

YOUTH REHABILITATION & TREATMENT CENTER-KEARNEY ANNUAL REPORT

NEBRASKA

Good Life. Great Mission.

DEPT. OF HEALTH AND HUMAN SERVICES

*Division of Children & Family Services
Office of Juvenile Services*

SFY 2016/17 Annual Report

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Fact Sheet

Administrative Team

Trevor Spiegel	Facility Administrator	Edward Szymanski	Maintenance Manager
Paul Gordon	Facility Operating Officer	Jon Eisenhower	Food Service Director
Rita Uldrich	Business Manager	Richard Wetjen	Recreation Manager
Jerry Van Winkle	Psychologist	Arron Adams	Religious Coordinator
John McArthur	Principal	Holly Gregg	Nurse Supervisor
Dan Theobald	Training Coordinator	Nancy Krueger	Administrative Assistant
Karen Frye	System Compliance Coordinator	Jolene Jarecki	Information Technology

Mailing Address

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http://dhhs.ne.gov/children_family_services/Pages/jus_yrtc_yrtckindex.aspx

Rated Capacity

172

Average Length of Stay

2016/17 – 283 DAYS; 9.4 MONTHS
2015/16 – 287 DAYS; 9.6 MONTHS

Average Daily Population

2016/17 – 97 YOUTH
2015/16 – 108 YOUTH

Admissions

2016/17 – 132 YOUTH
2015/16 – 142 YOUTH

Youth Discharged/Transitioned to Hastings Juvenile Chemical Dependency Program

2016/17 – 22 YOUTH
2015/16 – 32 YOUTH

Per Diem Costs

2016/17 - \$348.55
2015/16 - \$295.47

Per Diem costs = total costs / # of days
in the year / average daily population

Average Age at Admission

2016/17 – 16 YEARS
2015/16 – 16 YEARS

Recidivism Rate

2016/17 – 23%
2015/16 – 18%

Affiliations and/or Accreditations

American Correctional Association (ACA)
Performance-based Standards/Council of Juvenile Correctional Administrators (PbS)
Nebraska Department of Education (NDE)
AdvancED Accreditation
Prison Rape Elimination Act (PREA)

Highlights

The mission of the Youth Rehabilitation & Treatment Center-Kearney (YRTC-K) is to help youth live better lives through effective services, affording youth the opportunity to become law-abiding citizens. To accomplish this, the YRTC-K provides diverse programming that responds to each youth's unique needs. In support of our mission, YRTC-K recognizes the following accomplishments for SFY 2016/17:

The YRTC-K is mandated by agency operating rules to be an active participant in the ACA. YRTC-K is currently accredited under the 4th Edition ACA standards, 2014 Supplement. YRTC-K went through our three year accreditation audit 6/12/2017-6/14/2017. YRTC-K was found to be 100% compliant in ACA's mandatory standards, and 98.7% in ACA's non-mandatory standards.



YRTC-K is a member of PbS. PbS is a data-driven improvement model grounded in research that holds juvenile justice agencies, facilities, and residential care providers to the highest standards for operations, programs, and services. Data is collected from each participating facility in the months of April and October every year. YRTC-K is one of over 223 facilities in 35 states that participate in PbS. PbS assists YRTC-K in setting goals and monitoring the progress of meeting those goals. Facility performance is scored on critical outcomes and the required aspects of the PbS reporting process for each data collection period and results in an assigned level of performance. As of April 2017, YRTC-K is a level 2 facility. This level assignment means YRTC-K has met the required PbS process and methodology.

Beginning in January 2017, Department of Health and Human Services' (DHHS) Continuous Quality Improvement (CQI) team developed Salesforce. Salesforce is an internet based platform in which incident report/major violation data is entered in daily and is able to be viewed on an almost real-time basis. Salesforce allows us to see issues and trends more frequently, which helps to drive decision making.

The facility has a Systems Compliance Coordinator that focuses on ACA, PbS, Salesforce, and PREA. The DHHS PREA Annual Report can be viewed online.

One hundred one YRTC-K youth groups performed approximately 4,800 community service hours for 25 local organizations. Each YRTC-K youth group has approximately nine youth.

YRTC-K has a support group called Proud Dads for youth who either have children or are about to become fathers. They complete community activities, and activities at the facility. The youth have developed a bond with each other and are able to discuss personal issues.

Youth from each living unit have representatives on the Student Council. The Student Council meets and discusses issues at the facility, problem solve, and plan youth activities.

Eleven students earned their high school diplomas from West Kearney High School (WKHS). Three students completed General Education Development (GED) certificates at WKHS through a cooperative with Central Community College (CCC).

There were 1,662 youth/parent/family/clergy visits, with 582 of these being for four hours or more off the YRTC-K campus.

Twenty-two youth were transitioned/discharged to the Hastings Juvenile Chemical Dependency Program (HJCDP) for long-term Chemical Dependency treatment.

Approximately 18 youth participated in the Kearney Therapeutic Horseback Riding (KTHR) program. Youth continued to be trained on equine psychology, safety and hands-on training, which includes how to properly groom, ride, and care for the horses.

YRTC-K has a Viking Confidence Course. The mission of the Viking Confidence Course is to provide groups with opportunities to accomplish new and exciting adventures together. Whether you want to improve self-awareness and self-confidence, build trust or just have a fun experience, the Viking Confidence Course can meet those needs.

YRTC-K continues to work with the University of Nebraska – Lincoln and Kearney to provide mentors for the youth at YRTC-K who are from the Lancaster and Buffalo County areas.

A YRTC-K workforce partnership initiative began during the reporting period as a result of a collaborative effort involving Nebraska Vocational Rehabilitation Services, Nebraska Department of Labor, State Probation, Nebraska Department of Health & Human Services, and both YRTC's. As a result of this initiative, youth at both YRTC's were involved in career exploration, work based learning, career readiness, personal responsibility related to job finding, and other topics relating to youth re-entering back into the community. Youth were involved in group sessions as well as individual consultation during the reporting period. In September 2017, this effort will begin its second year and will involve continued individual consultation with youth at both YRTC's as well as 4-week learning cycles, with each session being one hour.

A major focus this past year was to lower the number of escapes. This number has gone down dramatically. During SFY 2016/17 there were 23 escapes. There were 65 escapes during SFY 2015/2016. During January 2016 through April 2016 alone, there were 29 escapes compared to January 2017 through April 2017 where there were only seven escapes. This reduction is due largely in part to the different strategies included in the highlights below.

Safety and Security

In July 2016, we changed Behavioral Management Systems from Crisis Prevention Intervention/Nonviolent Crisis Intervention to Handle with Care (HWC). HWC's philosophy is dedication to the reduction of institutional violence through:

- Tension Reduction
- Staff using preventative actions that decrease the need for the use of physical restraint
- Use of skillful and appropriate intervention when physical restraint is necessary, in order to minimize injuries to children and staff.
- Creating a universal perception of physical and psychological safety in real time situations.

Some of the immediate and most valued effects of implementing HWC include:

- Since implementing HWC, staff are safer because they have more options to handle our more aggressive youth.
- Since taking HWC Training, staff have more confidence in managing difficult situations because they have more tools to utilize in de-escalation.
- The representation of the Solid Object Model to strengthen rapport with the youth.
- HWC's Physical and Personal Protection program so staff are now able to protect themselves in an attack and transition into a safety restraint
- Since the implementation of HWC, our youth on staff assault numbers have significantly dropped each month.

In August 2016, all youth at the facility began wearing the same color uniform. They consisted of t-shirts and sweatshirts. This was completed as one of the initial phases in our efforts to improve safety and security for youth and staff at the facility and for our community members.

In April 2017, all Youth Program Specialist I's (YPSI) and Youth Program Specialist II's (YPSII), and Youth Security Supervisors (YSS) began wearing a mandatory uniform during their shift. This included short-sleeved polo shirts, long-sleeved polo shirts, and a jacket.



Thirty-four security cameras across the facility were approved during the year in response to vulnerability assessments and feedback from ACA and the PREA with installation to begin in July 2017. Along with that installation project, Delayed Egress doors were approved for installation in multiple high risk areas of the facility.

Security fences were installed around the recreational area of Dickson Security Unit. This unit is designed to temporarily hold the most high risk youth in the facility. Since the installation, there have been zero escapes from this area.

One hundred fifty hand-held digital radios were approved for installation and use for the next fiscal year. Digital radios provide significant clarity and reliability in comparison to the previous analog radios that were in use. Along with these radios, a requirement to utilize ear pieces was mandated for all YPSI, YPSII, and YSS positions to decrease the amount of communication overheard by youth from the staff.

A Polaris ATV was purchased for the YSS's to improve response time to emergency calls around the facility.

Mandatory and voluntary overtime hours have increased in order to improve safety and security with increased staff presence. A mandatory minimum level of staff per building per shift was implemented to improve the number of youth/staff ratios. In addition, regular perimeter patrol was mandated to increase direct supervision.

Treatment and Equipment for Youth

Mental Health personnel traveled to Chicago to become trained in the Adolescent Community Reinforcement Approach (A-CRA). This is an evidence-based program and is considered one of the top juvenile substance abuse programs in the country by Substance Abuse and Mental Health Services Administration (SAMHSA). A more thorough explanation can be found in the “Treatment Program” section of this report.

We also have long term plans to incorporate Moral Reconciliation Therapy (MRT) into the programming at the facility. MRT is an evidence-based, cognitive-behavioral system that leads to enhanced moral reasoning, better decision-making, and more appropriate behavior. Our collaboration with State Probation will provide us with the opportunity to train at least 10 Youth Case Managers during the next fiscal year.

Furniture (seating) was purchased for all living units in the facility. This seating brought positive responses from the youth as they were more comfortable than the previous alternative which was hard table seating.

Outdoor fitness equipment was purchased and installed in the recreation area of Dickson Security Unit to increase opportunity for large muscle exercise for the youth. In addition, we upgraded the soccer goals and purchased new weight equipment to improve safety for recreational exercise/lifting.

Education

As part of the *Unjammed 2.0* initiative that will be discussed in the Educational section of this report, we purchased 28 chrome books. This enables youth to receive educational programming through technology in a classroom setting.

Treatment Program

The Youth Rehabilitation and Treatment Center – Kearney has adopted a Biopsychosocial model of treatment: meaning that factors such as overall health, mental health, trauma history and past and present social environments must be considered when attempting to understand and mitigate a youth's problematic behaviors. In keeping with this model the treatment team is composed of:

- 12 Youth Case Managers (YCM)
- 6 Unit Managers (UM)
- 9 Mental Health Practitioners / Licensed Mental Health Practitioner (LMHP)
- 1 LMHP Supervisor
- 1 Clinical Psychologist
- YRTC-K contracts with Family Practice Associates for psychiatric evaluations and psychotropic medication management. YRTC-K contracts with Dr. Hillard, Dr. Myers, and Dr. Wewel with Family Practice Associates for medical and mental health needs, as well as medication management.
- Richard Young Outpatient Psychiatry is utilized for psychiatric evaluations and medication management to meet the mental health needs of youth that require a higher level of care.



The orientation staff continue to work hard to ease each new YRTC-K youth into the treatment program and provide leadership and counseling for first-time commitments. YCM's and LMHP's collaborate on Individual Case Plans based on the Youth Level of Service/Case Management Inventory (YLS/CMI) assessment.

YRTC-K uses the evidence-based EQUIP program. The philosophy of EQUIP is to motivate and equip youth to help each other to become productive citizens. During this process youth attend Mutual Help meetings 3 times a week and attend Equipment meetings 2 times a week. In Equipment meetings the youth go through a series of exercises to help correct their way of thinking. Anger Management, Social Skills and Social Decision Making meetings help guide them to change their way of thinking and correct the errors that have gotten them in trouble.

Throughout the year, a total of 2,547 Equipment and Mutual Help meetings were led by the YCM's.

YCM's and UM's made 3,611 contacts with parents by telephone, mail and face-to-face. They also made 3,353 contacts with Children and Family Services Specialist (CFSS), Family Permanency Specialists (FPS), and Probation Officers.

At a minimum, each month, the YCM's formulate, plan, and implement monthly behavioral-based incentives. In addition, we continue to explore other options to incentivize positive behaviors.

All youth who are committed to YRTC-K are evaluated by a LMHP upon their arrival. Risk factors, safety issues, trauma related issues and any other type of mental health concerns are all assessed by

the LMHP. The LMHP's within the Mental Health Department provide individual therapy for mental health issues, individual and group therapy for substance abuse issues as well as family therapy. In addition, our LMHP's are active members of the treatment teams and serve as behavioral consultants to the treatment teams as well. LMHP's provide crisis management interventions, and a member of the Mental Health Department team is on call 24 hours a day, seven days a week.

Toward the end the fiscal year, a LMHP Supervisor position was created. This addition transferred the day-to-day supervisory duties of the mental health department from the Clinical Psychologist to the LMHP Supervisor.



The Clinical Psychologist is responsible for overall supervision of the Mental Health Department and also provides psychological consultations and evaluations on an as-needed basis. The Clinical Psychologist is also responsible to update procedures and ensure mental health/substance abuse compliance with ACA and PREA standards. In addition, he assists with developing and conducting annual trainings on programmatic material.

The Mental Health Department completed 132 initial assessments of our new youth, an average of 11 per month. The Mental Health Department had over 3900 contact hours with our youth during the fiscal year. This would include initial assessments, individual therapy, family therapy, group therapy, family engagement, family team meetings, as well as checking in with youth who were in confinement status. In addition, the psychologist also responded to a number of requests for additional psychological consultation to include psychological testing. Several risk assessments were also completed throughout the year. In addition, we currently have one therapist who is certified in Eye Movement Desensitization and Reprocessing (EMDR) therapy (EMDR), an empirically supported treatment for posttraumatic stress disorder, and another therapist who is in the process of EMDR certification. This is evidence of our continued efforts to focus on youth with trauma histories. In addition, we continue to look at additional evidence-based treatment interventions for our youth as part of our ongoing program development process.

We continue to utilize the services of Family Practice Associates who send a medical provider to our campus one morning per week. These primary care providers not only provide medical care for our youth, but also manage most of the psychotropic medications prescribed to our youth. For those youth who present with psychiatric conditions that are more complicated, we continue to rely on our consultative relationship with psychiatrists at Richard Young Hospital.

Substantial changes have taken place to our substance abuse programming during the fiscal year. We have purchased and begun to implement the A-CRA, which is an evidenced-based substance abuse treatment program. Three members of the Mental Health Department have already received intensive training and are currently in the process of becoming certified as A-CRA clinicians. One of the three is also in the process of being certified as an A-CRA supervisor. Early in fiscal year 2017/2018, two additional therapists will also begin their training in this model and should receive certification during the coming fiscal year.

For those youth who have more severe substance use issues, we continue to rely on the HJCDP as our primary referral source for residential treatment for youth with severe substance abuse issues. To qualify for long-term residential level of care, youth must have a substance use disorder diagnosis, be above the age of 14 and have previously failed at treatment interventions at a lower level of care.

Short-term plans are to add MRT to our regimen of empirically supported treatment interventions. To that end, training was arranged for our YCM's to be trained in MRT. Their training is scheduled to take place in the next fiscal year. MRT is a cognitive behavioral group that focuses on how individuals make decisions. Through this program our youth will learn the skills necessary to make decisions that are morally sound and take into consideration the needs of others. This is a program that has been used for years by the Nebraska Probation Administration.



Beginning in May 2017, our clinical psychologist began an extensive training program to completely revise and improve youth case plans authored by our staff. A Case Planning Handbook was created and all current YCM's and LMHP's received training on the new case planning model. Major changes consisted of making the case plans directly derived from the YLS/CMI assessment tool as well as making case plan goals more directly related to need areas identified and making case plan strategies measurable and objective. It is estimated that this training should be completed midway through the next fiscal year and by the midway point of the fiscal year our case plans will consistently be YLS/CMI driven with measurable strategies.

Education Program

WKHS is accredited by the Nebraska State Board of Education as a Special Purpose School. It is accredited as an optional school through the North Central Association Commission on Accreditation and School Improvement, as well as AdvancED. WKHS is also an institutional member of the Correctional Education Association. During the 2016/17 school year, an External Review Team provided by the NDE completed an audit of the school program and recommended continued accreditation to all parties.

The school's staff: 19 teachers, school principal, and contracted speech language pathologists, all hold professional certificates from NDE. The staff authored 138 Academic Plans (AP) during the school year. They also attended 13 Individualized Education Plan (IEP) meetings with resident public schools during the school year.



Eleven students earned their high school diplomas from WKHS. There were six graduation ceremonies with family members and visitors attending. Three students completed GED certificates at WKHS through a cooperative with CCC. There were three GED celebrations with family members and visitors attending.

The WKHS guidance counselor and basic education teachers administered 148 Renaissance Learning Standardized Testing and Reporting (STAR) pre and post reading and math assessments. The student post-scores during the 2016/17 school year indicate a 7.47 grade equivalency in reading and an 8.08 grade equivalency in math. The average length of enrollment during the 2016/17 school year is 7.47 months, while the average improvement demonstrated is 11.28 months in reading and 13.20 months in math. The results of these assessments were added to an ongoing student database. The average length of enrollment for students in the ongoing study is 5.86 months.

The WKHS Title I Neglected/Delinquent project continued as a strong program component and served 91 students. These students demonstrated an average gain of 7.49 months in reading and 10.60 months in math. These students also earned an average of 13.30 high school credits in reading and 6.40 high school credits in math toward a high school diploma.

The speech and language program continues to be a vital part of the students' education. Thirty-nine students received speech or language services during the 2016/2017 school year.

Forty-one students were administered the Armed Services Vocational Aptitude Battery (ASVAB) on-site through a cooperative with representatives from the military. Eleven students completed the COMPASS® Test through a cooperative with CCC. One student completed the ACT® Test at an off-campus location.

Two college students completed internships in WKHS classrooms with several mentoring teachers through a cooperative with the University of Nebraska at Kearney (UNK) during much of the spring semester. WKHS also hosted another volunteer in various classrooms early in the school year.

Referrals continued with the Vocational Rehabilitation (VR) liaison within the NDE, which served students from all 93 counties. This VR service, with the addition of a Nebraska Department of Labor (DOL) representative, is now offered on-campus weekly as part of the reentry process. During the second semester, 91 students completed the individual programming and 76 students completed the group programming offered. Nebraska State Probation and AmeriCorps also continued the Rural Improvement for Schooling and Employment (RISE) program as part of the reentry process for students from all 93 counties. This position provides activities, lessons, and a liaison in each community to assist with a smoother transition back to the home school systems and for potential employment opportunities.

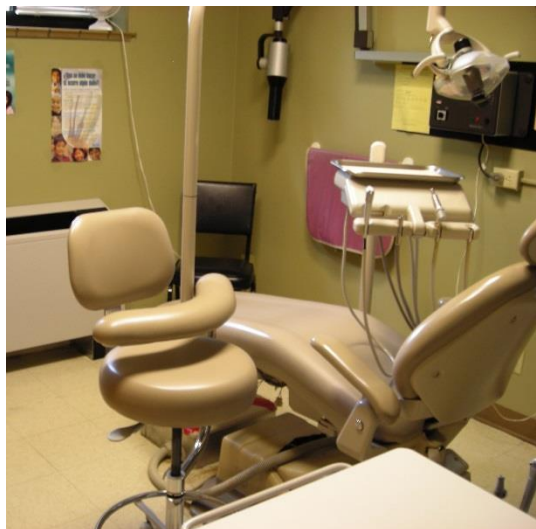


Nebraska was selected as one of several juvenile justice state agencies to continue in year two of a blended learning initiative called Unjammed 2.0 through the Center for Educational Excellence in Alternative Settings (CEEAS). This initiative enabled WKHS students and teachers to utilize internet supported educational programming and technology in the classroom settings. The students learned responsible use, digital citizenship, and some basic instruction in coding and Google Apps for Education with the use of chrome books. The WKHS school principal, two teachers, and an information and technology representative attended the Google technology training in Baltimore, Maryland, along with representatives from the other states selected. WKHS hosted a technology training in November that included the educational staff from Geneva North High School and members from CEEAS.

Medical Program

The YRTC-K medical personnel includes two full-time Registered Nurses (RN), one full-time Licensed Practical Nurse (LPN), and a Nursing Supervisor (BSN). Upon arrival at the facility, the juvenile is informed about how to access health-care services. All juveniles may initiate requests for health services on a day-to-day basis through the use of a Health Call Form. An Intake Health Screening is performed upon the juvenile's arrival at the facility by health-trained staff and reviewed by a qualified health-care professional.

All juveniles receive a physical examination by the on-campus contractual doctor, from Family Practice Clinic, within the first 14 days of arrival at the facility. A member of the nursing team completes a comprehensive nursing appraisal within the first 7 days of a juvenile arriving at the facility. If a juvenile has a chronic medical diagnosis, such as asthma, diabetes, or seizure disorder, this will be addressed on-campus with routine assessment and treatment that may include: specialized treatment plans, laboratory testing, medication monitoring, and periodic review, as indicated. Specialist referrals for chronic medical conditions are ordered by YRTC-K's contractual physicians, as medically indicated. Such specialist referrals are attended by the juvenile with staff escort off-campus. The contractual dentist, Dr. Herrmann, examines juveniles on-campus upon admission within 14 days, and as needed, based on individual treatment needs. Juveniles have dental cleanings every six months. Dr. Christman, the contractual optometrist, provides juveniles with eye exams as needed and on an annual basis.



YRTC-K has a physician from Family Practice on-campus for clinic once per week to address health care concerns from the juveniles. This includes mental health medication checks and assessment of any nonemergent illnesses or injuries. Should a juvenile need medical care for routine or emergency situations when a doctor is not on campus, care will be provided off-campus at the Family Practice, or local emergency room at Kearney Regional Medical Center (KRMCC). Twenty-four hour emergency medical, dental, and mental health services are available to each juvenile.

The juveniles' medical histories and information are requested through a questionnaire sent to each juvenile's parents/guardians by mail. The Medical Department welcomes these forms back from the parents and/or guardian so that we may become familiar with any past, current, or ongoing health problems that the juvenile may have forgotten to share with the medical staff during the Nursing Health Appraisal. The juvenile's immunizations will also be updated according to state law. The Vaccines for Children (VFC) state program is utilized for youth without private insurance. All immunization records are entered and/or updated in the Nebraska State Immunization Information System (NESIIS) to promote continuity of care.

Comprehensive health care services start the moment the juvenile arrives at the facility and are provided throughout their stay by licensed nurses and other health care providers. Upon discharge from the facility, a comprehensive Transfer/Discharge Summary is completed on each juvenile to include items such as current medication list, medical and mental health diagnoses, dates of last

medical, dental, and vision exams, and any pending or scheduled medical follow-up needs the juvenile may have. This information is also entered into the Nebraska Family Online Client User System (NFOCUS). All processes and procedures are to ensure continuity of medical care for the juveniles YRTC-K serves.

During FY 2016/17, the following medical services were provided:

Medical Service Provided	Number	Dental Service Provided	Number
Physical Exams by Contractual Physician	151	Dental Exams by Contractual Dentist	366
Eye Exams by Contractual Optometrist	147	Dental Procedures Completed	1,664
Surgeries (outpatient)	6		
Emergency Room Visits	17		
Youth Visits to Nurse	8,516		
Prescriptions Dispensed	2,567		

Religious Program

The religious program at YRTC-K is supervised by a Religious Coordinator. Church services are conducted every Sunday and Bible study is conducted on a weekly basis. A total of 1,212 youth attended the voluntary church services throughout the year. This is an average of 23 youth per Sunday.

Bible study is available to the youth each week. Adult volunteers may co-lead the Bible studies with the Religious Coordinator. The total number of youth attending Bible study was 702. This is an average of 12 youth attending each study.

At the youth's request, the Religious Coordinator is available for personal counseling. During the year, 987 youth requested and received personal spiritual counseling.



Volunteers from the Kearney area assist in the spiritual ministry. There were approximately 120 hours of volunteer time donated during the year.

The Proud Dads program is facilitated by the Religious Coordinator. They went to Early Head Start on multiple occasions to interact with children from ages 12 months to three years old. They've setup new playground equipment and got to enjoy watching the children explore and play. Proud Dads continued to video themselves reading books to send home to foster their connection with their children. Proud Dads took CPR/First Aid classes for infant and child to better prepare them to care for their children upon return home.

The following are some of the special events and church services that the Religious Coordinator was involved in over the year.

- Received Bible, Book, CD's and Rosary Donations
- Religious Coordinator performed three baptisms
- Christmas Eve service, Ash Wednesday Service, and Good Friday Service
- CORN (Christian Outreach to Rural Nebraska) was on campus
- Religious Coordinator was keynote speaker for three WKHS graduations
- The Purple Project was on campus to speak with the youth
- There were four guest speakers on campus to educate the youth on various topics
- Proud Dad's set up five concerts for the Museum of Nebraska Art

Recreation Program

The YRTC-K employs one full-time Recreation Manager, two full-time Recreation Assistants, and four part-time Recreation Aides.

YRTC-K has a wide variety of recreational equipment and areas for youth access. This includes separate basketball courts for each living unit. During the year, youth participate in intramural sports including softball, flag football, volleyball, basketball, soccer, and ultimate frisbee. These activities build self-confidence, teamwork and trust. The youth can swim in the YRTC-K pool during recreation time and during Physical Education classes.



The Recreation Department provided many special activities for the youth throughout the year, both on and off-campus. These activities included:

- The 40th Annual All-Star Basketball game was held in which two volunteer officials officiated. This year's game was a thriller decided in the last seconds of the game.
- There were 3,628 groups (up 69 groups from SFY 2015/2016) and 423 level 5 youth (up 150 from SFY 2015/2016) that used the YRTC-K Recreation programs and facilities. Including Physical Education classes, which were 2565 groups, there were 6193 groups that enjoyed the program. This is an average of over 17 groups per day.
- There were 163 intramural games played including tournaments to crown champions in softball, flag football, volleyball, basketball, soccer and ultimate frisbee.
- The Personal Best program, initiated last year, provides an avenue for youth to test their fitness and athletic skills at any time they utilize the recreation facility. There were 290 youth that participated in 480 events in the program.
- New equipment additions to the program were an industrial fan, soccer goals, and weight equipment additions.
- YRTC-K recreation staff test youth in pre and post fitness testing in upper body and abdominal strength.
- Six YRTC-K recreation staff members completed the Red Cross Lifeguard Certification program.

Community Service/Volunteer Program

The volunteer activities program at the YRTC-K is coordinated by the Recreation Manager.

The Community Advisory Board is made up of a cross section of community members who meet quarterly with administrative staff.

The following are a few examples of 28 different area organizations that 85 YRTC-K groups partnered with this fiscal year including UNK, the Salvation Army, and the YMCA.

- YRTC-K youth groups attended UNK wrestling meets, football, basketball, baseball and volleyball games. Groups cleaned up following the events.
- Three YRTC-K groups set up for UNK's annual spring concert which featured country music star and Grammy nominee, Joe Nichols. Tickets were donated for the youth to attend the concert. This was the 13th year for this partnership with UNK.
- For the 23rd year, YRTC-K groups have been involved in the set up for the UNK Blue-Gold Day at the beginning of the fall semester. Three YRTC-K groups participated in this celebration by working and then taking part in the food and activities offered.
- Twelve groups helped with different activities at our local YMCA ranging from cleaning to moving equipment.
- One YRTC-K group helped set up and tear down for the Prince of Peace Catholic Church's Fall Festival. This is in its 5th year.
- Holy Cross Church, for the 10th year, provided each youth a plate of cookies during the holiday season.
- Five YRTC-K groups set up for concerts held at the Museum of Nebraska Art in downtown Kearney. This is the 11th year for a YRTC group to complete this project.
- Eight truckloads of clothing bales were loaded by YRTC-K groups for the Salvation Army. This is the 22nd year for this partnership. Groups also helped with filling food baskets. The Salvation Army provides gifts for youth to send home for their families. This is the 38th year for this partnership activity.
- One group helped with the Kearney Community Thanksgiving dinner at the Knights of Columbus. This was the 19th year for a YRTC-K group to volunteer their assistance. One group also helped serve the Thanksgiving and Christmas dinners at the Peterson Senior Center. This was the 5th year for this activity.
- Four YRTC-K groups helped with the Elks Hoop Shoot held in December. This was the 22nd year YRTC-K helped with this event.
- One of our newer organizational relationships was the Crane River Theater where a YRTC-K group helped with their annual Zombie Run held at the Kearney Archway Monument.
- Our newest partnership activity was helping Compass set up and operate a station for their annual fund raiser Hero Run.



Support Services

Facility Budget

Business Department personnel, in conjunction with the Budget Unit of DHHS, annually prepares the facility budget of funds appropriated by the State Legislature. A budget for each of the operation areas of the facility is included.

The following is the budget allocated to the facility by DHHS for the fiscal year.

	Budget	Total Expenditures
General Funds	\$12,154,907	\$11,167,078
Federal Funds	\$375,000	\$305,214
Cash Funds	\$950,853	\$910,621
Grand Total	\$13,480,760	\$12,382,913



Personnel

YRTC-K had 93 new hires, five retirements, and 20 promotions/internal transfers.

The average tenure for YRTC-K employees was 4.06 years.

All employees are required to attend training throughout the year. During the past year, YRTC-K employees completed approximately 16,028 hours of training. This includes pre-service for new employees and annual training for current employees.

Food Service

Jon Eisenhauer, Food Service Director, has been overseeing the Food Service Department at YRTC-Geneva since September 2009 and at YRTC-K since November 2014. There is one full time Food Service Supervisor, one full time Food Service Leader, and six full time Food Service Cooks at YRTC-K.

The Food Service Department served 92,819 youth meals; 18,504 staff and visitor meals for a total of 111,323 meals.

A Winter menu and Summer menu are utilized following a 5-week menu cycle with each. All menus are reviewed and approved by a registered dietician to ensure that nutritional requirements are met. With the Healthy, Hunger-Free Kids Act of 2010, the meal pattern requirements and nutrition standards for the National School Lunch and Breakfast Programs have changed. This rule requires most schools to increase the availability of fruits, vegetables, whole grains, fat-free milk and low-fat milk in school meals; reduce the levels of sodium, saturated fat and Trans fat in meals; and meet the nutrition needs of school children within their calorie requirements (breakfast 450-600, lunch 750-850). In April 2017, the NDE / Nutrition Services conducted their Administrative Review

of the school meals program. The purpose of this review is to confirm that all regulatory areas of the National School Lunch Program are being met. All areas were reviewed and approved.

A single menu is used for staff and juveniles. Any substitutions in the meals served are of equal nutritional value. The Food Service Department conducts a youth food preference survey once a year. This information is used to help with the planning of the menus. The menus also offer youth an opportunity to choose a meal that is served twice during the 5-week cycle. There are three meals served every day – breakfast, lunch and supper in the dining room. We have continued to serve double portions of the entrée in the evening as well as providing an afternoon snack after school and an evening snack in the living units for all youth each day. There are two separate dining rooms for the youth with YPSII's supervising each group. There are also Youth Security Supervisors in Gomez Hall during the meal period.

Therapeutic diets are prepared and served to youth according to written orders by a physician or other health care practitioner. The most common are food allergies. Therapeutic diets conform as closely as possible to the foods served to other youth.

Religious diets are prepared and served to youth whose beliefs require the adherence to religious dietary laws. These diets are reviewed and approved by the Religious Coordinator. Religious diets conform as closely as possible to the food served to other youth conform as closely as possible to the foods served to other youth.

Maintenance

During the fiscal year, the maintenance department and/or contractors completed the following projects:

- Finished a major remodel on the lower level of Morton
- Installed additional security fencing around Dickson Security Unit play pad perimeter
- Replaced condensers on HVAC unit on Administration Building
- Started south road project with the goal of having a paved surface around the entire campus
- Replacement of 23 year old ballasted Dickson Security Unit roof with new fully adhered roof
- Upgraded HVAC on maintenance shop
- Created or refurbished several offices in Administration and maintenance buildings
- Replaced both water softeners in the basement of Gomez Hall
- Continued tunnel study with goal of either removal or repair of damaged tunnel walls
- Continued working with SBD and 309 Task Force to rectify high humidity issues in Lincoln/Washington living units and Bryant/Creighton living units

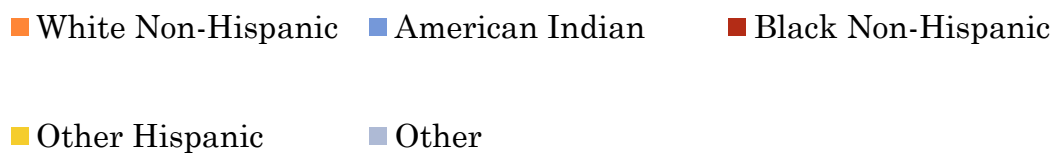
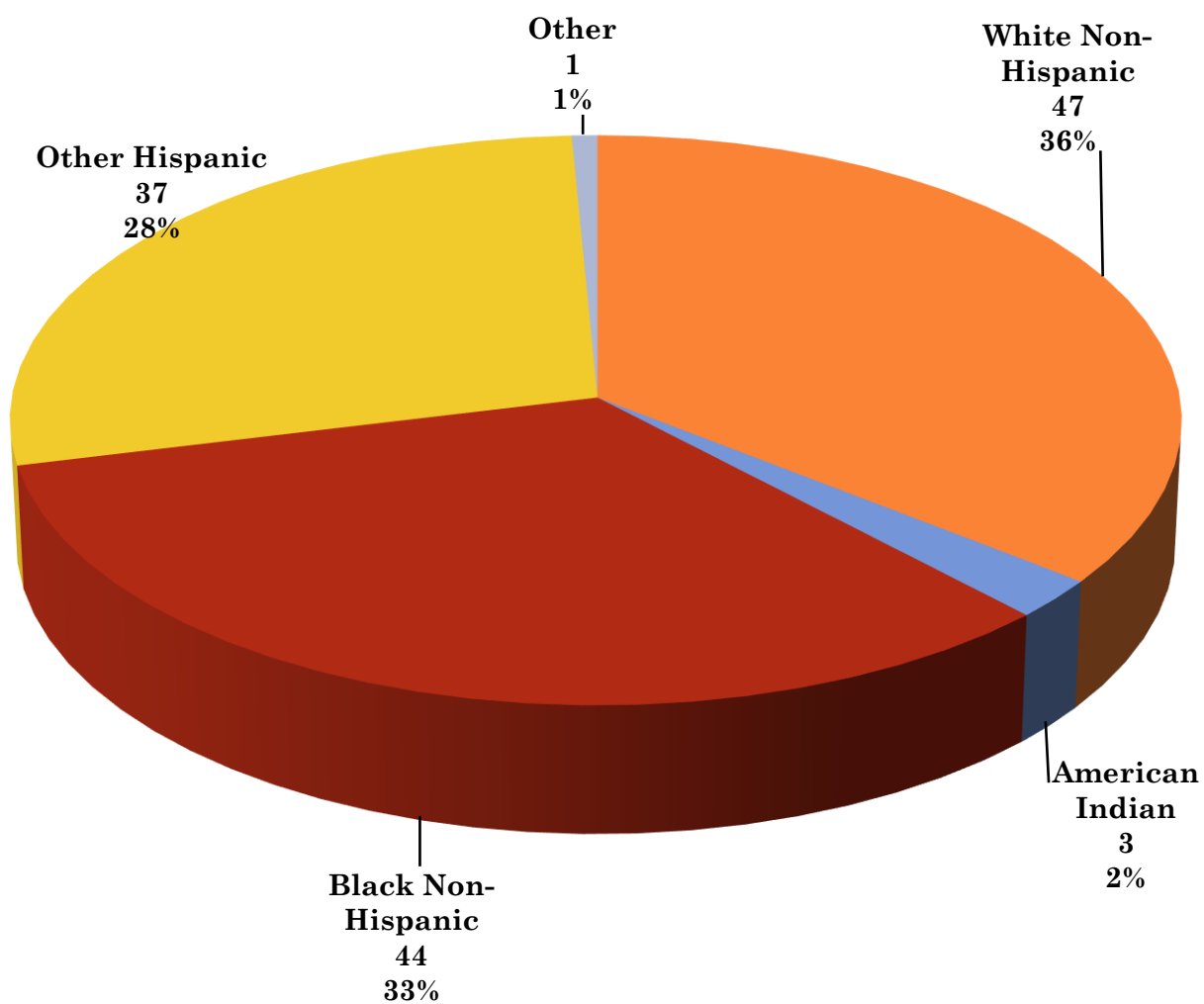
SFY 16/17 Admissions by Service Area

Service Area/County	Admissions	Percentage
Central Service Area		
Adams	2	1.52%
Buffalo	5	3.79%
Hall	9	6.82%
TOTALS	16	12.12%
Eastern Service Area		
Douglas	36	27.27%
TOTALS	36	27.27%
Northern Service Area		
Antelope	2	1.52%
Butler	1	0.76%
Cuming	1	0.76%
Dakota	3	2.27%
Dodge	5	3.79%
Madison	9	6.82%
Platte	4	3.03%
Washington	1	0.76%
Totals	26	19.70%
Southeastern Service Area		
Cass	1	0.76%
Lancaster	31	23.48%
Nuckolls	1	0.76%
Otoe	1	0.76%
Totals	34	25.76%
Western Service Area		
Dawson	2	1.52%
Furnas	1	0.76%
Lincoln	11	8.33%
Scotts Bluff	3	2.27%
Totals	17	12.88%
Tribal Court		
Omaha Nation	1	0.76%
Santee Sioux Nation	1	0.76%
Winnebago	1	0.76%
Totals	3	2.27%
Totals	132	100.00%

SFY 16/17 Admissions by Most Severe Offense

Offense	Total
Assault	25
Assault on Officer/Health Care	2
Attempted Arson	2
Attempted Robbery	4
Burglary	9
Child Abuse	1
Concealed Weapon	7
Criminal Mischief	9
Distribution of Drugs	3
Disorderly Conduct	2
Disturbing the Peace	1
False Information	1
Possession of Imitation Controlled Substance	1
Obstructing a Police Officer	5
Operating Motor Vehicle to Avoid Arrest	1
Possess Machine Gun	1
Possession of Controlled Substance	4
Possession of Drugs	4
Possession of Firearm	1
Possession of Stolen Firearm	1
Probation Violation	1
Resisting Arrest	5
Robbery	2
Sexual Assault	2
Shoplifting	3
Terroristic Threats	4
Theft	21
Trespass	6
Unauthorized use of Vehicle	1
Under the Influence of Controlled Substance	1
Unlawful Possession of Handgun	2
Total	132

SFY 16/17 Admissions by Race (132 Admissions)



SFY 16/17 Releases (139 Releases)

