

2007/08
Annual
Report



Youth Rehabilitation & Treatment Center- Geneva

Helping
Youth
Live
Better
Lives

THE NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES IS COMMITTED TO AFFIRMATIVE ACTION/EQUAL
EMPLOYMENT OPPORTUNITY AND DOES NOT DISCRIMINATE IN DELIVERING BENEFITS OR SERVICES.

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FACT SHEET

ADMINISTRATIVE TEAM

DANIEL L. SCARBOROUGH	FACILITY ADMINISTRATOR
SHAWN MALOLEY	ASS'T. FACILITY ADMINISTRATOR
RICHARD WEHLAND	PRINCIPAL
DR. DONALD P. BELAU	PSYCHOLOGIST
MARY STOFER	ADMINISTRATIVE ASSISTANT
SANDI RENKEN	BUSINESS MANAGER
CANDACE DAVIS	LMHP SUPERVISOR
CINDY BETKA	CHEMICAL DEPENDENCY SUPERVISOR/LADC
FRANCIS HURST	MAINTENANCE SUPERVISOR
JAN MYERS	NURSING SUPERVISOR
EDWARD PRICE	CHAPLAIN
CONNIE REINSCH	RECREATION COORDINATOR
MARIE POPE	TRAINING COORDINATOR

MAILING ADDRESS

YOUTH REHABILITATION & TREATMENT CENTER
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WEB SITE

www.dhhs.ne.gov/jus/yrtc/yrtcgindex.htm

RATED CAPACITY

82

AVERAGE LENGTH OF STAY

2007/08 - 7.3 MONTHS
2006/07 - 7.5 MONTHS

AVERAGE DAILY POPULATION

2007/08 - 71 YOUTH
2006/07 - 75 YOUTH

2007/08 ADMISSIONS

2007/08 - 153 YOUTH
2006/07 - 127 YOUTH

PER DIEM COSTS

2007/08 - \$252.86
2006/07 - \$222.88

AVERAGE AGE AT ADMISSION

2007/08 - 16 YEARS
2006/07 - 16 YEARS

AFFILIATIONS & ACCREDITATIONS

AMERICAN CORRECTIONAL ASSOCIATION
PERFORMANCE-BASED STANDARDS
NEBRASKA DEPARTMENT OF EDUCATION

HIGHLIGHTS

The mission of the YRTC-Geneva is to protect society by providing a safe, secure, and nurturing environment in which the girls who come to us may learn, develop a sense of self, and return to the community as productive and law-abiding citizens. To accomplish this, the YRTC-Geneva provides diverse programming that responds to each girl's unique needs. In support of our mission, YRTC-Geneva recognizes the following accomplishments for fiscal year 2007/08:



A girl on the "Leap of Faith" at Timberlake

The Mothers and Babies program continued to expand during the past year. An important facet of the program is the scheduling of regular visits by the children with their mothers on the YRTC-Geneva campus. During these visits, each girl is able to interact with her child and build a relationship while under the supervision and guidance of a Counselor. In addition to the parenting classes, girls are able to attend Lamaze classes at the local hospital where they receive information on pregnancy, labor, and delivery.

The off-grounds work program continued during the past year. Throughout the year, girls worked at seven local businesses. Girls meeting the criteria and passing the screening process were given an opportunity to work in these various locations and learned valuable vocational skills.

YRTC-Geneva girls continued their involvement in volunteering for numerous community activities, including working at the local Geneva Theater in the concession stand and taking tickets, regular volunteering at the local Recycling Center, Adopt-A-Highway, refereeing at local children's soccer games, participating in the local Relay for Life, and crocheting blankets and donating them to various shelters.

Youth once again went to Timberlake, a camp that boasts a high and low ropes course, "leap of faith," swimming, horseback riding, and various team building activities.

Improvisational Theater (IMPROV) was continued this year. During IMPROV, girls work out solutions to real-life problems, and then develop scenes to act out their solutions.

Girls again worked at the trapshoot in Doniphan, Nebraska and earned \$3,000 for their efforts. This money was placed in the Youth Welfare Fund and used for special activities and recreational equipment for the youth.

TREATMENT PROGRAM

The Social Services Department at the Youth Rehabilitation & Treatment Center - Geneva is composed of the following staff members:

- 1 Psychologist
- 1 Mental Health Practitioner Supervisor/ LMHP
- 2 Licensed Mental Health Practitioners
- 3 Youth Counselor I's
- 1 Chemical Dependency Supervisor/LADC
- 3 Chemical Dependency Training Specialists
- 1 Staff Assistant



*Candy Davis, Counseling Supervisor,
conducts a group meeting*

The YRTC-Geneva also contracts with a Psychiatrist, Psychiatric Nurse Practitioner, a part-time Chemical Dependency Counselor, and a Consulting Clinical Psychologist to provide services.

The philosophy of gender responsive programming is the cornerstone of the treatment program, My J_♀ourney, which is supported by a wide variety of programming to help each girl address her individual issues. Staff receive specialized training that addresses these issues.

Our program offerings include:

- Outpatient residential drug/alcohol treatment
- Drug/alcohol assessment, education, and counseling
- Tobacco education and cessation
- Pre-natal care and education for pregnant girls
- Parent and youth orientation and family consultations
- Inter-personal social skills development
- Intensive, structured individual behavioral and mental health programming
- Family focused counseling

The core treatment program, My J_♀ourney, is based on the premise of empowering girls to learn about themselves and develop methods to meet their needs in a way that draws from their strengths, and in a manner that makes sense to them. Based on her criminogenic needs as assessed by the Youth Level of Services, each girl develops her outcomes, needs, and strategies to address these needs. Staff support the girls by assisting them in achieving their strategies, “coaching,” and motivational interviewing.

YRTC-Geneva utilizes an intensive drug/alcohol treatment group program. Based on the assessment/classification process, girls meeting established criteria are entered into one of two intensive treatment groups that are housed in Marie Sandoz Cottage. Girls entering this program undergo traditional drug/alcohol group programming. Family interventions are offered and emphasis is placed upon reintegration of the girls into an active outpatient treatment program following release. Girls who do not meet the criteria for placement in the intensive drug/alcohol group but show a need for further drug/alcohol services may have their needs met in a variety of ways, including education classes and individual counseling.



Cortney Lichti, Counselor for the Mothers & Babies Program, meets with a girl

The Mothers and Babies program continues to play an important part in the YRTC treatment program. Coordinated by a Youth Counselor, this program is available to girls who have children or who are pregnant, and provides a variety of information and learning experiences centering upon child care and development, as well as pre- and post-natal care. During the past fiscal year, services were provided to 22 girls who had children previous to their arrival at the facility and/or girls who were pregnant while at the facility.

The curriculum for the Mothers & Babies program covers a wide variety of topics, including pre- and post-natal care, and parenting. A critical component of the program is a regular visitation schedule so that each girl who has a child has an opportunity for that child to visit her on a regular basis. Girls are able to interact and bond with their children, as well as learn valuable parenting skills.

Activities that occurred during the past year included:

- On-campus classes with instructors from the “Visiting Nurse” and Public Health Solutions.
- An average of 2-3 group meetings per month for pregnant girls.
- An average of 2-3 parenting group meetings per week. Topics covered at these meetings included SIDS, Shaken Baby Syndrome, Child Development, Feeding and Playing with a Baby, Safety and Emergency Information, How to Bond with Your Baby, Preventing Abuse and Neglect, Picking a Daycare, and Nutrition.
- Eight youth completed off-campus Lamaze Classes at the Fillmore County Hospital.

EDUCATION PROGRAM

The State Board of Education approved the continued operation of the Geneva North School as an accredited school under the terms of the Special Purpose Agreement. Credits earned by students at Geneva North are transferable to Nebraska schools once the girls are paroled from the facility.

Geneva North provides full fall and spring semesters, with an 8 week summer school session. Additional programming includes Title I services, vocational counseling, library services, GED preparation, and cosmetology services.



Scott Gregory, Teacher in LaFlesche Cottage, helps a student

The average daily membership was 45.3.

Twenty one students received Geneva North High School diplomas through various programs. Nine seniors were graduated in December 2007 and eight in May 2008. Four students completed graduation requirements during the summer session of school and two completed the requirements that enabled them to graduate from their home schools.

The GED tutoring program was continued. Six students were enrolled in the program. Two of the students completed the entire series of tests.

Pre- and post-tests indicated an increase in the skill level of students in the areas of reading, spelling, and math. Students averaged nearly a one year increase in their scores during their stays.

There were 311 instances when educational services were provided by the Title I teacher to students who were unable to attend the regular school program.

The ACT was administered twice during the school year. Fourteen students took the test, and received an average composite score of 17.6. The high score was 23 and the low score was 14.

Eligible students were assisted in completing application forms to post-secondary programs. The Vocational Counselor also assisted students in completing financial aid applications.

Two students were enrolled in telecourses offered through the Community College system. The Vocational Counselor is exploring the option of using Pell grant monies to fund these classes in the future.

MEDICAL PROGRAM

Medical services are coordinated by a Nurse Supervisor, one full-time Registered Nurse, and one part-time Registered Nurse. The YRTC-Geneva maintains a contract with the Fillmore County Medical Clinic to provide physician services at the facility. Oversight of the program is provided by the OJS Medical Administrator.

Dental treatment, optometric services, and pharmaceutical services are provided on a contractual basis. A contractual psychiatrist and psychiatric nurse provide psychiatric services on a bi-monthly basis. Emergency services are provided through a contract with the Fillmore County Hospital.



YRTC-Geneva Dental Office

The medical clinic is located in LaFlesche Cottage. The clinic is open Monday through Friday from 8:00 a.m. to 5:00 p.m., and on alternating Saturday mornings. The part-time Registered Nurse position is designed to provide coverage from 5:00 p.m. to 9:00 p.m. and for 4 hours on Sundays. Sick call is held on a daily basis during the week, and the doctors and dentist hold weekly clinics. Off-campus medical appointments with specialists are scheduled by the nurses.

During the past year, the following medical services were provided:

SERVICE PROVIDED	NUMBER
Brief physical exams	511
Exams on new admittances	123
Eye exams	43
Pre-Natal visits	61
Obstetrical ultrasounds	7
Dental exams	123
Dental work	111
Youth visits to clinic	3,956
Dermatology appointments	7
Staff visits to clinic	123

Additional services included:

- Five girls delivered viable infants.
- At the direction of YRTC doctors and psychiatrist, an average of 60 daily dosages of psychotropic medications were administered to girls.
- The psychiatric nurse completed 133 exams, and the psychiatrist completed 261 appointments. Five youth were transferred to the CAPS unit in Lincoln, and one youth was transferred to the University of Nebraska Medical Center eating disorder clinic.

RELIGIOUS PROGRAM

The religious program at the YRTC - Geneva is supervised by a quarter-time Chaplain. Church services are conducted every Sunday by this Chaplain or one of several volunteer pastors from the local community.

General oversight of the Chapel of Hope is provided by the Chapel of Hope Board that meets on an annual basis. The Board reviews the religious program and physical plant needs. During the past year, the Board approved the purchase of storage cabinets for the Chapel restrooms.



Chapel of Hope

The religious program on campus includes individual religious counseling, weekly on-campus religious services, and special programs from outside groups. Should a girl desire, the Chaplain can also assist her in contacting her minister, priest, or religious leader in the community. Participation in any religious service or activity is on a strictly voluntary basis.

On-campus services are held at the Chapel of Hope every Sunday afternoon at 3:30 p.m. The Chapel, which was built in 1976, also hosts a variety of religious activities. The average church attendance during the past year was approximately 18 girls, 4-7 visitors, and 4-5 staff members.

Each Tuesday night, volunteers from the community come to campus to recite the Catholic rosary and hold catechism classes with interested girls. On average, 5 girls take advantage of these services.

Again this past year, members of the Assembly of Saints Church in Omaha met with girls from the eastern part of the state on a monthly basis.

The Prison Fellowship program continues to be a strong, supportive activity on campus. This group meets on Tuesday evenings, with an average attendance of 11 girls and 6 Prison Fellowship volunteers.

In addition to regularly scheduled religious activities, the YRTC-Geneva religious program also provided several special activities throughout the year:

- The Daughters of Destiny provided 2 programs during Chapel services in February and June.
- The Union Ushers presented a program in May 2008.

RECREATION PROGRAM

The Youth Rehabilitation & Treatment Center – Geneva employs one full-time Recreation Coordinator, one full-time Recreation Assistant, and one part-time Recreation Assistant.

YRTC-Geneva has a wide variety of recreational equipment and areas that the girls have ready access to. This includes basketball pads and standards near the living units that the girls are able to use when the weather is nice. During the year, they have also been regularly involved in games of softball, volleyball, soccer, and kickball. The girls can swim in the YRTC-Geneva pool, both during recreation and Physical Education classes. The girls may also walk on the 1.3 mile walking trail that threads through the YRTC campus. A recreation room contains exercise equipment, exercise videos, and various games the girls can play.



Staff and youth enjoy a kickball game during the 4th of July celebration

If girls are eligible, the Recreation staff may take them to off-campus events. During the last year, girls went to off-campus movies at a local theater and participated in volunteer activities coordinated through the Recreation Department.

In addition to regularly scheduled activities, the Recreation Department provided many special activities for the girls throughout the year, both on and off-campus. These activities included:

- Red Cross Swimming Lessons
- Life Guard Training
- Staff vs. Girls Softball, Volleyball, and Basketball games
- Attending the 4th of July parade in Geneva and volunteering at the Inflatables
- 4th of July cookout, kickball game, and watching fireworks
- Attending movies at the local Geneva theater
- Adopt-a-Highway
- Swimming at a local water park
- Attending a local high school football game
- Visiting the Fillmore County Fair
- Pizza parties
- Pet Show
- Special Valentine's Day Activities

COMMUNITY SERVICE/ VOLUNTEER PROGRAM

The volunteer program at the YRTC-Geneva is coordinated by the Assistant Facility Administrator and the Recreation Coordinator.

The YRTC-Geneva currently has 45 active volunteers. Volunteer categories include:

The *Community Advisory Board* is made up of a cross section of community members who meet monthly with administrative staff to review programs, physical plant, and policies and procedures.

Visiting Volunteers are assigned to girls who have limited contacts with their families during their stay. The “Visiting Volunteers” may provide numerous experiences for the girls they are assigned to, including off-campus movies, picnics, sporting activities, or church services.

The *Chapel Board* is in charge of maintaining the Chapel of Hope and offering advice and to the religious programming at the facility. This group meets on an annual basis to review the Chapel of Hope physical plant and the past year’s religious programming, and plan for any upcoming religious needs. The religious program also benefits from the involvement of *Prison Fellowship* volunteers and additional volunteers who provide a variety of religious services.

YRTC-Geneva girls continued their involvement in volunteering for numerous community activities, including:

- Worked at the local Geneva Theater taking tickets and selling concessions
- Assisted at the local Recycling Center on a monthly basis
- Adopt-A-Highway
- Refereed at local children soccer games
- Regularly worked at the Geneva Senior Center, helping to prepare meals, clean, and complete errands.
- On a regular basis, girls spoke to classes through the York County Diversion Program. The girls related their stories and provided insight to the class participants.
- YRTC-G girls continued their involvement in the American Cancer’s Relay for Life by baking items to sell. Girls were also selected to participate in the Relay for Life Walk and spent the night at the event and several girls also had their hair cut and contributed it to Locks of Love.
- At the Geneva 4th of July celebration, YRTC-G girls were responsible for helping at the inflatables concession in downtown Geneva.



Youth address “Care Packages” to the troops in Iraq

SUPPORT SERVICES

FACILITY BUDGET

Business Office personnel and the Budget Unit of the DHHS annually prepares the facility budget of funds appropriated by the State Legislature.

The following is the budget allocated to the facility by DHHS for the past fiscal year:

	Budget	Total Expenditures
General Funds	\$6,693,053.29	\$6,290,171.77
Federal Funds	\$ 156,032.00	\$ 156,032.00
Cash Funds	\$ 97,830.58	\$ 89,779.74
GRAND TOTAL	\$6,946,915.87	\$6,535,983.51

PERSONNEL

YRTC-Geneva currently has 98.85 FTE authorized positions.

During the past year, YRTC-Geneva had 14 new hires and 18 retirements and resignations. The average tenure for YRTC-Geneva employees was 11.77 years.

All employees are required to attend training throughout the year. During the past year, YRTC-Geneva employees completed 9,100 hour of training which included pre-service, mandatory, on-the-job, extraneous, and specialized training.

FOOD SERVICE

The Food Service Department consists of 3 Food Service Worker III's and one Food Service Manager. The Department is responsible for providing 3 meals and snacks to all youth on campus, as well as staff who eat their meals in the cafeteria. All menus are reviewed and approved by a Registered Dietician.

During the past year, the Food Service Department served 73,667 youth meals and 14,171 staff meals. The average cost per meal was \$2.04.

MAINTENANCE

During the past year, the following maintenance projects were initiated and/or completed:

- New roofs were installed on Sandoz, Burroughs, and Sacajawea Cottages.
- The LaFlesche electric lock controls and intercom were switched over to a Johnson Controls System.
- A new underground steam line from the main tunnel to the School/Administration Building was installed.
- The letting of bids and beginning of a major renovation project started in March in the School/Administration Building. This is an extensive project that will include replacement of the HVAC system throughout the building. Initial estimates are that the project will run through March 2009.



The renovation project in the School/Administration Building begins in the gymnasium

Youth Rehabilitation & Treatment Center – Geneva

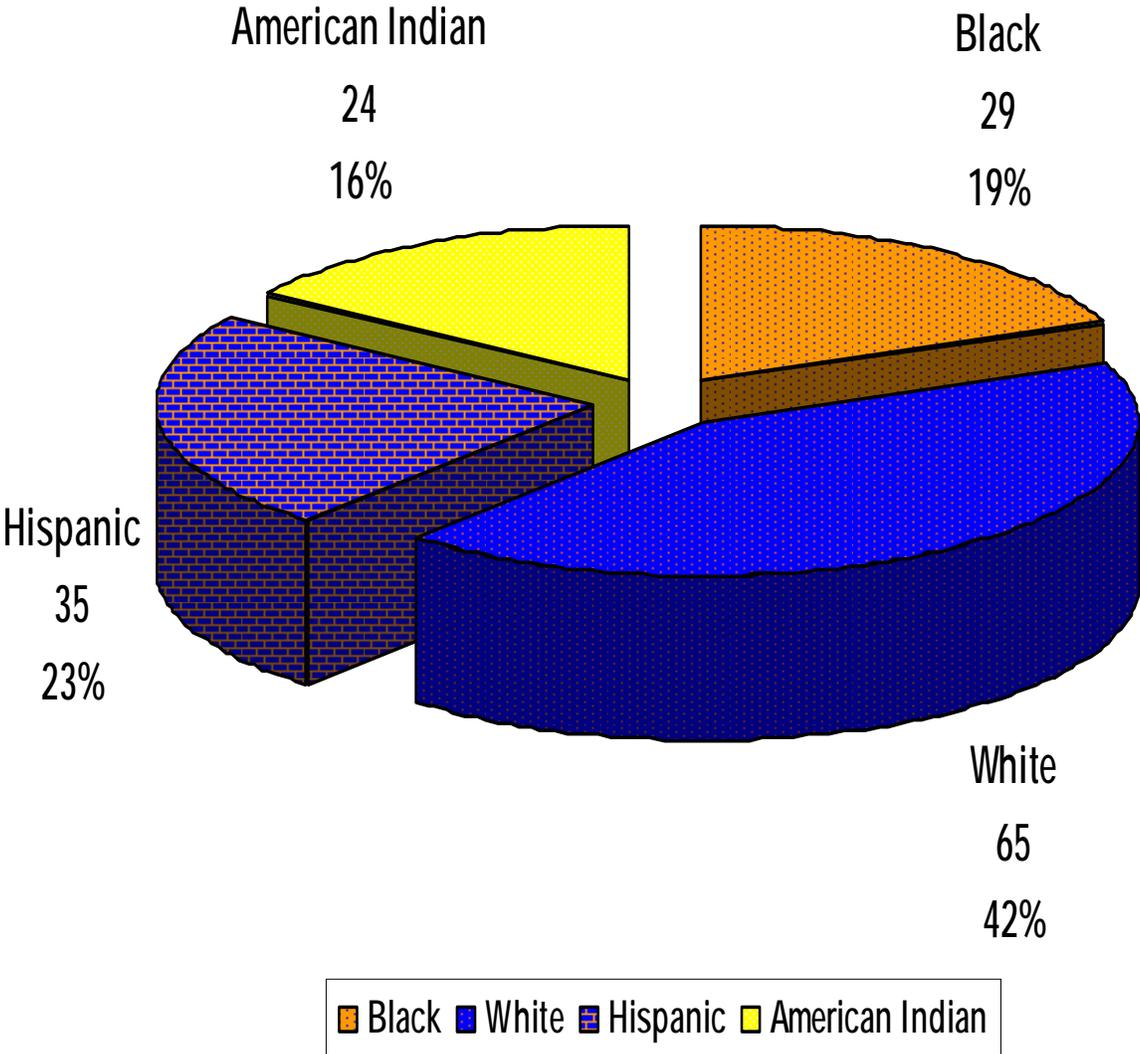
FY07/08 ADMISSIONS BY COUNTY

COUNTY	COMMITMENT	RE-COMMITMENT	DIRECT COMMITMENT	PAROLE SAFEKEEPER	PAROLE REVOCATION	OJS DETAINEE	TOTAL
ADAMS	0	1	1	0	0	0	2
BOX BUTTE	1	0	0	0	0	0	1
BUFFALO	4	0	0	1	1	0	6
COLFAX	3	0	0	0	0	0	3
CUMING	1	0	0	0	0	0	1
DAKOTA	1	0	0	2	3	0	6
DAWES	1	0	0	0	0	0	1
DAWSON	0	0	0	1	1	0	2
DODGE	1	2	0	0	1	0	4
DOUGLAS	25	1	0	4	3	0	33
GAGE	1	0	3	0	0	0	4
HALL	3	1	0	0	1	1	6
LANCASTER	6	2	19	2	5	12	46
LINCOLN	2	1	0	0	0	0	3
MADISON	3	1	0	5	4	0	13
MERRICK	2	0	0	0	0	0	2
OTOE	2	0	0	0	0	0	2
PHELPS	0	0	0	1	0	0	1
PLATTE	3	0	0	0	0	0	3
SALINE	1	0	1	0	0	0	2
SARPY	2	0	0	0	0	0	2
SCOTTS BLUFF	3	0	0	1	1	0	5
SEWARD	1	0	0	0	0	0	1
STANTON	1	0	0	0	0	0	1
TRIBAL	1	0	0	0	0	0	1
WASHINGTON	1	1	0	0	0	0	2
TOTAL	69	10	24	17	20	13	153

Youth Rehabilitation & Treatment Center – Geneva
FY2007/08 ADMISSIONS BY OFFENSE

	Commitments	Re-Commitments	Direct Commitments	Parole Safekeepers	Parole Revocations	OJS Detainees	TOTAL
ARSON	1	0	0	0	0	0	1
ASSAULT	15	2	8	4	5	5	39
AUTO THEFT	5	2	0	1	1	0	9
BURGLARY	2	0	0	0	0	0	2
CRIMINAL MISCHIEF	4	1	0	1	1	0	7
DISORDERLY CONDUCT	2	0	0	0	0	0	2
DISTRIBUTION OF DRUGS	1	0	0	0	0	0	1
DISTURBING THE PEACE	4	0	0	0	1	3	8
ESCAPE	0	0	0	1	0	0	1
FAILURE TO COMPLY	0	0	0	0	1	0	1
FALSE INFORMATION	4	1	1	1	1	1	9
FORGERY	1	0	1	0	0	0	2
MINOR IN POSSESSION	4	0	0	0	0	0	4
OBSTRUCTION	2	0	1	0	0	0	3
POSSESSION OF DRUGS	3	1	3	1	1	1	10
POSSESSION OF PARAPHERNALIA	1	0	0	0	0	0	1
PROBATION VIOLATION	3	1	0	2	2	0	8
RESISTING ARREST	1	0	0	0	0	0	1
ROBBERY	1	0	0	0	0	0	1
SHOPLIFTING	9	0	4	4	4	1	22
TERRORISTIC THREATS	1	0	0	0	1	0	2
THEFT	3	2	5	1	1	1	13
TRESPASS	0	0	1	1	1	0	3
UNAUTHORIZED USE / VEHICLE	2	0	0	0	0	0	2
VANDALISM	0	0	0	0	0	1	1
TOTAL	69	10	24	17	20	13	153

YRTC-Geneva
FY07/08 ADMISSIONS BY RACE



Youth Rehabilitation & Treatment Center – Geneva

FY07/08 RELEASES

MONTH	PAROLED	ADMINISTRATIVE PAROLE	INSTITUTIONAL DISCHARGE	ADMINISTRATIVE INSTITUTIONAL DISCHARGE	REINSTATED TO PAROLE	DETAINEE RELEASE	TOTAL
July	10	2	3	0	0	0	15
August	3	1	1	1	0	0	6
September	7	0	1	0	0	0	8
October	0	4	1	0	0	0	5
November	2	11	2	0	2	3	20
December	9	4	0	0	0	4	17
January	8	4	1	0	0	3	16
February	9	0	0	1	0	0	10
March	8	0	0	0	0	0	8
April	2	0	0	0	0	0	2
May	15	0	1	0	0	0	16
June	9	1	0	0	0	3	13
Totals	82	27	10	2	2	13	136
Percentage	61%	20%	7%	1%	1%	10%	100%