



NEBRASKA TOBACCO QUITLINE

Fax Referral Program

The time you invest helping patients quit tobacco could add years to their lives.

The Nebraska Tobacco Quitline offers a Fax Referral program to assist you in supporting tobacco cessation (including quitting e-cigarettes) among your patients. It's easy to get started.

ASK patients about their tobacco use status.

ADVISE patients to quit. Build their interest in the free and confidential Quitline phone counseling and other resources. Services are available to Nebraska residents.

REFER patients to the Quitline.

- If they're ready to make a quit attempt, work with them to fill out the Fax Referral form at dhhs.ne.gov/Documents/QuitlineFax.pdf.
 - › If patient is under the age of 19 parental/guardian consent is required.
 - › If patient is 18 years of age and is, or has been married, parental consent is not required.
- **Fax the completed and signed form to 1-800-261-6259.**
- Let patients know that a Quitline coach will call them within 24 hours to register them with the program.
- Prescribe nicotine replacement therapy (NRT) if appropriate. Medicaid patients are eligible for a reduced-cost NRT benefit when using the Quitline. See the back of this flyer for information about the process.
- Individuals with private insurance are subject to the provisions of his/her individual coverage.



QuitNow.ne.gov/providers

1-800-QUIT-NOW (784-8669) | 1-855-DÉJELO-YA (335-3569)

[Quitline services are available 24/7 in more than 200 languages.]

Nicotine Replacement Therapy for Medicaid Patients

Nebraska Medicaid (now known as Heritage Health) allows one NRT per patient's quit attempt with a maximum of two quit attempts annually. Patients must be 18 years or older and will be charged a co-pay for the NRT (generally \$10 or less).

Three things must happen before Medicaid patients can access pharmacy benefits for prescribed NRTs:

1. The Quitline receives a completed and signed Fax Referral form from the health care provider.

2. The patient gets a call from the Quitline to register for the program. This happens within 24 hours of receiving the form.

3. The patient completes at least one counseling session with a Quitline coach.

That's it! Within three days of these completed steps, Nebraska Medicaid will authorize the prescription. The patient will be notified and can pick up the prescription at the pharmacy.

Following Patient's Progress

The Quitline staff will fax a report back to your office to be placed in the patient's file. The report will tell you whether or not the patient was reached, enrolled in services, and planned to quit.



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