

DRAFT AGENDA
Current Practices of Maternal Behavioral Health Conference, 2019
Embassy Suites and Conference Center, Lincoln
April 9, 2019

Times	Topic/ Presenter
7:15 – 7:55	Registration and Breakfast
7:55 – 8:00	Welcome and Opening Remarks
8:00 – 9:30	Postpartum Depression <ul style="list-style-type: none"> Hilary Waller, MS, LPC <i>Ms. Waller draws on her practice and expertise as a psychotherapist specializing in postpartum stress to discuss the ways women experience postpartum depression, woman-friendly approaches to screening and treatment, and helping women to recovery.</i>
9:30 – 9:45	BREAK AND EXHIBITORS
9:45 – 11:00	Postpartum Roundtable: <i>The Postpartum Roundtable is designed to provide the audience with an interactive opportunity to explore a range of topics related to mental health issues of women in the postpartum period. Roundtable experts will briefly discuss key points of data and clinical practice on a topic, then open the roundtable to questions and discussion with the audience.</i> <ul style="list-style-type: none"> Dr. Marley Doyle: Postpartum OCD Sharon Hammer, MD, Psychiatrist: Interaction between Maternal Depression & Breastfeeding Dave Miers, PhD: Maternal Suicide
11:00 – 12:00	The Impact of Pregnancy Loss on Maternal Mental Health Speaker: Jennifer Sommer <i>Our speaker will share her profound personal and professional journey recognizing the impact of, and helping others recover from, the experience of pregnancy loss, giving the audience a deeply insightful look at the role of perinatal care givers.</i>
12:00 – 12:45	LUNCH AND EXHIBITORS
12:45 – 2:00	Opioid Roundtable: <i>Dr. Doyle and Dr. Zoucha present the Opioid Roundtable. These two experts in the field will illuminate key points and considerations in practice for working with the pregnant woman, developing fetus, and newborn when opioid exposure is a concern. Time will allow audience members to pose questions and initiate discussion.</i> <ul style="list-style-type: none"> Dr. Marley Doyle: Opioids and Pregnancy Ken Zoucha, MD, Psychiatrist: Effects of Opioids on Infants
2:00 – 3:00	Postpartum Psychosis, And More <ul style="list-style-type: none"> Hilary Waller, MS, LPC <i>Ms. Waller returns with an even deeper dive into practice with women who experience behavioral health disorders in the perinatal period. Ms. Waller's expertise, insight, humor, and compassion shine through in her case studies and approaches to practice.</i>
3:00 – 3:15	BREAK AND EXHIBITORS
3:15 – 4:15	Consumer Panel: Reflections on Our Experiences Facilitated by Jessica Seberger <i>Straight from the heart: Jessica Seberger facilitates a panel conversation with four women who courageously step forward to share their stories and insights about perinatal mental health, caregivers, family, and healing.</i> <ul style="list-style-type: none"> Jess Standerford: Postpartum Depression Kristin Mayleben-Flott: Postpartum Depression Angie Cantrell, MilkWorks O: Postpartum OCD Kristi Zucker: Impact of Infant Loss
4:15 – 4:30	EVALUATION