

Continuing Education Tracker for Certified Peer Support and Wellness Specialists

It is recommended to maintain 6 (six) Continuing Education Units (CEUs) per year and that this credit is approved by the Office of Consumer Affairs. Education not relating to Peer Support will not be recorded. If you receive education (i.e. webinars) without certificates, please write a brief paragraph and submit to the Office of Consumer Affairs. While this currently is not a requirement, it is a good practice.

CEUs that the OCA is looking for include the following:

- Mental health and/or substance abuse recovery
- Peer Support
- Education that relates to our expertise of wellness versus illness and diagnosis
- Systems transformation
- Trauma
- Community integration
- Cultural and linguistic competency
- Person/ family centered practice
- Housing, supported employment, and vocational rehabilitation
- Smoke free living
- Advocacy, etc.

For your personal convenience, please use this CEU tracker to maintain hours for your *personal* records.

Date (s)	# of CEUs	Description