

Nebraska System of Care (NeSOC)

The purpose of the Nebraska System of Care (NeSOC) is to improve behavioral health outcomes for children and youth (birth to 21), as well as transition-age (16 to 21) youth, with serious emotional disturbances (SED) who are at risk of out-of-home placement and/or involved in multiple systems. We have built upon the strong system, family, and youth partnerships created during and after our strategic planning process. NeSOC was implemented statewide in the identified catchment areas, and will be extended geographically as system needs determine and return on investment permits. Calendar year 2017 was the first full year of the NeSOC efforts. The focus of year 1 of the grant was centered on establishing work teams and outlining team objectives, in addition to implementing statewide Mobile Crisis Response Services for youth.

Youth Mobile Crisis Response (YMCR) is a free resource for families and youth of any age who are experiencing a behavioral health crisis anywhere in Nebraska. YMCR therapists are available 24/7 through the **Nebraska Family Helpline at 1-888-866-8660** and help is provided in the community, home, or through video consultation **within one hour** of receiving a call.



Total Served
445

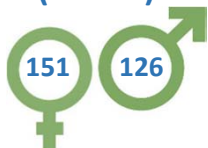
Overarching Goals of the NeSOC

- Nebraska children and youth are healthy, safe, and thriving.
- Nebraska's System of Care provides parents and caregivers the resources they need for their families.

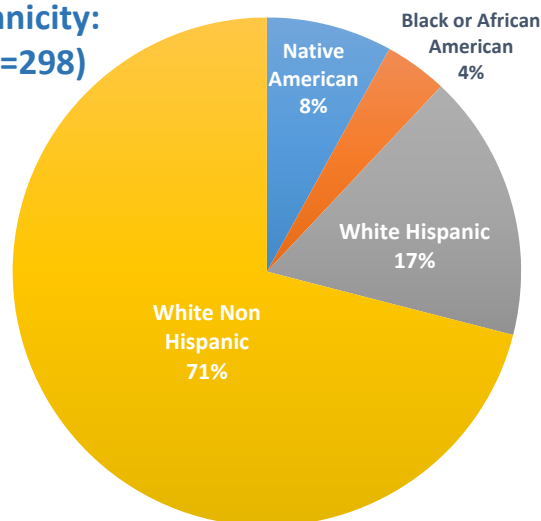
In 2017 Nebraska System of Care:

- For the first time, collected and analyzed individual-level service utilization data across multiple state agencies including Division of Children and Family Services, Division of Medicaid and Long Term Care, and the Administrative office of Probation.
- In calendar year 2017, 326 youth were served through Mobile Crisis Response Services.
- Finalized Financial Blue Print identifying what funds are being spent by whom, for what, and on behalf of which children, to assist in creating a sustainable financial infrastructure.
- Entered contract with the Nebraska Children and Families Foundation (NCF) to assist the Division with meeting the priority outcomes of the NeSOC.

Gender: (n=277)



Ethnicity: (n=298)



Average Age of Youth Served: (n=257)



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Professional Partner Program (PPP)

Since 1995, the Professional Partner Program (PPP) in Nebraska has been serving youth diagnosed with emotional and/or behavioral disturbances. The program coordinates services and supports for youth and their families through a high-fidelity wraparound approach. The PPP utilizes the Child and Adolescent Functional Assessment Scale (CAFAS) and the Preschool and Early Childhood Functional Assessment Scale (PECFAS) as two instruments for comparison of the emotional, behavioral, and psychiatric functionality levels of the youth, as well as any problems related to substance abuse in older youth.

CAFAS total scores range from 0 (minimal/no impairment) to 240 (severe impairment) based on 8 subscales: School Role, Home Role, Community Role, Behavior Towards Others, Moods, Self-Harmful Behavior, Substance Use, and Thinking. For youth with a CAFAS score of 100 or more, hospitalization, residential treatment, or other intensive care may be more appropriate, whereas youth with a score up to 90 may be treated in their own environment and receive accommodation in their community and school.

Results from 2017 indicate the positive impact the program has made on the emotional and behavioral problems of the youth served in PPP.

2017 CAFAS DATA :

# of Encounters Discharged in 2017	Year Range	Average Score at Admission	Average Score at Discharge	Average Drop in Score*
518	4-26	112.5	78.4	34.1

*Lower scores indicate positive improvement in behaviors and functionality.



Office of Consumer Affairs

Nebraska’s Office of Consumer Affairs (OCA) strives to identify, equip, train, certify, and further educate peers with the skills required to provide relationship-building and trauma-informed peer support for people utilizing behavioral health services. The OCA seeks to set standards and to provide consistency of services and workforce expectations aligned with national best practices.

OCA by the Numbers - 2017	
Persons Certified as Peer Support & Wellness Specialists	400 Persons
NE Annual Behavioral Health Conference	380 Participants

Peer Support Workforce

In FY2017, the OCA surpassed 400 individuals who have been trained and received certificates as Peer Support & Wellness Specialist. The Peer Support Workforce survey (2016) data was used to assist in drafting service descriptions. This input contributed to the state plan amendment submitted to the Center for Mental Health Services to approve family and peer support services as Medicaid covered services in Nebraska.

Family Peer Support and Family Navigator Services

Data on the number of families served for Family Navigator services (FN) and Family Peer Support services (FPS) for FY2017 are listed by family organization in the table below.

Family Organization	Family Navigator New Admissions	Family Peer Support New Admission	Total
Families Care (Region 3)	34	113	147
Parent to Parent (Region 4)	15	3	18
Families Inspiring Families (Region 5)	86	106	192
NE Family Support Network (Region 6)	208	20	228
Total	343	242	585

Nebraska Family Helpline

The Nebraska Family Helpline is a 24-hour / 7-days-a-week / 365-days-a-year resource for families of youth experiencing behavioral health challenges. In fiscal year 2017, there were **4,716** total calls. Overall, **3,166** new, unique families contacted the Helpline.

- During FY2017, the Helpline surpassed **30,000** documented, inbound calls. Calls were received from 88 of the state's 93 counties.
- The highest share of calls came from Region VI with **61%**, Region V with **18%**, and Region III with **9%**.
- **42%** of callers reported being single parents.
- **46%** of callers were simply seeking information.
- **5,211** service referrals were provided.
- **553** families were offered Family Navigator services, with **355** families accepting – **64%** acceptance rate.
- In April 2017, the Helpline also became a point of contact to engage crisis response teams who provide help in the community, home, or through video consultation **within one hour** of receiving a call.



Any Problem. Any Time.

1-888-866-8660



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Contact Information

If you are in need of services, please visit Nebraska Network of Care at dhhs.ne.gov/behavioral_health/Pages/networkofcare_index.aspx and/or call Nebraska Family Helpline: **888.866.8660**
National Suicide Prevention Lifeline: **800.273.TALK (8255)**

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Appendix

Community-Based Services List

Mental Health Services

Acute Psychiatric Inpatient
 Assertive Community Treatment
 Assessment/Evaluation Only
 Community Support
 Crisis Assessment/Evaluation
 Crisis Inpatient - Youth
 Crisis Stabilization/Treatment
 Day Rehabilitation
 Day Support
 Day Treatment
 Emergency Community Support
 Emergency Protective Custody
 Intensive Community Support/
 Intensive Case Management
 Intermediate Residential
 Medication Management
 Mobile Crisis Response
 Outpatient Therapy
 Post-Commitment Treatment
 Psych Residential Rehab
 Psych Respite
 Psychological Testing
 Recovery Support
 Secure Residential
 Sub-Acute Inpatient Care
 Supported Employment
 Supported Housing
 Supportive Living
 Urgency Assessment/Evaluation
 Youth - Assessment/Evaluation Only
 Youth - Day Treatment
 Youth - Intensive Outpatient Therapy
 Youth - Medication Management
 Youth - Multi-Systemic Therapy
 Youth - Outpatient Therapy
 Youth - Professional Partners
 Youth - Respite Care

Substance Use Disorder Services

Assessment/Evaluation Only
 Civil Protective Custody
 Community Support
 Crisis Assessment
 Detox
 Group Therapy
 Halfway House
 Intensive Community Support/
 Intensive Case Management
 Intensive Outpatient Therapy
 Intermediate Residential
 Opioid Replacement Therapy
 Outpatient Therapy
 Partial Care
 Post Commitment Treatment
 Short-Term Residential
 Therapeutic Community
 Urgent Assessment/Evaluation
 Youth - Therapeutic Community
 Youth - Assessment/Evaluation
 Youth - Community Support
 Youth - Halfway House
 Youth - Intensive Outpatient Therapy
 Youth - Outpatient Therapy

Dual Disorder Services

Dual Residential Treatment
 Dual Outpatient Therapy
 Youth - Outpatient Therapy

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