UNCOPE
Home Visitor Instructions

(Please remove this instruction page before giving the family member the form to complete)

UNCOPE:

1. For the Benchmarks: The UNCOPE tool should be completed within 30 – 90 days of enrollment. (The tool has to be completed and entered into the database no later than 90 days past the enrollment date for it to be a valid measure for the benchmark).
2. For Fidelity: The UNCOPE tool should also be completed at enrollment and annually from the time of enrollment into the program and as needed when concerns arise.
3. A positive score of two or more questions indicates a concern for abuse.

This tool requires Home Visitors to make a referral to services within the 30-90 day enrollment period if there are areas of concern. Referrals should also be made as needed for the fidelity enrollment and annual measure. A referral needs to be made if the following is true:

1. If a positive screening score of two or more questions are true.

Documentation Requirements:

- When a referral is made by the home visitor.
- When the referral made by the home visitor is completed. A "completed referral" means that the client; (1) kept at least 1 appointment with the referral agency, (2) made a telephone call appointment to the referral agency, and/or (3) completed an application to the agency for services. Even if the client finds out that she/he is not eligible for services, your referral is still "complete".
- *If a family already receives* substance abuse services and a Home Visitor feels that a new referral is not needed because the family currently participates in those services with success (refer to your program procedures).
    - **a)** *For FamilyWise Users:* This should be documented in the "Household Tab" under "Agencies Serving Families". Under role mark the appropriate service.
    - **b)** *For EHS users:* This should be documented on the Benchmark Template.

(Refer to your program's Data Manual and Data Dictionary for further instructions for where to document, how to utilize this data in your service delivery and how to talk to families about the results.)

UNCOPE

Date: _____ Family Number: _____

The UNCOPE screening test consists of six questions found in existing instruments and assorted research reports. This excellent screening test was first reported by Hoffmann and colleagues in 1999. The six question provide a simple and quick means of identifying whether you are at risk for abuse or dependence for alcohol and other drugs. It can be used to support a referral for assessment of substance use disorders. Take the screening test and circle a "yes" or "no" at the end of each of the questions. Answer the questions to the best of your knowledge—it may be difficult to be completely honest because of fears you might have about the outcome of this screening. Take the risk and stay as honest as possible when you answer the questions.

In the past year have you	Yes	No
(U) ...Spent more time drinking or using than you intended to?	☐	☐
(N) ...Neglected some of your usual responsibilities because of using alcohol or drugs?	☐	☐
(C) ...Felt you wanted or needed to cut down on your drinking or drug use in the last year?	☐	☐
(O) ...Family, a friend, or anyone else ever told you they objected to your alcohol or drug use?	☐	☐
(P) ... Found yourself thinking a lot about drinking or using?	☐	☐
(E) ...Used alcohol or drugs to relieve emotional discomfort, such as sadness, anger or boredom?	☐	☐

If you answered yes to items 1,2,3,4 and 6 please indicate what you have been using. Check all that apply:

☐alcohol,	☐meth,	☐LSD,	☐mushrooms,
☐heroin,	☐marijuana,	☐ecstasy,	☐PCP)
☐cocaine,	☐crack,	☐opium,	