

Nebraska Pregnancy Risk Assessment Monitoring System



A Survey of the Health of Mothers and Babies in Nebraska

For further information, please call the PRAMS office at 471-8370 in the Lincoln alea, or toll-free at 1-877-873-1876.

Your experiences, thoughts and feelings are important! Please complete the survey and mail it in the enclosed postage paid envelope.

Your help is voluntary, and your answers are completely confidential.

Your answers will help us improve the health of mothers and babies in Nebraska.

For further information, please call the PRAMS office at 471-8370 in the Lincoln area, or toll-free at 1-877-873-1876.

Please mark your answers. Follow the directions included with the questions. If no directions are presented, check the box next to your answer or fill in the blanks. Because not all questions will apply to everyone, you may be asked to skip certain questions.

BEFORE PREGNANCY

First, we would like to ask a few questions about *you* and the time <u>before</u> you got pregnant with your new baby.

1. At any time during the 12 months before you got pregnant with your new baby, did you do any of the following things? For each item, circle Y (Yes) if you did it or circle N (No) if you did not.

	No	Yes
a.	I was dieting (changing my eating	
	habits) to lose weight	Y
b.	I was exercising 3 or more days	
	of the week	Y
c.	I was regularly taking prescription	
	medicines other than birth control N	Y
d.	I visited a health care worker to	
	be checked or treated for diabetes N	Y
e.	I visited a health care worker to	
	be checked or treated for high	
	blood pressureN	Y
f.	I visited a health care worker to	
	be checked or treated for depression	
	or anxiety	Y
g.	I talked to a health care worker	
	about my family medical history N	Y
h.	I had my teeth cleaned by a dentist	
	or dental hygienistN	Y

	any of these health insurance plans?		
		Check <u>all</u> that apply	
		Health insurance from your job or the job of your husband, partner, or parents Health insurance that you or someone else paid for (not from a job) Medicaid or Medicaid Managed Care (Wellness Option, Share Advantage, Primary Care+) TRICARE or other military health care Indian Health Services or Tribal Clinic Other source(s)	
		I did not have any health insurance before I got pregnant	
3.		ring the <i>month before</i> you got pregnant	
	did	h your new baby, how many times a week you take a multivitamin, a prenatal min, or a folic acid vitamin?	
	did	you take a multivitamin, a prenatal min, or a folic acid vitamin? I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin at all 1 to 3 times a week	
4.	did vita	you take a multivitamin, a prenatal min, or a folic acid vitamin? I didn't take a multivitamin, prenatal vitamin, or folic acid vitamin at all 1 to 3 times a week 4 to 6 times a week	

2. During the *month before* you got pregnant

with your new baby, were you covered by

5.	How tall are you without shoes?	The next questions are about the time when you got pregnant with your <i>new</i> baby.		
	Feet Inches OR Meters	11. Thinking back to <i>just before</i> you got pregnant with your <i>new</i> baby, how did you feel about becoming pregnant?		
6.	What is your date of birth?	Check one answer		
7	Month Day Year	☐ I wanted to be pregnant sooner ☐ I wanted to be pregnant later ☐ I wanted to be pregnant then ☐ I didn't want to be pregnant then or at any time in the future		
/•	Before you got pregnant with your new baby, were you ever told by a doctor, nurse,	or at any time in the rature		
	or other health care worker that you had Type 1 or Type 2 diabetes? This is <u>not</u> the same as gestational diabetes or diabetes that starts during pregnancy.	12. When you got pregnant with your new baby, were you trying to get pregnant?		
		□ No		
	□ No	Yes — Go to Question 15		
8.	Yes Before you got pregnant with your new	13. When you got pregnant with your new baby, were you or your husband or partner doing anything to keep from getting		
	baby, did you ever have any other babies who were born alive?	pregnant? (Some things people do to keep from getting pregnant include not having sex		
↓	☐ No — → Go to Question 11 ☐ Yes	at certain times [natural family planning or rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their		
9.	Did the baby born just before your new	partner having a vasectomy.)		
	one weigh <i>more</i> than 5 pounds, 8 ounces (2.5 kilos) at birth?	No		
	□ No □ Yes	✓ Yes		
10.	Was the baby <i>just before</i> your new one born <i>more</i> than 3 weeks before his or her due date?			
	□ No □ Yes			

or p	at were your reasons or your husband's partner's reasons for not doing anything	DURING PREGNANCY
to k	eep from getting pregnant? Check <u>all</u> that apply	The next questions are about the prenatal
	I didn't mind if I got pregnant I thought I could not get pregnant at that time I had side effects from the birth control method I was using I had problems getting birth control when I needed it	care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worked before your baby was born to get checkups and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)
	I thought my husband or partner or I was sterile (could not get pregnant at all) My husband or partner didn't want to use anything Other Please tell us:	16. How many weeks or months pregnant were you when you were <i>sure</i> you were pregnant? (For example, you had a pregnancy test or a doctor or nurse said you were pregnant.)
you go Question 15. Did any nurs	were not trying to get pregnant when t pregnant with your new baby, go to on 16. you take any fertility drugs or receive medical procedures from a doctor, se, or other health care worker to help get pregnant with your new baby?	Weeks OR Months ☐ I don't remember 17. How many weeks or months pregnant were you when you had your first visit for prenatal care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children).
(Thi	is may include infertility treatments such certility-enhancing drugs or assisted oductive technology.)	Weeks OR Months
_	No Yes	Go to Page 4, Question 19 Go to Page 4, Question 18

					atal care, go to
Did any of these things ke getting prenatal care at al	ep you from l or as early as you	20.	prena	ital care visits? D	
when you wanted or circle	F (False) if it was		D H	lealth department or rivate doctor's offindian Health Servi	ice or HMO clinic ce or Tribal clinic
when I wanted one	T F				center → Please tell us:
insurance to pay for my vis I had no transportation to g the clinic or doctor's office	et to T F	21.			orenatal care?
would not start care as earl as I wanted	yT FT FT FT FT FT FT FT FT FT F		O O O O O O O O O O O O O O O O O O O	r the job of your h r parents Health insurance th aid for (not from a Medicaid or Medica Wellness Option, S rimary Care+) RICARE or other ndian Health Servi Other source(s) did not have health	usband, partner, at you or someone else i job) aid Managed Care Share Advantage, military health care ces or Tribal Clinic Please tell us: h insurance to help pay
	Did any of these things kee getting prenatal care at all wanted? For each item, cir was a reason that you didn't when you wanted or circle I not a reason for you or if so apply to you. I couldn't get an appointment when I wanted one I didn't have enough mone insurance to pay for my vis I had no transportation to gethe clinic or doctor's office. The doctor or my health play would not start care as early as I wanted	Did any of these things keep you from getting prenatal care at all or as early as you wanted? For each item, circle T (True) if it was a reason that you didn't get prenatal care when you wanted or circle F (False) if it was not a reason for you or if something does not apply to you. True False I couldn't get an appointment when I wanted one T F I didn't have enough money or insurance to pay for my visits T F I had no transportation to get to the clinic or doctor's office T F The doctor or my health plan would not start care as early as I wanted T F I had too many other things going on T F I couldn't take time off from work or school T F I didn't have my Medicaid or Medicaid Managed Care card T F I had no one to take care of my children T F I didn't know that I was pregnant T F I didn't want anyone else to know I was pregnant T F	Pregnancy as you wanted? □ No □ Yes → Go to Question 20 Did any of these things keep you from getting prenatal care at all or as early as you wanted? For each item, circle T (True) if it was a reason that you didn't get prenatal care when you wanted or circle F (False) if it was not a reason for you or if something does not apply to you. True False I couldn't get an appointment when I wanted one	Pregnancy as you wanted? □ No □ Yes → Go to Question 20 Did any of these things keep you from getting prenatal care at all or as early as you wanted? For each item, circle T (True) if it was a reason that you didn't get prenatal care when you wanted or circle F (False) if it was not a reason for you or if something does not apply to you. True False I couldn't get an appointment when I wanted one	Prignancy as you wanted? □ No □ Yes → Go to Question 20 Did any of these things keep you from getting prenatal care at all or as early as you wanted? For each item, circle T (True) if it was a reason that you didn't get prenatal care when you wanted or circle F (False) if it was not a reason for you or if something does not apply to you. True False I couldn't get an appointment when I wanted one. T F I didn't have enough money or insurance to pay for my visits T F I had no transportation to get to the clinic or doctor's office. T F The doctor or my health plan would not start care as early as I wanted T F I had too many other things going on T F I couldn't take time off from work or school. T F I didn't have my Medicaid or Medicaid Managed Care card T F I didn't know that I was pregnant. T F I didn't know that I was pregnant. T F I didn't want anyone else to know I was pregnant T F I didn't want prenatal care T T F I didn't want prenatal care as early as you was pregnant T T F I didn't want prenatal care as early as you pay for will. 20. Where did you go most prenatal care visits? D for WIC. Health department T Health Serving T Health help you pay for your prenatal care visits? D for WIC. 21. Did any of these health help you pay for your prenatal care T F T F T F T F T F T F T F T F T F T

22.	During any of your prenatal care visits, did
	a doctor, nurse, or other health care worker
	talk with you about any of the things listed
	below? Please count only discussions, not
	reading materials or videos. For each item,
	circle Y (Yes) if someone talked with you
	about it or circle N (No) if no one talked with
	you about it.

	No	Yes
a.	How smoking during pregnancy	
	could affect my babyN	Y
b.	Breastfeeding my baby N	Y
c.	How drinking alcohol during	
	pregnancy could affect my baby N	Y
d.	Using a seat belt during my	
	pregnancy N	Y
e.	Medicines that are safe to take	
	during my pregnancy N	Y
f.	How using illegal drugs could	
	affect my babyN	Y
g.	Doing tests to screen for birth defects	
	or diseases that run in my family N	Y
h.	The signs and symptoms of preterm	
	labor (labor more than 3 weeks before	
	the baby is due)N	Y
i.	What to do if my labor starts early N	Y
j.	Getting tested for HIV (the virus	
	that causes AIDS) N	Y
k.	What to do if I feel depressed during	
	my pregnancy or after my baby	
	is born	Y
1.	Physical abuse to women by their	
	husbands or partners N	Y
	-	

23. We would like to know how you felt about the prenatal care you got during your most recent pregnancy. If you went to more than one place for prenatal care, answer for the place where you got most of your care. For each item, circle Y (Yes) if you were satisfied or circle N (No) if you were not satisfied.

Were you satisfied with—

		No	Yes
a.	The amount of time you had		
	to wait after you arrived for your visits	N	Y
b.	The amount of time the doctor,	. 11	1
	nurse, or midwife spent with		
	you during your visits	. N	Y
c.	The advice you got on how to		3 7
d.	take care of yourself	. N	Y
u.	that the staff showed toward		
	you as a person	. N	Y
24.	During any of your prenatal care vis a doctor, nurse, or other health car ask if you were smoking cigarettes?	e wo	
	☐ No		
	☐ Yes		
25.	During any of your prenatal care vis	s <i>its</i> , d	lid a
	doctor, nurse, or other health care		
	talk with you about how much weig should gain during your pregnancy	_	ou
	should gain during your pregnancy	•	
	□ No		
	Yes		
26.	At any time during your most recen	ı t	
	pregnancy or delivery, did you have		est
	for HIV (the virus that causes AID)	S)?	
	☐ No		
	☐ Yes		
	☐ I don't know		

27.	During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?	The next questions are about smoking cigarettes around the time of pregnancy (before, during, and after).		
	□ No □ Yes	30. Have you smoked any cigarettes in the <i>past</i> 2 years?		
28.	During your most recent pregnancy, were you told by a doctor, nurse, or other health care worker that you had gestational	No Yes Go to Question 34 Yes 31. In the 3 months before you got pregnant,		
	diabetes (diabetes that started during <i>this</i> pregnancy)?	how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)		
	□ No □ Yes	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes		
29.	Did you have any of the following problems during your most recent pregnancy? For each item, circle Y (Yes) if you had the problem or circle N (No) if you did not.	☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then		
	Vaginal bleeding			
a. b. c.	Vaginal bleeding N Y Kidney or bladder (urinary tract) infection N Y Severe nausea, vomiting, or	32. In the <u>last 3</u> months of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)		
d.	dehydration	41 cigarettes or more 21 to 40 cigarettes		
e.	(cerclage for incompetent cervix)N Y High blood pressure, hypertension (including pregnancy-induced hypertension [PIH]), preeclampsia, or toxemiaN Y	☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ I didn't smoke then		
f.	Problems with the placenta (such as abruptio placentae or placenta previa)	33. How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.		
g.	Labor pains more than 3 weeks before my baby was due (preterm	41 cigarettes or more 21 to 40 cigarettes		
h.	or early labor)	11 to 20 cigarettes 6 to 10 cigarettes		
:	rupture of membranes $[PROM]$) N Y	☐ 1 to 5 cigarettes☐ Less than 1 cigarette		
i. j.	I had to have a blood transfusion N Y I was hurt in a car accident N Y	☐ I don't smoke now		

34. Which of the following statements best describes the rules about smoking <i>inside</i> your home <i>now</i> ?	37a. During the <u>last 3</u> months of your pregnancy how many alcoholic drinks did you have in an average week?
□ No one is allowed to smoke anywhere inside my home □ Smoking is allowed in some rooms or at some times □ Smoking is permitted anywhere inside my home	14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then Go to Page 8, Question 38
The next questions are about drinking alcohol around the time of pregnancy (before, during, and after).	37b. During the <u>last 3</u> months of your pregnancy how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.
35. Have you had any alcoholic drinks in the past 2 years? A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink. Go to Page 8, Question 38 Yes	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more in 1 sitting
36a. During the <i>3 months before</i> you got pregnant, how many alcoholic drinks did you have in an average week?	
14 drinks or more a week 7 to 13 drinks a week 4 to 6 drinks a week 1 to 3 drinks a week Less than 1 drink a week I didn't drink then Go to Question 37a	
36b. During the 3 months before you got pregnant, how many times did you drink 4 alcoholic drinks or more in one sitting? A sitting is a two hour time span.	
☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 4 drinks or more in 1 sitting	

Pregnancy can be a difficult time for some
women. The next questions are about
things that may have happened before and
during your most recent pregnancy.

38.	This question is about things that may happened during the 12 months before ynew baby was born. For each item, circle Y (Yes) if it happened to you or circle N (if it did not. (It may help to look at the calendar when you answer these questions	your e No)
	No	Yes
a.	A close family member was very sick and had to go into the hospital N	Y
b.	I got separated or divorced from my husband or partner N	Y
c.	I moved to a new address N	Y
d.	I was homeless N	Y
e.	My husband or partner lost his job N	Y
f.	I lost my job even though I wanted	
	to go on workingN	Y
g.	I argued with my husband or partner	* 7
h.	more than usual	Y
	didn't want me to be pregnant N	Y
i.	I had a lot of bills I couldn't pay N	Y
j.	I was in a physical fight $\ldots \ldots N$	Y
k.	My husband or partner or I	* 7
1	went to jail	Y
1.	Someone very close to me had a problem with drinking or drugs N	Y
m.	Someone very close to me died N	Y
111.	Someone very close to me died	1
39.	During the 12 months before you got pregnant with your new baby, did your husband or partner push, hit, slap, kick choke, or physically hurt you in any oth way?	
	□ No □ Yes	

	pregnant with your new baby, did anyone else physically hurt you in any way?			
	□ No □ Yes			
41.	During your most recent pregnancy, did your husband or partner push, hit, slap, kick, choke, or physically hurt you in any other way?			
	□ No □ Yes			
42.	During your most recent pregnancy, did anyone else physically hurt you in any way			
	□ No □ Yes			
and	e next questions are about your labor delivery. (It may help to look at the endar when you answer these questions.)			
	When was your baby due?			
	When was your baby due? \[\sum_{\text{Month}} \setminus \frac{ 20}{\text{Year}} \]			
43.				
43.	$\frac{1}{100} \frac{1}{100} \frac{1}{100} \frac{1}{100} \frac{20}{100}$ When did you go into the hospital to have			
44.	Month Day Year When did you go into the hospital to have your baby? / 20 Month Day Year I didn't have my baby in			

45.	After you were <i>admitted</i> to the hospital to deliver your new baby, were you	AFTER PREGNANCY		
	transferred to another hospital <i>before</i> your baby was born?	The next questions are about the time since your new baby was born.		
	☐ Yes	49. After your baby was born, was he or she put in an intensive care unit?		
46.	When was your baby born?	D. Na		
	$\frac{1}{\text{Month}} / \frac{1}{\text{Day}} / \frac{20}{\text{Year}}$	☐ No☐ Yes☐ I don't know		
		50. After your baby was born, how long did he		
47.	When were you discharged from the	or she stay in the hospital?		
	hospital after your baby was born? \[\sum_{\text{Month}} \sum_{\text{Day}} \sum_{\text{Year}} \] \[\text{I didn't have my baby in a hospital} \]	Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) 3 to 5 days 6 to 14 days More than 14 days My baby was not born in a hospital		
48.	Did any of these health insurance plans help you pay for the <i>delivery</i> of your new baby?	☐ My baby is still in the hospital → Go to Question 53		
	Check <u>all</u> that apply	51. Is your baby alive now?		
	☐ Health insurance from your job or the job of your husband, partner, or parents	☐ No —— Go to Page 11, Question 63		
	☐ Health insurance that you or someone else	52. Is your baby living with you now?		
	paid for (not from a job) Medicaid or Medicaid Managed Care (Wellness Option, Share Advantage, Primary Care+)	☐ No → Go to Page 11, Question 63		
	 ☐ TRICARE or other military health care ☐ Indian Health Services or Tribal Clinic ☐ Other source(s) → Please tell us: 	53. Did you ever breastfeed or pump breast milk to feed your new baby after delivery, even for a short period of time?		
	☐ I did not have health insurance to help pay for my delivery	☐ No → Go to Page 10, Question 58b Go to Page 10, Question 54		

54.		e you currently bre mped milk to your	eastfeeding or feeding new baby?		r baby was not born in a hospita ion 58a.	ıl, go to
√ 55.	Ho	w many weeks or r	Go to Question 57 months did you nilk to feed your baby?	hav nev Y (is question asks about things that the happened at the hospital where we baby was born. For each item, Yes) if it happened or circle N (No happen.	e your circle
		Weeks OR	Months	a. Hos	spital staff gave me	No Yes
		Less than 1 week		info	ormation about breastfeeding eastfed my baby in the hospital	
56.		nat were your reaso astfeeding?	ons for stopping	ing c. Hospital staff helped n	spital staff helped me learn v to breastfeed	
	Check <u>all</u> that apply a. Breast milk alone did not satisfy my baby d. e.	Check <u>all</u> that apply	brea		. N Y	
			e. The hospital gave me a gift pack with formula	.N Y		
		I thought my baby enough weight	was not gaining	58a. How old was your new baby the first time he or she drank liquids other than breast		
	☐ My nipples were sore, cracked, or bleeding	mi	e, tea, or			
☐ It was too hard, pa	consuming			w's milk)?		
	_	milk	t producing enough		Weeks OR Months	1.1
		I had too many oth I felt it was the rig breastfeeding	ner household duties ht time to stop		My baby was less than 1 week of My baby has not had any liquids than breast milk	
		I got sick and was	not able to breastfeed	50L II.		4 40
		I went back to wor My baby was jaun- skin or whites of the	diced (yellowing of the	he	ow old was your new baby the fin or she ate food (such as baby ce by food, or any other food)?	
			→ Please tell us:		Weeks OP Months	
					Weeks OR Months My baby was less than 1 week or	old
					My baby has not eaten any food	s
					r baby is still in the hospital, go i ion 63.	to

59.	In which <i>one</i> position do you <u>most often</u> lay your baby down to sleep now? Check <u>one</u> answer	or		
	On his or her side On his or her back On his or her stomach		I am not having sex I want to get pregn I don't want to use	ant
60.	How often does your new baby sleep in the same bed with you or anyone else? Always Often Sometimes Rarely Never		use anything	get pregnant (sterile) n control
61.	Was your new baby seen by a doctor, nurse, or other health care worker for a <i>one week check-up</i> after he or she was born?	anyth		or partner is <u>not doing</u> etting pregnant <i>now</i> , 66.
	□ No □ Yes	hu		ntrol are you or your sing <i>now</i> to keep from
62.	Has your new baby had a well-baby checkup? (A well-baby checkup is a regular health visit for your baby usually at 1, 2, 4, and 6 months of age.)			Check <u>all</u> that apply d (female sterilization) terilization)
	□ No □ Yes		Injection once every 3 months (Depo-Provera [®]) Contraceptive implant (Implanor Contraceptive patch (OrthoEvra Diaphragm, cervical cap, or spor Vaginal ring (NuvaRing [®]) IUD (including Mirena [®])	
63.	Are you or your husband or partner doing anything now to keep from getting pregnant? (Some things people do to keep from getting pregnant include not having sex at certain times [natural family planning or rhythm] or withdrawal, and using birth control methods such as the pill, condoms, vaginal ring, IUD, having their tubes tied, or their partner having a vasectomy.)			h (OrthoEvra®) al cap, or sponge aRing®) rena®) r natural family g out) stinence) ception
V G	No Yes — Go to Question 65 to Question 64		Other —	

66. Below is a list of feelings and experiences that women sometimes have after childbirth. Read each item to determine	68. Which of these things happened while you were on Medicaid or Medicaid Managed Care?
how well it describes your feelings and	Check <u>all</u> that apply
experiences. Then, write on the line the number of the choice that best describes how often you have felt or experienced things this way <i>since your new baby was born</i> . Use the scale when answering:	 ☐ I had a hard time getting help from the Medicaid or Medicaid Managed Care staff ☐ I did not understand how to use my Medicaid or Medicaid Managed Care
1 2 3 4 5	card or what was covered
1 2 3 4 5 Never Rarely Sometimes Often Always	I did not get all the Medicaid or Medicaid
Nately Sometimes Often Always	Managed Care services I needed I had problems finding a doctor who
a. I felt down, depressed, or sad	would accept me as a Medicaid or
h I folk handara	Medicaid Managed Care patient
b. I felt hopeless	☐ I was assigned to a doctor that I did not
c. I felt slowed down	choose ☐ I had problems with Medicaid's or
	Medicaid Managed Care's transportation
OTHER EXPERIENCES	service
	My doctor or nurse treated me differently
The next questions are on a variety of	from other patients I did not have any problems with
topics.	Medicaid or Medicaid Managed Care
	Ç
67. When you got pregnant, how old was your new baby's father?	The next questions are about the time during your most recent pregnancy.
Years old	69. At any time during your most recent
☐ I don't know	pregnancy, did you ask for help for
<u> </u>	depression from a doctor, nurse, or other health care worker?
If you were not on Medicaid or Medicaid	
Managed Care a month before your	☐ No☐ Yes
pregnancy, during your pregnancy, or for	i les
the delivery of your baby, go to Question 69.	70. During your <i>most recent</i> pregnancy, did you
	get any of these services? For each one,
	circle Y (Yes) if you got the service or circle
	N (No) if you did not get it.
	No Yes
	a. Childbirth classes
	b. Parenting classes
	or other health care worker
	d. Counseling for depression

71.	This question is about the care of your teeth during your <i>most recent</i> pregnancy. For each item, circle Y (Yes) if it is true or circle N (No) if it is not true.		75. Are you currently in school or working outside the home?		
				No, I don't work or go to school	
a. b. c.	I needed to see a dentist for a problem			No, I'm on maternity leave, but plan to return to work Yes Go to Question 78	
72.	for my teeth and gums			the most time taking care of your new bab when you go to work or school?	
	dentist or dental hygienist?			Check one answer	
↓	□ No — Go to Question 74 □ Yes	Friend or neighbor Babysitter, nanny, or other child car provider Staff at day care center The baby is with me while I am at y or school Go to Question	Baby's grandparent Other close family member or relative		
73.	Did you have your teeth cleaned by a dentist or dental hygienist during the time periods listed below? For each time period, circle Y (Yes) if you had your teeth cleaned then or circle N (No) if you did not have your teeth cleaned then.		_ _	Babysitter, nanny, or other child care provider Staff at day care center The baby is with me while I am at work or school Go to Question 78	
a. b.	$\begin{array}{ccc} & \textbf{No} & \textbf{Yes} \\ \text{During my most recent pregnancy} & \dots & \text{N} & \text{Y} \\ \text{After my most recent pregnancy} & \dots & \text{N} & \text{Y} \end{array}$		- 🗖	Other Please tell us:	
	e next questions are about the time since ar new baby was born.	77.	woı	nen you leave your new baby to go to rk or school, how often do you feel that or she is well cared for?	
yo	your baby is not alive or is not living with ou, go to Question 78. When your new baby rides in a car, truck, or van, how often does he or she ride in an infant car seat?			Always Often Sometimes Rarely Never	
	☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never	78.	ask	ce your new baby was born, have you ed for help for depression from a doctor, rse, or other health care worker? No Yes	

79.	Since your new baby was born, how many alcoholic drinks do you have in an average week? (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.)	The last questions are about the time during the <u>12 months before</u> your new baby was born.		
	☐ 14 or more drinks a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I don't drink	82. During the 12 months before your new baby was born, what was your yearly total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have received. (All information will be kept private and will not affect any services you are now getting.)		
80.	Which rooms are in the house, apartment, or trailer where you live? Check <u>all</u> that apply	☐ Less than \$10,000 ☐ \$10,000 to \$14,999 ☐ \$15,000 to \$19,999		
	Living room Separate dining room Kitchen Bathroom(s) Recreation room, den, or family room	\$20,000 to \$24,999 \$25,000 to \$34,999 \$35,000 to \$49,999 \$50,000 or more		
	☐ Finished basement ☐ Bedrooms How many? → Please tell us:	83. During the 12 months before your new baby was born, how many people, including yourself, depended on this income?		
		People		
81.	Counting yourself, how many people live in your house, apartment, or trailer?	84. What is today's date?		
	Adults (people aged 18 years or older)	$\frac{1}{\text{Month}} / \frac{20}{\text{Day}} / \frac{20}{\text{Year}}$		
	Babies, children, or teenagers (people aged 17 years or younger)	Monui Day Teal		

Please use this space for any additional comments you would like to make about the health of mothers and babies in Nebraska.

Thanks for answering our questions!

Your answers will help us work to make Nebraska mothers and babies healthier.

