

Resources:

Network of Care: www.networkofcare.org

The Network of Care website for behavioral health is an easy-to-use statewide resource for people with behavioral health concerns. People can find resources and information about prevention, treatment, support groups, and advocacy tools. Consumers also use this site to store personal health records, maintain a resources list, and much more.

Helpline & Family Navigator Services

The Nebraska Family Helpline (888-866-8660) and Family Navigator Services improve access to behavioral health and other services for families. Available 24/7, the Helpline screens calls for immediate safety needs, identifies the level of the crisis, makes referrals to resources and helps the caller connect to emergency resources as necessary.

Live Family Helpline operators will connect eligible families to Family Navigator Services within 24 to 72 hours. Family peer support specialists with personal experience with a severe emotional disorder will help the family identify existing community services.

For more information

Division of Behavioral Health

301 Centennial Mall South
PO Box 95026
Lincoln, NE 68509

402.471.8553
888.866.8660 NE Family Helpline
www.networkofcare.org

Office of Consumer Affairs Administrator

Carol Coussons de Reyes,
Certified Peer Specialist, M.S.
402.471.7853

Regional Center CEO

Bill Gibson, MHA
402.479.5388

Community Based Services Section Administrator

Sheri Dawson, R.N., Deputy Director
402.471.7727

Chief Clinical Officer

Blaine Shaffer, M.D.
402.471.7795

Division Director

Scot L. Adams, Ph.D.
402.471.8553
State Mental Health Authority and
Single State Authority

Department of Health & Human Services



Division of Behavioral Health

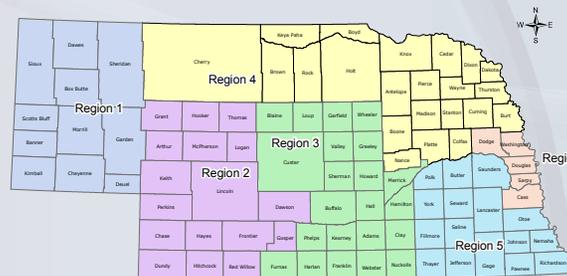
Connecting Nebraskans to hope and treatment with community support

Behavioral health is essential to good health.

- Prevention works.
- Treatment is effective.
- People recover from mental health and substance abuse disorders.

www.dhhs.ne.gov

Behavioral Health Regions



ADA/AA/EOE

BH-PB-5 (99150) Rev. 4/14



The Nebraska Department of Health and Human Services

Division of Behavioral Health

The Division of Behavioral Health promotes activities that improve the quality of behavioral health practices and services and increase opportunities to maintain wellness for all. It is one of six Divisions within the Department of Health and Human Services. DBH administers, oversees, and coordinates the state's public behavioral health system to address the prevention and treatment of mental health and substance abuse disorders.

We strive to ensure services meet the complex needs of individuals with co-occurring disorders. Our goal is to develop a behavioral health system that is trauma-informed, recovery-oriented and person-centered.

Community-Based Services

The Division provides funding and contract management to six behavioral health regions and a variety of providers to ensure community-based mental health and substance abuse prevention and treatment services are available.

Regional Centers

The Division operates Regional Center hospitals in Lincoln, Hastings, and Norfolk. Today, these hospitals combined serve approximately 550 people.

The Lincoln Regional Center (LRC) provides general psychiatric services for those committed by a Board of Mental Health as well as treatment to sex offenders and to those ordered there by the court.

The Hastings Regional Center (HRC) provides a Psychiatric Residential Treatment Facility (PRTF) level of substance abuse treatment to young men who typically have been involved in the Criminal Justice System.

The Norfolk Regional Center (NRC) serves men who have been civilly committed for sex offender treatment.

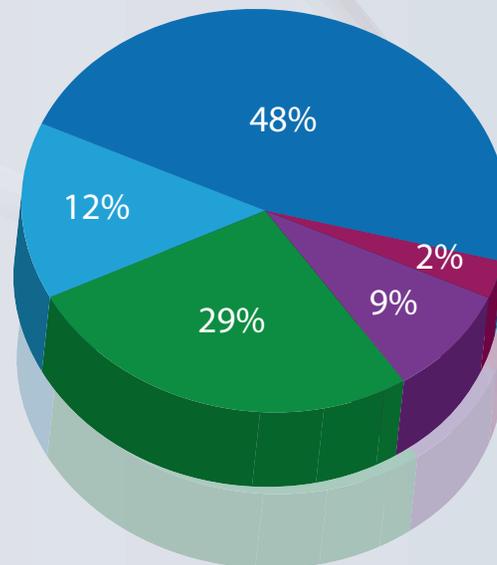
Office of Consumer Affairs

The OCA focuses on consumer/peer support services, healthy relationships, planning, research, and advocacy for behavioral health consumers.

Chief Clinical Officer

The CCO provides clinical leadership to the Division and works with the Regional Centers and community partners to promote quality behavioral health policies, services and education.

Fiscal Year 2013-2014 Behavioral Health Appropriation



Did you know...

- About 62,000 adults in Nebraska have a serious mental illness - an often misunderstood but common health condition that causes changes in thinking, mood and/or behavior.
- People with mental illness are leading active, productive lives in our communities and there's more support available than ever before. Nebraska is building a whole network of peers, made up of people who use their own experiences with mental illness to work with others who are now in a similar situation.
- In 2013, mental health services were provided to 1,549 youth experiencing serious emotional disorders.
- Drug and alcohol abuse and addiction is a public health problem that affects 134,000 adults in Nebraska.
- 86% of adult consumers were satisfied with the quality and appropriateness of services received, and 85% expressed a general satisfaction with the services they received, according to the 2013 Behavioral Health Consumer Survey.
- 82% were generally satisfied with the accessibility of services they received from the state's public behavioral health system.