

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

GUIDANCE DOCUMENT

“This guidance document is advisory in nature but is binding on an agency until amended by such agency. A guidance document does not include internal procedural documents that only affect the internal operations of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules and regulations made in accordance with the Nebraska Administrative Procedure Act. If you believe that this guidance document imposes additional requirements or penalties on regulated parties, you may request a review of the document.”

Pursuant to
Neb. Rev. Stat. § 84-901.03


Cosmeticians, Cosmetology, and Esthetics

Advisory Opinions

Advisory statements are issued by the Board of Cosmetology, Electrology, Esthetics, Nail Technology and Body Art for informational purposes only; they are NOT legal opinions and are non-binding. The advisory opinions define acts, which in the opinion of the board, are or are not permitted in the practice of cosmetology and/or esthetics.

The practice of Esthetics/Cosmetology is upon the skin (epidermis); services below the epidermis and into the dermis are not within the scope of practice.

Cool Lifting	Not within the practice, this procedure goes below the epidermis. (6/5/17)
Cool Sculpting	Not within the practice, this procedure goes below the epidermis. (6/5/17)
Cryoclear	Cryoclear has two FDA approved devices, one that doctors use and one that estheticians can use which stays on the top level of the skin. (6/5/2017)
Cupping	Not within the practice, this procedure goes into the Dermis. (1/5/15)
Dermapen	.03 or .05 acceptable. (9/18/13)
Dermaplaning	Within cosmetology and esthetic practice as it is an exfoliating treatment used on the outer layer of skin. (8/4/11)
Dermarolling	Within cosmetology and esthetic practice. (10/17/11)
Dermatone	Within cosmetology and esthetic practice. (8/31/12)
Eyelash and Brow Tinting	Within cosmetology and esthetic practice. (9/9/13)
Intense Pulsed Light (IPL)	Not within the practice. (8/5/2001 per Medical Board)
Lasers	Not within the practice. (8/5/2001 Medical Board)
Micro Needling	.05 needles acceptable; larger needles for medical use only. (9/18/13)
PELLEVE device	Not within the practice, this procedure delivers constant gradual radiofrequency energy to the dermal tissue. (5/5/14)
Peels	Mild peels which do not penetrate into the dermis are acceptable. (2/19/14)

 **Dermatologic Workgroup Final Report:** This report provides additional information relating to dermatologic services that can be provided by cosmetologists and estheticians.

Reminder: With any service or use of implements, one must be competent and trained in providing the service and must practice within the Cosmetology and/or Esthetics scope of practice for which s/he is licensed.