Upon completion of this workshop, participants will be able to:

- Define critical incident stress.
- List signs & symptoms of stress.
- Describe first responder personality profiles.
- Recognize characteristics & phases of critical incident stress.
- Discuss stress & coping strategies.
- Describe the anatomy of a debriefing.
- Discuss disaster psychology & victim response.

Cost:

$150.00 for Peer (EMS, fire, law enforcement, dispatchers, corrections, nurses, and EMA)

$250.00 for Mental Health Professionals

Training Program Objectives

Continuing Education

Fourteen hours of continuing education may be counted by Licensed Mental Health Professionals, EMS Providers, and law enforcement.

Crisis Incident Stress Management (CISM)

What is a Critical Incident?

A critical incident is any situation faced by emergency personnel causing unusually strong emotional reactions, which have the potential to interfere with their ability to function during or after the event.

Examples of critical incidents addressed by the Nebraska CISM Program include:

- Suicide of a first responder
- Line of duty death or serious injury of a first responder
- Injury to or death of a child
- Mass-casualty incident
- Natural disaster causing death and/or serious injury

What is Critical Incident Stress Management?

CISM is a comprehensive service designed to assist emergency responders who have experienced unusual stress related to their work. CISM is interested in promoting a helpful response throughout the entire range of a crisis experience including: the pre-crisis, acute crisis and post-crisis phases. Within the CISM program are seven core functions of response.

ICISF Certified Instructors

Diane Braun, LIMHP, LADC, Omaha

Jon B. Kayne, Ph.D., Bellevue

Randy Ruhge, Law Enforcement, Murray

Jason Workman, LIMHP, LMHP, LADC, Omaha
Registration Form

Name: _________________________
Address: _______________________
City: ___________________________
Phone: _________________________
Email Address: ___________________
Profession: ______________________

Circle course you wish to attend:

August 7 & 8, 2020
Norfolk

August 15 & 16, 2020
Scottsbluff

October 2 & 3, 2020
Bennington

Peer Registration $150.00
Mental Health Registration $250.00

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