



Infant/Family Safety Topics



1. 9-1-1:

EMERGENCY ASSISTANCE IS NOT AVAILABLE THROUGH THIS WEB SITE

In an emergency, call 911 or your local emergency number immediately from any wired or wireless phone. An emergency is any situation that requires immediate assistance from the police, fire department or ambulance. Examples include:

- A fire;
- A crime, especially if in progress;
- A car crash, especially if someone is injured;
- A medical emergency, such as someone who is unconscious, gasping for air or not breathing, experiencing an allergic reaction, having chest pain, having uncontrollable bleeding, or any other symptoms that require immediate medical attention.

Important: If you're not sure whether the situation is a true emergency, officials recommend calling 911 and letting the call-taker determine whether you need emergency help.

When you call 911, be prepared to answer the call-taker's questions, which may include:

- The location of the emergency, including the street address;
- The phone number you are calling from;
- The nature of the emergency;
- Details about the emergency, such as a physical description of a person who may have committed a crime, a description of any fire that may be burning, or a description of injuries or symptoms being experienced by a person having a medical emergency.

Remember, the call-taker's questions are important to get the right kind of help to you quickly. Be prepared to follow any instructions the call-taker gives you. Many 911 centers can tell you exactly what to do to help in an emergency until help arrives, such as providing step-by-step instructions to aid someone who is choking or needs first aid or CPR.

Finally, do not hang up until the call-taker instructs you to.

If you dial 911 by mistake, or if a child in your home dials 911 when no emergency exists, do not hang up—that could make 911 officials think that an emergency exists, and possibly send responders to your location. Instead, simply explain to the call-taker what happened.

For more information: <https://www.911.gov/needtocallortext911.html>



2. Car Seat:



Keeping children safe on the road is essential. There are many types of car seats available and the selection can be confusing. When do you go to the next car seat as your child grows from infant to young adult? Review your car's owner manual and information from the following sites as you decide what car seat is best for your child.

NEVER leave a child alone in the car, even for a few minutes. It may be deadly. Always check the back seat of your car before you lock it and leave. For more information, refer to:

- [National Highway Traffic Safety](#);
- [Basic Car Seat Safety Information from Safe Kids](#);
- [Nebraska Office of Highway Safety](#);
- [Nebraska car seat laws](#);
- [National Highway Traffic Safety Administration](#) – includes link to State laws, car Seat Recalls, Car Seat Ease of Use Rating, and Guide to buying a Safer Car for Child Passengers;
- [Safe Kids](#).



3. Poison Control: 1-800-222-1222

Nebraska Regional Poison Center provides families with a 24-hour toll-free poison information line. The Center's specially trained team of nurses, physician assistants, and physicians will assess any situation and recommend treatments in a matter of minutes.

4. Family Safety Check: Find tips at

- [National Safety Council](#).





5. Emergency Preparedness:

Potential disasters and other emergencies can happen suddenly, anywhere, anytime.

To learn more about Emergency Preparedness, visit:

- [American Red Cross](#)
- emergency.cdc.gov/children.

CDC: Preparedness for Expectant and New Parents.

Disasters, such as wildfires, hurricanes, and floods can be unpredictable and devastating. Learn general tips to get prepared before a disaster and what to do in case of a disaster to help keep you and your family safe and healthy.

Link: <https://www.cdc.gov/features/disaster-planning-parents/index.html>

6. Abuse:

- Adult & Child Abuse & Neglect Hotline: 1-800-652-1999
- The following sites are resources providing information on recognizing, preventing and reporting child abuse:
 - [Nebraska Department of Health & Human Services](#);
 - [U.S. Department of Health & Human Services, Administration for Children & Families](#): Child Welfare Information Gateway, Protecting Children, Strengthening Families;
 - Helpguide.org: [Child abuse: physical, emotional, and sexual neglect](#)