


recharge  
for resilience 2017

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conference for home visiting professionals



April 19, 2017  
Younes Convention Center  
Kearney, NE  
7:30 a.m. – 5:00 p.m.  
Continuing Education Credits Available

Welcome to the 2017 Recharge for Resilience  
Conference for Home Visiting Professionals  
April 19, 2017

AGENDA

- 7:30a – 8:00a Registration
- 8:00a – 8:15a Welcome & Introductions
- 8:15a – 9:30a **DR. LARK ESHLEMAN** *Healthy Attachment: Foundational in a Changing World*
- 9:30a – 9:45a *Break and Exhibitors*  
*All Breakouts are in the Diamond Rooms, first floor, designated by D1-D8*
- 9:45a – 11:00a **Session One**  
**D1** *Prematurity Prevention* / Jackie Moline  
**D2** *Domestic Violence, Active Shooter, Personal Safety* / Chuck Elley  
**D3** *Intergenerational Poverty* / Dalhia Lloyd  
**D4** *Circle of Security-Parenting* / Featuring: Jodi Trejo, Rachel Degenhardt and a special guest. Facilitated by Amy Bornemeier  
**D5** *Resilient Leadership; Putting it into Practice* / Stephanni Renn & Chelsey Koehn  
**D6** *Culture & Diversity: Beyond the Basics* / Lequisha Sims  
**D7** *Power of Reflective Practice* / Carrie Gottschalk  
**D8** *Shared responsibility for our Children: Provider-Parent Partnerships for Low-Income Families* / Holly Hatton-Bowers
- 11:00a – 11:30a *Lunch transition: Vegetable Beef Soup & Salad Bar*
- 11:30a – 12:15p **RIK ROBERTS** *Listen Up, Laugh it Up!*
- 12:15p – 12:30p *Break and Exhibitors*
- 12:30p – 1:45p **Session Two**  
**D1** *Hands-On Help for Healthy Attachment* / Lark Eshleman  
**D2** *Current Drug Trends* / Chuck Elley  
**D3** *Nebraska's Early Childhood Integrated Skills and Competencies for Professionals; Service Principles for Early Childhood Mental Health, Education & Home Visiting* / Lynne Brehm  
**D4** *Relationships for Learning: Family-School Partnerships* / Featuring: Darcy Heath, Tierra Stennis and Teresa Lopez. Facilitated by Molly Colling  
**D5** *Brain Architecture & the Effects of Toxic Stress (A hands-on activity)* / Carol Tucker  
**D6** *Strategies for Helping Families Promote Play at Home* / Abbey Sualy  
**D7** *Coaching Families for Improved Outcomes* / Karen Pinkleman & Stephanni Renn  
**D8** *Reflective Practice-Looking at Your Work from the Inside Out* / Jamie Bahm
- 1:45p – 2:00p *Break and Exhibitors*
- 2:00p – 2:15p Afternoon notes from our hosts

2:15p – 3:30p

**DR. ELITA AMINI VIRMANI** *The Art of Home Visiting: Building Capabilities through Relationships, Reflections and Responsiveness*

3:30p – 3:45p

*Break and Exhibitors*

3:45p – 5:00p

**Session Three**

**D1** *What about You? Identify, Consider & Manage Compassion Fatigue* / Ree Reimers

**D2** *Trauma & Stress: Cultivating Well-Being for Zero to Three* / Holly Hatton-Bowers

**D3** *A Recipe for Successful Families* / Kim Anderson

**D4** *Language & Literacy through Hands-On Activities* / Wendy Keele & Marcia Henline

**D5** *Documentation GOLD: Tips, Tricks & Lessons Learned* / Alma Martinez & Cassandra Botzman

**D6** *Prenatal Foundations: The Impact of Prenatal Environments on Life-long Health and Development* / Lisa Richardson

**D7** *Pyramid Model- Supporting Social and Emotional Development in Young Children* / Sue Bainter

**D8** *The Pregnancy Risk Assessment Monitoring System (PRAMS) in Nebraska* / Jessica Seberger

## CONFERENCE INFORMATION



All children deserve  
great childhoods  
because our children  
are our future.

April is  
Child Abuse Prevention  
Month! The Pinwheel is a  
symbol of childhood; take  
one & display it proudly!

Direct access to our website:



**MOTHER'S ROOM** is available on the 2<sup>nd</sup> floor: **RUBY 1**

**WIFI:** When you access your Wi-Fi, choose  
Younes Conference Center to be auto-connected.  
No passwords needed.

**ALLERGY WARNING:** Although we have made a conscious effort to reduce risk of a potentially life-threatening reaction, we cannot guarantee that our refreshments and/or lunch does not contain your allergen, or that cross-contamination has not occurred while in preparation.

### **CERTIFICATE OF ATTENDANCE**

To receive your printed Certificate of Attendance, you must log in to our website at [www.recharge4resilience.org](http://www.recharge4resilience.org) and complete the evaluation of sessions attended. After completion, certificates will be available for download.

## OUR EXHIBITORS

For you, we've collected some of the best resources in the state with information you can use daily!

- Answers 4 Families
- DHHS Maternal, Child & Adolescent Health programs
- Head Start Association & State Collaboration
- DHHS Child Care Subsidy
- NE Dept. of Education, Office of Early Childhood
- Nebraska Caregiver Coalition
- Nebraska ChildFind and the Early Development Network
- Nebraska Children & Families Foundation
- DHHS Office of Oral Health & Dentistry
- Nebraska Family Helpline
- Nebraska Lifespan Respite
- Nebraska Resource Project for Vulnerable Young Children
- Step Up to Quality
- United Healthcare Community Plan of Nebraska
- UNL Early Intervention/Early Childhood Special Education Program
- Wellcare of Nebraska, Inc.

## A SPECIAL THANK YOU TO:

**The Nebraska Child Abuse Prevention Board** for making the NEWEST EDITION of Tracy Cutchlow's book: ***Zero to Five; 70 Essential Parenting Tips Based on Science (and what I've Learned So Far)*** available for all our participants!

*We were able to offer the first edition at our very first Recharge for Resilience conference, and the response was overwhelming! This book is easy to read, down-to-earth, and written by a MOM who has been there, done that. The special binding makes it easy to use with families and there is so much truly excellent information, tips & tricks—home visitors will use it every day! (Even if you already have a copy—give that one to a friend & keep this updated version for your families.)*

## RESOURCE BAGS INCLUDE:

- **Insulated Tote Bag**
- **Jumbo Magnetic Clip**
- **The Panoramic Phone & Tablet Stand**; can be wound up to take panoramic pictures or video.
- **Absorbent Car Coaster**; made to fit most vehicle cup holders—just be careful, they are breakable.
- **Clip-on Hand Sanitizer Sleeve**; will hold most small bottles

We hope you find these resources helpful and supportive in your work with children and families.

## Required Disclosures for Participants

**1. Approval Statement of Provider Responsible for Educational Activity:**

*This continuing nursing educational activity was approved by the Washington State Nurses Association Approver of Continuing Nursing Education an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.*

**2. Notice of Requirements to Receive Contact Hours:**

- a. You must sign in at the conference.
- b. You must be present for the entire period of all learning sessions.
- c. You must complete an on-line evaluation no later than **May 19, 2017**. To complete the survey, go to the conference website [www.recharge4resilience.org](http://www.recharge4resilience.org) and click on "Evaluations"
- d. After completing your evaluation you will be able to print your contact hour certificate.

**3. Conflicts of Interest:** No conflicts of interest were identified by any individual in a position to control the content of the educational activity.

**4. Disclaimer:** The content of the learning sessions is entirely the responsibility of the individual author(s) and presenter(s) and does not represent official position or policy of the Nebraska Department of Health and Human Services.

## EVENT SPONSORS & PLANNING COMMITTEE

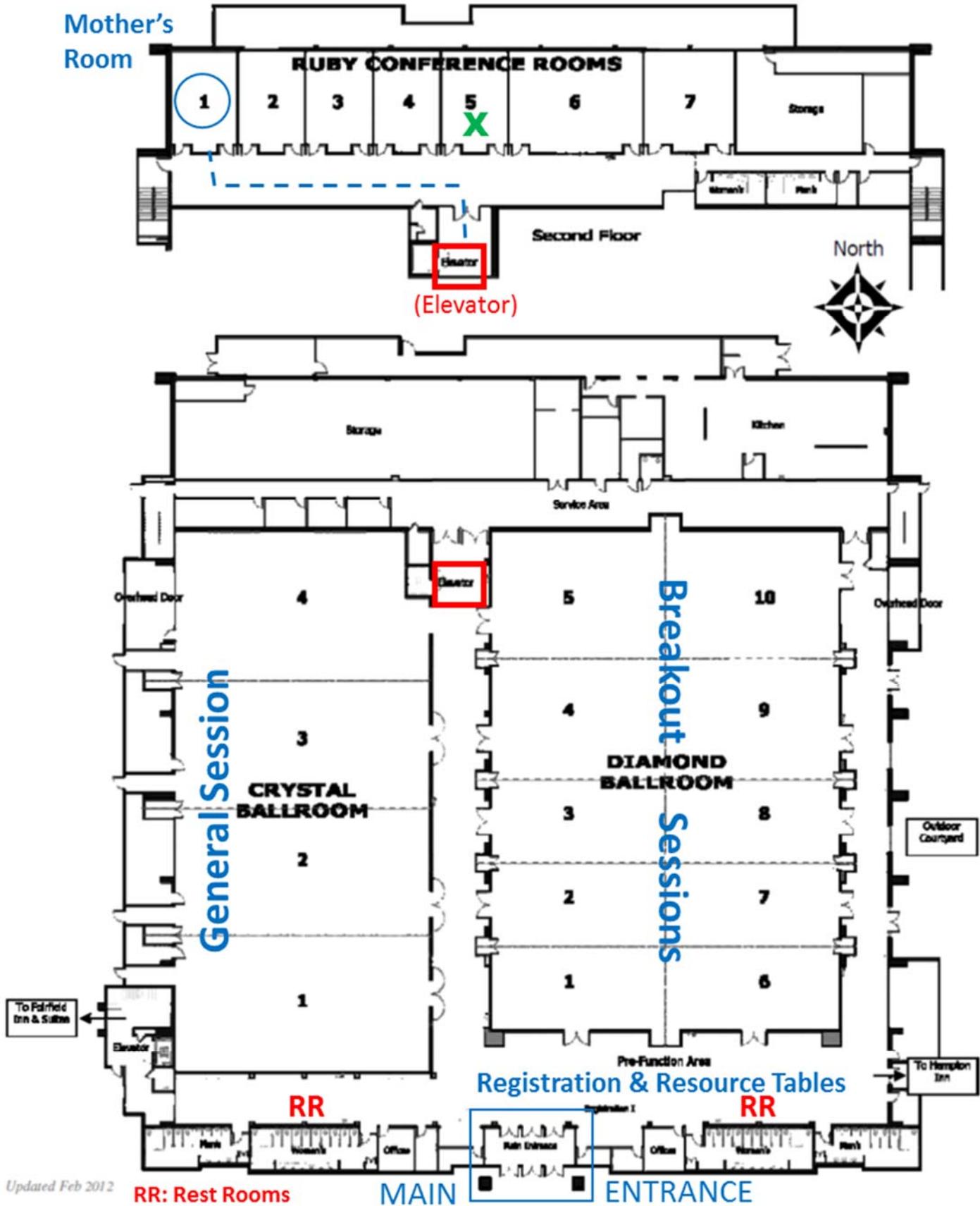
This conference would not have been possible without the dedicated contributions of the following people:

- ❖ **Jennifer Auman**, DHHS Nebraska-Maternal, Infant & Early Childhood Home Visiting
- ❖ **Amy Bornemeier**, Sixpence Early Learning Fund
- ❖ **Joan Luebbers**, Head Start State Collaboration Office
- ❖ **Jackie Moline**, DHHS Maternal-Infant Programs
- ❖ **Charlie Lewis**, UNL Answers 4 Families
- ❖ **Carol Tucker**, DHHS School Health
- ❖ **Molly Colling**, Buffet Early Childhood Institute
- ❖ **Lisa Richardson**, Save the Children
- ❖ **Mai Dang**, DHHS Maternal, Child & Adolescent Health



X: Speaker Area/Break Room

Mother's Room



(Elevator)



To Fairfield Inn & Suites

Outdoor Courtyard

To Hampton Inn

Updated Feb 2012

RR: Rest Rooms

MAIN

ENTRANCE