Data presented below is from Nebraska PRAMS and combines 2017-2018 data.

Data is reported on the following indicators:

<table>
<thead>
<tr>
<th>Indicator</th>
<th>Measurement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sleeps alone in a crib, bassinet, or pack n play</td>
<td>Was assessed with a 5 item composite indicating how the infant usually slept in the past 2 weeks: 1. Separate was defined as always in own crib or bed AND 2. Approved was defined as usually in a crib, bassinet, or pack and play but NOT in a twin or larger bed, couch or armchair, or infant car seat or swing.</td>
</tr>
<tr>
<td>Put to sleep on back</td>
<td>Was assessed by a single item regarding the position mothers most often placed their infant to sleep (i.e. back versus side, stomach, or combination). Multiple responses were not coded as put to sleep on back.</td>
</tr>
<tr>
<td>Room-shares but does not bed-share</td>
<td>Was assessed as a 2 item composite 1. Always alone in own crib or bed AND 2. YES in the same room as their mothers</td>
</tr>
<tr>
<td>Does not sleep with soft objects or loose bedding</td>
<td>Was assessed with a 3 item composite indicating that the infant usually slept in the past 2 weeks without blankets, toys, cushions, or pillows and crib bumper pads.</td>
</tr>
</tbody>
</table>

Measurement for each of the variables aligns with the recommendations from the American Academy of Pediatricians.¹

Demographic data is presented when there is a statistical difference for the safe sleep indicator. For example, racial/ethnic disparities exist for all four PRAMS safe sleep indicators that were reviewed. In contrast, there are only age disparities for two of the four indicators – “Put to sleep on back” and “Does not sleep with soft objects or loose bedding”.

Safe Sleep Practices in Nebraska, by Race/Ethnicity
Nebraska PRAMS 2017-2018 Data

- **White**
  - Sleeps alone in a crib, bassinet, or pack n play: 89.6%
  - Put to sleep on back: 50.0%
  - Room-shares but does not bed-share: 36.8%
  - Does not sleep with soft objects or loose bedding: 41.8%

- **Black**
  - Sleeps alone in a crib, bassinet, or pack n play: 71.4%
  - Put to sleep on back: 33.7%
  - Room-shares but does not bed-share: 21.1%
  - Does not sleep with soft objects or loose bedding: 29.5%

- **Native American**
  - Sleeps alone in a crib, bassinet, or pack n play: 88.4%
  - Put to sleep on back: 41.8%
  - Room-shares but does not bed-share: 29.5%
  - Does not sleep with soft objects or loose bedding: 38.6%

- **Asian/Pacific Islander**
  - Sleeps alone in a crib, bassinet, or pack n play: 78.9%
  - Put to sleep on back: 38.6%
  - Room-shares but does not bed-share: 18.0%
  - Does not sleep with soft objects or loose bedding: 40.1%

- **Hispanic**
  - Sleeps alone in a crib, bassinet, or pack n play: 86.8%
  - Put to sleep on back: 50.0%
  - Room-shares but does not bed-share: 42.8%
  - Does not sleep with soft objects or loose bedding: 33.7%

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Safe Sleep Practices in Nebraska, by Mother’s Education
Nebraska PRAMS 2017-2018 Data

- **0-11 Years**
  - Sleeps alone in a crib, bassinet, or pack n play: 78.5%
  - Put to sleep on back: 51.9%
  - Room-shares but does not bed-share: 40.4%
  - Does not sleep with soft objects or loose bedding: 37.0%

- **12 Years**
  - Sleeps alone in a crib, bassinet, or pack n play: 79.9%
  - Put to sleep on back: 42.4%
  - Room-shares but does not bed-share: 37.0%
  - Does not sleep with soft objects or loose bedding: 29.6%

- **13-15 Years**
  - Sleeps alone in a crib, bassinet, or pack n play: 88.7%
  - Put to sleep on back: 43.2%
  - Room-shares but does not bed-share: 42.9%
  - Does not sleep with soft objects or loose bedding: 36.0%

- **16 or More Years**
  - Sleeps alone in a crib, bassinet, or pack n play: 90.0%
  - Put to sleep on back: 56.3%
  - Room-shares but does not bed-share: 37.4%
  - Does not sleep with soft objects or loose bedding: 36.0%
Safe Sleep Practices in Nebraska, by Age
Nebraska PRAMS 2017-2018 Data

- Under 20: 82.3% Put to sleep on back, 24.1% Does not sleep with soft objects or loose bedding
- 20 to 24: 82.1% Put to sleep on back, 38.9% Does not sleep with soft objects or loose bedding
- 25 to 34: 88.6% Put to sleep on back, 49.8% Does not sleep with soft objects or loose bedding
- Over 34: 83.6% Put to sleep on back, 50.2% Does not sleep with soft objects or loose bedding

Safe Sleep Practices in Nebraska, by Poverty Status
Nebraska PRAMS 2017-2018 Data

- > 194% of FPL: 36% Sleeps alone in a crib, bassinet, or pack n play, 46% Put to sleep on back, 24% Room-shares but does not bed-share
- < 194% of FPL: 42% Sleeps alone in a crib, bassinet, or pack n play, 46% Put to sleep on back, 24% Room-shares but does not bed-share