

**SFY2010/11
Annual
Report**



Division of Children & Family Services
Office of Juvenile Services

**Youth Rehabilitation &
Treatment Center-
Geneva**

**Helping
Youth
Live
Better
Lives**

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL
EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM

DAN SCARBOROUGH
SHAWN MALOLEY
RICHARD WEHLAND
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MARY STOFER
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KEVIN SMIDT
JAN MYERS
EDWARD PRICE
CONNIE REINSCH
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FACILITY ADMINISTRATOR
ASSISTANT FACILITY ADMINISTRATOR
PRINCIPAL
PSYCHOLOGIST
ADMINISTRATIVE ASSISTANT
BUSINESS MANAGER
MAINTENANCE SUPERVISOR
NURSING SUPERVISOR
CHAPLAIN
RECREATION COORDINATOR
TRAINING COORDINATOR

MAILING ADDRESS

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WEB SITE

www.dhhs.ne.gov/jus/yrtc/yrtcgindex.htm

RATED CAPACITY

82

AVERAGE LENGTH OF STAY

2010/11 – 208 DAYS; 6.93 MONTHS
2009/10 – 229 DAYS; 7.75 MONTHS

AVERAGE DAILY POPULATION

2010/11 – 81 YOUTH
2009/10 – 75 YOUTH

ADMISSIONS

2010/11 – 140 YOUTH
2009/10 – 143 YOUTH

PER DIEM COSTS

2010/11 - \$246.76
2009/10 - \$257.48

AVERAGE AGE AT ADMISSION

2010/11 – 16.46 YEARS
2009/10 – 16 YEARS

RECIDIVISM RATE

2010/11 – 9.79%
2009/10 -- 17%

AFFILIATIONS AND/OR ACCREDITATIONS

AMERICAN CORRECTIONAL ASSOCIATION
PERFORMANCE-BASED STANDARDS/COUNCIL OF
JUVENILE CORRECTIONAL ADMINISTRATORS

HIGHLIGHTS

The mission of the YRTC-Geneva is to protect society by providing a safe, secure, and nurturing environment in which the youth who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens. To accomplish this, the YRTC-Geneva provides diverse programming that responds to each youth's unique needs. In support of its mission, YRTC-Geneva recognizes the following accomplishments for SFY2010/11:

Numerous construction/physical plant renovations were worked on during the past year. The old boilers were removed from the boiler plant, and were replaced with new boilers. This project is expected to be completed in August 2011. Work was begun and completed on the installation of Geothermal HVAC systems for Burroughs and Sandoz living units, with installation currently underway for the Sacajawea living unit.



YRTC-Geneva aerial view

Staff continue to work hard to provide diverse programming and opportunities for the youth at the facility. The successful Improvisational Theater (IMPROV) program was continued during the year. Youth again attended Timberlake wilderness camp, where they participated in a Ropes Course, "Leap of Faith," and horseback riding. The volunteer program remains strong, with youth volunteering at the Geneva Theater, the local Senior Center, the Recycling Center, Relay for Life, and speaking to youth at a York, Nebraska Diversion Program.

A welcome addition to the programming in the past year was the establishment of "Project Everlast" (formerly called Nebraska Foster Youth Council). This program's goal is to provide support and assist youth in making positive connections to help them transition into adulthood. The goal of the YRTC is to connect youth with a council in the community once they leave YRTC-Geneva that will provide additional support and transition services to the youth. We currently have 14 youth who are active members of Project Everlast. These members meet on a regular basis and have been involved in several community service projects as a way of giving back to the community. They were also participants in an all-day Permanency Summit in Lincoln, Nebraska.

YRTC-Geneva continued quality assurance measures through the Performance-based Standards project and the American Correctional Association audit process. These measures have resulted in a decrease in the number of physical interventions, youth-on-youth assaults and fights, and a reduction in the number of room confinement hours.

TREATMENT PROGRAM

The Social Services Department at the Youth Rehabilitation & Treatment Center - Geneva is composed of the following staff members:

- 1 Psychologist
- 1 Mental Health Practitioner Supervisor/LMHP
- 3 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 2 Chemical Dependency Training Specialists
- 1 Staff Assistant



Sacajawea Treatment Team meeting

YRTC-Geneva also contracts with a psychiatrist, psychiatric nurse practitioner, a licensed alcohol and drug counselor (LADC), and a consulting clinical psychologist to provide services.

The philosophy of gender-responsive programming is the cornerstone of the treatment program. The core treatment program, My J♀urney, is based on the premise of empowering youth to learn about themselves and develop methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Based on her criminogenic needs as assessed by the Youth Level of Services, each girl develops her outcomes, needs, and strategies to address these needs. Staff supports the youth by assisting them in achieving their strategies, “coaching,” and motivational interviewing.

Mental health services are provided, including psychiatric consultation, individual mental health therapy, and supportive mental health services provided by an internship program.

In addition, development of each girl's aftercare program begins upon admission. Each girl, her family, Juvenile Services Officer/Family Permanency Specialist, and YRTC-Geneva staff form a partnership to develop an aftercare program to be implemented following her release from YRTC –Geneva.

The My J♀urney program is supported by a wide array of programming to help each girl address her individual issues. Staff receive specialized training that addresses these issues. Additional programming offerings include:

- Outpatient residential drug/alcohol treatment
- Drug/alcohol assessment, education, and counseling
- Tobacco cessation and education
- Pre-natal care and education for pregnant youth
- Parent and youth orientation and family consultations

- Inter-personal social skills development
- Intensive, structured individual behavioral and mental health programming
- Family-focused counseling

YRTC-Geneva utilizes an intensive drug/alcohol group treatment program. Based on the assessment/classification process, youth meeting established criteria are entered into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Youth entering this program undergo psycho-educational drug/alcohol group programming. Family interventions are offered and emphasis is placed upon reintegration back into the community following their release. Youth who do not meet the criteria for placement in the intensive drug/alcohol group but show a need for further drug/alcohol services may have their needs met in a variety of ways, including education classes and individual counseling.



Mothers & Babies Room

The Mothers & Babies Program continues to play an important part in the YRTC treatment program. Coordinated by a Youth Counselor, this program is available to youth who have children or who are pregnant, and provides information and learning experiences centered upon child care and development, as well as pre- and post-natal care. Plans have been completed for overnight mother and babies visits.

The curriculum for the Mothers & Babies program covers many topics, including pre- and post-natal care and parenting. A critical component of the program is a regular visitation schedule so that each girl who has a child has an opportunity for that child to visit her on a regular basis. Youth are able to interact and bond with their children, as well as learn valuable parenting skills.

Activities that occurred during SFY2010/11 included:

- Youth attended off-campus presentations on “Nurturing Your Child’s Healthy Sexual Development”, Lamaze classes, and “Emotional Coaching.”
- Outside providers continued to come to campus to present information to our mothers. These presentations included: “Bonding with Your Child” by the UN-L Extension Office; “Car Seat and Airbag Safety” by Good Beginnings; and almost monthly classes on “Ready, Set, and Deliver,” and “Baby Talk” by a nurse presenter from the Nebraska Children’s Home.
- The youth and the Program Coordinator set up a reading nook in the children’s visiting area to promote reading to and bonding with the children.

EDUCATION PROGRAM

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the youth are paroled from the facility.

Geneva North School provides full fall and spring semesters, with an 8-week summer school session. Additional programming includes Title I services, vocational counseling, library/media services, GED preparation, and cosmetology services.



YRTC-Geneva Library/Media Center

Ten students received Geneva North High School diplomas. They were honored during graduation ceremonies and receptions attended by their family members.

The GED tutoring program was continued. On average, seven students were enrolled in the program.

Pre- and post-tests indicated an increase in the skill level of students in the areas of reading, spelling, and math. Students averaged nearly a one-year increase in their grade placements during their stays.

The Title I Teacher provided assistance to classroom teachers, provided services to youth who are unable to attend the regular school program, administered pre- and post-tests, and provided individual assistance to youth. Approximately 17 youth were served by the Title I teacher on a weekly basis.

The ACT was administered twice during the school year. Fifteen students took the test.

Thirteen eligible students were assisted in completing application forms to post-secondary programs. The Vocational Counselor also assisted students in completing financial aid applications.

During the year, a YRTC Vocational Rehabilitation Liaison position was continued within the Nebraska Department of Education to serve students from several counties in eastern Nebraska. This position provides assistance and services to students who are returning to their home communities following their parole from the YRTC-Geneva.

MEDICAL PROGRAM

Medical services are coordinated by a nurse supervisor, one full-time registered nurse, and one part-time registered nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the YRTC-Geneva Health Authority.

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse practitioner provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.



YRTC-Geneva Medical Dispensary

The medical clinic is located in LaFlesche Cottage and is generally open 6 days a week. Sick call is held on a daily basis during the week, and the doctors and dentist hold regular clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

During SFY2010/11, the following medical services were provided:

SERVICE PROVIDED	NUMBER
On-campus doctor consultations	546
Exams on new admittances	140
Eye exams	74
X-rays/Diagnostic tests	20
Dental consultations/Work completed	317
Psychiatric consultations/Visits	776
Youth visits to clinic	2,880
Staff visits to clinic	112

Additional services included:

- ✓ The number of prescriptions ordered during the year was 2,378.
- ✓ The YRTC-Geneva participated in the very valuable Vaccine for Children Program. The immunization information is entered onto the Nebraska State Immunization Information System (NESIIS). Youth received a total of 131 immunizations through this program, including 89 Gardasil shots; 13 Tdap vaccinations, and 29 Menactra vaccinations (for meningitis).

RELIGIOUS PROGRAM

The religious program at the YRTC - Geneva is supervised by a quarter-time chaplain. Church services are conducted every Sunday by this chaplain or one of several volunteer pastors from the local community.

At the center of the YRTC religious programming is the Chapel of Hope. The Chapel, built in 1976, hosts an assortment of religious activities. On-campus church services are held there every Sunday at 3:30 p.m. The average church attendance during SFY2010/11 was approximately 20 youth, 2 visitors, and 2-3 staff members.



Chapel of Hope

General oversight of the Chapel of Hope is provided by the Chapel of Hope Board that meets on an annual basis. The Board reviews the religious program and physical plant needs.

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a girl desire, the Chaplain can also assist her in contacting her minister, priest, or religious leader in the community. A youth may also contact the Chaplain if she is in need of a religious diet. Participation in any religious activity is on a strictly voluntary basis.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested youth. On average, 3 youth took advantage of these services.

Again this past year, members of the Assembly of Saints Church in Omaha met with youth from the eastern part of the state on a regular basis.

The Prison Fellowship program continues to be a strong, supportive activity on campus. This group meets on Tuesday evenings, with an average attendance of 11 youth and 6 Prison Fellowship volunteers.

RECREATION PROGRAM

The Youth Rehabilitation & Treatment Center – Geneva employs one full-time recreation coordinator, one full-time recreation assistant, and one part-time recreation assistant.

YRTC-Geneva has a wide variety of recreational equipment and areas that the youth have ready access to. This includes basketball pads and hoops near the living units, and sand volleyball court and softball/baseball and soccer fields. The youth can swim in the YRTC-Geneva pool, both during recreation and Physical Education classes. The youth may also walk on the 1.3 mile walking trail that threads through the YRTC campus.



Youth participating in the Relay for Life

A recreation room contains exercise equipment, exercise videos, and board games the youth can play. If youth are eligible, the recreation staff may take them to off-campus events. The Recreation Department is also responsible for coordinating numerous volunteer activities the youth are involved in.

The Recreation Department provides numerous craft/leisure time activities for the youth; all youth make a scrapbook of their journey at the YRTC-Geneva.

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the youth, both on and off-campus:

- 2-day Dr. Seuss Birthday Celebration
- Snowman Building Contest
- Exercise Classes
- Bowling at the York, Nebraska bowling alley
- Special activities surrounding holidays, including Valentine's Day, Easter, Christmas, 4th of July and Halloween
- Intramural softball, basketball, and volleyball games. These also included "all-star" games and youth vs. staff games.
- Attended local community Arts Council events and sporting events
- Attended movies at the local Geneva theater
- Attendance at Timberlake wilderness camp where youth participated in Ropes Course, "Leap of Faith," horseback riding and other team building activities.

COMMUNITY SERVICE/VOLUNTEER PROGRAM

The Volunteer Program at the YRTC-Geneva is coordinated by a Recreation Assistant.

The YRTC-Geneva recruited 23 new volunteers during the past year bringing our total to 60 volunteers. Our volunteers donate over 100 hours per month. Volunteer categories include:

The *Community Advisory Board* is made up of a cross section of community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers are assigned to youth who have limited contact with their families during their stays. The "Visiting Volunteers" may provide numerous experiences for the youth they are assigned to, including off-campus movies, picnics, sporting activities, and church services.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice on the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year's religious programming, as well as plan for any upcoming religious needs. The religious program also benefits from the involvement of *Prison Fellowship* volunteers and additional volunteers who provide an array of religious services.

The volunteers were recognized at a Spring Banquet in their honor on April 15, 2011. Motivational speaker Ricky Simmons presented an inspirational talk to the youth, staff, and volunteers who attended.

YRTC-Geneva youth continued their involvement in volunteering for numerous community activities, including:

- Worked at the local Geneva Theater taking tickets and selling concessions
- Assisted at the local Recycling Center
- Regularly worked at the Geneva Senior Center, helping to prepare meals, clean, complete errands, and assist at special activities, such as the Ice Cream Social
- On a regular basis, youth spoke to classes through the York County Diversion Program. The youth related their stories and provided insight to the class participants.
- YRTC-G youth continued their involvement in the American Cancer Society's Relay for Life. Youth were selected to participate in the Relay for Life Walk and joined in the activities.
- Visited and interacted with residents at a local retirement home.
- Worked at the state trapshoot in Doniphan, Nebraska



Staff, youth and volunteers enjoy the Spring Banquet

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel and the budget unit of the DHHS annually prepare the facility budget of funds appropriated by the State Legislature.

The following is the budget allocated to the facility by DHHS for SFY2010/11:

	Budget	Total Expenditures
General Funds	\$ 6,984,998.00	\$6,974,226.22
Federal Funds	\$ 172,232.00	\$ 172,155.61
Cash Funds	\$ 105,564.00	\$ 103,681.95
TOTAL	\$7,262,794.00	\$7,250,063.78



Installation of the new boiler

PERSONNEL

YRTC-Geneva currently has 99.85 FTE authorized positions.

During the past year, YRTC-Geneva had 16 new hires and 13 retirements and resignations. The average tenure for YRTC-Geneva employees was 11.85 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed 9,551 hours of training which included pre-service, mandatory, on-the-job, extraneous, and specialized training.

FOOD SERVICE

The Food Service Department consists of 3 Food Service Worker III's and one Food Service Manager. The Department is responsible for providing 3 meals and snacks to all youth on campus, as well as staff who eat their meals in the cafeteria. All menus are reviewed and approved by a Registered Dietician.

During the past year, the Food Service Department served 86,351 youth meals and 14,195 staff meals. The average cost per meal was \$2.38.

MAINTENANCE

In addition to the projects mentioned in "Highlights," during SFY2010/11, the following maintenance projects were initiated and/or completed:

- Renovation of an apartment for use during overnight mother and baby visits.
- Five additional security cameras were installed, bringing the total number of security cameras on campus to 24.

Youth Rehabilitation & Treatment Center – Geneva
SFY10/11 ADMITTANCES BY SERVICE AREA/COUNTY

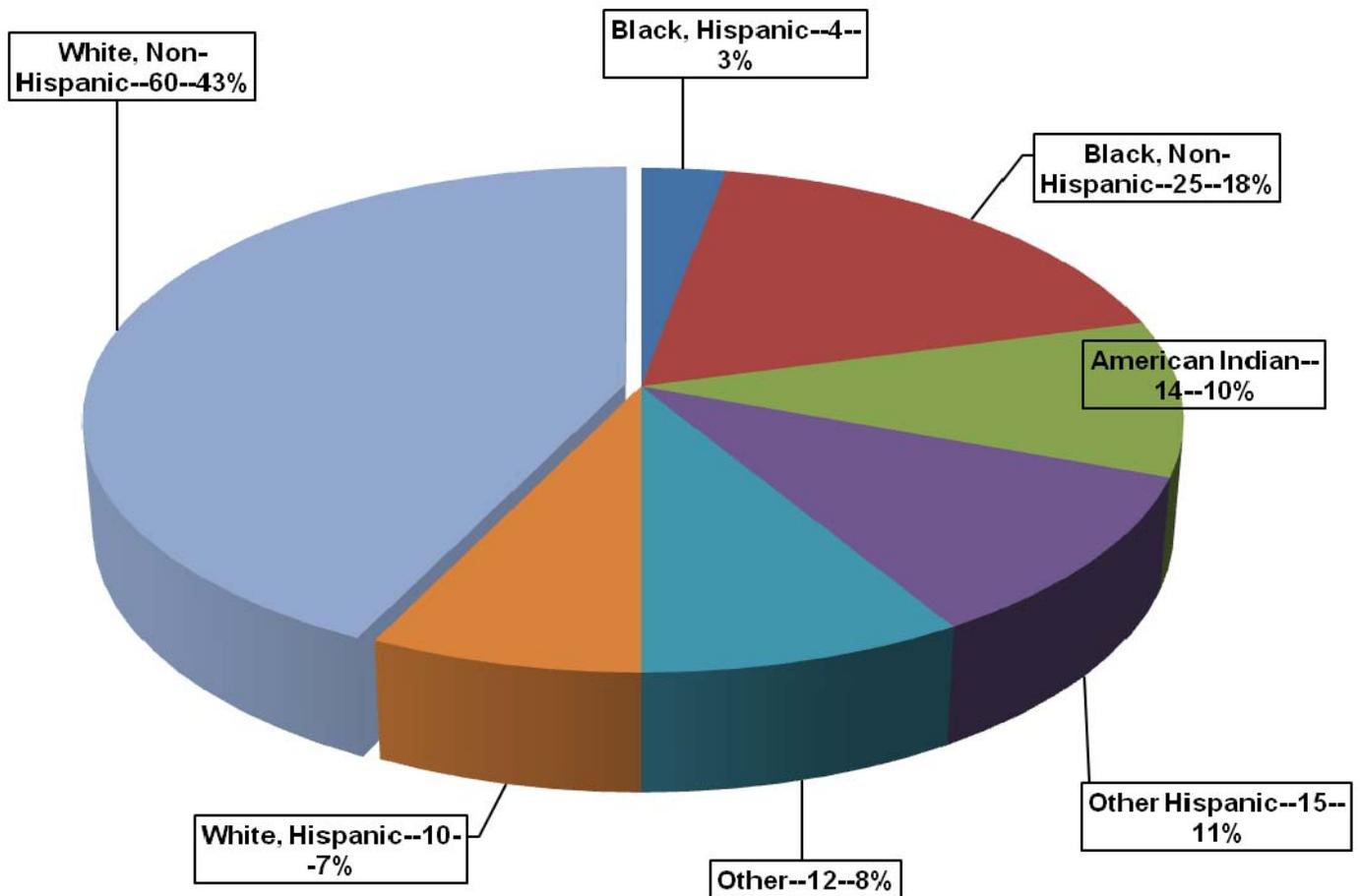
SERVICE AREA/COUNTY	ADMISSIONS	PERCENTAGE
CENTRAL SERVICE AREA		
Adams	2	1.44%
Buffalo	3	2.15%
Hall	5	3.57%
Hamilton	1	0.71%
Phelps	1	0.71%
TOTAL	11	8.58%
EASTERN SERVICE AREA		
Douglas	41	29.29%
Sarpy	4	2.86%
TOTAL	45	32.15%
NORTHERN SERVICE AREA		
Antelope	1	0.71%
Cedar	1	0.71%
Dakota	2	1.44%
Dodge	6	4.29%
Madison	3	2.14%
Nance	1	0.71%
Otoe	1	0.71%
Platte	3	2.14%
Washington	3	2.14%
Wayne	1	0.71%
TOTAL	22	15.70%
SOUTHEAST SERVICE AREA		
Cass	1	0.71%
Gage	2	1.44%
Lancaster	36	25.71%
Nemaha	2	1.44%
Richardson	1	0.71%
Saunders	1	0.71%
Seward	3	2.15%
TOTAL	46	32.87%
WESTERN SERVICE AREA		
Box Butte	1	0.71%
Dawson	3	2.14%
Keith	1	0.71%
Lincoln	5	3.57%
Morrill	1	0.71%
Scotts Bluff	4	2.86%
TOTAL	16	10.70%
GRAND TOTAL	140	100.00%

Youth Rehabilitation & Treatment Center – Geneva
SFY2010/11 ADMISSIONS BY OFFENSE

OFFENSE	TOTAL
Aiding & Abetting	3
Assault	46
Auto Theft	1
Burglary	2
Concealed Weapon	1
Criminal Mischief	6
Disorderly Conduct	2
Disturbing the Peace	5
Escape	1
False Imprisonment	1
False Information	2
Forgery	1
Huffing	1
MIP	2
Obstructing a Police Officer	2
Parole Violations	10
Possession of Drug Paraphernalia	4
Possession of Drugs	6
Probation Violation	3
Sexual Assault	1
Shoplifting	20
Terroristic Threats	1
Theft	14
Trespass	3
Unauthorized Use of a Vehicle	2
TOTAL	140

SFY2010/11 ADMISSIONS BY RACE

(140 Admissions)



SFY2010/11 RELEASES

(143 Releases)

