



NEBRASKA
System of Care Planning Grant
Department of Health and Human Services (DHHS)

**Supporting the mental health and well-being of children,
youth and young adults through engagement and
partnership.**

SYSTEM OF CARE READINESS ASSESSMENT
REGIONAL SITE VISITS AND DISCUSSION GROUPS - SCHEDULE

Purpose: To better understand from stakeholders, what system-of-care components are in place in their communities/areas and perceptions about strengths, gaps and priorities for improvement.

November 12, 2013

Norfolk - Nebraska System of Care Site Visit – Region 4

Meeting Place:

Region 4 Behavioral Health System

206 Monroe Avenue

Norfolk, Nebraska 68701

(402) 370-3100

Tentative Schedule: The following is a tentative schedule for the focus groups.

Time	Track 1	Track 2
1200-1300	Provider/Stakeholder Discussion Group	Provider/Stakeholder Discussion Group
1400-1500	Provider/Stakeholder Discussion Group	Provider/Stakeholder Discussion Group
1600-1700	Family Discussion Group	Youth Discussion Group
1700-1800	Provider/Stakeholder Discussion Group	Provider/Stakeholder Discussion Group
1800-1900	Family Discussion Group	Youth Discussion Group

DHHS Systems of Care Planning Project
Division of Behavioral Health, 301 Centennial Mall South, Lincoln, NE 68509
402-471-9196

Email: dhhs.soc@nebraska.gov;

Web site: www.dhhs.ne.gov/soc

November 14, 2013

North Platte - Nebraska System of Care Site Visit – Region 2

Meeting Place:

Region II Human Services
 110 N. Bailey
 North Platte, NE 69103
 (308) 534-0440

Tentative Schedule: The following is a tentative schedule for the Discussion groups.

Time	Track 1		Track 2
1000-1130	Public Policy Center available to conduct calls with key stakeholders identified by Region 2, the DHHS Service Area or SPEAK OUT		
1130-1330	Provider/System Partner Discussion Group 1	Provider/System Partner Discussion Group 2	Provider/System Partner Discussion Group 3
1330-1430	Meeting with Region 2, Western Service Area and SPEAK OUT		
1430-1600	Possible meeting with Judges		
1600-1730	Family Discussion Group 1	Youth Discussion Group 1	Possible meeting with judges
1730-1800	BREAK		
1800-1930	Family Discussion Group 2	Youth Discussion Group 2	

November 15, 2013

Scottsbluff - Nebraska System of Care Site Visit – Region 1

Meeting Place:

Region 1 Regional Administrator
 4110 Avenue D
 Scottsbluff, NE 69361

(Tele-health sites may be available in other Panhandle communities to access discussion groups)

Tentative Schedule: The following is a tentative schedule for the focus groups.

Time	Track 1		Track 2
1030-1200	Provider/System Partner Discussion Group		Provider/System Partner Discussion Group
1200-1330	Provider/System Partner Discussion Group		Provider/System Partner Discussion Group
1330-1430	Meeting with Region 1, Western Service Area and SPEAK OUT		
	BREAK		
1600-1730	Family Discussion Group 1	Youth Discussion Group 1	
1730-1800	BREAK		
1800-1930	Family Discussion Group 2	Youth Discussion Group 2	

November 18, 2013

Kearney & Grand Island - Nebraska System of Care Site Visit - Region 3

Meeting Places:

Kearney

Region 3 Behavioral Health Services
4009 6th Ave., Suite 65
Kearney, NE 68847
(308) 237-5113

Grand Island

Home Federal Bank
3311 W. Stolley Park Rd.
Grand Island, NE 68802

Tentative Schedule: The following is a tentative schedule for the discussion groups.

Time	Track 1	Track 2
0900-1045	Grand Island Provider/Stakeholder Discussion Groups Round 1	
1045-1200	Grand Island Provider/Stakeholder Discussion Groups Round 2	
1200-1330	Break	
1330-1445	Kearney Provider/Stakeholder Discussion Groups Round 1	
1445-1600	Kearney Provider/Stakeholder Discussion Groups Round 2	
1600-1715	Family Discussion Group 1 - Kearney	Youth Discussion Group 1 - Kearney
1715-1800	BREAK	
1800-1915	Family Discussion Group 2 - Kearney	Youth Discussion Group 2 - Kearney

November 20, 2013

Lincoln - Nebraska System of Care Site Visit – Region 5

Meeting Place:

Region 5 Behavioral Health Services

1645 “N” Street
Lincoln, NE 68508
(402) 441-4343

Tentative Schedule: The following is a tentative schedule for the discussion groups.

Time	Track 1	Track 2
0830-0930	Meeting with Region 5, service area and family org administrators	
0930-1045	Provider/Stakeholder Discussion Groups	
1045-1200	Provider/Stakeholder Discussion Groups	
1200-1330	Break	
1330-1445	Provider/Stakeholder Discussion Groups	
1445-1600	Provider/Stakeholder Discussion Groups	
1600-1715	Family Discussion Group 1	Youth Discussion Group 1
1715-1800	BREAK	
1800-1915	Family Discussion Group 2	Youth Discussion Group 2

November 22, 2013

Omaha - Nebraska System of Care Site Visit – Region 6

Meeting Place:

Region 6 Behavioral Health Services
3801 Harney Street
Omaha, NE 68131
(402) 444-6573

Tentative Schedule: The following is a tentative schedule for the discussion groups.

Time	Track 1	Track 2
0830-0930	Meeting with Region 6, service area and family org administrators	
0930-1045	Provider/Stakeholder Discussion Groups	
1045-1200	Provider/Stakeholder Discussion Groups	
1200-1330	Break	
1330-1445	Provider/Stakeholder Discussion Groups	
1445-1600	Provider/Stakeholder Discussion Groups	
1600-1715	Family Discussion Group 1	Youth Discussion Group 1
1715-1800	BREAK	
1800-1915	Family Discussion Group 2	Youth Discussion Group 2

Below are the is the general guide for focus group/interview questions and the definitions of System of Care and High Fidelity Wraparound that will be provided to participants. Participants will also be offered the opportunity to complete the System of Care survey immediately after the focus group/interview. The survey may be accessed at:

<http://go.unl.edu/nesoc>



System of Care Focus Group/Interview Questions:

1. How are child or youth/family systems working together in your community developing systems of care (see definition)?
 - a. What does interagency collaboration look like here?
 - b. What elements are in place?
 - c. What are the strengths of your community in this area?
 - d. What are the needs?
 - e. What are the barriers?
 - f. What exists that hasn't been helpful?
 - g. What financing strategies support systems of care (optional depending on group)?
 - h. What social marketing efforts are there to promote systems of care?
2. How are systems and organizations developing high-fidelity wraparound in your area (see definition)?
 - a. Strengths
 - b. Gaps
3. How are families and youth involved in these efforts?
 - a. Strengths
 - b. Gaps
4. What are the service strengths and gaps in your community?
 - a. Array of evidence based/effective services?
 - b. Trauma informed care?
 - c. Prevention?
 - d. Training/workforce development?
 - e. Culturally and linguistically appropriate services?
5. What else could improve the State/community's approach to improving the lives of youth and families?

If you prefer to answer these questions in writing, responses may be sent to shutter@nebraska.edu

Definitions

System of Care

An approach in which many agencies at the state and local levels work together and in partnership with families and youth to develop youth-guided and family directed services for children and adolescents with multi-system needs. Systems of Care include:

- A full array of effective services
- Coordination of care across child-serving systems
- A community interagency team that includes youth and families that makes decisions to improve systems and services
- Improving training and capacity to provide culturally and linguistically appropriate services, and
- Coordination of funding to maximize resources across systems.

A System of Care also includes state and community agencies working together to improve services for youth and families. These agencies may represent mental health, substance abuse, child welfare, juvenile justice, education, medical care, public health, developmental disabilities and other systems.

High-Fidelity Wraparound

Sometimes referred to as Family Centered Practice or Individualized Care, this approach includes:

- A child and family teams consisting of all the systems and agencies involved in care
- An interagency community team to joint planning and decision making about development and implementation of wraparound
- Flexible funding to address the unique needs of each youth and family
- Plans of care that are coordinated across agencies and directed by families and guided by the youth
- Access to individualized services that are effective and informal supports provided by family members, friends, and community members
- A focus on monitoring fidelity to the wraparound process and achieving outcomes relevant to youth and families.