

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT  
State Nebraska

LIMITATIONS – PREVENTATIVE SERVICES

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Nutrition Services

Medical Nutritional Therapy for adult clients:

Medical Nutritional Therapy (MNT) is the assessment, intervention and counseling provided by a medical nutrition practitioner when prescribed by a physician or nurse practitioner. MNT is done for the purpose of managing the nutritional needs of clients whose nutritional status affects their health and medical conditions.

This service is available to a select adult population of eligible clients with medical needs that require nutritional assessment, intervention, and continued monitoring.

Referral: Medical Nutritional Therapy is available only with a physician or nurse practitioner referral. This referral must be made based on the need for nutritional diagnosis, therapy, and counseling to manage a qualifying medical condition. Therapies will be in accordance with currently accepted dietary and nutritional protocols.

MNT services:

1. Assessment

A nutritional assessment is done by a client's primary care provider. The diagnostic finding from the exam must indicate that a nutritional problem or condition of such severity that nutritional counseling beyond that normally expected as part of the standard medical management is warranted.

2. Intervention

Assessment information is used to develop a plan to prevent, improve, or resolve identified nutritional problems.

3. Counseling

- a. Clients receive individual counseling to explain the nutritional assessment and the implementation of a plan of nutritional care.

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- b. Clients receive individual counseling to develop a plan to address identified nutritional problems based on the health objectives, resources, and capacity of the client.
4. Providers
- a. Be a currently licensed medical nutritional therapist in the State of Nebraska.
  - b. Act within their scope of practice.

Provider Qualifications: Providers must be licensed to practice medical nutrition therapy pursuant to the Uniform Credentialing Act and hold a current license issued by the Nebraska Department of Health and Human Services Division of Public Health.

Intervention and counseling provided under Medical Nutrition Services are provided by licensed Medical Nutritional Therapist.

5. Client Eligibility
- a. Be an adult age 21 or over
  - b. Have at least one of the following medical conditions and require medical nutritional therapy for that condition:
    - i. Type I or type II diabetes
    - ii. Have kidney disease
    - iii. Have had a kidney transplant in the last 36 months