



## Healthy People 2010 Progress

The following is a summary of the progress toward Healthy People 2010 objectives. All racial and ethnic groups moved closer to their Healthy People 2010 objective of having a personal physician, although all racial and ethnic minority groups fell short of the objective. All racial and ethnic groups saw a higher proportion of their population without health insurance in 2006-2010 than in 2001-2005, moving away from their HP2010 objective of 0.0%. Nebraska's teen birth rate decreased between 2001-2005 and 2006-2010. No group reached their objective for smoking while pregnant. No racial or ethnic group reached their HP2010 goal for cancer mortality. Even though all groups saw progress toward decreasing coronary heart disease mortality, they still did not reach their Healthy People 2010 goal. Diabetes-related death is still a major problem in Nebraska; African Americans, American Indians, and Hispanics have yet to reach their HP2010 objective. We have yet to reach objectives for drinking and driving, binge drinking, or cigarette smoking. All groups moved away from their obesity objectives and no groups, except Asians, reached their Healthy People objective for obesity. No groups in Nebraska reached their objectives for high cholesterol or high blood pressure. Although all groups met their objective for moderate physical activity, no group met their objective for preventive screenings.

Nebraska Objectives	Nebraska		Progress	2010 Objective	Met
	2001-2005	2006-2010			
<b>Access to Healthcare</b>					
<b>Have a Personal Physician</b>	%	%		%	
White	86	86.2	✓	85	✓
African American	82.5	83.2	✓	85	✗
Asian	82.1	84.5	✓	85	✗
American Indian	73.7	76.5	✓	85	✗
Hispanic or Latino	64.8	64.9	✓	85	✗
<b>No Health Insurance</b>	%	%		%	
White	12.8	13	✗	0	✗
African American	18.5	24.4	✗	0	✗
Asian	9.1	17.3	✗	0	✗
American Indian	32	34.5	✗	0	✗
Hispanic or Latino	39	46.1	✗	0	✗
<b>Could Not See a Doctor Due to Costs</b>	%	%		%	
White	9.5	9.1	✓	4	✗
African American	16.1	20.4	✗	4	✗
Asian	8.4	10.6	✗	4	✗
American Indian	23.6	16.1	✓	4	✗
Hispanic or Latino	17.3	20.7	✗	4	✗

Nebraska Objectives	Nebraska		Progress	2010 Objective	Met
	2001-2005	2006-2010			
<b>Maternal and Child Health</b>					
<b>Teen Birth per 1,000 Females Aged 15-19</b>					
White	30.4	23.5	✓	Not Available	✗
African American	90.4	84.7	✓		✗
Asian	23.9	21.1	✓		✗
American Indian	128.2	100.2	✓		✗
Hispanic or Latino	115.3	114.6	✓		✗
<b>Adequate Prenatal Care</b>	%	%		%	
White	90.6	88.7	✗	90	✗
African American	79.4	75.4	✗	90	✗
Asian	88.5	82.9	✗	90	✗
American Indian	72.4	67.4	✗	90	✗
Hispanic or Latino	77.5	75.8	✗	90	✗
<b>Abstained from Smoking While Pregnant</b>	%*	%		%	
White	85.8	83.5	✗	98	✗
African American	84.7	86.7	✓	98	✗
American Indian	70.5	71.1	✓	98	✗
Asian	96.1	96.3	✓	98	✗
Hispanic or Latino	95.9	95.6	✗	98	✗

\*Abstained from smoking data is for 2000-2004 timeframe, not 2001- 2005.

<b>Maternal and Child Health</b>					
<b>Infant Mortality Rate per 1,000 Live Births</b>					
White	5.7	5.7	✗	4.5	✗
African American	15.1	13.8	✓	4.5	✗
Asian	5.5	2.8	✓	4.5	✓
American Indian	15.2	7.7	✓	4.5	✗
Hispanic or Latino	6.8	5.7	✓	4.5	✗
<b>Prenatal Care in the First Trimester</b>	%	%		%	
White	83.8	76.6	✗	90	✗
African American	69.9	56.6	✗	90	✗
Asian	81.3	67.3	✗	90	✗
American Indian	61.3	50.1	✗	90	✗
Hispanic or Latino	67.3	56.6	✗	90	✗
<b>Low Birth Weight</b>	%	%		%	
White	6.6	6.6	✗	5	✗
African American	12.5	13.3	✗	5	✗
Asian	8	8.4	✗	5	✗
American Indian	6.8	7.3	✗	5	✗
Hispanic or Latino	6.3	6.6	✗	5	✗

Nebraska Objectives	Nebraska		Progress	2010 Objective	Met
	2001-2005	2006-2010			
<b>Cancer</b>					
<b>Overall Cancer Death Rate/100,000 Population</b>					
White	179.4	171.8	✓	147	✗
African American	251	238.3	✓	147	✗
Asian	126.3	99.9	✓	85.2	✗
American Indian	215.4	153.2	✓	147	✗
Hispanic or Latino	121.3	99.5	✓	72	✗
<b>Breast Cancer Death Rate/100,000 Population</b>					
White	23.9	20.2	✓	20.7	✓
African American	38.8	28.3	✓	20.7	✗
Asian	5.2	12.4	✗	20.7	✓
American Indian	28.9	12.6	✓	20.7	✓
Hispanic or Latino	9.8	19.3	✗	12	✗
<b>Prostate Cancer Death Rate/100,000 Population</b>					
White	25.0	23.3	✓	25.9	✓
African American	48.1	39.8	✓	25.9	✗
Asian	18.0	5.6	✓	0.0	✗
American Indian	12.1	8.2	✓	25.9	✓
Hispanic or Latino	10.2	22.1	✗	8	✗

<b>Chronic Disease</b>					
<b>Heart Disease Death Rate per 100,000 Population</b>					
White	196.7	160.2	✓	Not Available	✗
African American	246.4	214.2	✓		✗
Asian	108.3	64.5	✓		✗
American Indian	280.1	131.7	✓		✗
Hispanic or Latino	114.6	89.7	✓		✗
<b>Stroke Death Rate per 100,000 Population</b>					
White	51.7	40.8	✓	47.4	✓
African American	84.2	66.6	✓	47.4	✗
Asian	65.7	28.4	✓	32.7	✓
American Indian	62	38.7	✓	47.4	✓
Hispanic or Latino	29.2	23	✓	22.3	✗
<b>Diabetes Death Rate per 100,000 Population</b>					
White	20.3	21.1	✗	25.0	✓
African American	67.3	62.1	✓	25.0	✗
Asian	13.9	18.7	✗	25.0	✓
American Indian	91	93.2	✗	25.0	✗
Hispanic or Latino	45.6	28.8	✓	25.0	✗

Nebraska Objectives	Nebraska		Progress	2010 Objective	Met
	2001 - 2005	2006 - 2010			
<b>Substance Abuse</b>					
<b>Drinking and Driving</b>	%	%		%	
White	4.6	6.3	✘	1	✘
African American	3.3	5.6	✘	1	✘
American Indian	4.3	3.0	✓	1	✘
Hispanic or Latino	1.4	5.8	✘	1	✘
<b>Cigarette Smoking</b>	%	%		%	
White	21.5	18.1	✓	12	✘
African American	24.3	23.7	✓	12	✘
Asian	17.6	10.7	✓	12	✓
American Indian	41.8	43.7	✘	12	✘
Hispanic or Latino	19.8	16.8	✓	12	✘
<b>Binge Drinking</b>	%	%		%	
White	18.1	20.1	✘	6	✘
African American	12.4	14.3	✘	6	✘
Asian	10.5	7.9	✓	6	✘
American Indian	27.5	16.2	✓	6	✘
Hispanic or Latino	12.9	11.2	✓	6	✘

<b>Unintentional and Intentional Injury</b>					
<b>Unintentional Injury death rate/100,000 population</b>					
White	38.4	35.9	✓	19.4	✘
African American	27.2	32.6	✘	19.4	✘
Asian	34.6	21.6	✓	7.5	✘
American Indian	87.9	49.2	✓	19.4	✘
Hispanic or Latino	31.5	29.5	✓	19.4	✘
<b>Death Rate due to Motor Vehicle Accidents/100,000 Population</b>					
White	16.8	13.7	✓	12	✘
African American	11.6	11.8	✘	12	✓
Asian	14.3	5.8	✓	12	✓
American Indian	39.9	16.1	✓	12	✘
Hispanic or Latino	15.5	13.8	✓	12	✘
<b>Suicide/100,000 Population</b>					
White	10.5	10.7	✘	8.2	✘
African American	4.1	5	✘	8.2	✓
Asian	6.6	3.7	✓	2.1	✘
American Indian	16.9	12.7	✓	8.2	✘
Hispanic or Latino	4.9	4.7	✓	4.7	✓
<b>Homicide/100,000 Population</b>					
White	1.9	2.1	✘	2	✘
African American	20.4	25.7	✘	2	✘
Asian	0.9	1.5	✘	2	✓
American Indian	8.0	13.6	✘	2	✘
Hispanic or Latino	5.9	5.4	✓	2	✘

Nebraska Objectives	Nebraska		Progress	2010 Objective	Met
	2001-2005	2006-2010			
<b>Risk Factors for Illness</b>					
<b>BMI 30+</b>	%	%		%	
White	23.1	26.7	✗	15	✗
African American	33.9	39	✗	15	✗
Asian	8.4	10.3	✗	15	✓
American Indian	29.6	41.7	✗	15	✗
Hispanic or Latino	25.5	32	✗	15	✗
<b>High Blood Pressure</b>	%	%		%	
White	22.6	25.3	✗	16	✗
African American	35.8	33.9	✓	16	✗
Asian	15.8	25.1	✗	16	✗
American Indian	36.2	28.2	✓	16	✗
Hispanic or Latino	17.1	21.8	✗	16	✗
<b>High Cholesterol</b>	%	%		%	
White	27.8	32	✗	17	✗
African American	29.9	27.6	✓	17	✗
Asian	36.1	56	✗	17	✗
American Indian	33.6	40.4	✗	17	✗
Hispanic or Latino	23.1	28.5	✗	17	✗
<b>Physical Inactivity</b>	%	%		%	
White	21.7	21.6	✓	32	✗
African American	29.9	35.2	✗	32	✓
Asian	26.2	21.5	✓	32	✗
American Indian	27.7	28.3	✗	32	✗
Hispanic or Latino	43	35.4	✓	32	✗

<b>Protective Health Behaviors</b>					
<b>Mammogram in Last 2 years (Ages 40+)</b>	%	%		%	
White	72.1	69.1	✗	75	✗
African American	78.2	73	✗	75	✗
Asian	73.9	64	✗	75	✗
American Indian	68.5	61.5	✗	75	✗
Hispanic or Latino	73.4	58.3	✗	75	✗
<b>Cholesterol Checked Last 5 years</b>	%	%		%	
White	68.6	72.7	✓	80	✗
African Americans	71.7	79.4	✓	80	✗
Asian	63.6	75.4	✓	80	✗
American Indian	66.4	74.7	✓	80	✗
Hispanic or Latino	56	55	✗	80	✗

Nebraska Objective	Nebraska		Progress	HP2010 Objective	Met
	2001-2005	2006-2010			
<b>Health Behaviors</b>					
<b>Pap Test Last 3 years (Ages 18+)</b>	%	%		%	
White	84.4	76.3	✘	90	✘
African American	89.2	84.2	✘	90	✘
Asian	93.5	70.6	✘	90	✘
American Indian	83.0	79.1	✘	90	✘
Hispanic or Latino	87.5	71.9	✘	90	✘
<b>Moderate Physical Activity</b>	%	%		%	
White	43	52.9	✓	30	✓
African American	38.8	44.5	✓	30	✓
Asian	31.7	34.8	✓	30	✓
American Indian	53.1	64.8	✓	30	✓
Hispanic or Latino	31.3	41.4	✓	30	✓
<b>Vigorous Physical Activity</b>	%	%		%	
White	21.8	31.6	✓	30	✓
African American	23.3	29.1	✓	30	✘
Asian	20.4	20.7	✓	30	✘
American Indian	25.5	33.7	✓	30	✓
Hispanic or Latino	13.3	24.7	✓	30	✘
<b>Blood Stool Test</b>	%	%		%	
White	30.6	21.7	✘	50	✘
African American	32.1	27.1	✘	50	✘
Asian	17.6	26.7	✓	50	✘
American Indian	8.2	19.4	✓	50	✘
Hispanic or Latino	24.1	11.7	✘	50	✘