UNCOPE Script for Families

Today, we're going to complete a questionnaire called the UNCOPE, which asks 6 questions pertaining to substance and/or alcohol use in the last year. We ask these questions to every family in our program. The purpose of this questionnaire is to help us better support your family's overall well-being.

As a follow-up, I can provide resources and support that may be helpful for you.

There are a couple ways we can complete this. I can ask you the questions aloud and you can answer "yes or no", or I can hand you the questionnaire and you can fill it out on your own.

Substance use refers to the usage of a legal or non-legal substance in excess of its intend purpose or instructions and/or the non-medical use of a substance. Substances include but are not limited to:

- Marijuana
  - Cannabis, oil, edibles, etc.
- Prescription stimulants
  - Adderall, Ritalin, etc.
- Prescription sedatives
  - Xanax, Valium, etc.
- Prescription opioids
  - Oxycodone, fentanyl, hydrocodone, etc.
- Cocaine
- Methamphetamine
- Inhalants
  - Nitrous, glue, paint thinner, etc.
- Heroin
- Hallucinogens
  - LSD, acid, mushrooms, PCP, ecstasy, etc.

If there is a negative screen:

Thank you for completing this questionnaire with me today. I appreciate your honesty. Do you have any questions?

If there is a positive screen:

Because you answered yes to 2 or more of these questions, I was wondering if we could have a conversation regarding your current or past substance use? What are your thoughts on that?

If they answer yes:

Research has shown that substance use can affect the health of an entire family including parenting practices. (National Center of Substance Abuse and Child Welfare, 2019)

- Have you ever heard this before or know of someone who's substance use affected their family?
- What about substance use affecting your own family?

I am going to share with you some informational resources (refer to referral list). You can choose how you'd like to move forward with utilizing these resources. We can talk about or even call these places together. Or, if you'd feel more comfortable doing it on your own that's okay too.

- What are your thoughts or feelings about moving forward?
- What would you like to see happen with your substance/alcohol use when it comes to your family's health and parenting your child?

If they answer no:

I understand if you do not want to talk about this today. We can talk more about it in a future visit. I will send you/leave you with some resources that may be of interest to you to discuss at a later visit.

GIVE ATP OR AFFIRMATION TO PARENT FOR COMPLETING ASSESSMENT HONESTLY