

## **Nebraska Division of Behavioral Health – Strategic Plan Update – September 2012**

The strategic planning process in 2011 resulted in a Strategic Plan that serves to guide the Division while providing flexibility to react to changes in the environment.<sup>1</sup> The Division uses this plan to organize activities to move Nebraska's public behavioral health system toward the vision created by the legislatively established Behavioral Health Oversight Commission II in June 2009.

The Division created a dynamic set of objectives and timelines to achieve the goals in the strategic plan by 2015. The Division embraced the values communicated by the strategies (Accessible, Quality, Effective, Efficient and Accountable).

**Mission:** The Division of Behavioral Health provides leadership and resources for systems of care that promote and facilitate resilience and recovery for Nebraskans.

**Vision:** The Nebraska public behavioral health system promotes wellness, recovery, resilience and staff determination in a coordinated, accessible, consumer and family-driven system.

The following Strategies outlined for use in the Division's strategic plan have created common approaches and values that are now embraced across the state. They reflect the values of the Behavioral Health Oversight Committees and are in line with national best practices in behavioral health.

### **Insist on Accessibility**

- A DBH statewide capacity reporting system helps monitor accessibility.
- Tele-health, housing assistance, jail diversion, peer support services and new collaborative projects illustrate the impact of insisting on accessibility.
- Collaboration among the Nebraska Family Helpline, CPS hotline, and Network of Care increases communication.

### **Demand Quality**

- The Division and Regions are identifying outcomes with network providers.
- The Division leads a weekly statewide quality improvement team process.
- The Regions lead a monthly region-wide quality improvement team process.
- The Division leads consumer survey workgroups. Regions lead local CQI work teams.

### **Require Effectiveness**

- Effectiveness is promoted through implementation of the Evidence Based Practice workgroup.
- Assessment of trauma-informed care and trauma specific service availability has occurred.
- National outcome measures have been incorporated into reporting requirements and are monitored by the Division of Behavioral Health and Regions.
- Some Regions have implemented EBP's in their service arrays (e.g., PCIT, TF-CBT, MST, etc.)

### **Promote Cost Efficiency**

- The Division is leading discussions statewide about efficiency and funding priorities.
- Regions are monitoring provider productivity, and implementing electronic records/information management systems to improve cost efficiency.
- The Division continues to identify data and claims system options.

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<sup>1</sup> The plan is available at: [http://dhhs.ne.gov/behavioral\\_health/Documents/BHSP-Final-02-17-11.pdf](http://dhhs.ne.gov/behavioral_health/Documents/BHSP-Final-02-17-11.pdf)

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### **Create Accountable Relationships**

- The Division is in the process of evaluating how relationships can be measured.
- A survey is being implemented to assess the quality of the Division's relationships – Phase 1 with Regional Behavioral Health Authorities is in draft development.
- Meetings with providers, regions, and networks occur monthly on average.
- Regions meet regularly with local partners and are incorporating the values of accountability in their work by being transparent and collaborative.

The following goals are listed with examples of the work underway to reach them.

### **2011-2015 Goals:**

- 1. The public behavioral health workforce will be able to deliver effective prevention and treatment services in recovery-oriented systems of care for people with co-occurring disorders.**
  - The Division and Regions are actively partnering with supporting the Behavioral Health Educational Center of Nebraska.
  - The state's Strategic Prevention Plan is in final draft form.
  - The state's Problem Gambling Plan has been completed and is being implemented.
  - A roadmap for system improvements for people with co-occurring disorders has been developed.
  - The Division implemented a statewide assessment of capabilities for serving persons with co-occurring disorders and is acting on the results through CQI.
  - Two annual Behavioral Health Conferences have been held with more than 400 attendees.
  - The Division partners with Division of Children and Family Services on prevention services and substance abuse treatment to keep children in homes.
- 2. The Division of Behavioral Health will use financing mechanisms which support innovative service content, technology and delivery structures.**
  - The Division and Regions are using tele-health and tele-video communications to expand behavioral health services to reach all areas of the state.
  - Workgroups are developing processes to pay for peer run services and evidence based practices.
  - Electronic records systems are being implemented in some Regions.
  - 100+ Peer Support and Wellness Specialists have been trained and certified through the Office of Consumer Affairs and People's Council.
- 3. The Division of Behavioral Health will reduce reliance on the Lincoln Regional Center for general psychiatric services.**
  - Regions have developed alternatives to relying on the Lincoln Regional Center in a variety of ways.
  - The DBH Community Services Section and Lincoln Regional Center are actively working with Regions to increase strategies that support recovery in the community.
- 4. An effective system to manage safely sex offenders in outpatient settings will be ready for implementation.**
  - The Division is co-leading a workgroup to develop local capacity for management of sex offenders.
  - Regions and service providers are partnering with Corrections, Probation and others to identify qualified providers and to train willing providers in sex offender treatment models.
  - The Division maintains a statewide directory of sex offender treatment resources.