Sharon J. Johnson,
Statewide Respite Network Program
Coordinator 402-471-1764 or
sharon.j.johnson@nebraska.gov

Linda Lehde, Social Services Worker for
Lifespan Respite Subsidy Program
402-471-9188 or
linda.lehde@nebraska.gov

Department of Health & Human Services
Division of Children & Family Services
Economic Assistance
P.O. Box 95026
Lincoln, NE 68509-5026

CFS-PAM-12 Rev. 12/2015

Nebraska Lifespan Respite Network

Nebraska Department of Health and Human Services

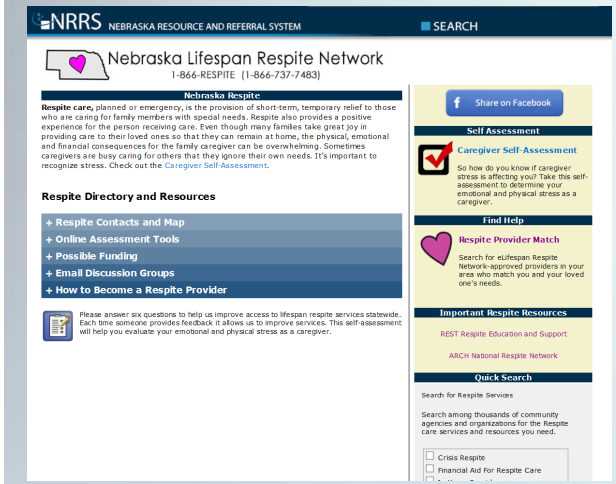
Division of Children and Family Services
Economic Assistance

Department of Health & Human Services
DHHS
NEBRASKA

Respite care - planned or emergency - is the provision of short-term, temporary relief to those who are caring for family members with special needs. Respite also provides a positive experience for the person receiving care. Even though many families take great joy in providing care to their loved ones so that they can remain at home, the physical, emotional and financial consequences for the family caregiver can be overwhelming. Sometimes caregivers are so busy caring for others that they ignore their own needs. It's okay to take an occasional break from caregiving!

Call a Respite Network Coordinator in your area at 1-866-RESPITE (1-866-737-7483) for help with respite resources.

You may also visit the DHHS supported website "Nebraska Resource and Referral System" at https://nrrs.ne.gov/respitesearch/ .



This free service will assist you 24/7 in finding Network-approved respite providers that best fit your needs and location. You can easily search for respite resources and supportive services throughout Nebraska on this site, as well as find answers to your questions, such as:

- What if I (the caregiver) need help finding a Network-approved respite provider so I can have a break?
- How do I get a care recipient qualified for the Lifespan Respite Subsidy Program?
- How do I become a Respite provider?
- When/where is caregiver and/or provider training offered?

Central Service Area

Serving Adams, Blaine, Buffalo, Clay, Custer, Hall, Hamilton, Franklin, Garfield, Greeley, Harlan, Howard, Kearney, Loup, Merrick, Nuckolls, Phelps, Sherman, Valley, Webster, and Wheeler counties.

Lydia Hovie, Coordinator
Central NE Community Services
PO Box 509
626 N Street
Loup City, NE 68853
308-745-0780, ext. 145
lhovie@cennecs.org

Eastern Service Area

Serving Douglas and Sarpy counties.

Ellen Bennett, Coordinator
Partnerships in Aging
4223 Center Street
Omaha, NE 68105
402-996-8444
edbenne@gmail.com

Western Service Area

Serving Banner, Box Butte, Cheyenne, Dawes, Deuel, Garden, Kimball, Morrill, Scotts Bluff, Sheridan, and Sioux counties.

Sherri Blome, Coordinator
Panhandle Partnership for
Health and Human Services
300 Shelton St.
Chadron, NE 69337
308-432-8190
specialprojects@wchr.net

Northern Service Area

Serving Antelope, Boone, Boyd, Brown, Burt, Cedar, Cherry, Colfax, Cuming, Dakota, Dixon, Dodge, Holt, Keya Paha, Knox, Nance, Madison Pierce, Platte, Rock, Thurston, Stanton, Washington and Wayne counties.

Lydia Hovie, Coordinator
Central NE Community Services
P.O. Box 509
626 N Street
Loup City, NE 68853
308-745-0780 ext. 145
lhovie@cennecs.org

Southeast Service Area

Serving Butler, Cass, Fillmore, Gage, Jefferson, Johnson, Lancaster, Nemaha, Otoe, Pawnee, Polk, Richardson, Seward, Saunders, Saline, Thayer, and York counties.

Mary Shada, Coordinator
YWCA - Lincoln
1701 So. 17th
Lincoln, NE 68502
402-434-3494 ext. 103
mary@ywcalincoln.org

Southwest Service Area

Serving Arthur, Chase, Dawson, Dundy, Frontier, Furnas, Gosper, Grant, Hayes, Hitchcock, Hooker, Keith, Lincoln, Logan, McPherson, Perkins, Red Willow and Thomas counties.

Helena T. Janousek, Coordinator
Southwest NE Public Health Dept.
P.O. Box 1235
McCook, NE 69001
308-345-4990
respite@swhealth.ne.gov