DATA PACKET

FY 2019 LA Planning – PROGRESS DATA INCLUDED



Nebraska WIC 8.21.18

Use this data packet to find the figures needed to update the data section on your action plans for your 5 joint goals.

In order to make these updates, locate the action plan forms previously submitted with your FY2018 plan. Make your updates directly on the action plan forms that you previously submitted.

As a reminder, your previously submitted action plan forms were written on templates that looked something like this.....see examples below.

Duta	Source: Journ	ey Breastfeeding	g Prevalence Rep		breastfed at 6 month				
LOC	AL AGEN	CY - PROG	RESS DATA			STATE - I	PROGRESS E	DATA	
	% infants ever EF	% infants exclusively BF at 1 yeek	% infants exclusively BF at 3 months	% infants ecclusively BF at 6 months	Date	% infants ever 07	% infants exclusively BF at 1 week	% infants exclusively BF at 3 months	% infants ecclusively BF at 6 months
June 2016 baseline					June 2016 Esseline	78%	46%	17%	9%
	TEGY#1: P		pport exclusive	breastleeding for	all WIC mothers an	d their infant	SPECIAL	NOTES:	
			pport exclusive	breastfeeding for				NOTES:	
			pport esclusive	breastfeeding for				NOTES:	
			pport exclusive	breastfeeding for				NOTES:	

	201.	Action Plan		
١	Joint Diversity Goal: By October 1, 2019 WIC agencies will demonstrate a measured through an evidence based assessment tool. Data Source: Use of an evidence based assessment tool (to be determine)		elivering culturally	competent WIC services as
	IOINT STRATEGY #1: Identify and implement an evidence based tool to		ent WC services.	
	ACTION STEPS: (what & why)	WHO:	WHEN	SPECIAL NOTES:
l				
l				
l				
l				
l				
l				
	Evaluation Methods will be:			

FY 2017 Action Plan Mental licalsh Joint Cook: By October 1, 2019, increase the percentage of mental health referrals by 25%. Data Sewarce: TIO possible query											
LOCAL AGENCY DATA STATE DATA STATE DATA STATE DATA STATE DATA STATE DATA											
ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:								
	_										
EVALUATION METHODS:											

New Nebraska WIC: FY 2017-2019 Joint Goals & Strategies



1. Joint Breastfeeding Goal - Exclusive breastfeeding:

By October 1st, 2019, the percent of WIC infants who are exclusively breastfed at 6 months of age will be greater than or equal to 20%.

- #1: Promote and support exclusive breastfeeding for all WIC mothers and their infants.
- #2: Incorporate Breastfeeding Backpack initiative to educate and encourage mothers to exclusively breastfeed for the first 6 months.



2. Joint Nutrition Goal - Obesity:

By October 1st, 2019, the percent of WIC children ages 2-5 who are overweight/obese will be less than or equal to 18%.

Support the role of WIC in preventing childhood overweight and obesity for WIC participants within the ages of 2-5.



3. Joint Caseload Management Goal:

By October 1st, 2019, average State participation will be increased by 5%

#1: Participate in National WIC Association (NWA) media campaign statewide.



4. Joint Diversity Goal:

By October 1st, 2019, WIC agencies will demonstrate an increased capacity in delivering culturally competent WIC services as measured through an evidence based assessment tool.

Identify and implement an evidence based tool to assess culturally competent WIC

5. Joint Women's Mental Health Goal:

By October 1st, 2019, increase percent of mental health referrals by 25%

Implement a maternal mental health screening, referral, and education policy/process

Exclusive BF – Baseline Data



Joint Breastfeeding Goal:

By Oct 1, 2019 the percentage of WIC infants who are exclusively breastfed at 6 months of age, will be greater than or equal to 20%. (State Baseline, June 2016: 9%)

Data Source – Progress:

Breastfeeding Prevalence

July 2017 - June 2018

Nebr WIC Data — % Exclusive BF at 6 mo (July 2017 – June 2018)

State Totals		Excl BF 3 mo	Excl BF 6 mo	Ever BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	зм	6M	9M	12M	18M
State Progress 6/18	43%	15%	8%	81%	68%	64%	60%	54%	52%	48%	42%	36%	25%	20%	20%	11%
	3871	1116	598	14562	6116	5281	4668	3978	3700	3406	2900	2611	1792	1045	851	182

Journey BF Prevalence Report July 2017 – June 2018

Joint Exclusive BF Goal: By Oct 1, 2019 the percentage of WIC infants who are exclusively breastfed at <u>6</u> months of age, will be greater than or equal to 20%.

(State Baseline, 2016: 9%); (Progress 2017: 9%); (Progress 2018: 8%)

Progress **Exclusive BF Goal**

	Evel DE	Evel DE	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
5 CENTRAL NEBRASKA COMMUNITY ACTION PARTNERSHIP	61%	22%	11%	78%	67%	61%	55%	53%	50%	45%	39%	32%	22%	21%	19%	8%	0%
	Excl BF	Excl BF	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
10 DOUGLAS COUNTY HEALTH DEPARTMENT	35%	13%	7%	81%	67%	63%	60%	53%	52%	49%	43%	36%	24%	20%	16%	13%	0%
			Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
20 FAMILY HEALTH SERVICES	61%	16%	9%	74%	57%	53%	50%	45%	43%	37%	31%	25%	16%	13%	6%	2%	0%
				_													
Local Agency/Clinic	1 Wk	3 mo	Excl BF 6 mo	Ever BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
26 FAMILY SERVICE WIC	48%	18%	6%	78%	67%	65%	63%	55%	54%	50%	44%	37%	26%	20%	16%	9%	0%
20 17 WHEN SERVICE WIC	4070	10/0	070	7070	0770	0370	03/0	3370	3470	3070	7770	3770	2070	2070	1070	370	070
	Fuel DE	Fuel DE	Fuel DE	F													
Local Agency/Clinic	1 Wk	3 mo	Excl BF 6 mo	Ever BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
28 LINCOLN/LANCASTER COUNTY	50%	20%	12%	85%	71%	68%	64%	59%	57%	55%	48%	42%	31%	23%	17%	8%	0%
HEALTH DEPART.	50,5	_0,0	,	0070	/ 5	00,0	0.70	3375	0.70	0070	.0,0	,	02/0		_,,,	0,0	0,1
	Excl BE	Fxcl BF	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
30 NORTHEAST NE COMMUNITY	37%	16%	9%	76%	61%	58%	55%	49%	47%	42%	36%	32%	22%	17%	13%	12%	0%
ACTION PARTNERSHP																	
	Evel BE	Evel DE	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
35 CENTRAL DISTRICT HEALTH	44%	13%	7%	87%	74%	74%	70%	64%	60%	56%	50%	45%	28%	22%	17%	12%	0%
DEPARTMENT																	

BF Prevalence by LA: July 2017 – June 2018

My LA Progress for this goal is? _____

Exclusive BF Goal: Baseline Agency

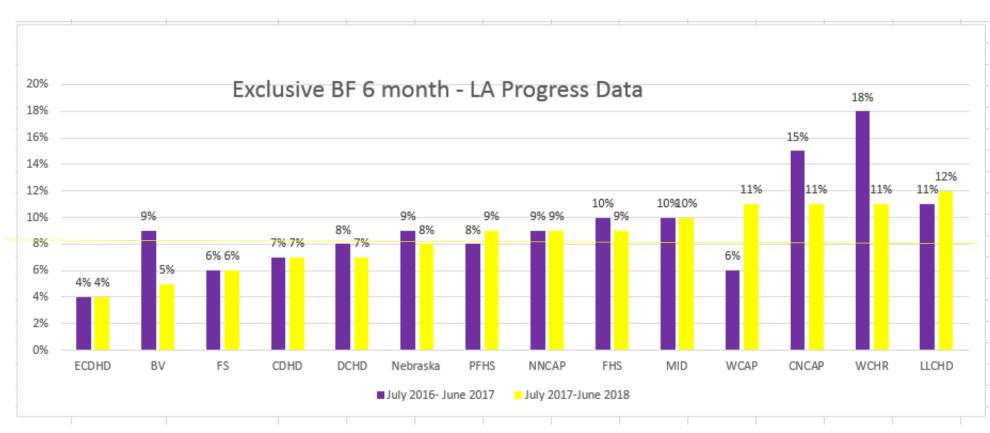
	Excl BF	-	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24N
40 BLUE VALLEY COMMUNITY ACTION	41%	16%	5%	81%	68%	65%	57%	54%	53%	47%	44%	38%	25%	20%	18%	13%	0%
	Eval DE	Eval DE	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
45 COMM. ACTION PARTNERSHIP	41%	17%	10%	83%	74%	71%	65%	56%	53%	51%	42%	36%	28%	22%	14%	10%	0%
OF MID NEBRASKA	41/0	17/0	1070	0370	7470	/1/0	0370	3070	3370	31/0	42/0	3070	2070	22/0	14/0	1070	070
	Excl BE	Fxcl RF	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
50 COMM ACTION PARTNERSHIP	59%	22%	11%	82%	73%	66%	63%	55%	52%	47%	38%	32%	22%	14%	8%	12%	0%
OF WESTERN NE																	
	Excl BF	Excl BF	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
65 PEOPLE'S FAMILY HEALTH	71%	19%	9%	81%	69%	62%	57%	49%	47%	39%	35%	31%	25%	23%	12%	7%	0%
SERVICES																	
	-	-	Excl BF	_													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
70 EAST CENTRAL DISTRICT HEALTH DEPT.	47%	10%	4%	72%	57%	52%	47%	42%	41%	37%	32%	22%	15%	14%	6%	5%	0%
DEFT.																	
	Excl RF	Fycl RF	Excl BF	Ever													
Local Agency/Clinic	1 Wk	3 mo	6 mo	BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M	24M
75 WESTERN COMMUNITY HEALTH		25%	11%	76%	69%	68%	68%	62%	62%	61%	55%	45%	23%	24%	21%	26%	0%
RESOURCES																	

My LA Progress for this goal is?

Progress Data July 2017-June 2018

Goal Progress **Exclusive BF**





Locate Your Local Agency Data

Record your 2018 LA progress data on your action plan.

Your previous action plan template looked like this......see next page. Update you data and action steps directly on your previous years action plan. Change the date at the top to FY2018. Type progress notes in the special notes section. Label your progress note "progress 2018".



FY 2018 Action Plan



Joint Breastfeeding Goal:

By October 1st, 2019, the percentage of WIC infants who are exclusively breastfed at 6 months of age, will be greater than or equal to 20%.

Data Source: Journey Breastfeeding Prevalence Report

		% infants ever BF	% infants exclusively BF	% infants exclusively BF	% infants exclusively BF
June 2017		CVCI DI	,	,	at 6 months
June 2018	June 2017				
	June 2018				

Date	% infants	% infants	% infants	% infants
	ever BF	exclusively BF	exclusively BF at	exclusively BF
		at 1 week	3 months	at 6 months
June 2016	78%	46%	17%	9%
(baseline)				
June 2017	80%	44%	16%	9%
June 2018	81%	43%	15%	8%

JOINT STRATEGY #1: Promote and support exclusive breastfeeding for all WIC mothers and their infants.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:

FFY 2019 Action Plan - Nebraska WIC Program - Progress Report

Functional Area II. Nutrition Services

<u>Joint SA/LA Breastfeeding Goal</u>: By October 1st, 2019, the percentage of WIC infants who are exclusively breastfed at 6 months of age, will be greater than or equal to 20%.

STATE PROGRESS DATA

Data Source: Journey Breastfeeding Prevalence Report

Date	% of	% of infants	% of infants	% of infants
	infants	exclusively	exclusively	exclusively
	ever	breastfed at	breastfed at	breastfed at
	breastfed	1 week	3 months	6 months
June 2018	<mark>81%</mark>	<mark>43%</mark>	<mark>15%</mark>	<mark>8%</mark>
June 2017	80%	44%	16%	9%
June 2016	78%	46%	17%	9%
(baseline)				

State Totals		Excl BF 3 mo	Excl BF 6 mo	Ever BF	1Wk	2Wk	3Wk	4Wk	5Wk	6Wk	2M	3M	6M	9M	12M	18M
	43%	15%	8%	81%	68%	64%	60%	54%	52%	48%	42%	36%	25%	20%	20%	11%
	3871	1116	598	14562	6116	5281	4668	3978	3700	3406	2900	2611	1792	1045	851	182

<u>JOINT STRATEGY #1:</u> Promote and support exclusive breastfeeding for all WIC mothers and their infants.

AC	CTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
1.	Coordinate with local agencies to assess their current status in breastfeeding promotion and support, i.e. success of implementation of the NWA Six Steps to Achieve Breastfeeding Goals for WIC Clinics	Narissa Scales	October 2018	
	State and Local agencies will increase presence of positive WIC Breastfeeding messages on social media outlets to provide credible and scientifically sound breastfeeding messages on a platform that is potentially viewed by a large number of WIC participants.	Narissa Scales Breastfeeding Work Group	Ongoing	<u>Progress 2018: There has been</u> one Local Agency that created a breastfeeding Facebook page.
3.	State and local agencies will collaborate with partners in activities that promote and support breastfeeding to ensure breastfeeding messages are consistent and to increase overall support for breastfeeding outside of the WIC environment.	Narissa Scales Breastfeeding Work Group	Ongoing	Progress 2018: Nutr & BF Coord. is now a member and attend meetings for the Douglas County Breastfeeding Coalition
4.	Provide consistent training on motivational interviewing and counseling skills for staff to use when working with providing nutrition education to breastfeeding mothers.	Narissa Scales	April 2017	Progress 2017: Kate Speck presented on motivational interviewing at WIC/CSFP Annual conference in May 2017 Progress 2018: Will hold webinar on VENA and goal setting, which will contain information about motivational interviewing and counseling skills on July 31, 2018.
	Strengthen training plan for ensuring all WIC local agency staff receive competency based breastfeeding training.	Narissa Breastfeeding workgroup	Ongoing	Including continuing education opportunities.
6.	Identify or develop and provide educational materials for LA Staff to use with participants for education, promotion and support of breastfeeding messages.	Narissa Breastfeeding workgroup	Ongoing	Progress 2018: Created and provided education materials to use with participants for education of breastfeeding messages

Exp: State Plan Progress notes are written in the Special Notes Section

This is an example of how we would like you to record and document your progress

4

Nutrition – Baseline Data

Joint Nutrition/Obesity Health Goal:

By Oct 1, 2019 the percentage of WIC children ages 2-5 who are overweight/obese will be less than or equal to 18% (Baseline: 27.2%)



Data Source - Progress:

Journey Query by State Agency (FFY 2017)

- (Risk 114: Overweight Child 2-5)
- (Risk 113: Obese Child 2-5)

2016 Baseline Data

% of Unduplicated Children Age 2 to 5 with Risk Codes: 113 Obese and 114 Overweight OR AT RISK FFY2016 (10/1/2015 - 09/30/2016) by Local Agency

	'Obese - 113 Risk Code' and 'Overweight OR AT RISK - 114 Risk		% of Unduplicated Children Age 2 to 5 with Risk Codes of '113 - Obese ' and '114	
Local Agency Name	Code'	Total Children Age 2 to 5	Overweight OR AT RISK'	
5 - CENTRAL NEBRASKA COMMUNITY ACTION PARTNERSHIP	181	774	23.4%	
0 - DOUGLAS COUNTY HEALTH DEPARTMENT	2,245	8,739	25.7%	
0 - FAMILY HEALTH SERVICES	236	754	31.3%	
26 - FAMILY SERVICE WIC	352	1,543	22.8%	
8 - LINCOLN/LANCASTER COUNTY HEALTH DEPART.	598	2,391	25.0%	
0 - NORTHEAST NE COMMUNITY ACTION PARTNERSHP	710	2,457	28.9%	LA
5 - CENTRAL DISTRICT HEALTH DEPARTMENT	609	1,601	38.0%	BASEL
0 - BLUE VALLEY COMMUNITY ACTION	171	572	29.9%	
5 - COMM. ACTION PARTNERSHIP OF MID NEBRASKA	571	2,119	26.9%	
0 - COMM ACTION PARTNERSHIP OF WESTERN NE	246	775	31.7%	
55 - PEOPLE'S FAMILY HEALTH SERVICES	234	926	25.3%	
70 - EAST CENTRAL DISTRICT HEALTH DEPT.	271	899	30.1%	
75 - WESTERN COMMUNITY HEALTH RESOURCES	84	388	21.6%	
Frand Total	6,508	23,938	27.2%	STATE
				BASELINE

Joint Nutrition/Obesity Goal:

By Oct 1, 2019 the percentage of WIC children ages 2-5 who are overweight/obese will be less than or equal to 18%. 2016 State Baseline 27.2%

2017 Progress Data

% of Unduplicated Children Age 2 to 5 with Risk Codes: 113 Obese and 114 Overweight OR AT RISK FFY2017 (10/1/2016 - 09/30/2017) by Local Agency

	'Obese - 113 Risk Code' and 'Overweight OR AT RISK - 114		% of Unduplicated Children Age 2 to 5 with Risk Codes of '113 - Obese ' and '114 -	
Local Agency Name	Risk Code'	Total Children Age 2 to 5	Overweight OR AT RISK'	
5 - CENTRAL NEBRASKA COMMUNITY ACTION PARTNERSHIP	178	671	26.5%	
10 - DOUGLAS COUNTY HEALTH DEPARTMENT	2,121	9,216	23.0%	
20 - FAMILY HEALTH SERVICES	241	734	32.8%	
26 - FAMILY SERVICE WIC	387	1,352	28.6%	
28 - LINCOLN/LANCASTER COUNTY HEALTH DEPART.	602	2,693	22.4%	
30 - NORTHEAST NE COMMUNITY ACTION PARTNERSHP	677	2,528	26.8%	
35 - CENTRAL DISTRICT HEALTH DEPARTMENT	497	1,742	28.5%	-
40 - BLUE VALLEY COMMUNITY ACTION	162	503	32.2%	LA Pro
45 - COMM. ACTION PARTNERSHIP OF MID NEBRASKA	554	2,138	25.9%	
50 - COMM ACTION PARTNERSHIP OF WESTERN NE	216	780	27.7%	
65 - PEOPLE'S FAMILY HEALTH SERVICES	212	875	24.2%	
70 - EAST CENTRAL DISTRICT HEALTH DEPT.	222	839	26.5%	
75 - WESTERN COMMUNITY HEALTH RESOURCES	115	409	28.1%	
Grand Total	6,184	24,480	25.3%	

State Progress

Joint Nutrition/Obesity Goal:

By Oct 1, 2019 the percentage of WIC children ages 2-5 who are overweight/obese will be less than or equal to 18%. FFY 2016 State Baseline 27.2%; FFY 2017 State Progress 25.3%;

Your Local Agency Data

- Reminder: The Journey risk code report we were initially wanting to use for this goal was not working
- The chart in the slide above is data from a query that Choo ran that we used instead
- Record your LA data on your action plan; the space for the data is slightly different that we first used since we changed the report; update any actions steps and record your progress in the special notes section



Record your LA
data on your
action plan

A Name:	

FY 2018 Action Plan

<u>JOINT NUTRITION/OBESITY GOAL</u>: By October 1st, 2019, the percentage of WIC children ages 2–5 who are overweight/obese will be less than or equal to 18%.

Data Source: Query of Nutrition Risk Report (113 obese, 114 overweight)

LOCAL AGENCY – PROGRESS DATA							
	Children with	Total	Total % of children				
	risk 113, 114	children 2-5	Overweight/Obese risk				
Baseline 2016							
Progress 2017							

STATE – PROGRESS DATA							
	children risk 113, 114	Total children 2-5	Total % of children Overweight/Obese risk				
Baseline 2016	6,508	23,938	27.2%				
Progress 2017	6,184	24,480	<mark>25.3%</mark>				

JOINT STRATEGY #1: Support the role of WIC in preventing childhood overweight and obesity for WIC participants, within the ages of 2-5.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
Evaluation Methods will be:	l		1
Evaluation Michigas Will be.			

Add additional rows as needed

FFY 2019 Action Plan - Nebraska WIC Program - Progress Report

Functional Area II. Nutrition Services

<u>Joint SA/LA Nutrition Goal</u>: By October 1st, 2019, the percentage of WIC children ages 2-5 who are overweight/obese will be less than or equal to 18%.

STATE PROGRESS DATA

Data Source: Journey Query--unduplicated children ages 2-5 with risk codes 113 & 114 during FFY

Date	Children Risk 113, 114	Total Children 2-5 years	% of children with Overweight
			& Obese Risk
2017	<mark>6,184</mark>	<mark>24,480</mark>	<mark>25.3%</mark>
2016 (baseline)	6,508	23,938	27.2%

Needs Assessment:

- According to a WIC system query of assigned nutritional risk criteria, 27.2% of children participating in WIC have the risk for overweight or obese. (Journey Query for FFY2016)
- According to the Centers for Disease Control, in 2011-2012 8.4% of children aged 2-5 had obesity in the United States.
- In the New England Journal of Medicine, a study found that a child who is overweight when entering kindergarten is four times more likely to become obese. Since children are on WIC between the ages of 2-5, we have a great opportunity to ensure that children enter kindergarten at a healthy weight.
- Research has shown that childhood obesity among preschoolers is more prevalent in lower income families (CDC). The 2010 White House
 Task Force on Childhood Obesity Report to the President, outlined several ways WIC can prevent low income children from becoming
 overweight and obese through breastfeeding peer counseling programs, WIC cash vouchers for fruits and vegetables and the WIC farmer's
 market initiative.

Caseload – Baseline Data

Joint Caseload Goal:

By Oct 1, 2019 the average State participation will be increased by 5%.

- 2016 Baseline 37,480
- 2017 Progress 36,841

Data Source:

Nebraska State WIC Participation – Journey Report

- 2016, Oct –Annual Average
- 2017 Oct Annual Average



Caseload Goal:

NEBRASKA STATE WIC PARTICIPATION

Nebraska State	WIC Participation	FY 2018
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	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	45569	43506	43236	40014	39404	39850	36699	37744	36495
Nov	44997	43296	42843	40245	37772	38101	37341	37714	36433
Dec	44413	43359	42724	38159	37874	37439	37822	37463	35910
Jan	44865	43777	43659	40013	39019	38176	38059	37271	35843
Feb	43567	41465	42112	38597	37864	36290	37589	36764	35236
Mar	44996	42192	42153	38493	37232	36108	37609	36663	34921
Apr	44963	41906	42018	39240	38073	36236	37143	36446	34667
May	43377	41905	41916	39819	38513	35189	37148	36195	34578
Jun	44437	43245	41698	39528	38520	36390	37488	36424	34738
Jul	44682	42539	40806	39842	39581	36777	37250	36249	
Aug	45095	44061	41746	40513	39654	37593	37758	36699	
Sep	44494	43677	40040	39480	39008	37855	37857	36463	
Average	44621	42911	42079	39495	38543	37167	37480	36841	

Joint Caseload Goal:

By Oct 1, 2019 the average State participation will be increased by 5%. (2016 annual average: 37,480); (2017 progress 36,841) (2018 not a full year so we will not report)

Progr Caseload Goa

005 Central Nebraska Community Action Partnership WICParticipation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	1637	1508	1473	1332	1226	1227	1060	950	960
Nov	1628	1516	1460	1314	1229	1215	1047	950	962
Dec	1664	1491	1446	1297	1228	1136	1031	949	959
Jan	1662	1518	1445	1266	1221	1123	1028	943	965
Feb	1640	1494	1396	1223	1213	1089	1052	943	977
Mar	1593	1487	1433	1215	1195	1073	1050	941	957
Apr	1592	1469	1438	1224	1179	1087	1018	939	951
May	1595	1455	1367	1215	1202	1088	1011	943	944
Jun	1578	1454	1334	1229	1206	1070	977	929	961
Jul	1533	1425	1381	1208	1217	1042	971	912	
Aug	1535	1458	1343	1248	1216	1073	970	931	
Sep	1537	1451	1304	1247	1223	1078	973	957	
Average	1600	1477	1402	1252	1213	1108	1016	941	960

baseline

010 Douglas County Health Department **WIC Participation**

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	16532	15879	15865	14588	14960	15322	13921	14479	14003
Nov	15969	15845	15744	14823	14236	14558	14526	14623	14067
Dec	15976	15930	15790	13896	14336	14265	14377	14484	13819
Jan	15858	16069	16145	14539	14814	14503	14190	14502	13765
Feb	15471	15122	15544	14102	14450	13762	14037	14413	13453
Mar	16463	15675	15603	14191	14106	13814	14034	14449	13289
Apr	16468	15440	15722	14636	14658	14058	13909	14329	13237
May	15915	15374	15657	15157	14609	13473	14043	14208	13359
Jun	16429	16051	15527	15038	14621	13831	14144	14237	13393
Jul	16432	15796	15021	15157	15053	13930	14054	14077	
Aug	16471	16175	15444	15363	14942	13000	14284	14158	
Sep	16274	15993	14431	14841	14981	13337	14466	13979	
Average	16188	15779	15541	14694	14647	13988	14165	14328	13598

020 Family Health Services WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	1660	1593	1652	1444	1322	1242	1185	1079	1051
Nov	1651	1601	1687	1445	1299	1236	1158	1062	1039
Dec	1635	1599	1663	1393	1267	1196	1141	1013	1028
Jan	1635	1615	1665	1408	1239	1176	1152	996	1031
Feb	1554	1576	1611	1377	1233	1166	1101	1009	1012
Mar	1544	1503	1595	1367	1192	1104	1047	978	1009
Apr	1546	1515	1550	1365	1185	1090	997	996	983
May	1548	1564	1464	1365	1195	1105	998	983	932
Jun	1551	1602	1441	1335	1233	1074	1028	1012	966
Jul	1541	1597	1453	1350	1196	1017	1038	1016	
Aug	1556	1584	1476	1412	1244	996	1066	1018	
Sep	1566	1665	1470	1393	1192	1072	1073	1035	
Average	1582	1585	1561	1388	1233	1123	1082	1016	1006
	-				-	-	baseline	progr	

progress

30 - Northeast Nebraska Community Action Partnership WIC Participation

	2011	2012	2013	2014	2015	2016	2017	2018	
Oct	3421	3318	4393	4173	4093	3608	3748	3641	
Nov	3313	3290	4381	3934	3979	3691	3752	3636	
Dec	3325	3196	4169	3857	3877	3898	3765	3646	
Jan	3346	3281	4371	4016	3973	3978	3752	3657	
Feb	3219	3222	4272	4004	3852	3913	3685	3549	
Mar	3205	3221	4276	4036	3879	3933	3668	3538	
Apr	3245	3188	4248	4019	3868	3831	3633	3479	
May	3291	3113	4179	4096	3790	3781	3614	3501	
Jun	3283	4744	4247	4030	3836	3795	3558	3511	
Jul	3262	4548	4187	4035	3850	3788	3582		
Aug	3275	4491	4273	4126	3788	3765	3599		
Sep	3287	4461	4270	4046	3688	3760	3624		
Average	3289	3673	4272	4031	3873	3812	3665	3573	

baseline

20

Progr **Caseload Goa** gency

035 Central District Health Department WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	2731	2628	2704	2311	2511	2571	2198	2590	2456
Nov	2708	2623	2662	2318	2376	2396	2320	2579	2464
Dec	2690	2608	2626	2181	2482	2446	2588	2536	2414
Jan	2701	2653	2683	2457	2608	2534	2568	2535	2438
Feb	2650	2545	2590	2341	2408	2270	2526	2497	2385
Mar	2705	2567	2572	2337	2370	2352	2587	2423	2398
Apr	2698	2573	2505	2440	2432	2329	2562	2401	2371
May	2596	2558	2522	2408	2448	2270	2571	2362	2337
Jun	2662	2618	2485	2364	2466	2324	2642	2427	2328
Jul	2687	2573	2473	2347	2543	2451	2606	2434	
Aug	2718	2701	2482	2359	2498	2421	2641	2455	
Sep	2686	2692	2336	2402	2571	2329	2625	2462	
Average	2686	2612	2553	2355	2476	2391	2536	2475	2399
			-						

040 Blue Valley Community Action Partnership WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	1191	1128	960	944	891	843	886	729	770
Nov	1178	1095	944	941	912	841	871	719	775
Dec	1098	1125	942	961	879	848	840	722	795
Jan	1126	1095	946	977	901	858	839	721	790
Feb	1153	993	943	994	889	846	838	753	787
Mar	1101	972	917	973	845	805	823	747	792
Apr	1135	926	887	911	877	795	801	741	788
May	1063	929	884	954	859	783	802	733	787
Jun	1075	943	977	948	861	806	797	734	777
Jul	1152	929	971	929	906	853	789	751	
Aug	1108	962	971	903	895	851	771	766	
Sep	1116	954	934	974	864	891	738	791	
Average	1125	1004	940	951	882	835	816	742	785

progress

045 Community Action Partnership of Mid Nebraska WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018	
Oct	3902	3777	3651	3344	3391	3357	3259	3405	3244	
Nov	3925	3625	3684	3355	3313	3344	3142	3372	3240	
Dec	3804	3556	3585	3242	3248	3248	3155	3348	3194	
Jan	3895	3637	3611	3358	3348	3276	3429	3317	3165	
Feb	3794	3504	3557	3254	3246	3211	3383	3343	3117	
Mar	3828	3465	3556	3253	3117	3129	3349	3310	3077	
Apr	3810	3489	3463	3253	3208	3162	3361	3271	3064	
May	3731	3586	3443	3458	3372	3165	3293	3242	2960	
Jun	3696	3703	3513	3452	3393	3332	3363	3219	3012	
Jul	3714	3703	3425	3531	3431	3314	3339	3140		
Aug	3798	3750	3559	3393	3474	3293	3372	3304		
Sep	3818	3697	3433	3349	3321	3265	3397	3229		
Average	3810	3624	3540	3354	3322	3258	3320	3292	3119	

050 Community Action Partnership of Western Nebraska WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018	
Oct	1724	1551	1581	1412	1338	1253	1186	1234	1286	
Nov	1751	1552	1544	1378	1231	1210	1274	1228	1263	
Dec	1769	1612	1473	1344	1246	1235	1299	1267	1215	
Jan	1799	1615	1504	1399	1322	1238	1284	1289	1249	
Feb	1706	1545	1471	1338	1298	1152	1276	1247	1230	
Mar	1784	1551	1493	1288	1240	1174	1266	1264	1201	
Apr	1714	1508	1406	1340	1272	1190	1242	1240	1196	
May	1598	1536	1407	1355	1285	1114	1231	1235	1209	
Jun	1681	1614	1383	1302	1267	1152	1223	1229	1198	
Jul	1635	1541	1365	1350	1313	1139	1214	1267		
Aug	1649	1575	1381	1350	1291	1133	1234	1245		
Sep	1624	1587	1354	1358	1260	1156	1205	1272		
Average	1703	1566	1447	1351	1280	1179	1245	1251	1227	

baseline

SS Progres Caseload Goal Agency

065 Peoples Family Health Services WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	1929	1645	1560	1505	1518	1534	1397	1417	1350
Nov	1948	1647	1529	1470	1468	1473	1363	1397	1348
Dec	1847	1536	1584	1376	1420	1429	1422	1382	1306
Jan	1929	1606	1640	1489	1486	1434	1393	1377	1287
Feb	1832	1536	1637	1459	1448	1375	1348	1375	1263
Mar	1798	1592	1566	1418	1417	1330	1372	1330	1263
Apr	1839	1553	1592	1467	1421	1344	1382	1345	1263
May	1774	1508	1613	1456	1487	1323	1422	1331	1249
Jun	1771	1509	1586	1483	1459	1335	1443	1371	1271
Jul	1769	1500	1535	1521	1498	1376	1435	1369	
Aug	1732	1520	1503	1547	1482	1353	1421	1377	
Sep	1737	1538	1475	1539	1502	1376	1415	1365	
Averag									
e	1825	1558	1568	1478	1467	1390	1401	1.370	1289
							baseline	progres	S

070 East Central District Health Department	WIC
Participation	

			Pa	articipa	ition				
	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	1623	1584	1641	1489	1431	1400	1388	1286	1124
Nov	1559	1520	1551	1554	1479	1362	1300	1273	1114
Dec	1610	1558	1624	1455	1453	1300	1420	1255	1086
Jan	1623	1509	1678	1492	1504	1329	1438	1224	1064
Feb	1623	1444	1609	1472	1490	1328	1399	1143	1040
Mar	1566	1454	1642	1439	1468	1274	1399	1160	1020
Apr	1546	1532	1632	1512	1444	1308	1376	1140	1009
May	1583	1545	1578	1493	1473	1280	1373	1148	991
Jun	1525	1519	1591	1522	1452	1286	1358	1177	1009
Jul	1535	1536	1555	1509	1439	1305	1338	1177	
Aug	1568	1623	1576	1532	1420	1357	1347	1160	
Sep	1586	1632	1566	1581	1393	1351	1332	1130	
Averag									
e	1579	1538	1604	1504	1454	1323	1372	1189	1051

progress baseline

075 Western Community Health Resources WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	672	605	589	607	594	610	499	526	562
Nov	698	633	630	631	547	565	562	550	570
Dec	689	624	613	564	523	583	564	543	566
Jan	711	651	609	620	547	583	550	552	538
Feb	675	606	589	608	511	560	543	533	543
Mar	695	643	595	601	557	541	548	552	527
Apr	637	608	585	617	567	540	554	579	514
May	588	600	599	595	576	544	551	557	502
Jun	634	595	610	615	569	556	563	562	500
Jul	645	565	604	613	609	557	542	541	
Aug	671	627	632	632	610	531	539	569	
Sep	635	596	621	602	582	496	519	564	
	222	0.40		000					
Average	663	613	606	609	566	556	545	552	536

260 Family Service **WIC Participation**

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	2894	2670	2731	2795	2513	2443	2399	2204	1992
Nov	2905	2761	2679	2781	2430	2303	2385	2164	2003
Dec	2848	2797	2705	2641	2436	2283	2369	2124	1983
Jan	3034	2942	2972	2829	2565	2392	2388	2067	1997
Feb	2718	2651	2697	2534	2430	2156	2371	1959	1970
Mar	2771	2661	2721	2489	2384	2157	2303	1953	1971
Apr	2781	2661	2668	2489	2398	2183	2276	1938	1977
May	2647	2619	2709	2485	2358	2171	2226	1970	1941
Jun	2733	2647	2732	2471	2342	2474	2258	2008	1891
Jul	2768	2608	2739	2558	2522	2269	2247	2026	
Aug	3041	3078	3001	2914	2650	2174	2266	2046	
Sep	2716	2679	2798	2492	2381	1799	2215	1993	
Average	2821	2731	2763	2623	2451	2234	2309	2038	1969

baseline

progress

Data Local Agency Progress Caseload Goal:

280	280 Lincoln Lancaster County Health Department WIC Participation												
	2010	2011	2012	2013	2014	2015	2016	2017	2018				
Oct	3749	3764	3782	3850	3536	3955	3713	4097	4056				
Nov	3763	3867	3688	3854	3316	3619	3702	4045	3952				
Dec	3582	3890	3713	3640	3498	3593	3718	4075	3899				
Jan	3594	3802	3737	3808	3448	3757	3822	3996	3897				
Feb	3493	3593	3481	3623	3242	3522	3802	3864	3910				
Mar	3840	3769	3470	3646	3304	3476	3898	3888	3879				
Apr	3917	3742	3671	3738	3413	3280	3834	3891	3835				
May	3548	3685	3892	3698	3553	3043	3846	3869	3866				
Jun	3871	4013	3775	3522	3621	3307	3897	3961	3921				
Jul	4049	3850	3735	3582	3819	3670	3889	3957					
Aug	3978	4019	3907	3587	3806	3700	4082	4071					
Sep	3972	4081	3857	3481	3772	3653	4139	4062					
Average	3780	3840	3726	3669	3527	3548	3862	3981	3913				

baseline

progress

Progre Caseload Goal gency

010 Douglas County Health Department WIC Participation

	2010	2011	2012	2013	2014	2015	2016	2017	2018
Oct	16532	15879	15865	14588	14960	15322	13921	14479	14003
Nov	15969	15845	15744	14823	14236	14558	14526	14623	14067
Dec	15976	15930	15790	13896	14336	14265	14377	14484	13819
Jan	15858	16069	16145	14539	14814	14503	14190	14502	13765
Feb	15471	15122	15544	14102	14450	13762	14037	14413	13453
Mar	16463	15675	15603	14191	14106	13814	14034	14449	13289
Apr	16468	15440	15722	14636	14658	14058	13909	14329	13237
May	15915	15374	15657	15157	14609	13473	14043	14208	13359
Jun	16429	16051	15527	15038	14621	13831	14144	14237	13393
Jul	16432	15796	15021	15157	15053	13930	14054	14077	
Aug	16471	16175	15444	15363	14942	13000	14284	14158	
Sep	16274	15993	14431	14841	14981	13337	14466	13979	
Average	16188	15779	15541	14694	14647	13988	14165	14328	13598
							basalina		

progress

10 - 101 Midtowne

	2016	2017	2018
Oct	3855	3830	3740
Nov	4050	3832	3726
Dec	4027	3758	3744
Jan	3970	3799	3747
Feb	3896	3802	3674
Mar	3883	3760	3598
Apr	3769	3749	3615
May	3794	3690	3691
Jun	3797	3750	
Jul	3744	3773	
Aug	3796	3742	
Sep	3867	3712	
Average	3871	3766	3692

baseline progress

Charles Drew

	2016	2017	2018
Oct	2638	2792	2587
Nov	2748	2821	2617
Dec	2713	2790	2526
Jan	2697	2769	2511
Feb	2691	2698	2432
Mar	2719	2698	2448
Apr	2677	2704	2489
May	2698	2677	2528
Jun	2662	2641	2556
Jul	2693	2575	
Aug	2773	2618	
Sep	2811	2565	
Average	2710	2696	2522

baseline progress

10 - 333 One World WIC

	2015	2016	2017	2018
Oct		4057	4506	4529
Nov		4232	4635	4564
Dec		4237	4659	4433
Jan		4196	4657	4413
Feb		4182	4681	4293
Mar		4186	4724	4177
Apr		4133	4674	4106
May		4205	4673	4101
Jun		4305	4642	4140
Jul		4303	4587	
Aug	3656	4425	4562	
Sep	3759	4467	4507	
Average	3708	4244	4626	4306

baseline

progress

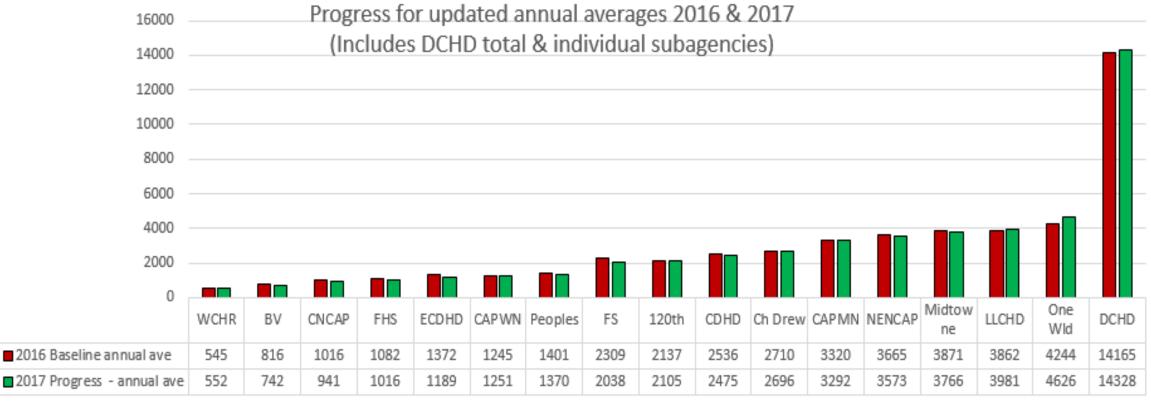
10 - 135 - 120th & Dodge

	2016	2017	2018
Oct	2182	2136	2116
Nov	2248	2142	2104
Dec	2190	2091	2082
Jan	2141	2083	2045
Feb	2085	2075	2024
Mar	2089	2104	2063
Apr	2082	2080	2024
May	2093	2066	2037
Jun	2124	2115	2098
Jul	2122	2066	
Aug	2150	2151	
Sep	2134	2145	
Average	2137	2105	2066

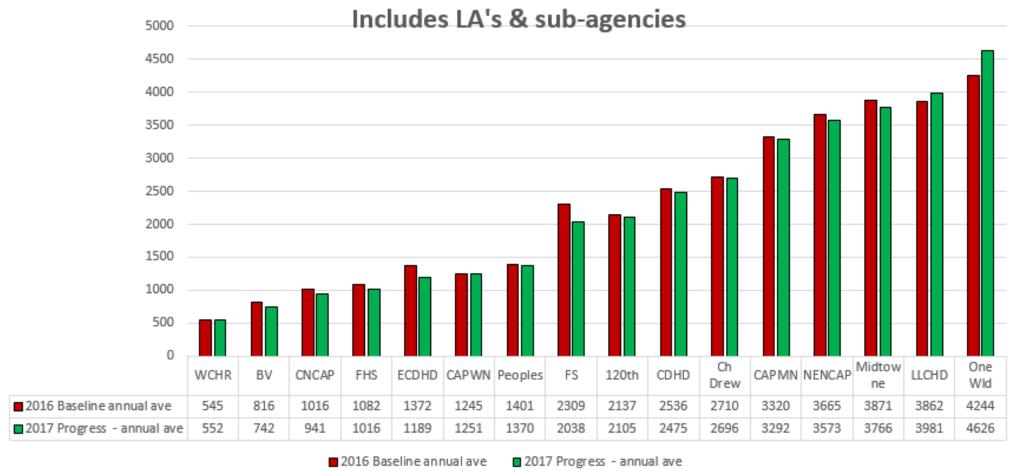
baseline

progress

Caseload Goal Data: State WIC participation by LA Showing



Goal Data: State WIC Participation by Local Agency Showing Progress Updated Annual Averages 2016 & 2017



Locate Your Local Agency Data

- Update your LA baseline figure on your action plan and your 2017 annual average data
- Update any action steps as needed
- Record progress in special notes section



LA Name:	FY 2019 Action Plan
JOINT CASELOAD GOAL: By October 1, 201	9 the average State participation will be increased by 5%.
Data Source: Journey participation with Ber	nefits Report



CASELOAD GOAL

LA AGENCY DATA

Average Participation				
<mark>2016</mark>				
<mark>2017</mark>				

STATE DATA			
	Average Participation		
2016 baseline	<mark>37,433</mark>		
2017	36,841		

JOINT STRATEGY #1: Participate in the National WIC Association (NWA) media campaign statewide.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
Evaluation Methods will be:	I		

Add additional rows as needed

Locate your action plan and update your data and action steps. The template looked like this....

FFY 2019 Action Plan – Nebraska WIC Program—Progress Report

Functional Area VII. Caseload Management

Joint SA/LA Caseload Management Goal: By October 1, 2019 the average State participation will be increased by 5%.

Data Source: Journey Participation with Benefits Report

STATE PROGRESS DATA				
Year	Average Participation			
2017	<mark>36,841</mark>			
2016	37,480			

Needs Assessment:

- Demographics and reach: Total participation has been on a downward trend for several years. Nebraska (2012 42,079; 2013 39,495; 2014 38,543; 2015 -37,167). There was a slight increase in 2016 but 2017 was down 1.7% to 36,841. So far in 2018 the monthly average is 35,425, down by 3.85%.
- Average WIC Enrollment has also decreased from 49,027 in 2012 to 45,305 in 2016. 2017 continued to decrease to a monthly average of 43,171. So far in 2018 enrollment is down to 40,618 (6% decline).
- No major difference between Nebraska and the U.S.
- The trend is driven by multiple factors, such as child participation, lower birthrate, and number of immigrant populations seeking services.
- WIC Moms have lower education levels than the general US population. Thus, outreach and education need to consider this.
- Nebraska WIC serves a greater percentage of Medicaid participants than the U.S.
- The current child bearing age women are media savvy and need different outreach techniques.

JOINT STRATEGY #1: Participate in the National WIC Association (NWA) media campaign statewide.

ACTIO	ON STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
	Develop a WIC Outreach workgroup including state staff and local agency staff. Continue to meet during the year. This group helps provide input from several levels of WIC services with Local Agency Clerks, LA Directors, LA Vendor Manager, as well as state staff.	State Administrative Operations/Outreach Coordinator	Fall 2017 Spring 2018	Progress 2017: Met twice in FY 17. Will meet quarterly in FY 18. Progress 2018: One conference call was held and one face to face meeting is scheduled.
2.	Review NWA Outreach media campaign materials. Determine which parts of the NWA media campaign to use in the various parts of Nebraska. Continue to select areas of the campaign to use as we continue.	State Outreach Coordinator and Outreach workgroup	Fall 2017 Spring 2018	Progress 2017: On going. Selected state logo, developed outreach brochure, Progress 2018: Several local agencies have used the NWA logo and design in their clinics.
2.	Prepare webinar for Local Agency WIC Directors. Determine when next webinar is needed. This helps keep all agencies on the same page in regards to using campaign materials. It also give local agencies ideas to try in their own area.	State Outreach Coordinator and Outreach workgroup	December 2017	Progress 2017: Presented intro to campaign on 3/31/17. Discussed new brochure on 6/30/17 webinar. Progress 2018: Discussed Outreach ideas at WIC Directors (NeWA) meeting.
3.	Review their findings and tailor selected materials to Nebraska needs. Prepare order for new outdoor signage for clinics.	State Outreach Coordinator and Outreach workgroup	January 2017 Fall 2017	Progress 2017: Completed Outreach Brochure using new materials. Progress 2018: Revised Outreach Brochure with new income guidelines June 2018.
4.	Start Media Campaign Statewide. Continue Campaign with outreach to physicians serving WIC participants. Physician pamphlets from NWA will be sent to area clinics. Materials are consistent with the new logo and format that the Outreach Brochure contains.	State Staff, Outreach workgroup, Local Agencies involved	October 2017	Progress 2017: Nebraska DHHS is using new materials on their facebook page. Outreach brochures sent to LA July 1, 2017. Ran quarterly reports on referrals.

State Action Plan
Example showing how to record your progress in the special notes field.

Diversity – Baseline Data

Joint Diversity Goal:

By Oct 1, 2019 WIC agencies will demonstrate an increased capacity in delivering culturally competent WIC services as measured through an evidenced based assessment tool.

Data Source – 3 assessment tools

- Clinic Services Assessment Tool
- Agency Assessment Tool
- **Staff Perception Tool**

See power point from Marge that was handed out at WIC Dir meeting



2019 Action Plan



<u>Joint Diversity Goal</u>: By October 1, 2019 WIC agencies will demonstrate an increased capacity in delivering culturally competent WIC services as measured through an evidence based assessment tool.

Data Source: Use of an evidence based assessment tool.

JOINT STRATEGY #1: Identify and implement an evidence based tool to assess culturally competent WIC services.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:	
Evaluation Methods will be:				

Add additional lines as needed

Review the powerpoint summary of info provided from the 3 assessment tools as a resource when making your action steps.

FFY 2019 Action Plan - Nebraska WIC Program—Progress Report

Functional Area VII. Caseload Management

<u>Joint SA/LA Diversity Goal</u>: By October 1, 2019 WIC agencies will demonstrate an increased capacity in delivering culturally competent WIC services as measured through an evidence based assessment tool.

Data Source: Use of an evidence based assessment tool.

Needs Assessment:

- · WIC client makeup has become increasingly more diverse.
- Lack of translation services and interpreters for newly arrived refugees creates barriers to services.
- Clinics and the clients they serve are very diverse (rural/urban, immigrants/farm families, teens/grandparents, English/multiple languages)
- Nebraska has seen an influx of migrants and refugees in the last 10 years.
- In 2014 56% of WIC clients in Nebraska identified with a race other than White.
- In June 2018 37% of WIC clients in Nebraska identified as Hispanic.
- In June 2018 26.5% of WIC clients in Nebraska identified with a race other than White.
- In 2018 34% of WIC clients spoke a language other than English. Most common languages spoken were: Spanish 24%; Karen 2.3%; Arabic 1.7%; Somali 1.3%; Kurdish 1%.

JOINT STRATEGY #1: Identify and implement an evidence based tool to assess culturally competent WIC services.

ACTION STEPS: (what & why)	w но:	WHEN:	SPECIAL NOTES:
Convene a workgroup made up of state and local agency staff to identify a measurement tool.	Marge and Liz	August 2016	Progress 2017: Workgroup met to select assessment tools to complete staff and Agency assessments Progress 2018: Completed
2. Workgroup will develop criteria to use to select a tool	Marge, Liz, Workgroup	October 2016	Consider purpose of tool, ease of data collection and reports produced.

Mental Health – Baseline Data



Joint Mental Health Goal:

By Oct 1, 2019 increase the *number* of mental health referrals by 25%

Data Source:

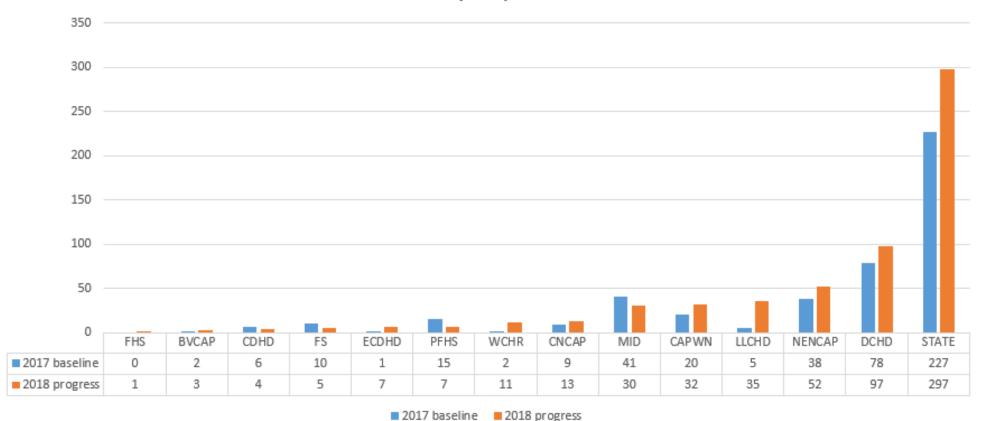
New Journey Referral Summary Report —newly created referral code referring to mental HCP

State Baseline: 227 – June 1, 2016 – June 30, 2017

State Progress: 297 - June 1, 2017 - June 30, 2018



Mental Health Goal - Baseline Data # of referrals to Mental Health Provider - By Local Agency Referral Summary Report 2017 & 2018



Your Local Agency Data

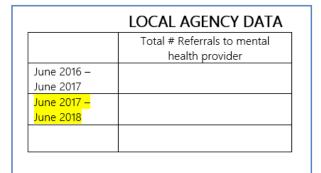
- Review your data on the slide above
- Record your LA progress data onto your previous action plan
- Update any action steps as needed
- Record progress in special notes section



FY 2019 Action Plan

Mental Health Joint Goal: By October 1, 2019, increase the percentage of mental health referrals by 25%.

Data Source: Journey referral summary report using newly created referral code



STATE DATA			
	Total # Referrals to mental health provider		
June 2016 – June 2017	227		
June 2017 – June 2018	<mark>297</mark>		

JOINT STRATEGY #1: Implement a maternal mental health screening, referral and education policy/process.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
EVALUATION METHODS:			

Add additional rows as needed

Exp: Here is the State's Progress Data

FY 2019 Action Plan - Nebraska WIC Program—Progress Report

Functional Area VIII. Certification, Eligibility and Coordination.

Joint SA/LA Goal: By October 1, 2019, increase the number of mental health referrals by 25%.

Date	Total # Of Referrals
	To Mental Health
	Provider
June 2017 - June 2018	
Julie 2017 Julie 2010	<mark>297</mark>
June 2016 - June 2017	227

Needs Assessment:

- According to WIC system reports of assigned nutritional risk criteria, 6%, 8% and 11.7% of pregnant, breastfeeding and not breastfeeding women participating in WIC, respectively, have the risk for diagnosed depression. (Journey, June 2018)
- Nebraska Pregnancy Risk Assessment Monitoring System (PRAMS) information sheet:
 - o 2011 PRAMS data shows that 1 out of 10 Nebraska mothers report depression or sadness.
 - o Nationwide Post Partum Depression is estimated to occur among 10-15% of mothers who have recently given birth.
 - o Research shows that the experience of mental illness in the household may effect a child's brain development.
 - "Mothers with PPD are less likely to engage in healthy parenting behaviors, compromising mother-infant bonding and attachment.
 In extreme cases, mothers have harmed themselves or their babies."
 - "All new mothers should be screened for PPD. However, some Nebraska mothers are particularly 'at risk' for PPD: teens, those with fewer years of education, those who experienced stressful life events, racial/ethnic minorities, uninsured, insured by Medicaid, WIC recipients, those living in poverty, tobacco users"

JOINT STRATEGY #1: Implement a maternal mental health screening tool, referral and education policy/process.

ACTION STEPS: (what & why)	WHO:	WHEN:	SPECIAL NOTES:
Create a work group to select a maternal mental health screening tool.	Narissa	Oct 2017	 Progress 2018: Created maternal mental health

ACTION STEPS: (what & why)	w но:	WHEN:	SPECIAL NOTES:
			workgroup with two behavioral health therapist, Marge Blankenship (NE WIC Program), one urban and one rural Local WIC agency.
Research and select appropriate evidence based maternal mental health screening tool.	Workgroup	Jan 2018-July 2018	Progress 2018: Through research and discussions within the workgroup, we decided to pilot the PHQ 4, which has been validated in a WIC population.
Pilot use of mental health screening tool as part of the WIC assessment.	Selected LA's	March 2019- July 2019	
Support Local agencies in the creating/updating of a referral list dedicated to mental health agencies in the community.	Workgroup	Ongoing	<u>Progress 2017</u> : Susan consistently updates this list as LAs send her information.
Create referral codes for mental health to provide baseline referral percentages.	State WIC Staff	Oct 2016	2017: Complete
 Investigate how to utilize Journey to help determine the percentage of women who receive a mental health referral. The referral will be based on the finding of mental health symptoms after completion of the piloted maternal mental health screening tool. 	State WIC Staff	March 2019	Julieann, Choo, Narissa
Offer annual training opportunities covering general mental health issues for women.	State Staff	Feb 2019- Sept 2019	Provide webinars that focus on maternal mental health
EVALUATION	1		

Referral reports for women with assigned risk for depression to determine the percentage of these women who receive a referral.

State Action Plan
Example of a page
showing how to record
your progress in the
special notes field.