Smokeless tobacco is associated with many health conditions. Using smokeless tobacco can lead to nicotine addiction; cancers of the mouth, esophagus and pancreas; and is associated with diseases of the mouth.\(^1\) According to the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), 5.3% of adults — or nearly 77,000 people — use smokeless tobacco in Nebraska.

This map shows the prevalence of smokeless tobacco use in each of Nebraska’s Health Districts. In general, smokeless tobacco use is higher in Western districts. Nationally rural areas have a higher rate of smokeless tobacco use than populations in urban cities.


\(^2\) Nebraska BRFSS, 2017