

Department of Health & Human Services

DHHS

N E B R A S K A



OMNI Behavioral Health
SPECIALISTS IN COMMUNITY SERVICES

February 5, 2014
Training update

This letter is an update to a previous report dated December 2, 2014.

In collaboration with Health and Human Services, Division of Developmental Disabilities, OMNI Behavioral Health has initiated an extensive initiative in order to provide training opportunities across the state. The training opportunities are multi-faceted with a common goal of improving service.

The targeted areas of training include:

- Behavioral management techniques aimed at assisting individuals with intellectual and/or other developmental disabilities to increase and realize a greater quality of life.
- Medical management and physical health to keep individuals in services safe and healthy.
- Mental health care for consumers with complicated mental health disorders.
- Habilitation and leadership to include agency leadership.
- Special classifications of disorders (including disorders impacting individuals in services such as borderline personality disorder, cerebral palsy, etc.)

Since the last report dated December 2, 2014 several additional trainings have been added to the training line up.

As part of the infrastructure to support the training we have created a web page for easy access to available trainings. The web page has on-line registration capability. Most training is free and open to the public. The web page can be found at omnibehavioralhealth.com. Click on the training button on the right side of the page. We will be offering continuing education credit (CEU) for different disciplines as appropriate. Trainings are offered state wide in various locations. They will also be offered via webinar.

Updated Training Calendar:

Webinars Added:

Self-care and boundaries for staff working with individuals with intellectual and/or other developmental disabilities

Presenter: Meredith Griffin, Psy.D.

This is a condensed version of a full day training available via the web. The webinar includes a fidelity exam to test understanding of key concepts. This is a one hour webinar.

Dr. Tom Pomeranz is a nationally recognized authority, trainer, clinician and consultant in the field of services for people with disabilities. He will be training on the following topics throughout 2014. More information about Dr. Pomeranz can be found at <http://universallifestyles.com/>.

- Just in time Supervisory Training for Provider Clinical Staff and Management
- Young Parent Seminars: For parents of young children with developmental disabilities
- Supporting Students in an Integrated Setting: Training for educators
- Parent/Caregiver Training: For parents supporting teenagers or adult children in their home

January 2014

In January 2014, Dr. Pomeranz held 7 community sessions in Omaha January 20-24, 2014 in Omaha.

- Five trainings of the Just in time Supervisory Training for Provider Clinical Staff and Management were conducted. Each session was from 9:00-4:00. Each session was at capacity.
- Two of the Young Parent Seminars: For parents of young children with developmental disabilities were held. Each session was from 6:00-8:00 PM. A mix of parents, staff working with parents, physicians and advocates attended.

Dr. Keith Allen is a faculty at Munroe Meyers Institute. In January, he presented on the topic of “video modeling”. This training is about how to use IPADS for modeling specific behaviors during times of transition. This training was at capacity with the maximum number of participants.

One hour webinar will be posted in the near future of the Dr. Keith Allen “video modeling” training.

February 2014

- Dr. Pomeranz will be holding 7 community sessions in Lincoln on the above listed trainings. Five of the trainings are at capacity.
- Dr. Pomeranz will also be conducting several supervisory training sessions at Beatrice State Development Center February 24-28, 2014
- Webinar posting: Boundaries for Staff working with Individuals with Intellectual and/or other Developmental Disabilities

March 2014

- Dr. Pomeranz will be holding 7 community trainings in Grand Island and Kearney.
- *Physical and Nutrition Management-2* Trainings in Omaha and Lincoln
Presenters: Terri Lykins and Jamie Bailey
- *Video Modeling-2* trainings in Kearney
Presenter: Dr. Keith Allen
- *Conducting Serious Incident Investigations* - Lincoln
Presenter: Labor Relations Alternatives. LRA is based out of Austin, TX and provides quality training on fundamental principles of conducting investigations. The training will include an exam to determine fidelity to the investigation process.

Target Audience: Provider staff and administration, Service Coordination, APS,

- Webinar postings: Video Modeling
- *Supporting people with intellectual and/or other developmental disabilities during the aging process* - Norfolk
Presenter: TBD

April 2014

• Dr. Pomeranz will be holding 7 community trainings in North Platte, Ogallala, Scottsbluff and Gering. He is also training BSDC supervisory staff April 1-18th, 2014.

• *Physical and Nutrition Management* - 2 Trainings in Kearney and Grand Island

Presenters: Terri Lykins and Jamie Bailey

• *Video Modeling* - 2 trainings in Lincoln Presenter: Dr. Keith Allen

• *Supporting people with intellectual and/or other developmental disabilities during the aging process*-Scottsbluff

Presenter: TBD

• *Smoking cessation for individuals with intellectual and/or other developmental disabilities*

Presenter: TBD

Training Update:

Peter Leidy is a nationally recognized speaker on working with individuals with developmental disabilities. He will be training Extended Family Home providers and foster parents who have children with intellectual and/or other disabilities April 25 & 26, 2014. The training is titled "Ways to prevent a crisis. Building relationships to prevent disruption."

April 21st, 2014, Dr. Pomeranz will be holding an additional training of the Just in time Supervisory Training for Provider Clinical Staff and Management at the HHS Training Center. This training will be video-taped in order to produce a production quality video used to distribute to community providers for on-going supervisory training.

May 2014

Dr. Pomeranz will be training on the following topics:

- 1) How to manage difficult people
- 2) Consumer to producer-day program proposals
- 3) "Raising the Bar" on service delivery

These training will be in Lincoln and will include up to 60 participants at each training.

Additional trainings offered in May include:

• *Physical and Nutrition Management* - 2 Trainings in Norfolk and Columbus

Presenters: Terri Lykins and Jamie Bailey

• *Video Modeling* - 2 trainings in Omaha Presenter: Dr. Keith Allen

• *Smoking cessation for individuals with intellectual and/or other developmental disabilities*

Presenter: TBD

Training Update:

Verla Dorn, Chaplin, will be presenting on "Helping people with disabilities keep Spirituality in their lives" on May 16th, 2014.

Colby Coash, Bill Reay and Rich Wiener will be presenting on "Agency Leadership and Use of Data to Inform Decisions." Dates: in May and June, 2014.

June 2014

- Dr. Pomeranz will be training at 9 community events in Lincoln, Columbus, Norfolk and Omaha
- *Facts of Life... and more* - Grand Island, Lincoln and Omaha
Presenter: Leslie Walker-Hirsch, IMEd., FAAIDD
- *Physical and Nutrition Management* - 2 Trainings in North Platte and York
Presenters: Terri Lykins and Jamie Bailey
- *Video Modeling* - 2 trainings in Norfolk
Presenter: Dr. Keith Allen
- *Smoking cessation for individuals with intellectual and/or other developmental disabilities*
Presenter: TBD

Training Update:

Verla Dorn, Chaplin, will be presenting on "Helping people with disabilities keep Spirituality in their lives" on June 6, 13, and 27th (Scottsbluff, North Platte and Norfolk).

Colby Coash, Bill Reay and Rich Wiener will be presenting on "Agency Leadership and Use of Data to Inform Decisions." Dates: TBD

July 2014

- Dr. Pomeranz will be training at 18 community events in North Platte, Kearney, Hastings, Grand Island and Omaha.
- *Agency leadership: Use of information, care and management*
Presenter: TBD
- *Cracking the Code-Diagnostics* - Omaha
Presenter: Julie Gentile, MD

Training update:

Caring for individuals with disabilities who experience dementia
Presenter: Verla Dorn

Dr. Pomeranz will be holding an additional training of Young Parent Seminars: For parents of young children with developmental disabilities at the State of Nebraska Training Center. This training will be videotaped in order to produce a production quality video used to distribute to families and providers for training.

August 2014

- Dr. Pomeranz will be training at 9 community training events in Ogallala, Sidney, Alliance, Scottsbluff and Gering
- *Cracking the Code-Diagnostics* - Omaha
Presenter: Julie Gentile, MD
- *Borderline Personality Disorder*: Kearney and North Platte
Presenter: TBD

September 2014

- Dr. Pomeranz will be training at 9 community training events in Ogallala, North Platte, Kearney and Lincoln. Dr. Pomeranz will also be training at the HHS-State Wide training summit September 22-25, 2014.
- *Borderline Personality Disorder*: Kearney and North Platte
Presenter: TBD
- *Healthy menu planning for individuals with diabetes and other co-occurring disorders*
Presenter: Crystal Zabka Belsky, MS, RD, CSSD, LMNT
- *Agency leadership: Use of information, care and management*
Presenter: TBD

October 2014

- Dr. Pomeranz will be training at 9 community training events in Chadron, Alliance, Sidney, Scottsbluff and Gehring.
- *Respite and other support services for families*
Presenter: TBD
- *Healthy menu planning for individuals with diabetes and other co-occurring disorders*
Presenter: Crystal Zabka Belsky, MS, RD, CSSD, LMNT
- *Agency leadership: Use of information, care and management*
Presenter: TBD

November 2014

- *Borderline Personality Disorder*: Lincoln and Omaha
Presenter: TBD
- *Supporting Spiritual Lives*: Lincoln and Omaha
Presenter: Verla Dorn
- *Respite and other support services for families*
Presenter: TBD

December 2014

- *Cracking the Code-Diagnostics* - Lincoln
Presenter: Julie Gentile, MD
- *Supporting Spiritual Lives* - Location TBD
Presenter: Verla Dorn
- *Respite and other support Services for families*
Presenter: TBD

Other trainings on the following topics are in the development process:

- Community Supervision of Adult Sex Offenders with Disabilities, Presenter, Jim Haaven (Portland, OR)
- Sex Offender Intervention and Process Scale for Individuals with Disabilities, Presenter, Bob McGrath (Vermont)
- Nursing Care for individuals with intellectual and/or other developmental disabilities in the emergency room. Possible presenter, Debra Wood, RN (Orlando, FL)
- Community based recreational therapy for individuals with disabilities, Presenter, TBD

We are exploring partnership with Health Care Organization Students of America (HOSA) as a potential collaboration to assist in training high school and community college students in the field of developmental disabilities services and management.

Partnerships have been established with Metropolitan Community College in an effort to assist in practicum placement specific to working with individuals with disabilities.

This is a tentative agenda of training for 2014. Trainings will be added throughout the year. Up to date information regarding the training agenda and registration information can be found on the OMNI Behavioral Health web site under the "training" tab. The web site is www.omnibehavioralhealth.com. Please contact me if you have any questions.

Sincerely,

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