First, we would like to ask a few questions	6. How tall are you without shoes?
about you and the time before you got pregnant with your new baby. Please check the box next to your answer.	Feet Inches
1. Just before you got pregnant, did you have	OR Centimeters
health insurance? Do not count Medicaid.	7. Before you got pregnant with your new
□ No □ Yes	baby, did you ever have any other babies who were born alive?
2. List before you got program work you on	☐ No ——— Go to Question 10
2. Just before you got pregnant, were you on Medicaid?	Yes
□ No □ Yes	8. Did the baby born <i>just before</i> your new one weigh 5 pounds, 8 ounces (2.5 kilos) <i>or less</i> at birth?
3. During the <i>month before</i> you got pregnant with your new baby, how many times a week did you take a multivitamin or a prenatal	□ No □ Yes
vitamin? These are pills that contain many different vitamins and minerals.	9. Was the baby <i>just before</i> your new one born <i>more</i> than 3 weeks before its due date?
☐ I didn't take a multivitamin or a prenatal vitamin at all ☐ 1 to 3 times a week	□ No □ Yes
☐ 4 to 6 times a week☐ Every day of the week	The next questions are about the time when you got pregnant with your <i>new</i> baby.
4. What is <i>your</i> date of birth?	
Month Day Year	10. Thinking back to <i>just before</i> you got pregnant with your <i>new</i> baby, how did you feel about becoming pregnant?
Monui Day Teai	Check one answer
5. Just before you got pregnant with your new baby, how much did you weigh? Pounds OR Kilos	☐ I wanted to be pregnant sooner ☐ I wanted to be pregnant later ☐ I wanted to be pregnant then ☐ I didn't want to be pregnant then ☐ or at any time in the future

11.		nen you got pregnan by, were you trying	•	14. Did you receive treatment from a doctor, nurse, or other health care worker to help	
		No Yes —	Go to Question 14	you get pregnant with your new baby? (This may include infertility treatments such as fertility-enhancing drugs or assisted reproductive technology.)	
12.	wei			□ No □ Yes	
	[rhy mer		subes tied, or their	The next questions are about the prenatal care you received during your most recent pregnancy. Prenatal care includes visits to a doctor, nurse, or other health care worker before your baby was born to get checkups	
12		No Yes	Go to Question 15	and advice about pregnancy. (It may help to look at the calendar when you answer these questions.)	
13.	pai	rtner's reasons for n	not doing anything to	15 How many weeks on months measured were	
	kee	ep from getting preg		15. How many weeks or months pregnant were you when you were <i>sure</i> you were pregnant?	
			Check <u>all</u> that apply	(For example, you had a pregnancy test or a doctor or nurse said you were pregnant.)	
		I didn't mind if I go I thought I could no			
		that time I had side effects fr		Weeks OR Months ☐ I don't remember	
		method I was using I had problems gett	ing birth control when		
		I needed it I thought my husba	nd or partner or I was	16. How many weeks or months pregnant were you when you had your first visit for prenatal	
		sterile (could not ge My husband or part	et pregnant at all) tner didn't want to use	care? Do not count a visit that was only for a pregnancy test or only for WIC (the Special	
		anything Other —	➤ Please tell us:	Supplemental Nutrition Program for Women, Infants, and Children).	
				W. I. OD. W. II	
				Weeks OR Months	
	-	were not planning	to get pregnant, go to	☐ I didn't go for prenatal care	

17.	pregnancy as you wanted?	If you did not go for prenatal care, go to Page 4, Question 24.
	☐ No ☐ Yes ☐ I didn't want prenatal care	19. Where did you go most of the time for your prenatal visits? Do not include visits for WIC. Check one answer
18.	Here is a list of problems some women can have getting prenatal care. For each item, circle Y (Yes) if it was a problem for you during your most recent pregnancy or circle N (No) if it was not a problem or did not apply to you.	☐ Hospital clinic ☐ Health department clinic ☐ Private doctor's office or HMO clinic ☐ Indian Health Service or Tribal clinic ☐ Community health center ☐ Other — ▶ Please tell us:
a.b.c.d.	I couldn't get an appointment when I wanted one	20. How was your prenatal care paid for? Check all that apply Medicaid
e. f. g. h.	The doctor or my health plan would not start care as early as I wanted N Y I didn't have my Medicaid card N Y I had no one to take care of my children N Y I had too many other things going on N Y I didn't want anyone to know I was pregnant N Y	 □ Personal income (cash, check, or credit card) □ Health insurance or HMO (including insurance from your work or your husband's work) □ Medicaid Managed Care (Wellness Option, Share Advantage, Primary Care +) □ Indian Health Service or Tribal clinic □ Other → Please tell us:
j.	Other	

21.	1. During any of your prenatal care visits, di		
	a doctor, nurse, or other health care worke		
	talk with you about any of the things listed		
	below? Please count only discussions, not		
	reading materials or videos. For each item,		
	circle Y (Yes) if someone talked with you		
	about it or circle N (No) if no one talked with		
	you about it		

	No	Yes
a.	How smoking during pregnancy	
	could affect my babyN	Y
b.	Breastfeeding my baby N	Y
c.	How drinking alcohol during	
	pregnancy could affect my baby N	Y
d.	Using a seat belt during my	
	pregnancy N	Y
e.	Birth control methods to use after	
	my pregnancy N	Y
f.	Medicines that are safe to take during	
	my pregnancy N	Y
g.	How using illegal drugs could affect	
0	my babyN	Y
h.	Doing tests to screen for birth defects	
	or diseases that run in my family N	Y
i.	What to do if my labor starts early N	Y
į.	Getting tested for HIV (the virus	-
J.	that causes AIDS)	Y
k.	Physical abuse to women by their	•
ı.	husbands or partners N	Y
	nusualities of partitions	1

22.	We would like to know how you felt about
	the prenatal care you got during your most
	recent pregnancy. If you went to more than
	one place for prenatal care, answer for the
	place where you got <i>most</i> of your care. For
	each item, circle Y (Yes) if you were satisfied
	or circle N (No) if you were not satisfied.

Were you satisfied with—

		No	Yes
ι.	The amount of time you had to wait after you arrived for your visits	. N	Y
).	The amount of time the doctor or nurse spent with you during		
	your visits	. N	Y
·.	The advice you got on how to take care of yourself	. N	Y
1.	The understanding and respect that the staff showed toward you as		
	a person	. N	Y
23.	During any of your prenatal care via doctor, nurse, or other health care ask if you were smoking cigarettes?	e wo	
	□ No		
	☐ Yes		
24.	_ 110	e a te	est
24.	Yes At any time during your most receipregnancy or delivery, did you have	e a te	st

If you did not have any of these problems, go

to Question 28.

The next questions are about your most recent pregnancy and things that might have happened during your pregnancy.

25.	During your most recent pregnancy, were you on WIC (the Special Supplemental Nutrition Program for Women, Infants, and Children)?	27. Did you do any of the following things because of these problems? For each item, circle Y (Yes) if you did that thing or circle N (No) if you did not.
26.	No Yes Did you have any of these problems during your most recent pregnancy? For each item, circle Y (Yes) if you had the problem or circle N (No) if you did not.	a. I went to the hospital or emergency room and stayed less than 1 day N Y b. I went to the hospital and stayed 1 to 7 days N Y c. I went to the hospital and stayed more than 7 days N Y d. I stayed in bed at home more than
a.	High blood sugar (diabetes) that started <i>before</i> this pregnancy N Y	2 days because of my doctor's or nurse's advice
b.c.d.e.f.g.	High blood sugar (diabetes) that started during this pregnancy N Y Vaginal bleeding N Y Kidney or bladder (urinary tract) infection N Y Severe nausea, vomiting, or dehydration N Y Cervix had to be sewn shut (incompetent cervix) N Y High blood pressure, hypertension (including pregnancy-induced	The next questions are about smoking cigarettes and drinking alcohol. 28. Have you smoked at least 100 cigarettes in the past 2 years? (A pack has 20 cigarettes.) \[\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{
h. i. j. k. l.	hypertension [PIH]), preeclampsia, or toxemia	how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.) 41 cigarettes or more 21 to 40 cigarettes 11 to 20 cigarettes 6 to 10 cigarettes 1 to 5 cigarettes Less than 1 cigarette None (0 cigarettes)

30.	In the <i>last 3 months</i> of your pregnancy, how many cigarettes did you smoke on an average day? (A pack has 20 cigarettes.)	33b. During the <i>3 months before</i> you got pregnant, how many times did you drink 5 alcoholic drinks or more in one sitting?
	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes)	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time ☐ I didn't have 5 drinks or more in 1 sitting ☐ I didn't drink then
31.	How many cigarettes do you smoke on an average day now? (A pack has 20 cigarettes.)	34a. During the <i>last 3 months</i> of your pregnancy, how many alcoholic drinks did you have in an average week?
	☐ 41 cigarettes or more ☐ 21 to 40 cigarettes ☐ 11 to 20 cigarettes ☐ 6 to 10 cigarettes ☐ 1 to 5 cigarettes ☐ Less than 1 cigarette ☐ None (0 cigarettes)	☐ 14 drinks or more a week☐ 7 to 13 drinks a week☐ 4 to 6 drinks a week☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ I didn't drink then☐
32.	Have you had any alcoholic drinks in the past 2 years? (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.)	34b. During the <i>last 3 months</i> of your pregnancy, how many times did you drink 5 alcoholic drinks or more in one sitting?
	□ No → Go to Question 35 □ Yes	☐ 6 or more times ☐ 4 to 5 times ☐ 2 to 3 times ☐ 1 time
33a	During the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week?	☐ I didn't have 5 drinks or more in 1 sitting ☐ I didn't drink then
	☐ 14 drinks or more a week ☐ 7 to 13 drinks a week ☐ 4 to 6 drinks a week ☐ 1 to 3 drinks a week ☐ Less than 1 drink a week ☐ I didn't drink then	

Pregnancy can be a difficult time for some
women. The next question is about things
that may have happened before and during
your most recent pregnancy.

35.	This question is about things that may happened during the 12 months before ynew baby was born. For each item, circle Y (Yes) if it happened to you or circle N (if it did not. (It may help to use the calend	our e No)
	No	Yes
a.	A close family member was very sick and had to go into the hospital N	Y
b.	I got separated or divorced from my husband or partner N	Y
c.	I moved to a new address N	Y
d.	I was homeless N	Y
e.	My husband or partner lost his job N	Y
f.	I lost my job even though I wanted	
~	to go on working	Y
g.	I argued with my husband or partner more than usual	Y
h.	My husband or partner said he didn't	•
	want me to be pregnantN	Y
i.	I had a lot of bills I couldn't pay N	Y
j.	I was in a physical fight N	Y
k.	My husband or partner or I	
	went to jailN	Y
1.	Someone very close to me had a bad	
	problem with drinking or drugs N	Y
m.	Someone very close to me died N	Y
The next questions are about the time during the 12 months before you got pregnant with your new baby.		
36a	During the 12 months before you got pregnant, did an ex-husband or ex-par push, hit, slap, kick, choke, or physical hurt you in any other way?	
	□ No □ Yes	

36b.	During the <i>12 months before</i> you got pregnant, were you physically hurt in any way by your husband or partner?
	□ No □ Yes
36c.	During the <i>12 months before</i> you got pregnant, did anyone else physically hurt you in any way?
	□ No □ Yes
	next questions are about the time ing your most recent pregnancy.
37a.	During your most recent pregnancy, did arex-husband or ex-partner push, hit, slap, kick, choke, or physically hurt you in any other way?
	□ No □ Yes
37b.	During your most recent pregnancy, were you physically hurt in any way by your husband or partner?
	□ No □ Yes
37c.	During your most recent pregnancy, did anyone else physically hurt you in any way?
	□ No □ Yes

O				
The next questions are about your labor		43. How was your delivery paid for?		
and delivery. (It may help to look at the		Check <u>all</u> that apply		
38.	When was your baby due? Month Day Year When did you go into the hospital to have your baby?	 □ Medicaid □ Personal income (cash, check, or credit card) □ Health insurance or HMO (including insurance from your work or your husband's work) □ Medicaid Managed Care (Wellness Option, Share Advantage, Primary Care +) □ Indian Health Service or Tribal clinic □ Other → Please tell us: 		
	Month Day Year ☐ I didn't have	The next questions are about the time since your new baby was born.		
40	my baby in a hospital Go to Question 41 After you were admitted to the hospital to	44. After your baby was born, was he or she put in an intensive care unit?		
70.	deliver your new baby, were you transferred to another hospital <i>before</i> your baby was born?	□ No □ Yes □ I don't know		
	☐ Yes	45. After your baby was born, how long did he or she stay in the hospital?		
41.	When was your baby born? Month Day Year	Less than 24 hours (less than 1 day) 24 to 48 hours (1 to 2 days) 3 days 4 days 5 days		
42.	When were you discharged from the hospital after your baby was born? (It may help to use the calendar.)	☐ 6 days or more ☐ My baby was not born in a hospital ☐ My baby is still in the hospital		
	Month Day Year	46. Is your baby alive now?		
	☐ I didn't have my baby in a hospital	☐ No → Go to Page 10, Question 63		

47.	Is your baby living with you now? ☐ No → Go to Page 10, Question 63 ☐ Yes	52. This question asks about things that may have happened at the hospital where your new baby was born. For each item, circle Y (Yes) if it happened or circle N (No) if it did not happen.					
48.	Did you ever breastfeed or pump breast milk to feed your new baby after delivery? ☐ No → Go to Question 53 ☐ Yes	a. b.	No Yes I breastfed my baby in the hospital N Y Hospital staff helped me learn how to breastfeed N Y My baby was fed only breast milk				
49.	Are you still breastfeeding or feeding pumped milk to your new baby?		at the hospital Y				
	 □ No □ Yes		your baby is still in the hospital, go to age 10, Question 63.				
50.	How many weeks or months did you breastfeed or pump milk to feed your baby?	53.	About how many hours a day, on average, is your new baby in the same room with someone who is smoking?				
51.	Weeks OR Months ☐ Less than 1 week How old was your baby the first time you fed him or her anything besides breast milk? Include formula, baby food, juice,		 Hours Less than 1 hour a day My baby is never in the same room with someone who is smoking 				
	cow's milk, water, sugar water, or anything else you fed your baby.	54.	How do you <i>most often</i> lay your baby down to sleep now?				
	 Weeks OR Months □ My baby was less than 1 week old □ I have not fed my baby anything besides breast milk 		☐ On his or her side ☐ On his or her back ☐ On his or her stomach				
If your baby was not born in a hospital,		55.	How often does your new baby sleep in the same bed with you or anyone else?				
go	o to Question 53.		☐ Always ☐ Often ☐ Sometimes ☐ Rarely ☐ Never				

30.	or c	•	orker during the first eft the hospital?	61.	you wanted for a well-baby check				
		No — > Yes	Go to Question 58	62		No Yes	Go to Question 63		
57.		s your new baby so alth care facility?	cen at home or at a Check <u>all</u> that apply	62.		i any of these thing ring a well-baby ch	s keep your baby from eckup? Check <u>all</u> that apply		
		At home At a doctor's office care facility	e, clinic, or other health			to pay for it I had no way to get or office I didn't have anyon	th money or insurance that my baby to the clinic the to take care of my		
58.	(A '	well-baby checkup is	d a well-baby checkup? a regular health visit for , or 6 months of age.)			other children I couldn't get an ap My baby was too s care	opointment ick to go for routine		
		No ————> Yes	Go to Question 61			Other —	➤ Please tell us:		
59.	. How many times has your new baby been to a doctor or nurse for a well-baby checkup? (It may help to use the calendar.) Times . Where do you usually take your new baby for well-baby checkups? Check one answer			63.	(So	Are you or your husband or partner doing anything now to keep from getting pregna (Some things people do to keep from getting pregnant include not having sex at certain tin [rhythm] or withdrawal, and using birth contributions.			
60.					ring	l, condoms, cervical tubes tied, or their omy.)			
		Hospital clinic Health department Private doctor's off Indian Health Serv Community health Other	clinic fice or HMO clinic ice or Tribal clinic center			No Yes	Go to Question 65		

64. What are your or your husband's or partner's reasons for not doing anything to keep from getting pregnant now?	The next few questions are about the time during the 12 months before your new baby was born.					
Check <u>all</u> that apply						
 ☐ I am not having sex ☐ I want to get pregnant ☐ I don't want to use birth control 	66. During the 12 months before your new bar was born, what were the sources of your household's income?					
 My husband or partner doesn't want to use anything I don't think I can get pregnant (sterile) I can't pay for birth control I am pregnant now Other → Please tell us: 	Check all that apply ☐ Paycheck or money from a job ☐ Money from family or friends ☐ Money from a business, fees, dividends, or rental income ☐ Aid such as Temporary Assistance for Needy Families (TANF), welfare, WIC, public assistance, general assistance, food stamps, or Supplemental Security Income					
If you and your husband or partner are not doing anything now to keep from getting pregnant, go to Question 66. 65. What kind of birth control are you or your husband or partner using <i>now</i> to keep from getting pregnant?	Unemployment benefits Child support or alimony Social security, workers' compensation, disability, veteran benefits, or pensions Other → Please tell us:					
Check <u>all</u> that apply Tubes tied or closed (female sterilization) Vasectomy (male sterilization) Pill Condoms Shot once a month (Lunelle®) Shot once every 3 months (Depo-Provera®)	67. During the 12 months before your new baby was born, what was your total household income before taxes? Include your income, your husband's or partner's income, and any other income you may have used. (All information will be kept private and will not affect any services you are now getting.) Check one answer					
 □ Contraceptive patch (OrthoEvra®) □ Diaphragm, cervical cap, or sponge □ Cervical ring (NuvaRing® or others) □ IUD (including Mirena®) □ Rhythm method or natural family planning □ Withdrawal (pulling out) □ Not having sex (abstinence) □ Other → Please tell us: 	☐ Less than \$10,000 ☐ \$10,000 to \$14,999 ☐ \$15,000 to \$19,999 ☐ \$20,000 to \$24,999 ☐ \$25,000 to \$34,999 ☐ \$35,000 to \$49,999 ☐ \$50,000 or more					

68.	During the <i>12 months before</i> your new baby was born, how many people, including yourself, depended on this income?	The following questions are about your current situation since your baby was born.				
	People	71. Which rooms are in the house, apartment, or trailer where you live? Check <u>all</u> that apply				
69.	During your most recent pregnancy, did you get any of these services? For each one, circle Y (Yes) if you got the service or circle N (No) if you did not get it.	Living room Separate dining room Kitchen				
a. b. c. d.	Childbirth classes	□ Bathroom(s) □ Recreation room, den, or family room □ Finished basement □ Bedrooms → How many?				
e.	other health care worker	72. Counting yourself, how many people live in your house, apartment, or trailer?				
	you were not on Medicaid during your regnancy, go to Question 71.	Adults (people aged 18 years or older)				
_	Which of these things happened during	Babies, children, or teenagers (people aged 17 years or younger)				
	your pregnancy? Check <u>all</u> that apply	73. When you got pregnant, how old was your new baby's father?				
	 □ I had a hard time getting help from the Medicaid staff □ I did not understand how to use my Medicaid card or what was covered □ I did not get all of the Medicaid services 	Years old I don't know				
	I needed ☐ I had problems finding a doctor who would accept me as a Medicaid poticet.	If your baby is not alive or is not living with you, go to Question 78a.				
	would accept me as a Medicaid patient I was assigned to a doctor that I did not choose	74. Are you currently in school or working				
	☐ I had problems with Medicaid's transportation service	outside the home? ☐ No ———— Go to Question 77				
	 My doctor or nurse treated me differently from other patients I did not have any problems with Medicaid 	☐ Yes				

75.	75. Which one of the following people spends the most time taking care of your new baby			78b. Since your new baby was born, how often have you felt down, depressed, or hopeless?					
	whe	My husband or part Baby's grandparent Other close family	Check one answer			Always Often Sometimes Rarely Never			
		Babysitter, nanny, or other child care provider		78c. Since your new baby was born, how often have you had little interest or little pleasure in doing things?					
76.		Other ————————————————————————————————————	Please tell us:			Always Often Sometimes Rarely Never			
		work or school, how often do you feel that she or he is well cared for? Check one answer		79.	alcoholic drinks do you have in an average week? (A drink is 1 glass of wine, wine cooler, can or bottle of beer, shot of liquor, or mixed drink.)				age
	☐ Always ☐ Often ☐ Sometimes			ШХ	a urink.)	Check one	ansv	ver	
		Rarely		 □ 14 or more drinks a week □ 7 to 13 drinks a week □ 4 to 6 drinks a week 					
77.	seat	When your new baby rides in an infant car seat, is he or she <i>usually</i> facing forward or facing the rear of the car, truck, or van?			☐ 1 to 3 drinks a week☐ Less than 1 drink a week☐ I don't drink				
		Facing forward Facing the rear		80.	duri	s question is about ting your most recer	nt pregnancy.	For	each
78 a	pre		ek help for depression			, circle Y (Yes) if it is not true.	is true or circl	e N (No)
		from a doctor, nurse, or other health care worker?		a.	Not I needed to see a dentist for a	No	Yes		
		No Yes		b. c.	I we A de	olemnt to a dentist or de ental or other health ed with me about he	ntal clinic care worker		Y Y
					my t	eeth and gums		. N	Y

Please use this space for any additional comments you would like to make about the health of mothers and babies in Nebraska.

Thanks for answering our questions!

Your answers will help us work to make Nebraska mothers and babies healthier.