

State Advisory Committee on Mental Health Services
August 12, 2008 – 9:00 A.M. to 4:00 P.M.
Country Inn & Suites – 5353 No. 27th St. Lincoln, NE
MINUTES

Committee Members Present:

Adria Bace, Beth Baxter, Leslie Byers, Pat Compton, Bev Ferguson, Scot Ford, Dwain Fowler, Chris Hanus, Clint Hawkins, Susan Krome, Kathy Lewis, Frank Lloyd, Vicki Maca, Colleen Manthei, Jerry McCallum, Pat Talbott, Diana Waggoner

Committee Members Absent:

Jimmy Burke, Chelsea Chesen, Roxie Cillesen, Cheryl Crouse, Jolienne Hall, Morgan Hecht

DHHS Staff Present:

Susan Adams, Alexandra Castillo, Sheri Dawson, Jim Harvey

Interested Individuals Present:

J. Rock Johnson, Kara Seveni, Becca Townsend, Norma Rabago, Shari Redler, Kasey Moyer, Rachel Pinkerton

I. CALL TO ORDER

Bev Ferguson, Chairperson called the meeting to order at 9:00 a.m.

Roll call of members determined a quorum was met. **16 Members** of 23 appointed members were present at the beginning of the meeting. Each member introduced themselves and gave a brief statement about themselves. Leslie Byers and Diana Waggoner are new committee members.

II. APPROVAL of MAY 6, 2008 MINUTES

√ Motion was made by Jerry McCallum and seconded by Kathy Lewis to approve the May 6, 2008 minutes as submitted. Voice vote was unanimous. Motion passed.

III. APPROVAL OF AGENDA

√ Motion was made by Kathy Lewis and seconded by Cody Manthei to accept the August 12, 2008 agenda as submitted. Voice vote was unanimous and motion carried.

IV. DHHS BEHAVIORAL HEALTH-EDUCATION COORDINATION

Memorandum of Understanding of Supported Employment Services

Behavioral Health and Vocational Rehabilitation has had a solid working relationship for at least 20 years. Scot Adams and Frank Lloyd signed a Memorandum of Understanding to continue this relationship. A table showing the basic nature of the relationship and funding values was disturbed and also the signed Memorandum. **Item 1 & 1a**

Consumer/employer Presentation

Casey Moyer from Mental Health Association has been doing Supported Employment for over a year. MHA follows the evidence base practice and has a good working relationship with Voc Rehab which has been a great benefit to the individuals of Supported Employment. Currently MHA has over 20 individuals employed, and has had 140 referrals to the program and feels their first year has been successful. 10 individuals have made their outcome of 120 days and 3 are working full time. Two individuals were present and spoke of their support employment experience and how it is helping them be successful.

UPDATE on DHHS/VR/NDE Partnering-Children MH

This started with Children's Mental Health and the concern of not having enough children services. Vocational Rehabilitation works with children's disabilities and Nebraska Department of Education

has special Educational programs and works with children. The three agencies are linking together and talking about how the sharing of resources can happen.

SIG is focused on Transition Age Youth population. Identifying and working out the barriers that hamper the transitions. Mark DeKraai with Public Policy Center has been looking at other states and how it's been done and will be educating the Division.

A barrier mentioned is the Arbor Program. Education is needed for young mothers to get their GED. Chris Hanus with the Division of Children and Family will check into the Arbor Program and report back to the committee.

2009 Mental Health Advisory meeting dates

The dates for 2009 Advisory meetings are: February 5, May 7, August 13 and November 5.

V. BH DIVISION REPORTS

Response to Committee Recommendations/Questions/Comments

Scot Adams reviewed the BH response to the Committee's recommendations dated May 1, 2008.

Item 2

Comments:

If the Hastings Regional Center closes, what will happen with the student's education? At this time it's not possible to answer that question. No decision has been made because the state needs to find a new or better facility and it will serve only men from Hastings Regional Center.

Mental Health Block Grant Review

Block Grant materials were mailed out and can be accessed at <https://bgas.samhsa.gov/cmhs2009/MHPC>

Username: NE_CouncilMember

Password: Lincoln%496

General Public

Username: NE_citizen

Password: Lincoln#935559

Comments noted from the meeting included in the Mental Health Block Grant:

- The Block Grant be expanded to indicate that Joel resigned to take another position with Department of Corrections to enhance his career to be a Licensed Alcohol and Drug Counselor (LADC).
- Requested more should be changed to include Family organizations and the description of regional services.
- Add a list of family organizations.
- Add Multi-System Therapy as an Evidence Based Practice. Already exists in Regions 3 & 5.
- Add - Peer Support programs
- Add the ASO as a strength and should clarify description to include the fact that the contract covers three Divisions; Division of Behavioral Health, Division of Children & Family Services and Division of Medicaid & Long Term Care.
- Add a 7th GAP – Lack of Clarification of system integration of consumers and families
- Note that Trauma Informed Nebraska needs to include the work done by Coercion Free Nebraska
- Regarding Joel McCleary's resignation as Administrator of the Office of Consumer Affairs (OCA), there should be an interim person assigned to that position and be attending the MH Advisory Committee meetings.
- Will there be a National Search Administrator of the Office of Consumer Affairs?

- There is challenge to get information on services available to the families. A recommendation made was to go through the School systems to get information to families.
- Recommendation to have another round of review and discussion on the draft Behavioral Health Regulations (Title 206) at the November 4, 2008 meeting before the draft is presented at the formal public hearing.
- Under GAP #4: SHORTAGE OF BEHAVIORAL HEALTH WORKFORCE, members of the Committee asked to have the Health Professions Tracking Center identify the population they serve such as children only, adults only or both and specialized services.
- Recommends the Division of Behavioral Health to work out the barriers that hamper the transitions from youth services to adult services.
- Recommend the Division of Behavioral Health continue to support the RentWise program. NOTE: RentWise was developed by Marilyn Bruin, an extension housing specialist with the University of Minnesota. It was introduced to Nebraska by Shirley Niemeyer at the UNL Extension and Jean Chicoine with the DHHS Homeless Assistance Program. RentWise is a renter education class designed to increase a renter's ability to (a) Develop and benefit from cooperative relationships with the landlord (b) Locate adequate, safe and affordable housing; (c) Resolve problems with neighbors and landlords; and (d) Remain in the same place and maintain housing stability.

The MH Block grant due date is September 1, 2008.

Region 2 BH Report

Kathy Seacrest briefly reviewed the functions and the services offered in Region 2. Region 2 services 17 counties and combines Mental Health and Substance Abuse Services to better serve the population which is made up mostly of rural areas and involves a lot of traveling. Region 2 also provides prevention and treatment services to Dawson Jail which is mostly women and Keith County Jail. Informational brochures were distributed. Attached Item 3

NAC 206 Behavioral Health Regulations

Sheri explained her request for comments on "Title 206 – Draft of Behavioral Health Regulations. Sheri pointed out that Chapter 6 refers to Consumer rights. The BH Regulations will be on the Agenda of the November 4, 2008 meeting and would like to have comments prior to the public hearing. The committee is asked to review Title 206 BH Regulations and send or e-mail feedback to Sheri Dawson. The hearing date is not known but will not be prior to November 4, 2008. The Draft of BH Regulations can be access at www.hhs.state.ne.us/behindex.htm.

VI. Public Comment

J. Rock Johnson

- * The Web site for MHBG should be listed with the MH Advisory Council or the Planning Council because citizens would have more awareness of that as a opposed to Community Mental Health Services
- * Suggests to change the sign in sheet to "interested individuals" as opposed to guests.
- * Suggests that there be more than one time to collect feedback and comments to the Behavioral Health Regulations because the BH Regulations are important.
- * Feels the description of transformation needs to show that all is going in the same direction.
- * Consumer conference does not empower consumers by doing Consumer Conference 101 every year.
- * Encourage the Committee members to attend a Planning Council training.

VII. Mental Health Advisory Committee Recommendations to BH Division

- Recommend to the Division to have a breakdown of the population serviced to help determine the Professional services dealing with children and not just adults.

- Recommend the Division to do away with the over medication of children and use more counseling therapy.
- Recommend the Division to inform the committee member on what is the hiring process for the Officer of Consumer Affairs and will there be a National search of applicants.
- How are Mental Health treatments to be integrated with Vocational Rehabilitation to provide care or Treatment.
- Requested the final Behavioral Health Oversight Commission report be sent to the committees. Committee members were given the web site page address to access the BHOC reports.

VIII. Next Meeting Agenda Items

- Division's Response to recommendations
- Region 1 BH Report
- Child Report – Beth Baxter
- Arbor Program – Chris Hanus
- Title 206 BH Regulations feed back
- OCA Hiring Process

IX. Plus/Delta

Committee did a good job of reviewing materials.
 Good carrot cake
 Good to have public in front of committee members
 Consumer success stories are great.
 Success due to being consumer driven
 300 pages of MHBG was well organized
 Maya did high quality work

X. Adjournment & Next Meeting

√ Motion made by Dwain Fowler and seconded by Leslie Byers to adjourn the meeting. Voice vote was unanimous. Motion passed.

The next meeting date is **Tuesday, November 4, 2008** at Country Inn and Suites.
 Meeting adjourned at 4:00 pm.

Meeting dates set for 2009 are: all on Thursday
 February 5, 2009, May 7, 2009, August 13, 2009, November 5, 2009

Prepared by: Alexandra Castillo, Staff Assistant

Approved by _____
 Quality Improvement Coordinator
 Division of Behavioral Health

Date 10/24/08

**Vocational Rehabilitation/Behavioral Health
Supported Employment Partnership**

Region	Provider	FY08			FY09			Statewide FY09 Total funds
		Outcomes Projected	Outcomes Achieved	Consumers Served	Outcomes Projected	Awarded Amount	Voc Rehab DHS/BH +	
1	Cirrus House	10	10	46	10	\$50,000	\$16,050	\$66,050
2	Goodwill Industries-NP	20	25	66	22	\$110,000	\$43,418	\$153,418
3	Goodwill Industries-GI/K/H	85	95	303	87	\$435,000	\$115,392	\$550,392
4	Liberty Centre	15	13	21	14	\$70,000	\$75,641	\$145,641
4	Rainbow Center						\$47,067	\$47,067
5	Mental Health Association	25	10	80	20	\$100,000	\$152,517	\$252,517
6	Community Alliance	60	63	239	62	\$310,000	\$183,846	\$493,846
	TOTALS	215	216	755	215	\$1,075,000	\$633,931	\$1,708,931

+ Department of Health and Human Services-Division of Behavioral Health / Supported Employment contracted via six Regional Behavioral Health Authorities in FY2009

NOTE: 453 = NE Division of Behavioral Health - Supported Employment Unduplicated Count of Persons Served in FY2008 (July 1, 2007 to June 30, 2008) - Magellan Behavioral Health

"Outcome" is a Vocational Rehabilitation term meaning the person has been successfully employed 90 days or longer

Source: Division of Behavioral Health and Vocational Rehabilitation
August 7, 2008

Supported Employment unduplicated count of Persons served in FY08

AGE	
0-3	0
4 to 12	0
13-17	0
18-20	0
21-64	452
65-74	1
75+	0
Not Available	0
TOTAL	453
GENDER	
Female	230
Male	223
Not Available	0
RACE/ETHNICITY	
American Indian/Alaska Native	11
Asian	2
Black/African American	58
Hawaiian/Pacific Islander	1
White	365
Hispanic	12
More than one race	2
Not Available (Other)	2
HISPANIC/LATINO ORIGIN	
Hispanic/Latino Origin	10
Non Hispanic/Latino Origin	443
Not Available	0

source: Nebraska Division of Behavioral Health
 report preped by Donald J. Reding <DJReding@magellanhealth.com>

07/24/2008

Funds for Supported Employment Services in FY2009 Regional Behavioral
 As of July 22, 2008

Region	Provider	Total funds
1	Cirrus house	\$16,050
2	Goodwill	\$43,418
3	Goodwill Industries	\$115,392
4	Liberty Centre	\$75,641
	Rainbow Center	\$47,067
5	Mental Health Association	\$152,517
6	Community Alliance	\$183,846
Total		\$633,931

**Vocational Rehabilitation/Behavioral Health
Supported Employment Partnership**

Region	Provider	FY08			FY09		
		Outcomes Projected	Outcomes Achieved	Consumers Served	Outcomes Projected	Awarded Amount	
1	Cirrus House	10	10	46	10	\$50,000.00	RHS \$16,050.00
2	Goodwill Industries-NP	20	25	66	22	\$110,000.00	\$43,418.00
3	Goodwill Industries-GI/K/H	85	95	303	87	\$435,000.00	\$115,392.00
4	Liberty Centre	15	13	21	14	\$70,000.00	\$75,641.00
5	Mental Health Association	25	10	80	20	\$100,000.00	\$152,517.00
6	Community Alliance	60	63	239	62	\$310,000.00	\$183,846.00
TOTALS		215	216	755	215	\$1,075,000.00	\$586,864.00

RECEIVED AUG 14 2008

Memorandum of Understanding for Supported Employment Services

The Division of Behavioral Health in the Nebraska Department of Health and Human Services (hereinafter referred to as Behavioral Health) and the Nebraska Department of Education, Vocational Rehabilitation (hereinafter referred to as Vocational Rehabilitation) have entered into a Memorandum of Understanding (hereinafter referred to as MOU) to increase employment opportunities for people with behavioral health (BH) problems.

I. PURPOSE

The parties agree that the purpose of the MOU is to coordinate and cooperate in the development and implementation of Supported Employment services for persons with behavioral health disorders. This includes but is not limited to:

- A. Meeting periodically to review the approach used to providing Supported Employment (SE) Services across the Behavioral Health System including but not limited to an agreement to plan jointly where feasible, fiscal year commitment to funding for SE services, no reduction in money without notice to the other and an annual meeting to review the year just completed.
- B. Exchanging information on funding levels, persons served, and related content in order to monitor and evaluate the implementation of the SE programs for persons with behavioral health disorders.

II. TERM OF MOU

The term of this MOU starts on July 1, 2008 and continues until one party provides notice to the other on the need to revise or end the agreement.

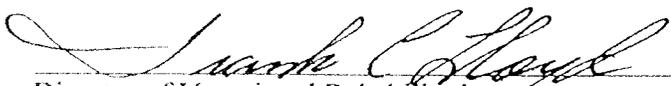
III. NOTICES

Any notice required to be given under the terms of this Contract shall be deemed duly sufficient if in writing, and if delivered or mailed to the parties listed below:

For Behavioral Health	For Vocational Rehabilitation:
Jim Harvey, Supported Employment Manager	Frank C. Lloyd, Assistant Commissioner/Director
Division of Behavioral Health Services	Vocational Rehabilitation
Phone: 402-471-7824	Phone: 402-471-3649
E-mail: jim.harvey@dhhhs.ne.gov	E-mail: frank.lloyd@vr.ne.gov

IN WITNESS THEREOF, the parties have duly executed this MOU hereto and each party acknowledges receipt from the other party of a duly executed copy of this MOU with original signatures.

FOR THE NEBRASKA DEPARTMENT OF EDUCATION


Director of Vocational Rehabilitation

8-6-08
Date

FOR THE NEBRASKA DIVISION OF BEHAVIORAL HEALTH


Director of Division of Behavioral Health
Nebraska Department of Health and Human Services

8/1/08
Date



item 2

July 31, 2008

To: Beverly Ferguson, Chair
 State Advisory Committee on Mental Health Services
 From: Scot L. Adams, Ph.D., Director, Division of Behavioral Health
 Re: Division of Behavioral Health Responses to State Advisory Committee on Mental Health Services Questions and Comments from May 6, 2008

Based on the minutes of the meeting from May 6, 2008, the following Committee questions and comments were identified. The Division of Behavioral Health responses will be reviewed at the State Advisory Committee on Mental Health Services on August 12, 2008.

The Committee Asked

Recommend to the Division that there be a break down on the statistics for the age groups of children on Substance Abuse table. The age group of 0 to 18 is too large a span.

Division of Behavioral Health Response

There are several ways the age break down can be done. Magellan Behavioral Health collects the data in such a way that data reports with age can be assembled depending on the question. For example,

- under the Federal Community Mental Health Services Block Grant, Uniform Reporting System, Table 2A, the age break down is as follows ... 0-12 Years ... 13-17 years.
- The general Substance Abuse age breakouts have been 0 - 12 - Children; 13-17 - Adolescents (block grant lumps to under 17); 18 - 20 - Young adults who can smoke, go to war, but cannot drink; 21 - 24 - Older "teens" who buy for the adolescents - (Block grant sometimes lumps 18-24)

The Committee Asked

Recommendation to the Division is for the Department Health and Human Services to provide a written update to the State Advisory Committee on Mental Health Services as to how the local school district has been meaningful involved on the planning of transition of the Hastings Regional Center, Nebraska Youth Academy to local community services.

Division of Behavioral Health Response

Marj Colburn, Facility Operating Officer & Director of the Hastings Regional Center had this to add (07/17/2008)

Our youth are not involved with the schools in Hastings. We have the Nebraska Youth Academy located here on campus with teachers hired as HRC employees who provide the educational experience for the youth. We have a school liaison who works with the youth's school of origin in transitioning the youth back to their school, assessing the youth's needs for credits, etc. The youth work towards high school credits through the Nova Net system. When a youth transitions back to their home, that information is provided to the home school.

Should we need to transition the youth from the Nebraska Youth Academy to other community locations, the HRC school liaison is the responsible party for making the link between what was completed at HRC and what the youth's needs continue to be with the

Division of Behavioral Health Responses to State Advisory Committee on Mental Health
Services Questions and Comments from May 6, 2008 / July 31, 2008 / page 2

community agency and the local school system. The community provider may not be located in or near the youth's school or origin, much as the situation is here.

The Committee Asked

- Recommend to the Division to clarify what the definition of "PEER" is.

Division of Behavioral Health Response

In preparing this response, there were many references found regarding community-based peer support program, Consumer Peer-Run Activities, Consumer Operated Services Program (COSP), or related terms. A clean definition of the term "PEER" itself was not found. Below are some terms found that may help with this discussion.

U.S. Department of Health and Human Services / Substance Abuse and Mental Health Services Administration / Center for Mental Health Services published the "NATIONAL CONSENSUS STATEMENT ON MENTAL HEALTH RECOVERY". Within that statement was the following:

Peer Support: Mutual support—including the sharing of experiential knowledge and skills and social learning—plays an invaluable role in recovery. Consumers encourage and engage other consumers in recovery and provide each other with a sense of belonging, supportive relationships, valued roles, and community.

In November of 2005, the State Behavioral Health Advisory Committee approved the operational definition of a consumer as,

"an individual or family member who has utilized substance abuse, mental health, gambling, or other addiction services from licensed professionals."

Nebraska PEER SUPPORT Definition, DRAFT 4/29/2008

Basic Definition - To promote personal growth, self-esteem, and dignity by developing leadership skills, advocacy skills, and sharing information. Service provides structured scheduled activities that promote socialization, recovery, self-advocacy, self-sufficiency, development of supports, development and maintenance of community living skills. The purpose is to provide an opportunity to teach and support consumers in the acquisition and exercise of skills needed for management of symptoms and for utilization of resources within the community or other treatment settings.

The term "PEER" could be defined as follows:

Definition: In Behavioral Health, a Peer is a person who has faced the same types of situations as the consumer being supported. This person could be a sponsor in AA, a consumer specialist, the Administrator of the Office of Consumer Affairs, two people having coffee together, and many other combinations.

The Committee Asked

- Recommend the Division to structure the Committee meeting in a manner to insure that there be enough time to discuss the Mental Health Block Grant thoroughly.

Division of Behavioral Health Response

Most of the agenda is reserved for the Federal Community Mental Health Services Block Grant application review on August 12, 2008.

REGION II HUMAN SERVICES**PROGRAM LISTING****REGIONAL ADMINISTRATION**

110 North Bailey, P.O. Box 1208
North Platte NE 69103

(308) 534-0440
FAX (308)534-8775

Kathy Seacrest, BA, Regional Administrator/Program Director	308 534 0440	Ext 201 Cell 539-0310
Diana Schuster, Operations & Human Resources Director	308 534-0440	Ext 203
Larry D. Brown, Ed.D., LMHP, Fiscal & System Manager, Part-time on contract	308 534 0440	Ext 202 Cell 539-0465
Thomas Carpenter, BS, System Manager	308 534 0440	Ext 204
Andrea Wolfe, BA, Fiscal Manager	308 534 0440	Ext 202

DIRECTORS- REGIONWIDE

John Shybut, Ph.D., Clinical Director	308 534-6029	Ext 125
Tamara Johnson, MD., Medical Director	308 534 6029	Ext 126
Teresa Ward, MA., Lic. Independent Mental Health Practitioner, Day Rehab Director	308 534 6029	Ext 139
Angela Smith, Community Support Director	308 284-6767	Ext 204 Cell 280-0031
Robyn Schultheiss BSW, Emergency Support Program Director	308 324-7200	Cell 390-4645
Mary Wagner, Support Staff Director	308 284-6767	Ext 202
Bonnie Bauer, BS, Youth Care Coordination Director	308 284-6767	Ext 211

• REGIONWIDE:**REGIONAL EMERGENCY COORDINATION/EMERGENCY SUPPORT PROGRAM**

307 East Fifth, P.O. Box 519
Lexington NE 68850
(308) 324-7200
FAX (308) 324-5118

102 South Chestnut, P.O. Box 1209
North Platte NE 69103
Toll free (877) 269-2079
FAX (308) 532-1157

Robyn Schultheiss BSW, Emergency Support Program Director, Office Coordinator	308 324-7200	Cell 308 390-4645
Mary Ellen McKellips, BSW, Emergency Service Coordinator	877 269-2079	Cell 308 539-1552
Deanna Weiss-Eby, BS, Part-time Emergency Service Coordinator	308 324-7200	Cell 308 325-1582
Kelly Kuenle, BS, Emergency Service Coordinator	308 324-7200	Cell 308 325-9661
Rosie Villarreal, Emer Serv Coord., Cert Medical Interpreter	877 269-2079	Cell 308 539-0634
Nicole Tjaden, BS, Part-time Emergency Services Coord (Imperial)	308 284-6767, Ext 212	Cell 308 414-0010
Starla Teel, AA, Part-time Emer Serv Coord		
Deactta Larson, Support Staff	308 324-7200	

OUTPATIENT & COMMUNITY SUPPORT EMERGENCY PHONE NUMBER 1-877-709-3351 or 532-3351

BEHAVIORAL HEALTH SYSTEM EMERGENCY NUMBER

1-877-269-2079

REGION II PREVENTION SERVICES

110 North Bailey, P.O. Box 1208
North Platte NE 69103

(308) 532-4860 Ext 304
FAX (308)534-6961

Marlo Roberts, Prevention Specialist, Prevention Center Coordinator, North Platte	308 532-4860	Ext 304
Deanna Weiss-Eby, BS, Part-time Prevention Specialist	308 324-7200	Ext 211
Jennifer Sand, RN, Part-time Prevention Coordinator, Lexington	308 324-6754	
Shelly McQuillan, BS, Part-time Prevention Coordinator, Ogallala	308 284-6767	Ext 210
Marni Anders, MS., Part-time Staff Assistant, North Platte	308 534 6029	Ext 133
Heartland staff as needed. Educators on contract throughout the Region.		

REGION II YOUTH CARE COORDINATION SERVICES

401 West 1st
Ogallala NE 69153

(308) 284-6767
FAX (308)284-3084

Bonnie Bauer, BS, Youth Care Coordination Director (part-time)
Daviene Morrissey, Care Coordinator
Daniela Larson, MSW., Care Coordinator, Transition Youth Coordinator

Ogallala 308 284-6767, Ext 211 Cell 289-2801
North Platte 308 532-4860, Ext 311 Cell 539-1498
McCook 308-345-2770, Ext 209 Cell 350-0678

REGION II REGIONAL CONSUMER SPECIALISTS

P.O. Box 818, 1012 West Third
McCook NE 69001

(308) 345-2770
FAX (308)345-2557

Corey Brockway, Regional Consumer Specialist/Regional Staff Assistant
Nancy Rippen, R.N., Regional Consumer Specialist (part-time)

308-345-2770 Ext 207 Cell 340-2406
308-345-2770 Ext 207 Cell 340-4842

NORTH PLATTE:

HEARTLAND COUNSELING AND CONSULTING CLINIC

110 North Bailey, P.O. Box 1209
North Platte NE 69103

(308) 534-6029
FAX (308)534-6961

Services available: Outpatient Substance Abuse & Mental Health, Community Support, Parent Education, Alcohol and Drug Education, ARM in ARM, Psychological Assessments, Substance Abuse Evaluations, Medication Management, Med Box Program.

Tamara Johnson, M.D., Medical Director (6-8 days month)	308 534 6029	Ext 134
John Shybut, Ph.D., Clinical Director	308 534 6029	Ext 125
Sonia Kounovsky, BS, LADC, Licensed Alcohol & Drug Counselor	308 534 6029	Ext 151
Bridget Pettit, MS., Licensed Mental Health Practitioner (part-time)	308 534 6029	Ext 131
Angela Hardy, MA, Lic. Mental Health Practitioner	308 534 6029	Ext 128
Teresa Ward, MA., Lic. Independent Mental Health Practitioner (2-3 days wk)	308 534 6029	Ext 139
Mary Jo Gosnell, BA., Clinical Support Staff	308 534 6029	Ext 120
Debi Olson, Clinical Support Staff, Office Coordinator	308 534 6029	Ext 122
Bobbie Jo Fuller, BA., Clinical Support Staff	308 534 6029	Ext 123
Jean Whyte, Clinical Support Staff	308 534 6029	Ext 137
Marni Anders, MS., Staff Assistant (part-time)	308 534 6029	Ext 133
Daviene Morrissey, Youth Care Coordinator	308 532-4860	Ext 311
Nancy Rippen, RN, Nurse (1 day wk)	308-534-6029	
Marsha Wilkison, Ed.S., Lic. Mental Health Practitioner (every others Tues)	308 534-6029	
Joy Molecyk, BS, PLADC, Part-time, Provisionally Licensed Alcohol & Drug Counselor (1 day every other wk)	308 534-6029	
Diana Euhus, PLADC, Part-time Prov. Licensed Alcohol & Drug Counselor (1 day every other wk)	308 534-6029	
Janice Stover, MS, Lic. Mental Health Practitioner (1-2 days week)	308 534-6029	
Rebecca Durner, MA, Provisionally Licensed Mental Health Practitioner (1 day wk)	308 534-6029	
James Martino, Building Services	308 534-6029	Cell 660-2937

COMMUNITY SUPPORT SERVICES

110 North Bailey, P.O. Box 1209
North Platte NE 69103

(308) 532-4860
FAX (308)534-6961

Marlo Roberts, Community Support SA/Arm & Arm Coordinator
Deb Hyde, BS, Care Coordinator
Kari Deepe, Care Coordinator
Michelle McFarland, BS., Care Coordinator
Spring Landfried, BA, Care Coordinator
Jestine Irish, AA, Care Coordinator
Chris Williams, Care Coordinator (1 day week)

308 532-4860 Ext 304
308 532-4860 Ext 306
308 532-4860 Ext 302
308 532-4860 Ext 308
308 532-4860 Ext 309
308 532-4860 Ext 310
308 532 4860 Ext 301

FRONTIER HOUSE (Day Rehab/ Day Support)114 South Chestnut, P.O. Box 1209
North Platte, NE 69103**(308) 532-4730**

FAX (308) 532-4737

Cell phones 539-4067 & 539-4068

Teresa Ward, MA., Lic. Independent Mental Health Practitioner, Day Rehab Director
 Lori Lucas, AA., Care Coordinator
 Ellen Harrach, Care Coordinator
 Angelic Anson, BS, Care Coordinator
 Kerri Davis, BS., Care Coordinator
 Ashley Houtsed, MS., Care Coordinator
 Melanie Freeze, Part-time Care Coordinator
 Traci Kramer, BS, Care Coordinator

• MCCOOK:**HEARTLAND COUNSELING AND CONSULTING CLINIC**P.O. Box 818, 1012 West Third
McCook NE 69001**(308) 345-2770**

FAX (308) 345-2557

Cell phone: 350-2886

Services available: Outpatient Substance Abuse & Mental Health, Day Rehabilitation, Community Support, Day Support, Parent Education, Alcohol and Drug Education, Psychological Assessments, Substance Abuse Evaluations, Medication Management and Med Box Program.

Marsha Wilkison, Ed.S., Lic. Mental Health Practitioner	308 345-2770	Ext 203
Carrie Roberts, LCSW, Lic. Independent Mental Health Practitioner	308 345-2770	Ext 204
Joy Moleyk, BS, Licensed Alcohol & Drug Counselor (part-time)	308 345-2770	Ext 212
Sarah Vrbas, Clinical Support Staff	308 345-2770	Ext 202
Vicki Ludwick, Clinical Support Staff, Office Coordinator	308 345-2770	Ext 201
Rebecca Durner, MA, Provisionally Licensed Mental Health Practitioner	308 345-2770	Ext 205
Tamara Johnson, M.D., Medical Director (6 days month)	308 345-2770	
Diana Euhus, PLADC Prov Lic Alcohol & Drug Counselor	308 345-2770	Ext 209

Corey Brockway, Regional Consumer Specialist	308-345-2770	Ext 307	Cell 340-2406
Nancy Rippen, R.N., Regional Consumer Specialist, Nurse	308-345-2770	Ext 307	Cell 340-4842

PIONEER HOUSE (Day Rehab/ Day Support/ Community Support)P.O. Box 818, 1012 West Third
McCook NE 69001**(308) 345-2770**

FAX (308)345-2557

Rena Gardner, BA, Care Coordinator, Day Rehab Coordinator	308 345 2770	Ext 213
Jan Kalinski, Consumer Care Coordinator (DR)	308 345 2770	Ext 208
Starla Teel, AA, Part-time Care Coordinator, Part-time Emergency Support	308 345 2770	Ext 206 Cell 308-350-0028
Jan Badsky, Care Coordinator	308 345-2770	Ext 211

• LEXINGTON:**HEARTLAND COUNSELING AND CONSULTING CLINIC**P.O. Box 519, 307 East 5th
Lexington NE 68850**(308) 324-6754**

FAX (308)324-5118

Emergency Support (308) 324-7200

toll free (877) 269-2079

Services available: Outpatient Substance Abuse & Mental Health, Community Support, Parent Education, Alcohol and Drug Education, Batterer's Classes, Psychological Assessments, Substance Abuse Evaluations, Medication Management, Med Box Program.

Robyn Schultheiss BSW, Emergency Support Program Director, Office Coordinator		Cell 390-4645
Deactta Larson, Support Staff	308 324-6754	
Jennifer Sand, RN, Prevention Specialist, Consumer Care Coordinator, Nurse (part-time)	308 324-6754	
Janice Stover, MS, Lic. Mental Health Practitioner (3-4 days week)	308 324-6754	
Sonia Kounovsky, BS, LADC, Licensed Alcohol & Drug Counselor (2 days wk)	308 324-6754	
Deanna Weiss-Eby, BS, Consumer Care Coordinator, Prevention, Emergency as needed	308 324-6754	Cell 325-1582
Kelly Kuenle, BS, Emergency Service Coordinator	308 324-6754	Cell 325-9661
Teresa Ward, MA., Lic Independent Mental Health Practitioner (1 day week)	308 324-6754	
Tamara Johnson, MD, Medical Director (2 days mo)	308 324-6754	

OGALLALA/IMPERIAL:

HEARTLAND COUNSELING AND CONSULTING CLINIC

401 West 1st
Ogallala NE 69153
FAX: (308)284-3084

740 Court Street
Imperial, NE 69033
(308) 882-4203 FAX: (308)882-3072

(308) 284-6767

cell phone 539-0311

Services available: Outpatient Substance Abuse & Mental Health, Community Support, Parent Education, Alcohol and Drug Education, Psychological Assessments, Substance Abuse Evaluations, Medication Management, Med Box Program.

Mary Wagner, Clinical Support Staff, Office Coordinator, Support Staff Director	308 284-6767	Ext 202
Shona Heim, MA, Lic. Independent Mental Health Practitioner (Ogallala, Imperial, Benkelman)	308 284-6767	Ext 208
Judy Krajewski, LADC, Licensed Alcohol & Drug Counselor (Ogallala, Imperial, Benkelman)	308 284-6767	Ext 207
Carrie Howell, BA, Clinical Support	308-284-6767	Ext 209
Andrea Matousek, Clinical Support	308-284-6767	
Bonnie Bauer, BS, Youth Care Coordination Director (part-time)	308 284-6767	Ext 211
Lee Redinger, BA, Care Coordinator (part-time)	308 284-6767	Ext 213
Shelly McQuillan, BS, Prevention Coordinator (part-time)	308 284-6767	Ext 210
Angela Smith, Care Coordinator, Community Support Director	308 284-6767 Ext 204	Cell 280-0031
Librada Diaz-Wood, Care Coordinator	308 284-6767	Ext 214
Nicole Frerichs, BS, Care Coordinator (Imperial, Grant, Benkelman)	308 284-6767 Ext 212	Cell 414-0010
	Or FAX 308-882-2141	
Chris Williams, Care Coordinator (4 days wk)	308 532 4860	Ext 301
John Shybut, Ph.D., Clinical Director (1 day wk)	308 284-6767	
Tamara Johnson, MD, Medical Director (2 days mo)	308 284-6767	

UNTRACTED SERVICES:

Emergency Protective Custody Services.

Great Plains Regional Medical Center, North Platte

Intensive/Secure Sub-Acute Care:

Great Plains Regional Medical Center, North Platte

Substance Abuse Short Term Residential Services.

Touchstone Treatment Center, Lincoln (402)474-4343 (men and women)

St. Monica's, Lincoln (402)441-3768 (women only)

Community Support Mental Health Services. Hotel Pawnee, North Platte. Amy Connery (308)532 6600

Community Support Services (Mental Health & Substance Abuse).

Goodwill Industries, (308)324-7277, Ext 13, Dawson & Gosper Counties.

24 Hour Crisis Respite. Hotel Pawnee, Sandy Schade (308)532 6600

Diagnostic Residential. CenterPointe, Lincoln, (402)475-8717

Supported Employment. Goodwill Industries, North Platte (308)534-6500 Lexington, McCook & Ogallala.

Transitional Housing. West Central Nebraska Housing Authority, Ogallala, Jeanette Krajewski, Director. (308)284-6078

Transitional Day House for men. Houses of Hope, Lincoln. Jay Conrad (402) 435-3165

Therapeutic Community. St. Monica's, Lincoln (402)441-3768 (women only)

Intensive Outpatient Substance Abuse Services. Lutheran Family Services of Nebraska, Dave Lund (308) 532-0587

ADDITIONAL SERVICES:

Intensive Home Visitation in ARM (Aiding Recovery Moms): Gender specific substance abuse wraparound services for pregnant and/or parenting recovering women. Marlo Roberts (308)532 4860 Ext 304.

Substance Abuse Crisis Response Coordination: Marlo Roberts 308 532-4860 Ext 304.

Updated 8/08/08

EMERGENCY COORDINATION & SUPPORT SERVICES

Emergency Support services are offered to any individual who is experiencing a mental health and/or substance abuse crisis/emergency. Emergency Support is also a resource for law enforcement, hospitals, and physicians by providing therapists to do Crisis Response Assessments on individuals in their care/custody who are at risk for an EPC. This service is designed around consumer needs and is provided by staff who can teach skills as well as connect consumers with resources and services. Services are available in all 17 counties served by Region II Human Services, 24 hours a day/7 days a week. Contact any of the Heartlands or the Emergency Program Director at (308) 390-4645.

Behavioral Health System Emergency #: 1-877-269-2079

PREVENTION SERVICES

Region II Human Services prevention programs are both evidence based and community based. Programs for children and youth include Healthy Alternatives for Little Ones, All-Stars, and Asset Teams. Parenting classes are available. Video and other resources are available in each Heartland office.

Prevention Specialists work with community teams to assess and create strategic prevention plans for prevention. Mini grants are available to help teams achieve goals that help change the norms and reduce the use and abuse of substances.

Call any Heartland and ask for the Prevention Specialist for more information.

REGIONAL CONSUMER SPECIALISTS

Regional Consumer Specialists provide leadership and support to assist mental health, substance abuse and gambling addicted consumers, family members and support groups, to know and understand how they may strive for recovery and wellness within the Behavioral Health System. Regional Consumer Specialists aid the consumer in understanding and accessing services and act as the consumer's voice to influence policy-making as the system transforms to be more consumer oriented.

CONTRACTED SERVICES include:

Emergency Protective Custody Services.

When law enforcement determines that a person is mentally ill and/or substance addicted and dangerous, Region II Human Services has access to hospitals who will admit patients to this level of care.

Acute/Secure Sub-Acute Care:

If a mental health board commits a person to inpatient services, the Region has contracts with hospitals for this level of inpatient care.

Substance Abuse Short Term Residential Services.

The Region has contracts with treatment centers for residential services for persons addicted to alcohol or other drugs.

Community Support Services

(Mental Health & Substance Abuse).

The Region contracts for this one-to-one wrap-around service in Dawson, Gosper, and Lincoln counties.

Crisis Respite.

If a person in Region II needs some additional support for a few days to remain on medication and stable, the Region contracts to place clients in a safe environment with the added support needed.

Dual Diagnosis Residential.

The Region contracts with a facility that treats individuals who have a mental health and substance addiction problem. This is a long term placement intended to stabilize the client.

Supported Employment.

The Region contracts to provide help with employment for clients who meet criteria and who want to work.

Transitional Housing.

Persons who have a severe and persistent mental illness and/or are in recovery from a substance addiction and who meet the poverty guidelines can be eligible for a housing voucher. Clients must be willing to be part of a community support program.

Halfway House.

The Region contracts for this residential service for persons getting out of a residential treatment center and needing the structure of group living to remain in recovery.

Therapeutic Community.

The Region contracts for residential services for women who need to transition from treatment to a structured living environment to maintain sobriety.

Intensive Outpatient Substance Abuse Services.

A 6-10 week program for substance addicted persons who need more than individual outpatient care. This program provides group and individual counseling. Clients are in service a minimum of 10 hours a week, 3-5 times a week.

If you have questions on any of the contracted services, please call 308-534-0440.

Funding Statement: Region II Human Services is funded by federal, state and county dollars. Your tax dollars help make services available to persons who cannot afford mental health and substance abuse services. Client fees and third party pay are collected when possible. Funding is provided through the Regional Governing Board with state funding from Nebraska Health & Human Services.

REGION II HUMAN SERVICES

REGION II HUMAN SERVICES
PROVIDES MENTAL HEALTH
AND SUBSTANCE ABUSE SERVICES
FOR 17 COUNTIES IN
WEST CENTRAL NEBRASKA

SERVICE MISSION:

"To work toward the health,
happiness and well-being of every
person who works within our
organization and every person served
by our organization."

"To provide the highest quality
Substance Abuse and Mental Health
services to any person in need of
those services."

Region II Human Services is the administrative office for the programs listed in this brochure.

Kathy Seacrest, Regional Administrator

REGION II HUMAN SERVICES

110 NORTH BAILEY • NORTH PLATTE NE 69103
(308) 534-0440

Region II Human Services is governed by a County Commissioner from each county served. Arthur, Chase, Dawson, Dundy, Frontier, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, McPherson, Perkins, Red Willow & Thomas

HEARTLAND COUNSELING & CONSULTING CLINICS

The following services and programs are all available through the Heartland Counseling and Consulting Clinics. The locations and phones are listed below. Call any of the Heartlands or the Region II Human Services office, (308) 534-0440, for more information.

110 North Bailey • PO Box 1209
North Platte NE 69103-1209
(308) 534 • 6029

1012 West 3rd • PO Box 818
McCook NE 69001-0818
(308) 345 • 2770

307 East 5th • PO Box 519
Lexington NE 68850-0519
(308) 324 • 6754
Bilingual Services Available

401 West 1st
Ogallala NE 69153
(308) 284 • 6767

Imperial (308) 882 • 4203

OUTPATIENT SERVICES

Therapy and counseling for persons and families needing help in coping with individual, family and/or marital problems. Substance abuse and mental health services are provided on a sliding fee scale based on income. Psychologists, masters level therapists and licensed substance abuse counselors on staff. Medication Management. Psychological evaluations, substance abuse evaluations, individual, family and group therapy/counseling are available in all offices. Call any of the Heartlands or the Region II Human Services office for more information.

ARM in ARM AIDING RECOVERING MOMS

This program is designed to meet individual needs of pregnant and/or parenting women who also have problems with substance abuse. A one-to-one link with staff assures coordination of care and access to whatever support is needed in order for recovery to be successful. Call any of the Heartlands or 532-4860, ext 304 for more information.

COMMUNITY SUPPORT SUBSTANCE ABUSE

This service is an adult program offered to persons in substance abuse recovery. One-to-one contact with staff and recovering person to establish a recovery program in whatever community the recovering person resides. Community Support Coordinators work with employers, family, physicians and recovering person to put a plan in place that includes relapse prevention. The goal of this program is to empower and motivate individuals in their efforts to live as independently and to live in recovery. Contact any of the Heartland offices for more information.

DAY REHABILITATION DAY SUPPORT

Activities, classes, group discussions, and work units for adults diagnosed with a severe and persistent mental illness. This program is designed to enhance each participant's ability to interact and live successfully in the community. Serving the Region at two locations: Frontier House located at 114 So. Chestnut in North Platte and Pioneer House at 1012 W. 3rd in McCook.
(308) 532-4730 - North Platte
(308) 345-2770 - McCook

YOUTH CARE COORDINATION PROGRAM

This regionwide program offers one-to-one support and case management services for children and youth with a severe emotional disturbance (SED) diagnosis. A Youth Care Coordinator works with each family to access the needs and build a team to meet the needs. The program helps families access needed services by providing early intervention thereby maintaining the child in the home and community.
Call (308) 284-6767 for more information.

COMMUNITY SUPPORT MENTAL HEALTH

This service is developed to assist adult persons with severe and persistent mental illness. This one-to-one service help clients live in a residence of their choice by providing assessment, planning, linking and monitoring services to meet the range of consumer needs. The goal of this program is to empower and motivate individuals in their efforts to live as independently as possible. Contact any of the Heartland offices for more information.