An Ideal Journey Informed by Youth Voice: Creating Youth-Friendly Health Centers
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Adolescent Sexual Health: What’s the Landscape?

- Since early 1990s, adolescent pregnancy & birth rates have dropped over 50%, mostly due to increase in contraceptive use.
- Teen pregnancy is at historic low but health disparities exist due to social determinants of health.
- Just over 50% of Nebraska youth have sex in high school (YRBS) with a recent study pointing towards 60% have sex by the time they graduate (A. Holman, Creighton).

While this is promising, greater efforts must address risk factors in a responsive way:
- Youth underestimate risk of pregnancy
- Myths and misinformation about contraception
- Low use of most effective methods (LARC)
- Low use of dual protection
- Condomless sex (43% of high school students did NOT use a condom at last sex)
Adolescent Health Project: Youth Interviews, 2015
Douglas County

In small groups:
1. Read the youth statement.
2. Answer the questions.
3. Select a spokesperson to share highlights.
Youth-Friendly Healthcare: What does it look like?

Rush University (Chicago)

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Youth Friendly Health Centers: What does it feel like?
Youth-Friendly Healthcare: What does it sound like??

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I LIE TO
MY GYNECOLOGIST
about everything

GetCheckedOmaha
Youth Panel

Katie Kingsley
Diana Chavez
Sabrina Maxwell
Youth-Friendly Healthcare: What does it look like?

New York City will use emojis to promote confidential reproductive and sexual health care to youth (July 2016)
Juicebox: Bringing honest, reliable sex ed to teen and young adults

http://www.xojane.com/sex/juicebox-sexual-health-app
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Drawing a Picture: Youth Centered Adolescent Home