

Nebraska Women's Health Profile

The following charts are from the [U.S. Dept. of Women's Health](#) and the [NE Office of Health Disparities](#) and include a selection of the most recent data sets on demographics, mortality, breast cancer and behavioral risk factors. The data comes from multiple sources, including [NE DHHS Vital Statistics](#), the [Centers for Disease Control and Prevention \(CDC\)](#), and the [U.S. Census Bureau](#).



Nebraska - Women's and Girls' Health



Population in Nebraska

Total state female population*: 956,445

| Racial Distributions of female Residents | Black, non-Hispanic | White, non-Hispanic | American Indian or Alaska Native | Asian or Pacific Islander | Hispanic |
|--|---------------------|---------------------|----------------------------------|---------------------------|----------|
| Population | 46,075 | 850,971 | 13,617 | 24,248 | 97,335 |

Sources: 2016, U.S. Census Bureau and NCHS. *Racial/ethnic groups may not sum to total because American Indian/Alaska Native and Asian/Pacific Islander groups include both Hispanic and non-Hispanic females.



Mortality

| Cause of Death | Age-Adjusted Death Rates (per 100,000 women) |
|---|--|
| Malignant neoplasm | 136.2 |
| Heart Disease | 122.1 |
| Chronic lower respiratory diseases | 45.0 |
| Cerebrovascular diseases | 32.1 |
| Alzheimer's disease | 28.1 |
| Accidents (unintentional injury) | 25.6 |
| Diabetes mellitus | 21.3 |
| Influenza and pneumonia | 15.3 |
| Nephritis, nephrotic syndrome and nephrosis | 9.1 |
| Intentional self-harm (suicide) | 4.9 |

Source: 2015, NCHS National Vital Statistics System

Age-adjusted death rates are weighted averages of the age-specific death rates, where the weights represent a fixed population by age.



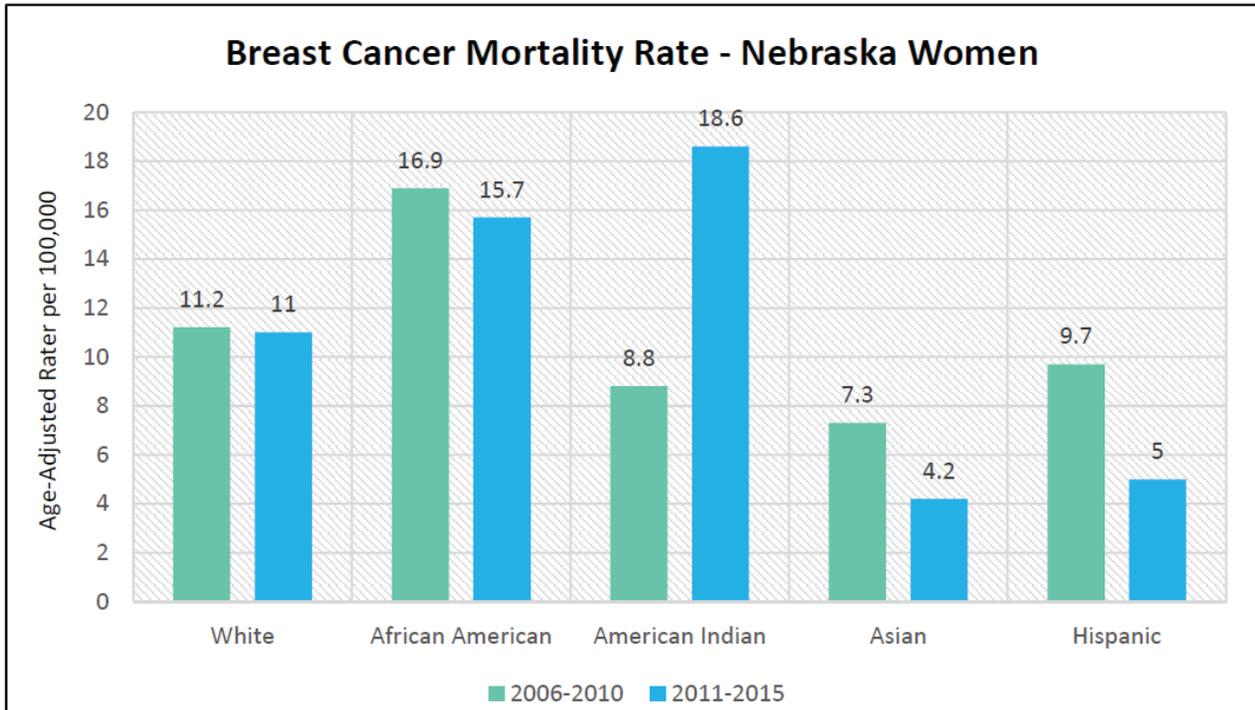
Cancer Statistics

| Cancer Site | Incidence Crude Rates (per 100,000 women) | Mortality Crude Rates (per 100,000 women) |
|----------------------|---|---|
| Breast | 145.0 | 26.6 |
| Lung and Bronchus | 58.6 | 40.2 |
| Colon and Rectum | 43.6 | 17.4 |
| Melanoma of the Skin | 24.6 | Unreliable |
| Cervix | 8.5 | 2.6 |
| Ovary | 13.8 | 8.3 |
| Uterus | 30.9 | 3.0 |

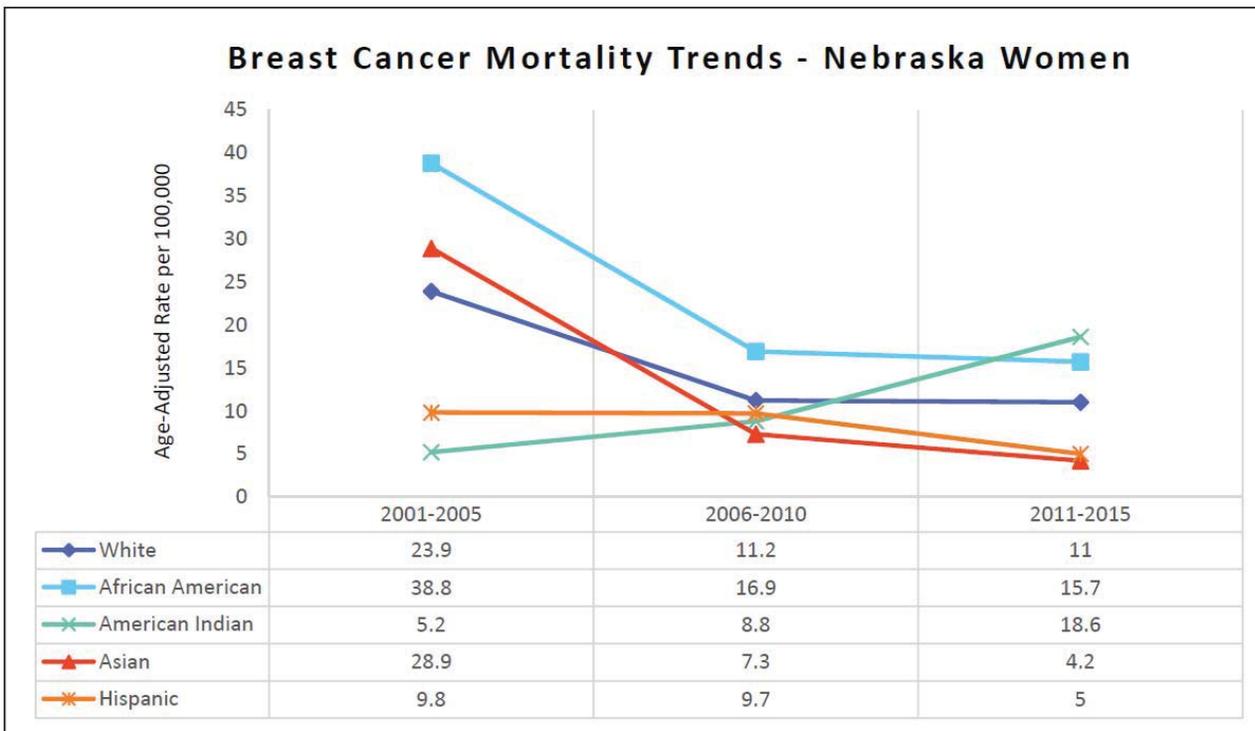
Sources: 2014, NPCR Cancer Statistics

Breast Cancer Profile - Health Disparities

Breast cancer among American Indian women increased by a rate of 9.8 per 100,000 women between 2010 and 2015, according to [NE DHHS Vital Statistics](#). American Indian women are twice as likely to die from breast cancer as their white peers. Breast Cancer rates decreased significantly in Asian and Hispanic women and showed improvement among African American women, but rates essentially stayed the same for white women.



SOURCE: Nebraska DHHS Vital Statistics Death Certificates, 2006 - 2015





Behavioral Risk Factors - Nebraska Women

| Survey Question | Percentage (Women) |
|---|--------------------|
| Obese (Body Mass Index 30.0 - 99.8) | 29.8% |
| Adults who are current smokers | 15.8% |
| Women who are heavy drinkers (having more than 7 drinks per week) | 4.6% |
| Participated in 150 minutes or more of Aerobic Physical Activity per week | 51.4% |

Source: 2015, CDC BRFSS



Teen Health - Nebraska Girls

| Survey Question | Percentage (Girls) |
|--|--------------------|
| Currently use alcohol | 27.2% |
| Currently use cigarettes | 7.0% |
| Currently used electronic vapor products | 34.2% |
| Currently use marijuana | 13.0% |
| Currently sexually active | 20.8% |
| Attempted suicide | 9.8% |
| Overweight | 17.5% |
| Obese | 12.1% |

Sources: 2017, YRBS

Nearly 10% of NE teen girls attempted suicide in 2017, which is a 2.2% increase since 2013. The NE percentage is slightly higher than the overall percent for teen girls in the US, which was 9.4% in 2017. Another concerning behavioral risk factor among NE youth is that 27.2% of teen girls report drinking alcohol on a regular basis, according to the Youth Risk Behavior Survey (YRBS).



Sexually Transmitted Infections

| Disease | Total Rates (per 100,000 women) |
|--------------------------------|---------------------------------|
| Chlamydia | 572.6 |
| Gonorrhea | 92.1 |
| Primary and Secondary Syphilis | Suppressed |
| Early Latent Syphilis | Not applicable |

Source: 2015, Estimated Data from the CDC NCHHSTP Atlas



HIV/AIDS

| Indicator | Total Rates (per 100,000 women) |
|------------------|---------------------------------|
| AIDS Diagnoses | 1.7 |
| AIDS Deaths* | 0.3 |
| AIDS Prevalence* | 29.8 |
| HIV Diagnoses | 1.5 |
| HIV Deaths* | 0.4 |
| HIV Prevalence* | 60.1 |

Source: 2015, Estimated Data from the CDC NCHHSTP Atlas, *2014