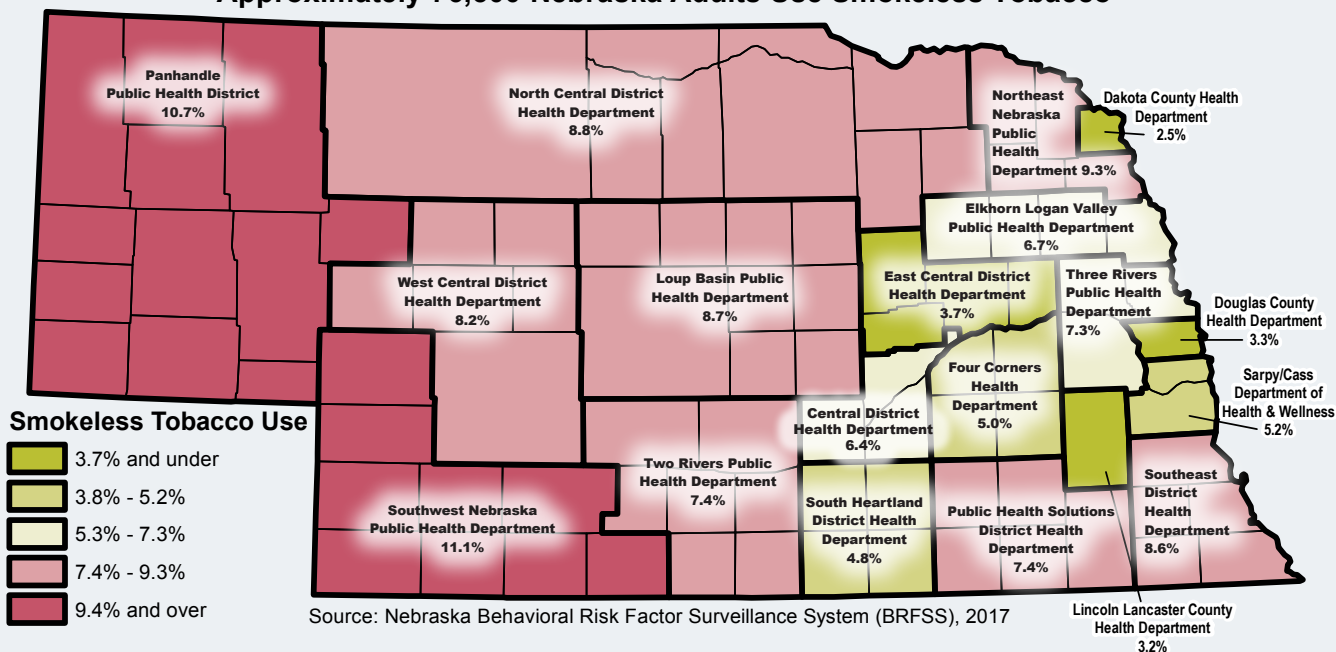


# 2017: ADULT SMOKELESS TOBACCO PREVALENCE

2017 Statewide Adult Smokeless Tobacco Prevalence = 5.3%  
Approximately 76,500 Nebraska Adults Use Smokeless Tobacco



**S**mokeless tobacco is associated with many health conditions. Using smokeless tobacco can lead to nicotine addiction; cancers of the mouth, esophagus and pancreas; and is associated with diseases of the mouth.<sup>1</sup> According to the Nebraska Behavioral Risk Factor Surveillance System (BRFSS), 5.3% of adults — or nearly 77,000 people — use smokeless tobacco in Nebraska.

This map shows the prevalence of smokeless tobacco use in each of Nebraska's Health Districts. In general, smokeless tobacco use is higher in Western districts. Nationally rural areas have a higher rate of smokeless tobacco use than populations in urban cities.

<sup>1</sup> U.S. Department of Health and Human Services. *The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General*. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014.

<sup>2</sup> Nebraska BRFSS, 2017