

Nebraska Department of Health and Human Services
Division of Behavioral Health
Office of Consumer Affairs
People's Council
Region V Behavioral Health Authority 1645 'N' Street, Suite A
Lincoln, NE 68508
September 20, 2012
9:00 am -2:30pm

DRAFT Meeting Minutes

CALL TO ORDER

Judie Moorehouse called the meeting to order at 9 am.

ROLL CALL

Board members present: Scott Loder, Tammy Fiala, Kim Carpenter, Candy Kennedy-Goergen, Mary Thunder, Amanda Thiesen, Nancy Rippen, Susan Hancock, Jennifer Ihle, and Paige Hruza.

APPROVAL OF MEETING MINUTES FROM JULY 19TH, 2012

Amanda motioned to accept meeting minutes as presented seconded by Mary Thunder. Voting YES were Scott Loder, Tammy Fiala, Kim Carpenter, Candy Kennedy-Goergen, Mary Thunder, Amanda Theisen, Nancy Rippen, Susan Hancock, Jennifer Ihle, Paige Hruza.

UPCOMING EVENTS

Lincoln Regional Center Cemetery, Norfolk Regional Center Cemetery, and Hastings Regional Center Cemetery reported the scheduled events for Friday, September 28, 2012, with a conjoint Moment of Silence to take place at 3:10 pm.

Carol spoke of the 2012 Working Towards Wellness Through Coaching Conference that was held in St. Simons, GA which featured presenters Larry Fricks of Appalachian Consulting and Charles Willis delivering a whole health presentation. To coincide with this event Lori Hack of Magellan will be presenting the Whole Health Peer Support Training scheduled for October 9-10, to learn more contact her at 402-437-4220.

RESULTS OF PEER TO PEER COMMUNITY RESOURCE EDUCATION

The survey shared via informed consent with the people participating in the training on the curriculum. Of the 48 people in each of the 4 facilitated classes, 30 responded. These are the results that were telling about gaps in knowledge related to community living resources in Nebraska. People were most unaware of the work of Office of Consumer Affairs (36%), the National Alliance on Mental Illness (30%), Mental Health Association of Nebraska (47%), Nebraska Advocacy Services (47%), Supported Employment (50%), Housing Related Assistance (43%), and Regional Consumer Specialists (40%). After the training, 100% of the participants understood the work of all entities and constructs. Sixty-six percent felt they could make a difference in their community following the training, and 60% said the training provided tools I can use to access community resources.

Most of the Audience was aware of their local YMCA (90%), the closest coffee shop (90%), the closest park (86%), the closest library (100%), and their closest church of their chosen faith (90%), with only 10% having not visited one of these in the past month.

The study confirmed earlier findings by Nebraska Advocacy Services that there were gaps in knowledge about key services that enhance community living. As a result, we were able to fill these gaps in understanding. The OCA 2 peers trained will continue to share this training throughout the state.

REVIEWED & DISCUSSED CHART ON FY12 AVERAGE WAIT DAYS BY PRIORITY POPULATION

Members discussed concerns with the wait time for clients in need of services to be provided for mothers who are pregnant and using drugs.

PROCEDURES TO AVOID FOR STATEWIDE TREATMENT

Kim Carpenter talked of several states having laws to handcuff mothers who are in delivery, stating that this should not be allowed.

PATRICK JOHNSON REPORT ON RECOVERY INSTRUMENTS

Patrick explained his research and findings of the data that he collected with a favorable response from members. The four recovery instruments include: ROSE (Recovery Oriented Service Evaluation), REE (Recovery Enhancing Environment), ROSI (Recovery Oriented Systems Indicators) and RSA (Recovery Self-Assessment). Patrick's findings were on the following principles: Hope, Person-Driven, Many Pathways, Holistic, Peer Support, Relational, Culture, Addresses Trauma, Strengths/Responsibilities, and Respect. With the following three categories taking the survey: consumers, family and providers/administrators. The members appreciated Patrick's work and results. The group will further review these scales before making a recommendation at the next meeting.

OCA CONSUMER INCLUSION PLAN

A list of tips was drafted to be refined and discussed at the next meeting.

PUBLIC COMMENT

Ken Timmerman, Safe Harbor, Omaha NE, shared brochures and information about their Peer Run Crisis Diversion Program and their facility in Omaha and their contact information.

SHARING SUGGESTED MATERIALS

Kim Carpenter shared of a book with excellent information for all of those interested, **Consumer Integration into Agencies**, Author National Council.

Meeting adjourned at 2:30 pm

Minutes by: Kathy Waldman

September 25, 2012

Minutes prepared by the Division of Behavioral Health, Nebraska Department of Human Services. Minutes are intended to provide only a general summary of the proceedings.