

FOR IMMEDIATE RELEASE

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DHHS Holds Conferences on Childhood Trauma and Stress Sept. 11 in Kearney and Sept 12 in Lincoln

Lincoln – One of the nation’s leading researchers and clinicians in the area of traumatic stress in childhood, Dr. Bruce Perry, will be in Nebraska Sept. 11 and 12. He’ll share the latest information on how adverse childhood experiences and stress impact brain development and lifelong outcomes and how to help children and families heal and regain resilience.

The Centers for Disease Control and Prevention identified that severe adverse childhood experiences are much more common than ever suspected. Those adverse experiences can include physical, emotional, or sexual abuse and neglect, substance abuse in the home, depressed, emotionally disturbed, or suicidal household member, domestic violence, household member in prison, and/or loss of parent. Studies also link adverse childhood experiences to negative health effects later in life including a greater likelihood of depression, chronic disease, disability and early death.

On Wed. Sept. 11, Dr. Perry will be at Younes Conference Center in Kearney speaking to health care professionals and others to describe how to better evaluate child development and family dynamics for the effects of severe emotional stress, and how to work within a comprehensive system of care to improve outcomes.

On Thurs. Sept. 12, Dr. Perry will be at the Cornhusker Hotel in Lincoln speaking to child welfare, behavioral health, and foster care providers. The public is invited to register for either event, though space is limited.

For more information and to register for the Kearney event, go to <http://1.usa.gov/15qJ4Gk>.

For the Lincoln event, go to <http://bit.ly/15Zf1Wx>.