RESEARCH TESTED INTERVENTION PROGRAMS (RTIPS)

How to Navigate the Site
Research-Tested Intervention Programs (RTIPs) is sponsored by the National Cancer Institute (NCI).

RTIPs is a searchable database of evidence-based cancer control programs that provides program planners and public health practitioners easy and immediate access to:

- programs tested in a research study;
- publication(s) of the study findings; and,
- program products or materials used with a particular study population in a specific setting.

Given that the programs on this site are based on evidence derived research studies, they may be particularly effective in serving the populations and communities in the settings in which they were originally tested.
Topics featured on the website include: tobacco control, physical activity, sun safety, breast, cervical and colorectal cancer screening, informed decision making for cancer screening, diet/nutrition, obesity, survivorship/supportive care, public health genomics, and HPV vaccination.

To be featured on the website, each evidence-based program must have been:

- published in a peer-reviewed journal;
- produced one or more positive behavioral and/or psychosocial outcomes (p≤.05) among individuals, communities, or populations;
- evidence of outcomes must be demonstrated in at least one research study, using an experimental or quasi-experimental design;
- all evidence-based programs make available the products or materials that include English that were used in the research study for the larger cancer control community (unless otherwise copyrighted by the program developer); and
- the research study had been conducted within the last 10 years.
Some evidence-based programs on the RTIPs website may be designated as model programs by other Cancer Control P.L.A.N.E.T. partners (e.g. CDC). RTIPs provides this information to the user and a link to that agency's website so that the user can determine the exact meaning of such a designation.

The site provides a consumer-reports-like list of evidence-based programs that have been reviewed by a panel of topic experts in the field. Programs are rated on 3 criteria which include the following:

- research integrity
- intervention impact, and,
- dissemination capability.

RTIPs-listed programs have been shown to be effective in the populations and settings in which they were studied. It is more likely to ensure success from the adoption and/or adaptation of an evidence-based program, which has been systematically tested in the field, than to create a new program for the same population delivered in the same setting.
When no evidence-based programs are available to meet your comprehensive cancer control needs (in terms of populations or settings), then creating a new program may be the best solution. However, in creating the new program, it would be wise to consider:

- Reviewing the available evidence of similar intervention approaches summarized on Cancer Control P.L.A.N.E.T, Research to Reality, The Community Guide, or the Putting Public Health Into Action resources. These resources can be found by selecting them from the drop down once you select Tools and Resources.
Search for Programs

- Once you select “Search for Programs” you may select:
  - Topics, Age, Setting, Race/Ethnicity, Materials, Origination, and Gender

- Once you select your focus area be sure to click on “Search”.
  - A listing of available researched programs will be made available to you.
Once you click on “Search”:

- A listing of available researched programs will be made available to you.
Select the program that you’d like to research.

- Once that program opens, there will be necessary information located in the left navigation that will tell you:
  - Time Required, Suitable Settings, Required Resources, Key Findings, Implementation Guidance, etc.
  - If there are program materials or products that were created for the program they will be made available for download.
While you do your research there’s a place for you to take notes.