlined the chairperson assisted in creating the agenda for the meeting and was responsible for running the meeting. Lisa offered to sit in this position if there were no other individuals interested. A motion to nominate Lisa Casullo for this role was by Jennifer Ihle and seconded by Mary Thunker. The meeting was opened by Lisa Casullo on June 9, 2015 at 9:15 am. Roll call was conducted by Lucy Flores and quorum was determined.

Council members present: Tammy Fiala, Mary Thunker, Ryan Kaufman, Jonathan Koley, Lisa Casullo, and Jennifer Ihle

Not present: Scott Loder, Nancy Rippen, Candy Kennedy-Goergen, and Phyllis McCaul

DHHS staff present: Carol Coussons de Reyes, and Lucy Flores.

Public: Ken Timmerman, Janelle Jensen, Christina Nance, and Melissa Lemmer

Handouts: Carol Coussons De Reyes handed out the following handouts:

OCA Mission, Vision, and Core Functions, Office of Consumer Affairs Report; DRAFT in Progress

Mission: The Office of Consumer Affairs provides leadership and resources that promote health, purpose, community, resiliency, and systems transformation for Nebraskan impacted by behavioral health conditions.

Welcome to the Journey: First Experience with Psychosis DRAFT 1 by Carol Coussons De Reyes

My Action Plan Booklet- VA Nebraska-Western Iowa Health Care System

II. Housekeeping and Summary of Agenda

Lisa Casullo

Carol requested changes to the agenda based on time considerations. These changes included moving the topic of suicide attempt survivors to 12:00 from 1:00pm and to shorten the amount of time allotted to review linking this committee to the stated advisory committee so quorum could be maintained due to another meeting that afternoon. Lisa Casullo proposed change of the agenda. A motion to accept the changes in the agenda was made by Jennifer Ihle and seconded by Mary Thunker. The agenda was approved by general consent.

III. Approval of Minutes

Lisa Casullo

Carol requested the committee review and approve the minutes for March 3, 2015. Lisa Casullo and Jonathan Koley noted that the minutes as is, did not reflect what was said at the meeting. Lisa Casullo was not in support of initiating a media campaign about peer support without first addressing the shortage of positions and training opportunities in the state for peer support providers. Jonathan additionally stated to move forward with publicity on peer support, we must have training capacity Lisa Casullo made a motion to accept the minutes with these changes noted and made. Jonathan Koley seconded the motion.

IV. General Announcements

All

Carol Coussons de Reyes, Office of Consumer Affairs (OCA) Administrator suggested the discussion of an application to the OCA People's Council.

Council comments included:

The members discussed how many meetings a member is allowed to miss. Carol stated that there are ex-officio members that can miss any number of meetings and non-ex-officio members that can miss no more than 2 consecutive meetings. A motion was made that all applicants should have lived experience to be on the council by Jonathan Koley. Mary Thunker seconded the motion. Carol will follow up after further discussion with the DBH Director Sheri Dawson.

V. Recommendations for People's Council Link to the State Advisory Councils Carol Coussons De Reyes

Carol had a structure for the OCA People's Council and requested feedback. Members stated they want the OCA People's Council to be a subcommittee of both advisory committees. Carol proposed a change in the current People's Council to add a separate youth subcommittee, family subcommittee and adult subcommittee. Members of the council expressed concern about adding subcommittees to the group or meeting fewer times a year. Lisa Casullo requested that the issue of family and youth membership be brought back to the council when Candy Kennedy Goergen was present as she is the executive direction for NE Federation of Families and her voice was necessary to discuss any changes that involved family or youth representations. Regions could gather representatives from Professional Partners Orgs and some Family Orgs- sort out barriers before an invitation is extended. Perhaps Cassie or Candy could present at a future meeting. Council members requested a standing agenda item on each agenda for Youth, Family, and Adult for the OCA People's Council. Several council members stated they wanted to join the advisory committees. Members also stated each region should have an urban and rural representative, but that it was even more complex an issue because there needs to be a balance of youth, family, and adult members. Ryan Kaufman observed that the OCA People's Council is currently mostly comprised of urban members. Ryan also stated he felt that there should be no ex-officio positions on the council. Carol suggested we move this topic forward to the next meeting.

VI. Wellness Recovery Action Planning in Nebraska

Master WRAP facilitators Ken Timmerman, Melissa Lemmer, and Janelle Jensen were present as member of the public for the OCA People's Council's discussion of WRAP. Janelle shared that she is becoming an advanced level WRAP facilitator very soon.

Council comments included:

Ryan Kaufman: commented on finding an audience on offering a WRAP Plan. Some suggestion were to target audiences for Troopers / Veterans Administration (VA). Contact facilitators to train WRAP. A handout booklet was handed out by Carol Coussons De Reyes to be reviewed. Ryan viewed as an eye opener for Veterans WRAP: The booklet called My Action Plan on VA Nebraska – Western Iowa Health Care System @ www.nebraka.va.gov

Jonathan Koley: commented that money from the state level to bring workshops and that someone be in charge of costs and notebooks. The cost would include materials and trainings. Jonathan suggested the hiring of a Coordinator to partner with facilitators, have the ability to organize, create training sites, and to pair trainers together.

Tammy Fiala: commented that she has done 7 WRAP Trainings in a year. There could be opportunities to shadow others, do 3 day workshops, and invite high schools through the use of grants. One suggestion to keeping costs down for WRAP trainings would be to use the recycling of books or store in the network of care and the use of binders. While there can be a recycling approach some of the old red books may not have an up to-date information for a refresher courses? It was suggested that the University Bookstore would soon be closing, and that that would be one place one could ask for binders since they are being discarded.

Jennifer Ihle: commented on Facilitators being trained on refresher courses that they can be tracked with updated data and do an EXIT survey.

The members of the council stated the WRAP program training is costly in books and manuals along with materials. The Master WRAP Facilitator's present stated that the contract rate for a WRAP training is entirely negotiable outside of book costs. Janelle and Melissa expressed interest in the mentoring of WRAP facilitators. Currently the State of Nebraska holds about 200+ trained facilitators that are not currently organized in any manner. The council stated a desire to have a statewide WRAP coordinator in the OCA, regular WRAP Facilitator phone calls, a WRAP website and training calendar, basic WRAP to be trained all over Nebraska, and only fund a refresher training until all working and volunteering WRAP facilitators had received the WRAP refresher. The WRAP refresher is currently required of all WRAP Facilitator's after two years to maintain their WRAP certification with the Copeland Center. All Certificate records are kept by the facilitators and not the Copeland Center.

Carol you had a recommendation that you would further discuss with Director Sheri Dawson and see what the budget would be for the fiscal year and report back on WRAP trainings;

A motion was made by Jonathan Koley to recommend that the Division of Behavioral Health explore adding funding to organize systems of delivery for WRAP. The first motion was by Jennifer Ihle and seconded by Ryan Kaufman. A roll call vote was taken. The motion carried by unanimous vote.

VII. Suicide Attempt Survivors

Christina Nance

Carol introduced Christina Nance to the council members. Christina shared her "testimony" as a "peer speaker". She stated that she believes that children from the 8th grade up have mental health conditions in her North Omaha community and that they are not getting the support they need. There were many resources that were presented by the council members to enhance and further educate the community and the public in her future presentations. The members welcomed in gratitude Christina's presentation. Council members welcome Christina to come

back and to continue to educate and enhance the community and other peer support individuals to reach out and help one another.

OCA Mission/ Vision/Core Functions Feedback and other data Carol Coussons De Reyes

Carol handed out draft OCA Mission, Vision, and Core Functions, Office of Consumer Affairs Report; DRAFT in Progress: Carol wanted feedback and other data to be included in the draft report. The workbook is in progress and she welcomed comments.

VIII. Peer Support Implementation Plan and Credentialing Updates Carol Coussons De Reyes

Carol stated the UNL PPC is held an online public forum for comments on credentialing. She also stated that there would not be OCA public discussion forums, because these DHHS legal department advised that these forums should not replace the current process of review.

Council comments included:

Peer Support jobs must be increased. Behavioral health and physical/medical healthcare needs to be more integrated, therefore one priority/goal would be to implement wellness programs such as Living Well, PSWHR/WHAM, Whole Health, and WRAP for Trauma. The goal is to increase opportunities in the workforce because more people can be trained, but if there are no opportunities for placement, consumers may not be served and could adversely impacted.

IX. White Paper - Consumer Family Involvement Group & Carol Coussons De Reyes

Carol discussed Consumer and Family Involvement White Paper and invited more council member to join sub-committees.

X. Updates from Regional Consumer Specialists

Jonathan Koley commented on a volunteer peer project he was working on in Region 6. Tammy Fiala brought up that Region 6 and 3 were working on a First Episode Psychosis pilot that will eventually roll out to the rest of the state.

XI. Items for next agenda Committee Members

Jonathan Koley made a motioned that Application Review for membership be placed on the next meeting agenda for further discussion to be held Tuesday, August 4, 2015. To review applications received, and by what by-laws, or rulings to determine to be a Committee Council Member. Carol follow-up after further discussion with DBH Director Sheri Dawson

XII. Meeting Adjournment: Motion to adjourn the meeting was made by Mary Thunker, first motion made by Ryan Kaufman, and seconded by Jonathan Koley.

- Lisa Casullo adjourned the meeting at 1:30 pm.
- Next Meeting is scheduled for Tuesday, August 4, 2015 from 9:00 am - 3:00 pm. at Region V, 1645 N Street, Large Conference room, Lincoln Nebraska.

Minutes prepared by the Division of Behavioral Health, Nebraska Department of Human Services. Minutes are intended to provide only a general summary of the proceedings.

06-09-2015 Meeting Minutes