

**2008/09
Annual
Report**



**Youth Rehabilitation
&
Treatment Center-
Kearney**

**Helping
Youth
Live
Better
Lives**

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL
EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM

TIM O'DEA, FACILITY ADMINISTRATOR
JANA PETERSON, FACILITY OPERATING OFFICER
VACANT, BUSINESS MANAGER
MINDY ABEL, PSYCHOLOGIST
RON COX, PSYCHOLOGIST ASSOCIATE
REYMUNDO RODRIGUEZ, YOUTH COUNSELOR SUPERVISOR
TONY KLEIDOSTY, PRINCIPAL
DAN THEOBALD, TRAINING COORDINATOR
STEVE REEVES, FACILITY MAINTENANCE MANAGER
MARY WRIGHT, FOOD SERVICE DIRECTOR
RICHARD WETJEN, RECREATION MANAGER
JOSHUA ERICKSON, RELIGIOUS COORDINATOR
KIM FRINK, R.N., NURSING SUPERVISOR
ROSALIE MCCURRY, ADMINISTRATIVE ASSISTANT

<u>MAILING ADDRESS</u>	YOUTH REHABILITATION AND TREATMENT CENTER 2802 30TH AVE. KEARNEY NE 68845
<u>PHONE NUMBER</u>	(308)865-5313
<u>FAX NUMBER</u>	(308)865-5323
<u>WEB SITE</u>	HTTP://WWW.DHHS.NE.GOV/JUS/YRTC/YRTCINDEX.HTM
<u>RATED CAPACITY</u>	172
<u>AVERAGE LENGTH OF STAY</u>	2008/09 – 167 DAYS; 5.6 MONTHS 2007/08 – 172 DAYS; 5.7 MONTHS
<u>AVERAGE DAILY POPULATION</u>	2008/09 – 169 YOUTH 2007/08 – 174 YOUTH
<u>ADMISSIONS</u>	2008/09 – 489 YOUTH 2007/08 – 466 YOUTH
<u>YOUTH REFERRED TO HASTINGS JUVENILE CHEMICAL DEPENDENCY PROGRAM</u>	2008/09 – 122 YOUTH 2007/08 – 96 YOUTH
<u>PER DIEM COSTS</u>	2008/09 - \$165.82 2007/08 - \$149.28
<u>AVERAGE AGE AT ADMISSION</u>	2008/09 – 16 YEARS 2007/08 – 16 YEARS
<u>AFFILIATIONS & ACCREDITATIONS</u>	AMERICAN CORRECTIONAL ASSOCIATION PERFORMANCE-BASED STANDARDS NEBRASKA DEPARTMENT OF EDUCATION

HIGHLIGHTS

The mission of the YRTC-Kearney is to help youth live better lives through effective services, affording youth the opportunity to become law-abiding citizens. To accomplish this, the YRTC-Kearney provides diverse programming that responds to each youth's unique needs. In support of our mission, YRTC-Kearney recognizes the following accomplishments for FY 2008/09:

YRTC-Kearney's accreditation as a Juvenile Correctional Facility by American Correctional Association (ACA) standards was awarded by the Commission on Accreditation in Kansas City in August 2007.



Youth at the Kearney Archway Monument for experiential learning.

YRTC-Kearney is a member of the Performance Based Standards Project for Juvenile Facilities sponsored by Office of Juvenile Justice and Delinquency Prevention and Council for Juvenile Correctional Administrators which is in its eighth year. YRTC-K is one of 179 facilities across 26 states in the project. Performance is scored on Critical Outcomes and the required aspects of the PbS reporting process for each Data Collection period results in an assigned Level of Performance. The Levels are from 1-4, with 4 being the highest possible Level of attainment. YRTC-Kearney advanced to Level 2 during April 2009. This Level assignment means YRTC-Kearney has met the required PbS process and methodology.

There were 2,643 youth parent/family/clergy visits, with 1,579 of these being for four hours or more off the YRTC-K campus.

Thirty three West Kearney High School students earned their General Equivalency Diplomas (GED) through the cooperative efforts with the GED testing center of Central Community College. Seven GED graduation ceremonies were held, with 66 family members attending.

YRTC-K performed 3,898 community service hours for 33 local organizations. This was an inkind service estimated at \$27,431.40.

One hundred twenty two youth were paroled to the Hastings Juvenile Chemical Dependency Program for long-term Chemical Dependency treatment.

TREATMENT PROGRAM

Treatment Program staff at the Youth Rehabilitation & Treatment Center - Kearney is composed of:

- 16 Youth Counselor I's
- 3 Youth Counselor II's
- 1 Youth Counselor Supervisor
- 3 Mental Health Practitioners/ LMHP's
- 1 Associate Psychologist



Morton Living Unit

Youth Level of Service/Case Management Inventory (YLS/CMI) is completed for all YRTC-K youth as part of Classification procedure to assess their risks and needs.

The orientation staff continue to work hard to ease each new YRTC youth into the treatment program and provide leadership and counseling for first-time commitments.

There were 3,667 youth treatment group meetings led by Youth Counselors (YC) this year. Youth Counselors completed 493 release summaries that detailed youth's treatment program progress in addressing his needs and reaching outcomes.

YC I & II's made 3,688 contacts with parents by telephone, mail and face to face. They made 5,549 contacts with Juvenile Service Officers (JSO's) and Intensive Care Coordination Unit (ICCU) workers.

The Chemical Dependency (C/D) Program staff completed 371, 45-minute long, group therapy sessions. This allowed 68 youth to receive chemical dependency assistance, which would be on the stabilization level of care. These therapy sessions assisted youth in preparing for continued community treatment either at inpatient or at outpatient levels. All of the youth who completed the Chemical Dependency therapy groups were referred to receive follow-up services upon their YRTC-K community release.

The Hastings Juvenile Chemical Dependency (HJCD) program continues to provide intensive residential C/D services for youth approved via the Magellan process. The HJCD program provides YRTC-K youth with a long-term residential level of care. The youth must meet the following guidelines to qualify for parole to HJCD. This included: (1) Must be committed to YRTC-K, (2) Must have a diagnosis of dependency as a primary diagnosis, (3) Must be above the age of 13 and (4) Must have attempted previous treatment interventions.

Trauma Program Services are individualized to meet the specific needs of each identified youth. An in-depth interview with the youth, as well as a thorough review of the youth's history through research of available file information, provided nearly 815 hours of individual LMHP therapy to 248 youth during FY 2008/09.

YRTC-K's contracted psychiatrist provides services for youth identified with mental health conditions that require assessment for treatment, intervention, and/or stabilization. The psychiatrist will complete an individual medical psychiatric consultation/evaluation for each identified youth. A total of 99 youth received these psychiatric services.



Youth exercising dogs for the Humane Society

EDUCATION PROGRAM

West Kearney High School (WKHS) continued as an accredited Special Purpose school through the Nebraska State Board of Education and as an accredited optional school through the North Central Association Commission on Accreditation and School Improvement. WKHS is also an institutional member of the Correctional Education Association.

The school's staff, 22 teachers and school principal, all hold professional certificates from the Nebraska Department of Education. This school year the staff authored 411 Individualized Educational Plans (IEP) and Education Plans (EP).

Our average daily student membership was 160 students.

Thirty three students earned their General Equivalency Diplomas (GED) through a cooperative effort with Central Community College (CCC). There were seven GED graduations. Sixty six family members attended.

WKHS Basic Education teachers administered 456 Renaissance Learning's STAR pre-reading and math assessment. Four hundred fifty six post-STAR reading and math assessments were also administered by the WKHS staff. These post-assessments were added to an on-going student database. The 456 student scores in the study indicate an 8.09 grade equivalency in math and an 8.23 grade equivalency in reading. The average length of stay for students in this post study is 5.24 months.

The WKHS Title I Neglected/Delinquent (N/D) project continued as a strong program component and served 225 students. These students demonstrated an average gain of 1.1 years in reading and 1.3 in math. The students also earned an average of 4.28 high school credits toward their high school diplomas.

The Speech and Language program continued to be a vital part of the student's total education program. There were 78 students referred to the Speech and Language Lab. There were 54 students receiving services in fiscal year 08/09.

There were 400 individual student vocational interviews and Ansel-Casey assessments completed by the students. Forty six students were administered the ASVAB (Armed Services Vocational Aptitude Battery).



Youth learning about Nebraska history at the Kearney Archway Monument.

MEDICAL PROGRAM

The medical personnel includes one full-time RN and two full-time LPNs. Daily sick calls are held so youth can report any problems. Comprehensive health care services are provided from admission through discharge.

Medical personnel met the DHHS Licensure Unit's requirements and are governed by written job descriptions approved by the contracted physician and YRTC Health Authority.



Nurses Frink & Abels hard at work

Access to health care is explained to all youth. All youth are screened on an individual basis. An intake screening form is used by orientation unit staff at the time of commitment. Information from this form alerts staff to any immediate problems. A nurse completes a comprehensive nursing assessment with each youth within seven days of arrival. A physical is done for each youth within 14 days unless records show one was done within the prior 90 days. The contracted physician comes one day per week and if treatment is needed between physician visits, arrangements are made and the youth is transported to his or her local office.

Youth medical information is requested through a questionnaire sent to each youth's parents/guardians. Youth immunizations are updated according to state law.

The YRTC-K training coordinator or medical personnel lead various medical training for staff. Special medical needs training is done as needed with staff to meet special youth medical needs i.e. diabetic. All direct care staff are trained as medication aides.

The contracted part-time dentist or a hygienist see each new youth within 7 to 14 days and as needed.

SERVICE PROVIDED	NUMBER
Brief physical exams by doctor	242
Exams on new admittances	475
Eye exams	84
Surgeries	4
Emergency Room	35
Dental exams	833
Dental work	2,921
Youth visits to nurse	4,805
Staff visits to clinic	137

RELIGIOUS PROGRAM

The religious program at YRTC-Kearney is supervised by a half-time Chaplain. Church services are conducted every Sunday by this Chaplain.

A total of 2,292 youth attended the voluntary church services throughout the year. This is an average of 44 youth per Sunday.

Two Bible studies are available to the youth each week. Adult volunteers lead the evening Bible Studies. The total number of youth attending Bible study was 628. This is an average of 11 youth attending each week.



Youth enjoying the recreational equipment provided by CORN.

At the youth's request, the Chaplain is available for personal counseling. During the year, 277 youth requested and received personal spiritual counseling.

There are Kearney area volunteers who assist in the spiritual ministry. There is presently one volunteer who participates on a regular basis and others who are available to assist on special occasions. There were 319 hours of volunteer time donated during the year.

During the past year there were several special chapel and church services.

- In April the Christian Outreach for Rural Nebraska, (CORN), brought recreational equipment and conducted an all afternoon recreational activity in the gym and followed it up with a voluntary gospel message in the Chapel for 130 youth. There were 10 volunteers who led the activities.
- Brian Demmel and Mitch Ivey led the Sunday morning Church Services twice during the year. 3/15/09 3/22/09
- Father Michael McDonald, of Prince of Peace Catholic Church, conducted a special Christmas Eve Service on the afternoon of the 24th of December.
- In June the chaplain hosted a movie and message event for 148 youth.

RECREATION PROGRAM

The Youth Rehabilitation & Treatment Center – Kearney employs one full-time Recreation Coordinator, two full-time Recreation Assistants and five part-time Recreation Aides.

YRTC-Kearney has a wide variety of recreational equipment and areas that the youth have ready access to. This includes concrete play pads for each living unit. During the year, the youth participate in intramural sports seasons. These seasons include softball, football, volleyball, basketball, soccer and beach volleyball. The youth can swim in the YRTC-Kearney pool, both during Education classes.



YRTC-K Annual All-Star Softgame Game

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the youth throughout the year, both on and off-campus. These activities included:

- Annual Softball All-Star game which includes both youth and staff playing together
- There were over 48,000 youth participation contacts in recreation this year.
- 27 youth achieved President's Fitness Awards.

COMMUNITY SERVICE/ VOLUNTEER PROGRAM

The volunteer activities program at the YRTC-Kearney is coordinated by the Recreation Coordinator. The following are a few examples of the UNK partnership's benefits, community service, volunteerism and entertainment and recreation within the community.

- 5 YRTC youth groups attended UNK wrestling meets and football, basketball, & volleyball games as well as concerts held at the Health and Fitness Center. Groups cleaned up following two of the events.
- For the 13th year, YRTC groups have been involved in the set up and tear down of the UNK Blue-Gold Day at the beginning of the fall semester. Three YRTC groups participated in this celebration by working and then taking part in the food and activities offered.
- 5 YRTC groups visited and helped at area care centers and assisted living settings as well as the Area Agency on Aging.
- 6 YRTC-K groups set up for concerts held at Museum Of Nebraska Art in downtown Kearney. This is the 3rd year for Creighton Living Unit to complete this project.
- The YRTC-K continued a partnership with the local historical Frank House Museum. Two groups provided help with projects inside and out including landscaping.
- 1 YRTC-K group helped set up and tear down for the Prince of Peace Catholic Church's Fall Festival.
- YRTC-K helped the Kearney Volunteer Fire Department with their annual pancake feed.
- 12 truckloads of clothing bales were loaded by 13 YRTC groups for the Salvation Army.
- Lincoln group 3 helped with the Kearney Community Thanksgiving dinner at the Knights of Columbus. This was the 11th year for Lincoln Living Unit to donate their assistance.
- 4 YRTC groups helped clean up the fairgrounds after such events as the Cattleman's Classic, Kiwanis pancake feed, Gateway Farm Expo and the Head Start Craft Fair.
- 4 YRTC-K groups helped with the Elks Hoop Shoot held in December. This was the 14th year YRTC helped with this event. One youth group helped with the Elks Soccer Shootout held in September. This was the fifth year for helping with this event.
- A Creighton Living Unit group helped clean up the exhibition building at the Buffalo County Fairgrounds following the Kearney Goodfellows Holiday gift wrapping extravaganza on December 25th. This is the 13th year of YRTC's involvement.



Youth volunteering at Yanney Park

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel, in conjunction with the Budget Unit of the Department of Health & Human Services, annually prepares the facility budget of funds appropriated by the State Legislature. A budget for each of the operations areas of the facility is included.

The following is the budget allocated to the facility by DHHS for the FY 2008/09.

	Budget	Total Expenditures
General Funds	\$9,303,813	\$8,912,770
Federal Funds	\$ 412,456	\$ 412,446
Cash Funds	\$ 394,473	\$ 393,889
Grand Total	\$10,110,742	\$9,719,106



YRTC-K Boiler House

PERSONNEL

YRTC-Kearney currently has 148.6 FTE Authorized positions

During the past year, YRTC-Kearney had 28 new hires and 6 retirements, 20 resignations, 12 promotions/transfers.

The average tenure for YRTC-Kearney employees was 11 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Kearney employees completed 11,986 hours of training, which included pre-service, mandatory, on-the-job, extraneous and specialized training.

FOOD SERVICE

The Food Service Department served 185,491 meals; 172,620 youth meals, 12,871 staff. The average cost per meal was \$1.46 or \$4.38 per day. Rising fuel and food prices have increased per meal cost this year. Average price per meal during the previous fiscal year was \$1.34 per meal or \$4.02 per day

MAINTENANCE

During the FY 2008/09, the following projects were completed by facility maintenance staff and/or contractors:

- Street Light Project: replaced obsolete mercury vapor lighting with new metal arc lighting fixtures, new light poles with new primary and secondary wiring and control circuits.
- Fire Sprinkler Project: this project will provide additional fire protection for all living units; this will make living units in compliance with Life Safety Codes; this project is now 85%.
- Dodge & Morton Roof Replacement: replaced with new insulated totally adhered rubber roof.
- Morton Remodel Project: reconstruction of new four room office area and a restroom for Morton living unit staff; this project is 80% complete.
- BDR Ceiling & Lighting Project: remove and replace old ceiling and rusty grid work, replaced light fixtures with efficient electronic ballast type fixtures.
- BDR & Laundry Water Heater Replacement: removed two 500-gallon tube bundle type water heaters and replaced with two on demand steam powered energy efficient water heaters.
- School Lower Level Hallway Ceiling Project: installed new suspended ceiling; this involved replacing old plumbing, light fixtures, water lines, etc.

2008/09 ADMISSIONS BY COUNTY

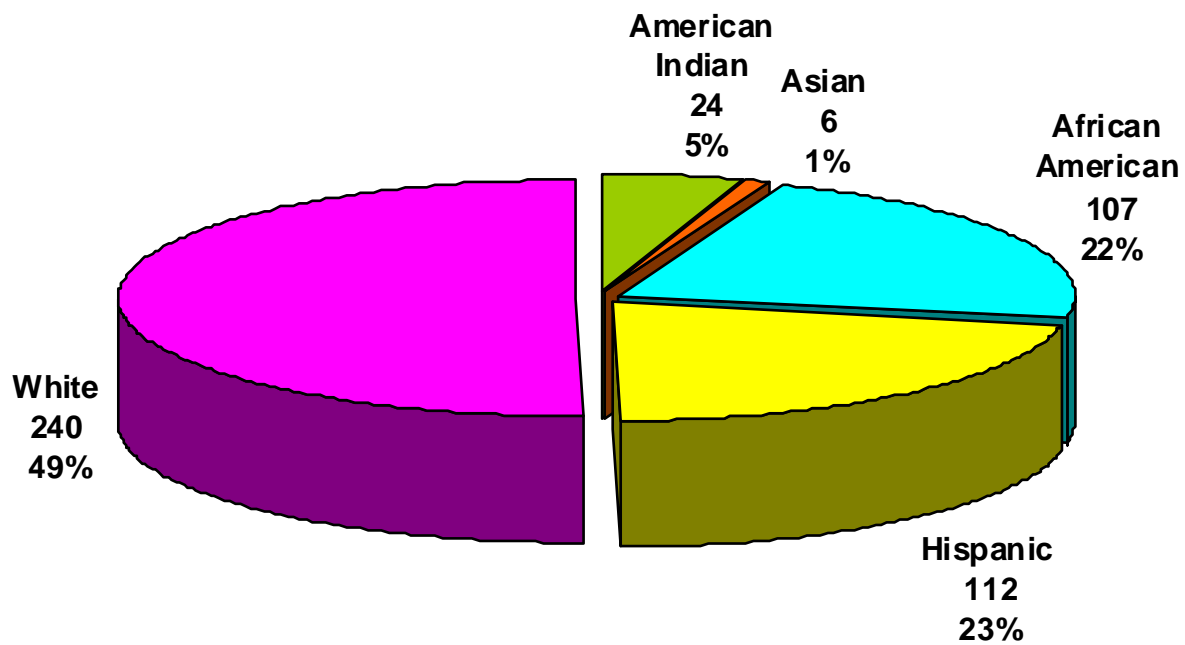
County	Service Area	Commitments, Recommitments & Parole Violators	Percentage
Adams	Central	9	1.64%
Antelope	Northern	1	0.20%
Boone	Northern	3	0.61%
Box Butte	Western	1	0.20%
Buffalo	Central	11	2.25%
Cass	Southeastern	3	0.61%
Cherry	Northern	2	0.41%
Cheyenne	Western	3	0.61%
Clay	Central	1	0.20%
Colfax	Northern	7	1.43%
Cuming	Northern	1	0.20%
Custer	Central	2	0.41%
Dakota	Northern	13	2.66%
Dawes	Western	4	0.82%
Dawson	Western	12	2.45%
Dixon	Northern	2	0.41%
Dodge	Northern	20	4.09%
Douglas	Eastern	118	24.13%
Fillmore	Southeastern	1	0.20%
Furnas	Western	1	0.20%
Gage	Southeastern	8	1.64%
Grant	Western	1	0.20%
Hall	Central	33	6.75%
Hamilton	Central	2	0.41%
Harlan	Central	1	0.20%
Holt	Northern	1	0.20%
Keith	Western	2	0.41%
Kimball	Western	1	0.20%
Knox	Northern	1	0.20%
Lancaster	Southeastern	113	23.11%
Lincoln	Western	9	1.84%
Madison	Northern	17	3.48%
Merrick	Central	2	0.41%
Morrill	Western	2	0.41%
Nance	Northern	2	0.41%
Nemaha	Southeastern	1	0.20%
Otoe	Southeastern	3	0.61%
Pawnee	Southeastern	1	0.20%
Phelps	Central	4	0.82%
Pierce	Northern	1	0.20%
Platte	Northern	10	2.04%
Red Willow	Western	1	0.20%
Saline	Southeastern	4	0.82%
Sarpy	Eastern	21	4.29%
Saunders	Southeastern	2	0.41%
Scotts Bluff	Western	12	2.45%
Seward	Southeastern	3	0.61%
Sheridan	Western	3	0.61%
Thayer	Southeastern	1	0.20%
Washington	Northern	5	1.02%
Wayne	Northern	2	0.41%
York	Southeastern	5	1.02%
Totals		489	100%

FY 2008/09 ADMISSIONS BY OFFENSE

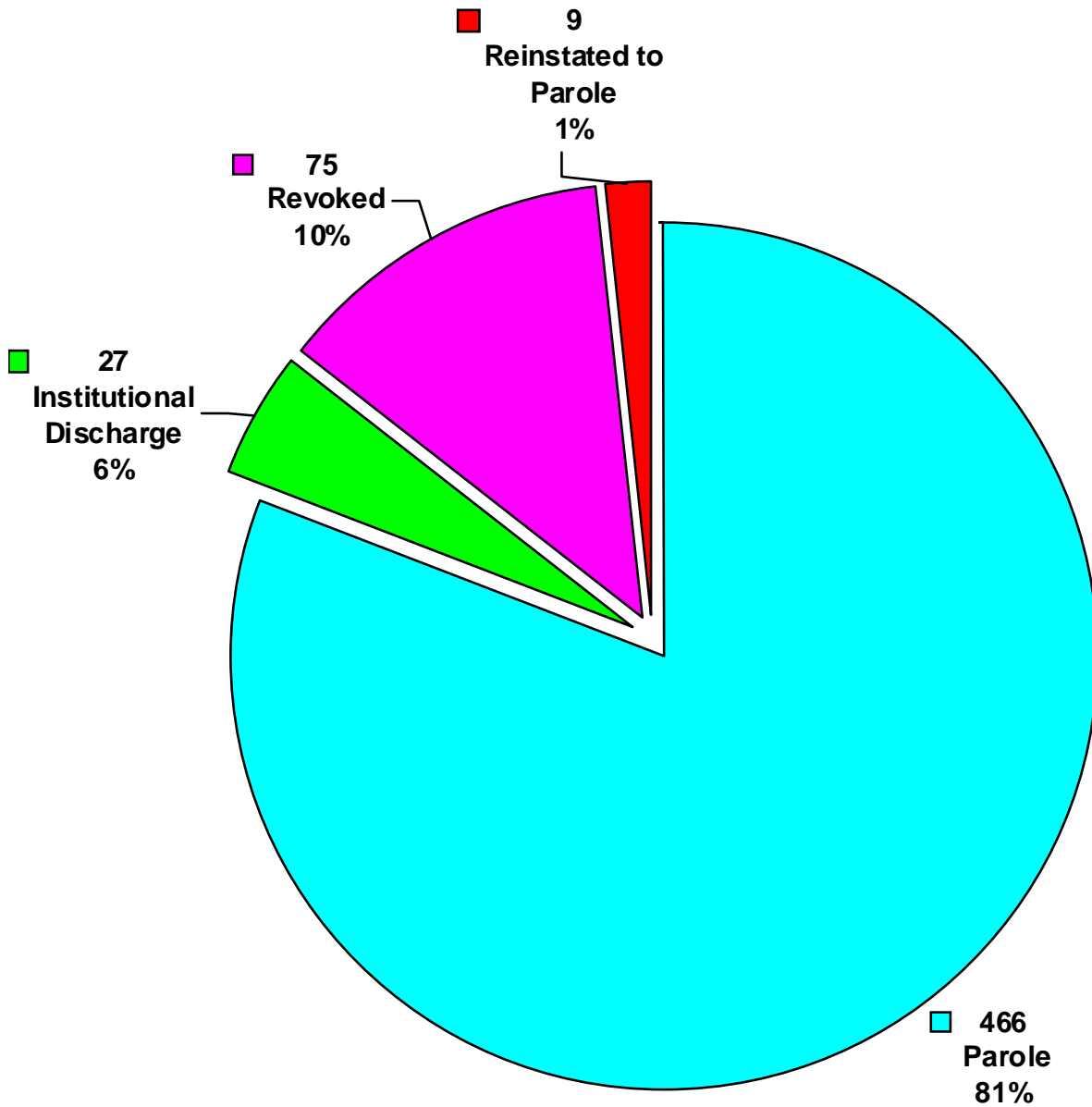
Arson	1
Assault	104
Auto Theft	24
Burglary	51
Concealed Weapon	17
Criminal Mischief	54
Disorderly Conduct	4
Distribution of Drugs	2
Disturbing the Peace	6
Escape	2
Failure to Comply	1
False Info	5
Forgery	1
Obstructing Police Officer	4
Possession of Drugs	50
Probation Violation	46
Resisting Arrest	3
Robbery	6
Sexual Assault	4
Shoplifting	3
Theft	85
Terroristic Threats	7
Trespass	6
Unauthorized use of a Motor Vehicle	1
Vehicular Homicide	1
Willful Reckless Driving	1
TOTAL	489

FY 08/09 ADMISSIONS BY RACE

489 TOTAL YOUTH



08/09 Total Releases 577 Total Youth



■ Parole ■ Institutional Discharge ■ Revoked ■ Reinstated to Parole