NEBRASKA PARTNERSHIP for MENTAL HEALTHCARE ACCESS in PEDIATRICS (NEP-MAP)

Clinical Demonstration Project

Holly Roberts, Ph.D.
Christian Klepper, Psy.D.
Clinical Demonstration
Project Goal

• To improve access for children and families to pediatric mental and behavioral health services

• Utilize our existing network of integrated behavioral health clinics across Nebraska
Clinical Demonstration Goals

• Enhance **early screening** of behavioral health disorders

• Conduct a clinical demonstration project in a network of providers to **expand and diversify integrated behavioral health provision in PC pediatric and family medicine practices**, with a focus upon **rural** communities

• Evaluate the overall **effectiveness of increasing access to PCP’s to behavioral health consultation**
Behavioral Health Consultation

• Enrolled Providers:
  • wish to seek tele-behavioral health consultation from the expert team
  • will agree to data reporting requests required by the project
  • will agree to limited requests to participate in training and technical assistance with the project.
Regions of Nebraska

- Enrolled Providers in 5 of 6 Regions
Total Enrolled Providers=33

- Region 1: 21%
- Region 2: 12%
- Region 3: 37%
- Region 4: 18%
- Region 6: 12%
Tele-Behavioral Health Consultation

Behavioral Health Consultation for Primary Care Providers
Munroe-Meyer Institute

What is the Tele-Behavioral Health Consultation Team?
The UNMC Tele-Behavioral Health Consultation Team (TBHCT) provides psychiatry support to primary care providers in Nebraska who are managing pediatric patients with behavioral health problems. The goal of the program is to increase access to pediatric mental healthcare across the state of Nebraska. TBHCT Team works to meet this goal by providing guidance and consultation to primary care providers on diagnosis, medications, and psychotherapy interventions to assist primary care providers in better managing the mental and behavioral health needs of their patients.

How does it work?
Support is available for referring providers through phone or audio/video teleconference consultations. Only enrolled providers in the state of Nebraska are eligible to participate.

- Initiate a request by calling Dani Porter at 402-559-3838 or visiting the website at unmc.edu/mmi/departments/psychology/teleproviderconsult.html.
- To become an enrolled provider, email Holly Roberts (roberths@unmc.edu).
- A member of the psychiatric team will be available to provide telehealth consultation during the week within 48 hours.

Note: The TBHCT is not an emergency service. Emergencies will be routed to local emergency services. Additionally, the TBHCT team does not prescribe medication but they can provide support for prescribers.

Meet the Consultation Team

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Meet the Consultation Team

Ryan Edwards, M.D.
Psychiatrist

Cindy Ellis, M.D.
Developmental-Behavioral Pediatrician

Terri Matthews, Ph.D.,
APRN-BC
Psychiatric Nurse Practitioner

Holly Roberts, Ph.D.
Pediatric Psychologist

Christian Kopejt, Psy.D.
Pediatric Psychologist

Dani Porter
Office Associate

The UNMC Tele-Behavioral Health Consultation Team is supported by an award from the Nebraska Department of Health and Human Services (NE DHHS). The award is made possible by the Health Resources and Services Administration’s (HRSA) Pediatric Mental Health Care Access Program, Grant No.: U42MC32322, with NE DHHS as lead state agency. The contents of this project are the responsibility of UNMC MMI and do not necessarily represent official views of or endorsement by, HRSA or NE DHHS.

Munroe-Meyer Institute
985480 Nebraska Medical Center
Omaha, NE 68198-5480
402.559.3838

unmc.edu/mmi/departments/psychology/teleproviderconsult.html
Tele-Behavioral Health Consultation

Behavioral Health Consultation for Primary Care Providers
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Hours and contact
9 a.m. – 5 p.m. Monday through Friday (excluding holidays)
Call Dani Porter at 402-559-3838

Visit our website
unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html

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Cindy Ellis, M.D.
Developmental-Behavioral Pediatrician

Tam Matthews, Ph.D.
APRN-BC
Psychiatric Nurse Practitioner

Holly Roberts, Ph.D.
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Cherilyn Kopeot, Psy.D.
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Team Members

Terri Mathews, Ph.D., APRN-NP
Psychiatric Nurse Practitioner

Ryan Edwards, M.D.
Psychiatrist

Cindy Ellis, M.D.
Developmental-Behavioral Pediatrician

Scan with your smartphone for more information!
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Psychiatric Nurse Practitioner

Ryan Edwards
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Cindy Eisenhut
Developmental-Behavioral Pediatrician

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Making a Consultation

CALL
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QR CODE
Scan with your smartphone

WEBSITE
Request a consultation
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- Cindy Ellis, M.D.
- Christian Klepper, Psy.D.
- Terri Mathews, Ph.D., APRN-NP
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• Check out our website!
  • https://www.unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html

www.unmc.edu/mmi
Tele-Behavioral Health Consultation: Staying Connected

- Important to keep connected with enrolled providers
  - Quarterly Newsletter
  - Monthly/Bi-Monthly Meetings (in-person and zoom)
  - CE Series for PCPs (Anxiety, ADHD, Screening) starting in June
- Covid-19 response opportunities
Next Meeting

• We will have a full report of behavioral health screening results
• Preliminary results indicate practice effects between pediatricians and family practice providers