

PARENT LEADERSHIP ACADEMY TRAINING



Who is a Parent Leader

A Parent Leader is a parent who uses their personal experiences of raising a child with mental, emotional, and/or behavioral health challenges and/or have been involved in other systems to then represent the family voice within programs, agencies, and communities to make positive changes and to help shape the direction of policies, procedures, and services for all families.

What is the Parent Leadership Academy

The Parent Leadership Academy was developed by families for families. It is a place to come together to empower families with the tools, trainings, skills and supports to be a representative of the family voice at all levels of the System of Care and Agency Providers in either a direct or indirect way.

Parent Leadership Academy Mission Statement

NE families uniting together to educate ourselves and others ensuring that we are equal partners in all decision making within the behavioral health systems and services at the local, state, and national levels. “Every voice matters”

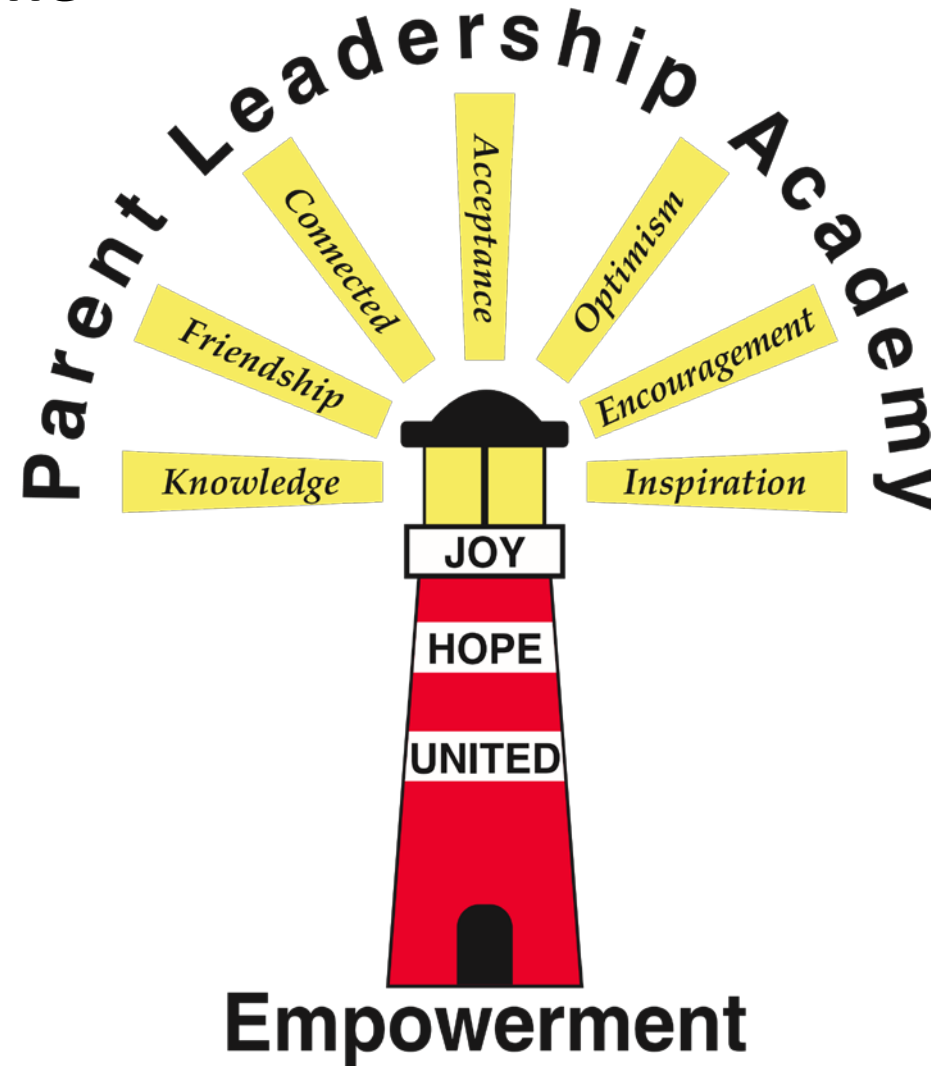
The Parent Leadership Academy believes.....

- In offering **HOPE** and **INSPIRATION**
- In **STRENGTH** in numbers and **NO** parent needs to go through it alone, feel isolated, or feel shame
- In **EDUCATING** ourselves and others and **BRINGING AWARENESS** to reduce the stigma
- In **BUILDING CONFIDENCE** and **EMPOWERING** others
- Finding **JOY** in the journey and **EMBRACING RECOVERY**

Parent Leadership Training Curriculum Outline

Level 1

1. Introduction
2. Confidentiality
3. Getting to know yourself
4. How things can affect you
5. Cultural and Family Diversity Awareness
6. Protective Factors
7. Communication
8. Family Centered Practice
9. Leadership
10. Problem Solving/Decision Making
11. Final Activity



Parent Leadership Training Curriculum Outline

Level 2

1. Welcome
2. NE System of Care
3. Systems and Family Leaders
4. Serving on teams
5. Where do we go from here

